

Newsletter of the CAVE RUN SAILING ASSOCIATION

The MainSHEET



CRSA Calendar

Saturday Sept 14 Race 7
Sunday Sept 15 Blue Grass Charity Regatta
Saturday Sept 21 Race 8
Sat/Sun Oct 5&6 Grand Annual Regatta
Saturday Nov 9 Awards Banquet

CRSA-Psi Iota Psi Blue Grass Charity Regatta September 15th, 2013

This is a FUN casual regatta with all the proceeds going to the Lexington Speech and Hearing Center. It is a chance for casual racing and especially beginners to learn a little more about racing. All activities are at the **Twin Knobs Camp Ground/West End Group**

Area. The day begins with a breakfast from 9:00 AM to 10 AM, and a skippers meeting at 9:30. An after race meal is also provided.

The women of Psi Iota Psi do most of the fundraising by obtaining boat sponsors. CRSA provides the boats and captains for sponsors, and runs the races. If you would like to sponsor a boat, whether you race or not, please do so. This is a fund raiser for an incredibly good cause. The Lexington Speech and Hearing Center helps hearing impaired children learn to speak and communicate. Forms and details are inside this issue of **The MainSHEET**.

There is no fee for racing.

Please register early so meals can be planned.

Remaining 2013 Events

CRSA has quite a few fall events coming up. Enjoy semi-serious racing with the last two races of the regular race series, Race 7 and Race 8. Then enjoy some fun racing at the Blue Grass Charity Regatta. Keep the Grand Annual Regatta and Cookout on your schedule along with the Awards Banquet on Saturday November 9, 2013 beginning at 6:00 PM. More details on the banquet will follow.



Help For Grand Annual

Vice Commodore Derek Eggers needs help with the Grand Annual Regatta on October 5 & 6, 2013. Derek can use help with:

1. on-site registration Saturday
2. food distribution
3. firewood procurement and burning
4. bluegrass band recruitment
5. pig roast cooking
6. general running around

If you can help with any of the above please contact Derek at vicecommodore@caverunsailing.org.

CRSA Members Teach 2013 Sailing Camp for Girl Scouts

During the week of July 14-18 a group of CRSA members taught a sailing camp for the Wilderness Road Girl Scout Council at the Clay Lick ramp near Camp Judy Layne. Ten scouts with their advisors had sailing lessons for four mornings. About 55 other scouts came out for part of their water sports emphasis camp in the afternoons for sliding and jumping off of the MMII. All the campers and the CRSA instructors had a great time, despite the 90 degree temperatures.

Sandra Newton, the on-site camp director, did the coordination with Charlotte Lubawy. A mix of camp counselors and lifeguards accompanied each group that came to the activities. Sandra was very helpful. The camp counselors and lifeguards were great working partners.

Instruction began with boating and sailing terms, parts of a sailboat, rigging the camp's Barnett 1400 daysailors followed by capsizing drills. Righting the Barnetts required 3 scouts working together. When the winds were completely absent to light there were rowing hull races and knot tying contests. When there was at least some wind sailing out around the buoy and back, interspersed with a little paddling on verbal signals when the wind died completely, proved to be a popular activity. Everyone wore life jackets in the water.

The CRSA instructors stayed at a cabin in the evenings generously provided by Steve and Di Morris. This was wonderful. Warm showers, air conditioning, a refrigerator for cold beers and chilling wine - almost heaven and not even in West Virginia.

Charlotte Lubawy provided the food. Homemade meals of Lasagna and garlic bread, Pork Ribs and Kraut over Mashed Potatoes, Texas Chili and grilled Angus Beef Burgers and Nathan's Hot Dogs for the final evening.

Bob and Misty Hagan brought delicious wine. Ralph and Bev Merten brought wine, a cooler of gourmet beers along with pepperoni and jalapeno bread and fresh cabbage from Bev's garden that yielded about a gallon and a half of delicious cole slaw.

Everyone had a great time. The camp counselors were dedicated young women who were patient and caring with the scouts and were very easy to work with. The scouts were interested in learning sailing and tying knots and were well behaved. The CRSA instructors cooperated to design games on the spot and fitting the wind conditions, then just jumped in did a perfect imitation of the "A" team. It was a wonderful week.



