



**2020 Grand Annual Regatta LITE
is on for Saturday, September 26th
First Race at 12:30 PM**

The 41st Grand Annual Regatta will be a little LITE this year because of continuing Covid 19 virus. Races will be in the main pool of Cave Run Lake. There will NOT be a captains' meeting prior to the races. Sail by the Committee Boat and check in. If you have not **PRE-REGISTERED** please do so on the CRSA Website, caverunsailing.org. On the upper right hand side of the page under "Upcoming Events" click on "41st Grand Annual Regatta", then click on "Register Here". If you have any problem getting the registration to go, be sure each box was filled out correctly.

There is **NO CHARGE** for this Regatta.

Twenty-Eight captains have pre-registered so far, nine in Sunfishes, seven in Daysailers, twelve in Cruisers. Should be a great day.

Because of Covid 19 there **WILL NOT** be the usual banquet after the Regatta. Trophies for winners will be awarded and publicized, but there is no formal ceremony after the races.

Grand Annual Racing Details

There will be two courses on the windward mark, one for Sunfish and one for both the Daysailers and the Cruisers. The Sunfish windward mark will be 35° to port with balloons on it. **Sunfish start on a starboard tack.** Daysailers and Cruisers try to stay away from this mark. Everyone rounds the same downwind mark.

The Daysailers and Cruisers will go to the far windward mark before coming back to round the downwind mark and proceed back upwind.

All marks are rounded keeping them on the port side of the hull i.e. **counter-clockwise roundings.**

The starting line is an obstacle which means it can only be crossed at the start and the finish. Courses may be one or two laps depending on the wind. Pay attention to the Race Committee.

<u>RACE Sequence</u>	<u>Class</u>	<u>Class Flag</u>
First	Sunfish	White/Black Sunfish
Second	Daysailers	Red
Third	Cruisers	Blue

All starting sequences will be:

<u>MINUTES before start</u>	<u>Horn</u>	<u>Flag</u>
Between 6:00-5:00	One Long	None
5:00	1	Class Up
4:00	1	Prep Up
1:00	1	Prep Down
0:00 (Start)	1	Class down

The Prep Flag is blue with a white square.

The Short Course Flag is white with a blue square which indicates the next time you go windward cross the start/finish line to end. It is accompanied by **two** blasts on the horn.

Abandon racing is a blue/white checkered flag accompanied by **three** blasts on the horn.

After the last race it would be helpful if the cruiser captains helped bring the Sunfish to the launching ramps, especially if wind is light.

Special thanks ahead of time to the Race Committee, **Ralph and Bev Merten** who were kind enough to manage the races.

What a Year for Youth Sailing in the Middle of the Pandemic!

We had more youth sailors active this year than ever before-some returning students (8) and a lot of new children (8) between 5 and 12! The winds were always there to move us thru the water and the magic of wind and water and sailing moved us from mark to mark!

More thank-you's - - and grateful students this year also! Sixteen children representing 11 families participated. It was difficult to say how many students sailed primarily in the Optis because several of the returning students went on to the Sunfish for more advanced boating skills.

What a success with our programs when you clearly see improvements and wanting the next adventure! Just for the record, temperatures were routinely taken by all students and parents before class, and masks were everywhere in an effort to keep us all safe. We could improve on social distancing and more routine mask wearing by everyone though. All in all, it worked out great!

We could never keep our program safe without the help of our club volunteers and parents! A big shout out to all including **Val and Ben Askren, Graeme Wilson, Dale Sturm, Joni and Lou Trost, Cory Williams, Natalie Ferguson, Roy Wagner, Susie Stivers, Stacey Westfall, Michael and Heather Frasier, Sam Moher** and others I failed to mention. Thanks to all in making this a great year for our youth sailing program!

