Grand Annual Regatta

Sailing Instructions

October 3-4, 2026

Cave Run Lake, Kentucky

1. RULES
    1.1 The regatta will be governed by the rules as defined in the current Racing Rules of Sailing (RRS), the prescriptions of US Sailing, except as any of these are altered by these Sailing Instructions.
2. ENTRIES
    2.1 Competitors may enter by completing an entry from and paying the specified entry fee at the Boat Gunnel Area prior to 1030am on Saturday, October 3, 2026.
    2.2 Racing and scoring shall be within the following designated fleets:
        2.2.1 Any One-Design Fleet of five or more boats (Daysailers or Cruisers)
        2.2.2 Daysailers (Portsmouth Handicap)
        2.2.3 Cruisers (Portsmouth Handicap)
3. NOTICES TO COMPETITORS
    3.1 Notices to competitors will be posted on the official notice board located at the Boat Gunnel Area.
4. CHANGES IN SAILING INSTRUCTIONS
    4.1 Any change to the sailing instructions will be posted no later than 1 hour before the warning flag for the first race of the day.
    4.2 If the Code Flag L is displayed on the Race Committee boat, each boat shall come within hail of the stern of the RC boat. Sailing instructions may be changed orally on the water after Code Flag L is hoisted.
5. SIGNALS MADE ASHORE
    5.1 Signals made ashore will be displayed near the official notice board.
    5.2 If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after the AP is lowered.
6. SCHEDULE OF RACES
    6.1 Competitors' meeting will be held at 1030 on Saturday, October 3, 2026 at the Boat Gunnel Area.
    6.2 The warning signal for the first race on Saturday will be at 1230 or as soon thereafter as a proper course can be set by the race committee. Race 2 will immediately follow Race 1, and Race 3 will immediately follow Race 2.
    6.3 The warning signal for the first Sunday race will be at 1000 or as soon thereafter as a proper course can be set by the race committee.
    6.4 No races will begin after 1200 on October 4, 2026.

7. CLASS STARTS
    7.1 The Starting Sequence will be per RSS 26 using the following signals. Times will be taken from the visual signal; the absence of a sound signal shall be disregarded.

Signal	**Flag & Sound**	**Time to Start** (Minutes)
Warning	Class Flag, 1 Sound	5
Preparatory	P or I flag, 1 Sound	4
One-Minute	Preparatory Flag removed, 1 Long Sound	1
Start	Class Flag Removed, 1 Sound	0

7.2 The Starting Signal for Start 1 will be the Warning Signal for Start 2, and the Starting Signal for Start 2 will be the Warning Signal for Start 3.

7.3 Class Flags and starting sequence will be announced at the competitors meeting and posted on the official notice board.

8. RECALLS

8.1 If a boat starts prematurely the Race Committee Boat will fly the "X" flag. The Race Committee will try to notify premature starters of their status; however, it shall be the sole responsibility of each premature starter to properly restart. The "X" flag will be lowered when all boats have started properly. Boats not starting properly will receive a DNS score for that race.

8.2 In the event of a General Recall (Signal – 2 horn blasts and first substitute flag flown) the warning (5 minutes) for that class will be approximately one minute after the recall signal has flown.

9. ABANDONMENT AND CANCELLATION

9.1 The Race Committee may, in its sole judgment, postpone a race or abandon or cancel a race in progress when the general weather conditions have made the race an unsatisfactory test of skill. For example, winds under 3 MPH or over 25 MPH, thunderstorms, persistent heavy rains or temperatures below 40 degrees F. If a race is in progress a Signal – 3 horn blasts will be used to indicate abandonment or cancellation.

10. RACING AREA

10.1 The racing area will be the main pool of Cave Run Lake.

11. COURSE AND MARKS

11.1 The courses will be two laps of a Windward-Leeward with mid leg start. All marks will be orange or yellow inflated shapes. Please see attached diagram. The start-finish line is "open."

12. STARTING AND FINISHING LINES

12.1 The starting will be between the orange flag on the Race committee Boat and a mark placed by the race committee. The finish line will be between the orange flag on the Race Committee Boat and a mark placed by the race committee, or, in the event of a shortened course, between a rounding mark and the S-flag flown from a boat designated by the race committee.

12.2 Boats whose warning signal has not been made shall stay clear of the starting area.

13. TIME LIMIT

13.1 Boats not starting within 4 minutes of their starting signal shall be scored DNS. This changes RRS A5.1.

13.2 If the lead yacht in a race has not reached the leeward mark within 30 minutes the race may be shortened to one loop only (Signal - 2 horn blasts and Code Flag "S". If no yacht has completed the shortened course within 1 hour, that race may be abandoned (Signal – 3 horn blasts). Yachts not finishing more than 30 minutes after the first yacht in their fleet finishes will be scored as DNF. This changes RRS 35.

14. PROTESTS

14.1 A boat intending to protest shall notify the Race Committee as soon as possible upon finishing.

14.2 Protest forms are available from the PRO. Protests shall be delivered to the official notice board within 60 minutes after the Race Committee boat docks. The protest time limit and a list of protests received will be posted on the notice board. Hearings will be held as soon as possible after racing each day at the Boat Gunnel Area.