Picture Lower Left: l to r. CRSA Girl Scout Sailing Camp Instructors in their official uniforms - Ralph and Bev Merten, Mark Breeden, Bob and Misty Hagan, Charlotte and Bill Lubawy, and in front Aaron Hagan (at large counselor, deputized CRSA instructor and chick magnet).



Mark Breeden led the initial day of boat rigging instruction.



Bob Hagan and one of the camp counselors do halyard untangling in preparation for raising the main.



Capsizing (then righting) drills proved to be a popular activity. Nothing like a hot day, comfortable water and girl scouts who love the water to make everything go well. Winds were light so none of the crew had to demonstrate their boat righting skills.



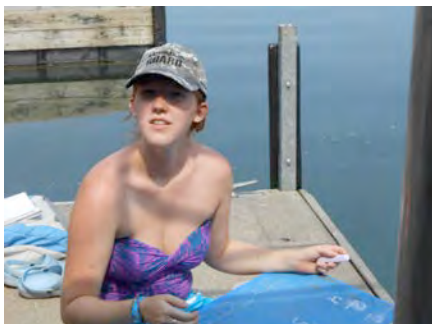
Aaron Hagan provided on the water support with kayak tows to get boats back in light wind and making sure everyone was doing all right.



On a morning with no wind scouts did hull rowing races first with centerboard and rudder, then without centerboard and finally without centerboard and rudder. Talk about going in circles.



The MMII proved to be a good classroom for knot tying instruction. Scouts learned figure 8s, stoppers, bowlines and tie-off cleats.



Senior Counselor "Elvis" kept score in the knot tying contests. Making knot tying a game held all the scouts' interest for a long time.



Bev Merten had the hardest job of all, leading the bowline knot tying instruction.



Now this is concentration.



With boats rigged and scout items on the beach there was a lot going on.



Ralph and Bev Merten brought a board game made by Bev's father called Sequences that was a great game to play after a long day on the beach.

More 2013 CRSA Girl Scout Sailing Camp Pictures



Girl Scout and Counselor
Thank You Notes

Thank you for all of your time, energy, patience and help with our 2013 Sailing Unit! The girls enjoyed themselves so much and as a counselor, I appreciate everything you did for the girls! See you next summer

♥ ELVIS

I've learned a lot
Thank You!
- M. Hand



Thank you for the sailing!

- J. Pinney

THANKS!



Thank you for having us at the lake. It was a fun adventure for me and our girls. They had fun and I had fun watching them laugh and play.



To: The Sailing Instructors
From: HighTop

Thank You
- J. Pinney

Thank You
- M. Hand

CAVE
RUN
SAILING
ASSOC.

Thank You!
I learned so much and had so much fun!



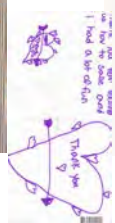
THANK YOU

for teaching me how to sail a boat.



Thank you everyone I've learned and had so much fun!
You were so awesome
Go awesome after and fun!

You guys are awesome!
Thank you so much!
You guys did great!
I loved sailing!
This parrot was fun!



THANK YOU



26th Annual Bluegrass Charity Regatta September 15, 2013

Sponsored by Theta Nu Chapter of Psi Iota Xi Sorority, AND the Cave Run Sailing Association at Cave Run Lake, Morehead, Kentucky.

The members of Theta Nu Chapter of Psi Iota Xi Sorority invite you to join the Cave Run Sailing Association for the 25th Annual Blue-grass Charity Regatta. Since 1988, the members of Theta Nu and CRSA have combined efforts to help bring sound and communication into the lives of the children who are served by the Lexington Hearing And Speech Center. Theta Nu recruits philanthropic sponsors for this charity event and CRSA sailors volunteer boats, skippers, crew and the Race Committee.

"Registration-Check In" site for the Charity Regatta is the West Use Group Area at the Twin Knobs Campground. No charge for CRSA members - but any who wish are welcome to sponsor a boat. New members without boats are welcome to come, crew on a boat, and enjoy the food and fellowship.

1. **Rules:** This regatta will be governed by the rules as defined by the current edition of the Racing Rules of Sailing (RRS), the prescriptions of US Sailing, except as any of these are altered by this NOR and the Sailing Instructions.

2. **Fleets and Scoring:** A minimum of five boats constitutes a one-design fleet. All other boats will compete in the daysailer or cruiser handicap fleets based on Portsmouth handicaps. Scoring will be Low Point Scoring System Appendix A, as amended by the Sailing Instructions. Three races are scheduled depending upon weather conditions. A minimum of one race constitutes a regatta and all races shall be scored.