We also had a work-day to get our wood refinished. Kids and parents worked together for next years program. We bought may upgrades to repair our fleet and improve our sail-care. Thanks to **Lou Trost**, we received 10 PVC pipe (donated by the pipefitters union) which saved \$400 or so. They are mounted on the respective trailers to hold the masts/sails in an enclosed water-proof space. Long live the sails!

If you would like to be involved in keeping this program alive and available to more youth please let me know. We always need volunteers and you are seeing our expanding reach in creating opportunities for on the water fun!

May you experience the smiles I see on the water!

Chuck Emrich 859-270-2199

Youth Sailing Director,

YouthSailing@caverunsailing.org

(Editor's Note: Because of the pandemic the Youth Sailing Program for 2020 was almost cancelled. **Chuck Emrich** convinced the CRSA Board he could do the program safely. Most thought there would be little interest on the part of families. Boy was everyone wrong. Big Congrats to Chuck for pursuing this effort and organizing a great program for 2020.)

Sunfish Fleet for Youth Sailing, Lots of Helpers

This years news is we have had a lot of volunteers step up. **Roy Wagner** is getting ready to put a CRSA sunfish on the road and he is looking at moving our technology forward. **Mike Frazier and his wife Heather** have been wonderful with the trailer and transportation. They have some great ideas that we are looking forward to trying. **The Westfall Family** in addition to all the incidental help they provide is gearing up to be the chase boat at the Regatta. **Suzie Stivers, Natalie Ferguson and Sam Moher** "just got after it " from helping to load and set up boats or take time to organize the moment. Please forgive me. I have not mentioned and passed over many other adults because unfortunately I have the memory of a bird. All the same thanks for your help! **Kaye Arnold** brought a laser in for a presentation that was kind of lost in pirate day activities.

We have started our first ever work party that I could not attend. Everyone knows work is a four letter word. I need to set the right example for our younger sailors. **Dale Sturm** has been his usual go to strength in all aspects helping us. Dale has recently gone above and beyond in the maintenance helping with Sunfish repair and installing vents.

We have missed a lot of our volunteers due to the dangers of Covid 19. This is sad because we know they have been at this a number of years. They have a vision and hopes for our future. The joy is, we are still moving forward and growing. This pandemic is a constant and real challenge. We have been blessed to skirt around Covid 19 so far.

This year we are making a big impact in having the total family involvement. We want to congratulate adults that have purchased boats. This has been a great family year for CRSA. We will look forward to ending our local activities with a very different kind of Grand Annual Regatta on Saturday, September 26th. Fair winds and best wishes,

Lou and Joni Trost, Vice Commodore

ViceCommodore@caverunsailing.org



Sealable tubes, donated by Steve Rodgers at Plumbers Supply, to keep masts and sails dry.



CRSA Sunfish and Optis sailing for the Youth Sailing Program at Jacobson Park Lake in Lexington, with the safety chase boat.



Pictures above show the ports that were installed in the Sunfish boats that did not have them. The ports allow better water drainage from the hulls and let them dry out after taking on any water, thus lighter. All the work was done by Master Boat Improver Dale Sturm and his apprentice.

More Sunfish News From Lou Trost

CRSA is actively helping our members. Here are pictures of a repair that is going on to a Sunfish rudder and some activities. We have also put lights on a single trailer and will have it available to members. **Dale Sturm**, made two pieces back into one with a split sunfish rudder.

CRSA has added one more Sunfish sailboat this month to the growing fleet. We have had a successful teen and junior sailor program that is growing to include adult parents. We have boats of all sizes from the smaller opti to the Cruiser. A few years ago CRSA had one cruising boat and one sunfish and the Opti sailboats. Now we have two cruising boats and several Sunfish.

