

October  
2018

## Newsletter of the CAVE RUN SAILING ASSOCIATION

The MainSHEET V34 #5



**CRSA "ISLAND THEME"  
ANNUAL MEETING,  
CONCERT AND  
AWARDS BANQUET,  
SATURDAY, NOV 10<sup>TH</sup>  
LEXINGTON COUNTRY  
CLUB 6:00 – 10:00 PM  
2550 PARIS PIKE,  
LEXINGTON**



**Celebrate the 2018 Sailing Season at the CRSA Annual Meeting, Concert and Awards Banquet: Live Music, Sailing Talk, New Officers, Awards, Fun**

**Come casually dressed or in your most colorful island attire.**

**Buffet Menu:** Grilled Rib Eye with Cabernet Demi-Glaze  
Chicken Breast with Sage, Prosciutto and Wine Sauce  
Grilled Salmon with Bearnaise Sauce  
Salad, Buttery Mashed Potatoes, Roasted Zucchini,  
Tomato Rosemary, Baby Carrots with Orange Glaze  
Rolls, Coffee/Tea/Soft Drinks, Cake Dessert

**Musical Entertainment by the Steel Drum Band "Blue Steel"**

**Register On-Line @ [CAVERUNSAILING.ORG](http://CAVERUNSAILING.ORG) under "Events" by **Nov 1<sup>th</sup>**  
or with the mail-in form inside.**

[WWW.CAVERUNSAILING.ORG](http://WWW.CAVERUNSAILING.ORG)

**Paper Registration - The November 10th  
CRSA 2018 "Island Theme"  
Awards Banquet and Concert  
(Optional Tropical Attire)**



If you can please register for the evening on line at **caverunsailing.org** by November 1. You can pay with a pay pal account, or with your credit card directly but clicking on the pay pal portal.

If you do not want to register through the website and would like to register manually please print the following form, fill it out, enclose a check for \$45/ticket payable to CRSA and mail to **Graeme Wilson, 2300 Abbeywood Road, Lexington, KY 40515. Must be received by November 1<sup>st</sup>.**

**I wish to attend the 2018 CRSA Awards Banquet on November 10<sup>th</sup> at 6:00 PM at the Lexington Country Club, 2550 Paris Pike, Lexington, KY.**

**PLEASE PRINT**

Name \_\_\_\_\_

Guest 1 \_\_\_\_\_

Guest 2 \_\_\_\_\_

Guest 3 \_\_\_\_\_

Guest 4 \_\_\_\_\_

Total Enclosed \$45/ticket \_\_\_\_\_

**Out of Town CRSA Members Wanting to  
Stay Overnight in Lexington**

CRSA members wanting to come to the banquet and stay overnight, and who need a place to stay please contact Bill Lubawy, 859-273-1591, [Lubawy@uky.edu](mailto:Lubawy@uky.edu). We will find you a place to stay with a CRSA Member.

**CRSA Looking for Members  
Willing to Serve as  
2019 Officers**

No organization can SURVIVE without volunteers keeping the organization going behind the scenes. If you have enjoyed some of the CRSA activities please consider volunteering for an officer position to help make sure we KEEP GOING STRONG. Two individuals can even share a position. And an officer can form a committee to work with them and spread the responsibility around.

Serving as a CRSA Officer is a great way to get to know more members and to get more out of your CRSA membership. Here are some comments by Sally Shafer who served as Social Chair and Membership Chair in the past:

"A club like this works only because of the many people who volunteer to help out. When I was asked to join the board as social chair I was not sure I would enjoy the job, but I figured it was my turn to help out. In hindsight, I am so glad I did it. Working to help the club has been great fun, and has introduced me to so many interesting people. Volunteer to help CRSA; the club will benefit and so will you."

**If you are interested in being a CRSA officer for 2019, or know someone who you think may be good, please contact nominations committee chair Brad Leslie at: [bradleslie@suddenlink.net](mailto:bradleslie@suddenlink.net).**

**Among the Officer positions** that are open for 2019 include:

- **Commodore**: responsible for overseeing all activities and functions of CRSA during the year including establishing the calendar of activities for the year.
- **Vice-Commodore**: responsible for overseeing the CRSA Regattas including the BG Charity Regatta and the Grand Annual Regatta.
- **Webmaster**: responsible for running the CRSA website [caverunsailing.org](http://caverunsailing.org) and instructing officers on how to update their sections.
- **Newsletter Editor(s)**: responsible for editing, printing and e-mailing The MainSHEET.
- **Girl Scout Sailing Instructor**: responsible for arranging the four day Girl Scout Sailing program with Camp Judy Lane at Cave Run Lake in July.

No one person does everything themselves for the particular officer position. Every position has help and advice from previous officers, CRSA members and friends. The Executive Committee meetings provide a nice forum for advice on how to do things smoothly. Even if you have little previous experience, you will not be functioning alone.

## CRSA: SAIL THE GREEK ISLANDS!

Cave Run Sailing Association is offering another exciting adventure cruise for 2019. We will join a Sunsail flotilla beginning and ending on the island of Lefkas on the west coast of Greece. This seven-day cruise will visit six ports of call on Greek islands with a mixture of overnights at marinas and at anchor. **Charter dates are May 19-26, 2019.**



A flotilla is a group of 6-10 boats with a guide boat manned by a Sunsail crew consisting of a Captain, Social Director and Engineer. Sunsail provides guaranteed dock space at marinas, a variety of social events for the flotilla, and parts and repairs to the boats as needed. The flotilla has an itinerary for the week, but the boats are free to sail as they wish port to port. We will have one free day to explore on our own.