3. **Registration:** Early registration may be by mail, see form inside this newsletter or on www.caverunsailing.org, or may be at the regatta site from 8:30 to 9:30 a.m. on Sunday September 15, 2013. There is no registration fee for boats.

Sponsors are requested to complete their registration and donations via mail by September 11, 2013. A sponsor form is also in this newsletter. **Mail to: Phyllis Cunningham 2157 Maura Trace Lexington, KY 40513-1613.**

4. **Meals:** Breakfast and lunch are provided for skippers, crew and those sponsors who plan to attend and make advanced reservations.

5. **Sailing Instructions** will be available during registration at the regatta headquarters at the Twin Knobs Campground/ West Group Use Area.

6. **Schedule** for Sunday, September 15th:

0830-0930 Registration and Breakfast

0930 Skippers Meeting

1100 Warning signal for Race 1 with Race 2 and Race 3 back-to-back

1400 Awards Presentation and Lunch

7. **Lodging:** Several motels are located close to the lake and in nearby Morehead

Comfort Inn & Suites 606-780-7378 I-64 at KY 801 (9 miles from lake)

Lakeview Motel 606-784-1600 www.caverunlodging.com

Holiday Inn Express 606-784-5796 in Morehead (14 miles from lake)

Days Inn 606-783-1484 in Morehead (14 miles from lake)

Ramada 606-784-7591 in Morehead (14 miles from lake)

8. **Camping** is available at the Twin Knobs Campground.

Reservations www.reserveusa.com or 1-877-444-6777.

Single sites are \$14 per night or \$18 per night for sites with electricity.

For more information contact:

Judy Lopez at judy_lopez@rpsins.com or 859.309.2402.

35th Grand Annual Regatta Cave Run Lake, Morehead, Kentucky



2013 Theme: Sail Faster, I hear banjos!

Breaking News: This year the Grand Annual Regatta will also host the Catalina 22 Region 4 Championship as part of the GRIN series. Welcome GRIN racers! There just may be more action here than at America's Cup.

If you attend this year's Grand Annual Regatta -- all your wildest fantasies may come true!

The Cave Run Sailing Association invites you to join us for our 35th Grand Annual Regatta. Located in the heart of the Daniel Boone National Forest, the October colors make Cave Run Lake an exceptionally beautiful place to sail. **NOTICE:** All land based activities for the Grand Annual will be held at the Boat Gunnel -- just past Scott Cr. Marina on the right. Camping is free to regatta racers and crew.

The **Grand Annual Regatta** is always held on the first weekend of October. It is scheduled for **Oct 5-6 in 2013**. Saturday. We have planned a **wonderful pig roast and open blue grass music**.

The Grand Annual has traditionally been a good time for local and regional racers, family, and friends. We are working hard to also make this year's end of the season race and celebration worth travelling for and even enjoyable for members and friends that care to socialize more than race. Please mark this race and celebration on your calendar, invited friends, and let us know if you would like to help with any of the day-of activities.

More information about the 2013 Grand Annual Regatta will be posted on the website as it becomes available. Direct questions to the club's [Vice Commodore, Derek Eggers at \[vicecommodore@caverunsailing.org\]\(mailto:vicecommodore@caverunsailing.org\)](mailto:Vice Commodore, Derek Eggers at vicecommodore@caverunsailing.org).

Sponsors:

If you visit one of our sponsors, please thank them for supporting the 35th Grand Annual Regatta.

Corner Wine at 835 Euclid Ave Lexington, KY

www.cornerwinelexington.com

APS - The World Leader in Outfitting Performance Sailors. www.apsltd.com

Notice of Race (coming soon to the website)

Online website registration will open soon!

CREW: If you want to crew or are looking for crew, please post in either the [CRSA Facebook Group](#) or Membership [discussion forum](#) on caverunsailing.org.