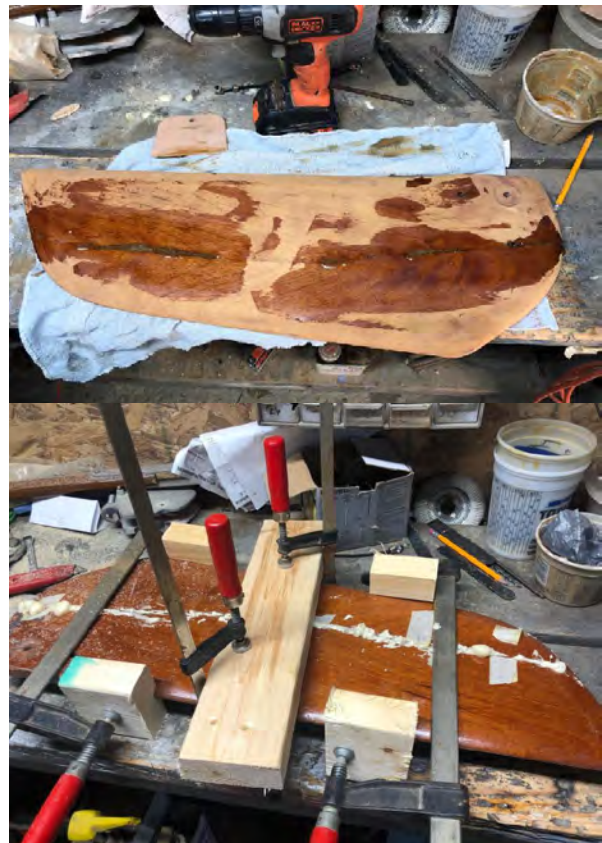
This year has seen members purchase 3 Sunfish sailboats after our summer sailing sessions. We need members to become active and help us find responsible ways to utilize CRSA equipment. This activity allows anyone form an opinion before they make a personal purchase. We hope to continue to see more sailors come out on the water and gain experience for that all important purchase.

Lou Trost

Vice Commodore

ViceCommodore@caverunsailing.org

(Pictures of the various repairs and improvements to the fleet are shown below.)



Dale Sturm also did Sunfish rudder repair. Great.

Consider Donating Now to the Hearing and Speech Center for the 33rd Bluegrass Charity Regatta 2020 NON-EVENT

To donate go to:

<https://hsckv.org/support/#donate>

Where it asks "would you like to specify a particular fund?" click in the box and select 'Bluegrass Charity Regatta'.

You may remember this year Covid forced us to cancel the annual Charity Regatta, the proceeds from which would have gone to support hearing impaired children. Well the financial need to help those children was not cancelled. The Hearing and Speech Center- HSC (formerly Lexington Hearing and Speech) never stopped serving their clients with crucial needs through the shutdown, and in May started gradually reopening more extensive services. They have adapted and innovated throughout the pandemic to become even more adept in tele-audiology and tele-speech, while continuing to safely serve in-person clients. In June their early learning center with 120 children was reopened with safety measures and limits in place.

Visit their homepage <https://hsckv.org/> to see what they do for countless Kentuckians, and please consider making a donation as if the Regatta was held. And if you need to have your hearing checked, or other hearing services, make an appointment with them. All ages welcome!

We will SAIL again for charity in 2021!

From Sally Shafer, Shafer.sally@gmail.com

CRSA Burgees On Sale \$35

Proudly display
your
membership
in CRSA by
flying a new
Burgee.
Burgees
are in stock and
available from
the CRSA



Webmaster Kelly Emrich.

Contact Kelly at

Webmaster@caverunsailing.org. Or even better you can order as many as you want on the webpage, caverunsailing.org, under the Club Store. These burgees make fabulous gifts for you, your sailing significant other, or just to display and show your friends how "cool" you are!

A Few Blasts from the Past

(Ed note: The pandemic is causing all sorts of problems. Among them is the suggestion from the MainSHEET editor's wife that he "clean out some of his junk." Reluctantly he acquiesced and found some interesting slides readers might enjoy seeing. Those were the days BEFORE digital pictures. All the images below were taken off of 35mm slides by placing an iPhone in the viewer of an old GAF Pana-Vue slide viewer, then adjusting the images in Photos as much as possible. Hope you enjoy).