15. SCORING

15.1 The Low Point System of Appendix A of the Racing Rules will apply. All scores will count. One race constitutes a series.

16. DISCLAIMER OF LIABILITIES

16.1 Competitors participate in the regatta entirely at their own risk (See RRS 3 – Decision to Race). Entry into the regatta is the Competitors and crew agree to hold the Organizing Authority, its officers, the Principal Race Officer, and regatta volunteers harmless for any damage or personal injury/death sustained in conjunction with, travel to, during, or travel from the regatta.

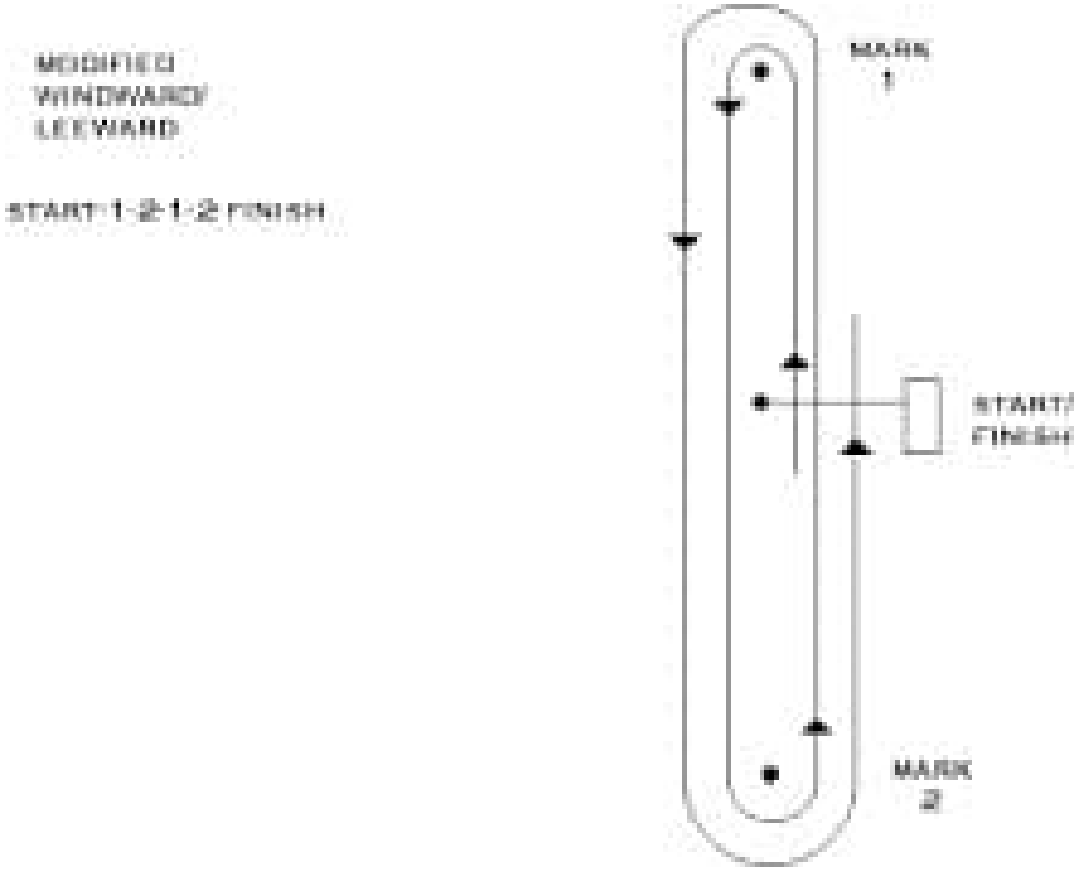
17. TROPHIES

17.1 Trophies will be awarded to the top finishers in each class based on the number of boats in each class.

60.4 Protest Validity in the 2025 Rules: (a) A protest is invalid (2) if it is from a boat that alleges a breach of a rule of Part 2 or rule 31, but she was not involved in it, or did not see the incident, or The logic of

60.4(a) is complex and contains double negatives that are hard to interpret. A careful read of rule 60.4(a)(2) says that a protest is “invalid” if the boat “was not involved in it”OR “did not see the incident.” So, if either one of those criteria is true, then the protest is invalid. This means that if a boat is not involved in an incident, her protest should be found invalid, whether or not she saw the incident. This is a significant and unintentional change inprotest validity. For example, Boat A touches a mark and does not take a penalty. There is no related Part 2 incident. A couple of boat lengths behind A, Boat B sees A hit the mark and files a protest. Even if boat B’s protest complies with the requirements of 60.4(a)(1), the current wording of 60.4(a)(2) means that this protest should be found invalid because, even though B saw the incident, she was not involved in it. The problem is that many protests valid under the 2021- 2024 Racing Rules will no longer be valid under the 2025-2028 Racing Rules. We feel strongly that this is a MAJOR PROBLEM. We recommend implementing this change immediately. To remedy this, include the following in your Notice of Race or Sailing Instructions: 1.x - Rule 60.4(a)(2) is changed as follows: (2) if it alleges a breach of a rule of Part 2 or rule 31and is from a boat that was not involved in, and did not see, the incident, or

Course Diagram



The start-finish line may be crossed, but is not required to be crossed during any lap of the course. (The line is “open” but is not a mark of the course).