2013 Bluegrass Charity Regatta



Sunday, September 15, 2013

Sponsored by Theta Nu Chapter, Psi Iota Xi
AND the Cave Run Sailing Association

To Benefit the Lexington Hearing and Speech Center

Twin Knobs Campground – West Group Use Area Breakfast at 9:00 am Captains Mtg at 9:30 am

Captain's name _____
Street address _____
City, State, Zip _____
Phone: (____) Email address _____
Type of Boat _____
Model _____
Sail Number (if known) _____

Participation Agreement

By my signature below, I agree to accept and abide by the rules of this race and to accept all responsibility for my participation. I realize that the sport of sailing can be hazardous and that it shall be my responsibility to decide whether to start or to continue a race or practice session. I agree to hold harmless and indemnify against any and all losses, and/or claims thereto, the organizations and personnel sponsoring or conducting this race including, but not limited to, the Official Race Committee of Cave Run Sailing Association, CRSA itself and its officers, the Psi Iota Xi Sorority and its officers, the Lexington Hearing and Speech Center, and the Forest Service of the United States Department of Agriculture at Daniel Boone National Forest.

Agreed and acknowledged by these signatures on _____, 2013:

Captain _____ Crew Member _____

Crew Member _____ Crew Member _____

Mail to: Judith W. Lopez; 3405-C Redcoach Trail, Lexington, KY 40517 or email to Judy_Lopez@rpsins.com Phone is 859-309-2402 or cell 859-552-4559.

2013 BLUEGRASS CHARITY REGATTA

Here is your opportunity to enjoy the thrill and excitement of sailboat racing in Kentucky!

Join the Cave Run Sailing Association and the Theta Nu Chapter of Psi Iota Xi Sorority for our 26th annual Bluegrass Charity Regatta to benefit The Lexington Hearing and Speech Center. Thank you for giving the gift of communication to children who need help to brighten their future.

Your company, your group, *or you* can sponsor a regatta entry for \$200. If you have a sailboat in your organization, we encourage you to enter it. If you do not, we will be happy to provide a sailboat and crew to represent you.



This one-day event will be held Sunday, **September 15, 2013** at Cave Run Lake (Twin Knobs Recreation Area/West End Group) in Morehead, KY. The day will begin at 9am with breakfast for sailors and sponsors. After a series of two or three sailboat races, we will return to the picnic site/shelter for lunch and the awards ceremony.

Please refer questions to Judy Lopez at judy_lopez@rpsins.com or 859.309.2402.

SPONSOR REGISTRATION FORM

NAME / CONTACT _____

COMPANY NAME _____

EMAIL _____ TELEPHONE _____

Thank You Letter To: _____ WOULD YOU WANT A TROPHY? yes _____ no _____

Mailing Address _____

City / State / Zip Code _____

_____ We will provide our own sailboat. Please contact us with details.

_____ Please have the Cave Run Sailing Association provide a sailboat and crew to represent us.

Entry Fee: \$200.00 payable with registration. Deadline **September 11, 2013**

Checks should be made payable to Psi Iota Xi, Inc./Theta Nu

Mail registration fee to: Phyllis Cunningham

2157 Maura Trace Lexington, KY 40513-1613

Please Note: Sailing is subject to weather conditions. It is possible that no race can be held due to insufficient wind or excess winds. In that event, your sponsorship fee will be returned at your request.

Date Registration Received	Payment Received	Check Number
Person Receiving Registration		Date Deposited

Help us celebrate the excellent work for children at the Lexington Hearing and Speech Center!

Youth Sailing 2013

CRSA's five Opti's were in hot demand by our latest crop of new sailors. Each of the eight students (ages 6-14) learned the basic parts of a sailboat, various points of sail,



some knot tying, and how to have fun even when the weather wasn't cooperating. Lilly, Glenn, Tomi, Levante, Nathan, Devin, Walt and Emma demonstrated their seafaring abilities by raising masts and sails, setting rudders and dagger boards, installing windlasses, and racing around the marks. It was amazing to see how well all the kids could sail!

Weekly sessions were held at Jacobson Park in Lexington. Although a number of lessons were cancelled due to rain, we

had almost perfect weather for young sailors when the water table wasn't rising. To make up some of our time missed, classes will continue at Cave Run Lake this fall, as long as the weather holds.

An end of season party will be held at the lake late in September. The party will be a time to celebrate new skills, play some on-the-water games, race a bit, and throw a few burgers down the hatch. We'll post a few more pictures of the party on our Facebook page.

The parents (and grandparent) of the students were absolutely essential in creating a successful season. Special thanks also to Chuck Emrich, Mark Breedon and to Ben



Askren for running the youth sailing program this year. The club has generously invested in helping raise the next generation of sailors. *Thanks to each of you!*

Ben and Valerie Askren, Youth Sailing Chairs.

Changed Your Address? New Email Box?