From the late 80's, CRSA Officers. Rear (l to r) Steve Branner, Bob Summerfeldt, Allen Porter, and two unfamiliar faces. Front (l to r) unfamiliar, Jean Porter and Kaye Arnold.



Again from the late 80's, Don Schultz takes his decorated Sunfish out to a raft up.



From September 1992 CRSA Officers at the Awards Banquet. The only one's identified are the Admiral in the middle, Al Lawton, and the pirate Don Schultz. The Awards Banquet that year was held over the Halloween weekend.



From May 1992 an unknown captain heads out for a raft up in a nicely decorated boat.



And from July 1989 this is Commodore Al Lawton welcoming in the fleet for a summer raft up. The theme for the raft up was "Exotic Islands" Al not only dressed for the occasion as an exotic island princess, but he also danced "welcomes." Finally, he built a small floating barge that held a bonfire for roasting.



Again, from the late 80's this is Jack Brown, one of the five founding members of CRSA. Jack always had a smile and was ready for a good time greeting CRSA members.



From the same raft up as the picture to the left this is Ruthie Brown, Jack's wife. Ruthie was always the "Princess of the Fleet" and shows her Elegance here with royal flowers, gloves and a nautical themed outfit, not to mention a Tiera.



Captain Ron Movie Night is ON! JOIN in the LAUGHS as we watch "CAPTAIN RON"! Reformatted for COVID Safe Environment as an **OUTDOOR MOVIE!**

WHEN: Thursday, October 15, 2020 - Beginning at 1830, Captain Ron 1900.

WHO: Members and Non-Members are welcome!

WHERE: Lee & Molly Sutherland's
590 Seattle Drive, Lexington, KY 40503

NOTES: Please bring an hors d'oeuvre, BYOB, Mask and Seat! The club will provide water, tea and sodas (Coke Products)

FOR MORE INFORMATION contact Molly at social@caverunsailing.org



From May 1992 this appears to be Steve Branner at the mast, Bob Summerfeldt on the bottom of the dagger board, and possibly Chris Bollinger on the top of the dagger board. This picture could have been taken of any Flying Scot owner anytime over the years. Water in May could have been pretty cold.

Cave Run Sailing Association
PO Box 256
Lexington, KY 40588



This Issue of the
MainSHEET is
VOLUME 36 # 5
September 2020

WWW.CAVERUNSAILING.ORG

The MainSHEET is published 4-8 times a year and distributed to members through email, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

The Cave Run Sailing Association is an **all volunteer,**
nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable and community service activities.

Membership Information can be obtained from Graeme Wilson at
Membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at
Mainsheet@caverunsailing.org. Special thanks to Sally Shafer, Valerie Askren, Chuck Emrich, Lou Trost and Molly Sutherland for articles.

CRSA 2020 Officers

Commodore	Valerie Askren	Commodore@caverunsailing.org
Vice Commodore	Louis Trost	ViceCommodore@caverunsailing.org
Rear Commodore	Mark Breeden	RearCommodore@caverunsailing.org
Treasurer	Michael Jones	Treasurer@caverunsailing.org
Secretary	Ken Ruhl	Secretary@caverunsailing.org
Certified Sailing	Jim Dinger	ASAsailing@caverunsailing.org
Cruise Director	Merritt Wade	CruiseDirector@caverunsailing.org
Harbor Master	Brad Leslie	Harbormaster@caverunsailing.org
Membership	Graeme Wilson	Membership@caverunsailing.org
Newsletter	William Lubawy	Mainsheet@caverunsailing.org
Social Director	Molly Sutherland	SocialDirector@caverunsailing.org
Webmaster	Kelly Emrich	Webmaster@caverunsailing.org
Youth Sailing	Chuck Emrich	YouthSailing@caverunsailing.org

The MainSHEET