Let Us Know

If you changed your home address or your email address please send a note to Sally Shafer Membership Chair at membership@caverunsailing.org. Now that TWC bought Insight we expect there will be a lot of that going on.

CRSA Dinghies Meet Fridays for Lunch at Signature Club of Lansdowne in the "Cellar"

CRSA Dinghies is a group of CRSA members and guests devoted to sitting around and chatting about sailing and anything else that comes up in the course of lunch. Dinghies meet almost every Friday at 11:45 am at the Signature club of Lansdowne Cellar Bar and Grille, 3256 Lansdowne Drive. Drop in, no reservations are required, and look for a table with sophisticated CRSA Dinghies representatives sitting around. For information check with Al Lawton 859-293-2792 or Bill Jones 502-863-5341.



Distinguished - well mostly - CRSA Dinghies enjoying getting ready for lunch at the Signature Club of Lansdowne Cellar Bar and Grille.

Watching the America's Cup Races?

America's Cup races are on the NBC Sports Channel. This is NOT part of your basic cable package. But if you have it the channels on TWC are 549 and 971.

You can get updated information on the status of the races on your computer at:

www.sailworld.com/USA/index.cfm?seid=362.

Videos of the races are posted about 16 hours after the individual races on the web. You can find them by Google-ing "Americas cup Youtube." So far the Louis Vuitton Cup races have been posted. Watch. They are AMAZING!!!

CRSA Members Do A Little Ramp Trimming

After some persistent prodding by CRSA Rear Commodore Mark Breeden, the Forest Service allowed CRSA to trim a few of the overhanging tree branches at the Twin Knobs Boat Ramp. A group of hearty volunteers consisting of Mark Breeden, Lou Trost, Brad and Donna Leslie, and Bill and Charlotte Lubawy came to Race 6 early and trimmed as many problem branches as they could.



Lou Trost does an imitation of the Flying Walendas to get to some high branches, but fortunately without leaving the ladder.



All the removed branches were cut into smaller sections and transported deep into the woods.



CRSA's Bob Summerfeldt Sails in Flying Scot Nationals



Bob is bow 25, right at the inside of the mark during the fourth race at the Flying Scot NAC.

Bob Summerfeldt spent a week at Lake Norman just north of Charlotte North Carolina for the Flying Scot Nationals. Normally there are two days of qualifiers to place sailors in different fleets but because of light winds there was only one qualifying race. Bob sailed in the Challenger Fleet. Sixty eight racers, 34 in each division, raced in 5 races.

The Lake Norman Yacht Club hosted the event. Facilities are excellent and the club has a lot of experience with big events. Lake Norman is four times the size of Cave Run and the surrounding countryside is pretty flat. Thermal-driven light air is normal.

Races are LONG with 2 mile windward legs meaning the mark is out of sight when you start. Courses were windward/leeward with windward offset mark and leeward gates. With 34 boats in your start, there is plenty of traffic to deal with! The best wind 8-11 knots was the last race when Bob finished a very respectable 4th.

Get Your Surplus Sailing Gear, Sailing Paraphernalia And White Elephants Ready for November Awards Banquet Auction

At the CRSA Awards Banquet on Saturday November 9th there will be a white elephant auction to raise money for CRSA Youth Sailing Programs. Set aside items now that you are not using and can donate to the auction. Both silent and hollering auctions will happen. If you have been to the banquets in the past you know auctions are a great deal of fun, allows members pick up some valuable merchandise at excellent prices, and raises money for youth sailing.



CRSA Auctioneer Al Lawton takes bids for one of the best - well maybe one of the most unique - items sold at the 2011 banquet. Gerard Howell holds a beautiful decorative bow carving, which incidentally made a priceless gift.

CRSA Looking For 2014 Officer Volunteers and Nominations

CRSA is looking for volunteers for the officer positions during 2014. Serving as a CRSA Officer is a great way to get to know more members and to get more out of CRSA. Here are some comments by Sally Shafer who served as Social Chair and currently serves as Membership Chair:

"A club like this works only because of the many people who volunteer to help out. When I was asked to join the board as social chair in 2011 I was not sure I would enjoy the job, but I figured it was my turn to help out. In hindsight, I am so glad I did it. Working to help the club has been great fun, and has introduced me to so many interesting people. Volunteer to help CRSA; the club will benefit and so will you."

If you are interested in being a CRSA officer for 2014, or know someone who you think may be good, please contact Commodore Dave Davison at commodore@caverunsailing.org.

Positions on the Executive Committee that are open for 2014 include:

- **Commodore:** responsible for overseeing all activities and functions of CRSA during the year including establishing the calendar of activities for the year.
- **Vice Commodore:** responsible for overseeing the CRSA Regattas including the BG Charity Regatta and the Grand Annual Regatta.
- **Rear Commodore:** responsible for organizing the regular race series, assigning race committee, tracking results.
- **Treasurer:** responsible for keeping track of CRSA accounts, reimbursing members for official approved expenses, filing financial forms, depositing dues and race fees.
- **Secretary:** responsible for taking minutes at the CRSA Executive Committee meetings.
- **Harbor Master:** responsible for maintaining and inventorying CRSA equipment, primarily the Committee Boat the Margaret Mary II.
- **Social Chair:** responsible for organizing the spring and summer socials, the sailstice raft-up social, special events such as winter Trip-Tales meetings at local restaurants and the Annual Awards Banquet.
- **Membership:** responsible for keeping track of the membership list, sending out membership renewal notices, forwarding membership dues to the treasurer.
- **Webmaster:** responsible for running the CRSA website caverunsailing.org and instructing officers on how to update their sections.
- **Cruise Director:** responsible for organizing, or helping others organize a yearly cruise or two for CRSA members.

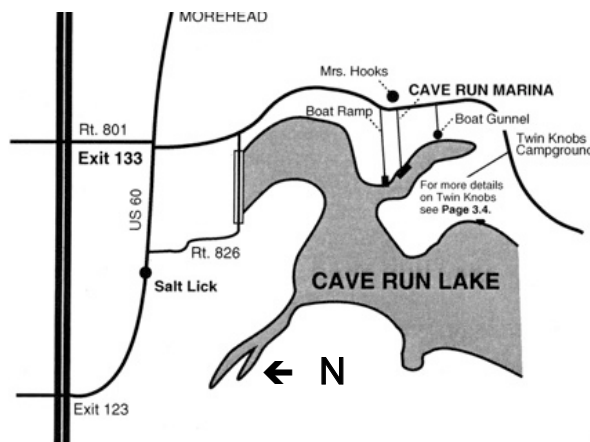
Positions not on the Executive Committee but reporting to it and appointed by the Executive Committee are:

- **Newsletter Editor(s):** responsible for editing, printing and mailing The MainSHEET. Some members get paper copies, most get email versions.
- **Youth Sailing Chair(s):** responsible for arranging and teaching the Youth Sailing Classes.
- **CRSA Sailing Schools:** responsible for ensuring the Beginning Sailing and the various CRSA ASA sailing schools are taught each year.
- **Historian:** responsible for keeping track of CRSA records and various documents.

No one person does everything themselves for their particular officer position. Every position has help and advice from previous officers, CRSA members and friends. The Executive Committee meetings provide a nice forum for advice on how to do things smoothly. Even if you have little previous experience, you will not be functioning alone.

Without A Boat But Want To Sail In A CRSA Series Race?

If you want to race, or just plain sail, but do not have a boat consider being a crew member. Show up at the Twin Knobs Boat Ramp parking lot a few minutes before 11:00 AM the morning of a regular race and the Race Committee Chair will put you on a boat. Bring your lunch and some drinks. Wear non skid shoes. Some sailing or work gloves will protect your hands.



Learn A Little About Racing By Being On The Committee Boat

If you do not want to actually be on a boat racing, but want to learn what racing is like and/or spend the afternoon lounging around on the water, you can join the race committee for that day on the committee pontoon boat and be in the SHADE. You can help raise and lower flags, record times etc. Nothing very complicated and everything is with some simple directions. Watching a race from the committee boat is a different way of seeing what is going on, learning the courses and start sequence. Meet in the Scott Creek Boat Ramp parking at 11:00 the day of a regular race. REMEMBER you must have a park service sticker to park in the parking lot. If you do not have one, park in the marina parking lot, and just walk over.

Apologies

Your MainSHEET editors learned some paper issues were shredded in the mail, and some were even delivered postage due. We apologize for this. We take the issues to the post office for weighing and getting correct postage so postage due is hard to figure out. Hard to know why some issues get shredded in the mail but we suspect this has something to do with automated postage equipment and we are unsure what to do about it. We will try to tape the paper issues differently to hopefully avoid shredding in the mail. Certainly placing the newsletter in an envelope would help but would increase our costs.

If you are getting printed copies of The MainSHEET in bad condition regularly please let us know at mainsheet@caverunsailing.org. We may have to be more aggressive in finding ways to correct this problem. But remember all members can get The MainSHEET delivered electronically AND in full color through email.

Bill Lubawy and Bev Merten,
The MainSHEET co-editors

Series Race 6 Had Lots Of Action

Series Race 6 on August 17th had lots of action. Weather was wonderful in the high 70's. Winds were light initially but came up to 8-11 eventually. A number of cruisers and day sailers joined in. Race Committee consisted of Brad and Donna Leslie and a member of Richard Moore's family. New member Meredith Howell brought three friends who crewed on three different boats.

Your MainSHEET co-editor Bill Lubawy helped his new crew member, Ben on MissAdventure, experience almost everything there was in racing. They were first at a start and the most windward boat. They were last at the finish. They waited for Chuck Emerich to give a slight bump to their hull in a windward-leeward situation at a start so they could call a foul on Bound To Wind, only to realize that they were the windward boat and the foul would be on them. They turned onto a port tack near the finish line only to see Richard Moore coming in on a starboard tack. Richard had the right of way and discourteously took it. Of all the unexpected things to happen. MissAdventure had to exonerate her foul right in plain view of the committee boat. How mortifying.

After the race Brad and Donna Leslie provided a super social of fresh barbecued pork sandwiches, chips and drinks. The food was excellent. The after race joking, stories and merriment were a real treat. Special thanks to Brad and Donna both for being race committee and for providing the after race social.



Two unidentified racers did the "Sunscreen Two Step" before race 6. You can guess where in the song this happened. It was at "PUT YOUR LEFT FOOT IN."



Racers listened for instructions on a windward-leeward course.



Race starts were tight all day. Easy to see why plenty of opportunities for fouls existed.



Rear Commodore Mark Breeden explained the starting sequence to new racers who crewed in Race 6.



The race committee was very precise in handling the flags at the starts.



The run to the leeward mark spread out the boats.



Bound to Wind, Kookie Monster and Dave Davison chase Bob Summerfeldt's Flying Scot.



Miss Adventure in another of those port-starboard situations. Fortunately this time she had starboard and was actually ahead.



The Race Committee was all smiles after running four successful races.

Race Results to Date

Rank	Fleet	Boat	HelmName	Total	Net
1st	Cruisers	Kookie Monster	Mark Breeden	58	26
2nd	Cruisers	Wind Dancer	Richard Moore	76	50
3rd	Cruisers	Bound to Wind	Charles Emrich	89	57
4th	Cruisers	Miss Adventure	Bill Lubawy	97	67
5th	Cruisers	Slightly Soaked	Derek Eggers	124	84
6th	Cruisers		Bob Hagan	125	85
7th	Cruisers		Brad Leslie	120	88
8th	Cruisers	Air Bender	Ben Askren	137	97
9th	Cruisers		Jim Dinger	147	107
10th	Cruisers		Derek Eggers	149	109
11th	Cruisers		Patrick Pollard	154	114
12th	Cruisers	Habit	Gram Wilson	147	115
13th	Cruisers		David Davison	150	118
1st	Day Sailer	Halcion	Chris Bollinger	95	63
2nd	Day Sailer		Kay Arnold	141	101
3rd	Day Sailer	Oversized	Bob Summerfeldt	137	105
4th	Day Sailer	Ruthless	Dale Strum	149	109
5th	Day Sailer		David Davison	153	113
6th	Day Sailer		Jim Dinger	158	118
7th	Day Sailer		Ralph Merten	165	125

Last Updated on Sunday, 18 August 2013 02:29



The MainSHEET is published 4-5 times a year, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to 1. promoting both leisure and race sailing, 2. conducting sailing education classes, 3. providing a forum for good will and social activities among those interested in sailing, and 4. participating in charitable activities. Membership Information can be obtained from Sally Shafer at membership@caverunsailing.org.

TO RENEW YOUR MEMBERSHIP: An electronic membership form is now available at the website caverunsailing.org.
Go to the website > membership tab > online form.

CAVE RUN SAILING ASSOCIATION
P.O. Box 256, Lexington, KY 40588



WWW.CAVERUNSAILING.ORG

The MainSHEET