We have reserved a 47' monohull single mast boat with 4 double cabins, each with private head and electric toilet. The boat has a bow thruster, Lazy Jack sail storage, shore power AC and a large salon and galley. This boat will be limited to 8 crewmembers. If more than 8 apply for the trip, we will start a wait list and add additional boats. This is a bare boat flotilla, meaning there is no paid crew on the individual boats and CRSA members will sail and dock the boat and do all the cooking. Breakfast and lunch are usually on the boat and dinner can be at shore restaurants with local food where available. Some nights will be at anchor at remote sites where dinner will be aboard. The crew will contribute to a food fund for meals aboard. Each person will purchase the beverages they prefer.

The cruise is appropriate for inexperienced and experienced sailors. All crewmembers will have the option to sail the boat including steering, navigating, sail handling and dock line handling. You may sail the boat as much or little as you wish, or even not at all.

**Fees:** Cruise fee - \$800(double) or \$1600 (single), which includes a refundable damage deposit of \$155/pillow.

Cruise fee is based on a crew of 8 and prices as currently known.

Deposit - \$400 to confirm your reservation.

Final payment due on January 5, 2019.

Must be CRSA members- \$95/year for a family membership.

After your deposit is received, you will complete a cruise application and waiver. No refunds unless a replacement crew member is found, or the trip is cancelled. Your reservation is confirmed when your deposit check is received. Cabin choice and waiting list is in the order the deposits are received.

The cruise fee includes:

- Boat charter
- CRSA insurance
- Damage waiver
- Dock fees

The cruise fee does **not** include transportation to and from the boat, food and drinks

The nearest airport to Lefkas is the Aktion International Airport in Preveza, Greece (PVK) which is a 45-minute taxi to Lefkas. It is too early to book flights to Preveza, which are seasonal, but the cost may be in the range of \$1700.

**Do not book air or hotels that cannot be cancelled until enough people have placed deposits to allow the cruise to happen!** Deposits will be refunded if the cruise is cancelled.

The Skipper of the first boat will be Dan Geiger.

Please send deposit checks made out to CRSA to: Dan Geiger, 1880 Ft. Harrods Dr., Lexington, KY 40503. For questions, please contact **Dan Geiger, CRSA Cruise Director at 859-797-4212**

or [dangeiger17@gmail.com](mailto:dangeiger17@gmail.com). More information can also be found at [caverunsailing.org](http://caverunsailing.org).

## For Sail/Want To Sail

The MainSHEET will publish information about boats/stuff that members have for sale, or boats they wish someone else would have for sale. Send descriptions and pictures to [MainSHEET@Caverunsailing.org](mailto:MainSHEET@Caverunsailing.org).

### Cruise N Carry 6600 Motor, Stand and Tank

Runs great, air cooled, 12 pounds. \$275



### Antique Navigation Lights

converted to run on 120 V power. \$35 each.



Contact **Thom or Carol Saygers** at [tsaygers@roadrunner.com](mailto:tsaygers@roadrunner.com) or 859-626-9578.



## 2018 Grand Annual Regatta Report and Pictures

### Grand Annual Regatta Has Light Winds But Heavy On Fun and Delicious Food

CRSA Vice Commodore **Steve Morris**, with the help of lots of CRSA members, put on a spectacular Grand Annual Regatta September 29 and 30. Winds were light and the last race of each day had to be cancelled because the wind just plain disappeared.

**Goeff Endris** of Indianapolis did a great job as PRO keeping the contestants informed of the status of each race and setting good courses as much as possible with shifting winds. **Bob Gaut, Sally Shafer and Lee Sutherland** ran the chase/safety boat. **Ted and Deb Brandewie and Charlotte Lubawy** helped on the Committee Boat. **Bill and Charlotte Lubawy and Michael Jones** worked the registration tables.

**Steve Morris** roasted pork loins and with **Gerard and Jane Howell, Rebecca Rodark and Joni Trost** arranged super good food for the Saturday nite dinner. **Steve** also arranged neat long sleeve T-shirts and music by a really nice musical group, Short and Company from Louisville. Going away from regular trophies **Steve** also arranged for gorgeous blown glass water pitchers from Blenko Glass Makers in West Virginia for the winners in each class. **Val and Ben Askren** brought sailboat candles, arranged a great Sat and Sun lunch, and surprised everyone with an incredible Eggs Benedict breakfast on Sunday.

Check out the pictures that follow.





## 2018 Grand Annual Regatta Report and Pictures





## 2018 Grand Annual Regatta Report and Pictures Continued





## 2018 Grand Annual Regatta Report and Pictures Continued





## 2018 Grand Annual Regatta Report and Pictures Last Page



### Winning Regatta Captains were -

**C22s (right):** Three racers each had a 1<sup>st</sup>, a 2<sup>nd</sup> and a 3<sup>rd</sup>. The final order was decided by the order of the last race, as specified in the Racing Rules of Sailing. 1<sup>st</sup> Mike Duetch, 2<sup>nd</sup> Mark Breeden, 3<sup>rd</sup> Chuck Emrich.

**Cruisers (below left):** 1<sup>st</sup> Ben Askren, 2<sup>nd</sup> Brad Leslie, 3<sup>rd</sup> David Duncan.

**Daysailors (below right):** 1<sup>st</sup> Guy Donnatello, 2<sup>nd</sup> Lou Trost, 3<sup>rd</sup> Kelly Marteney.

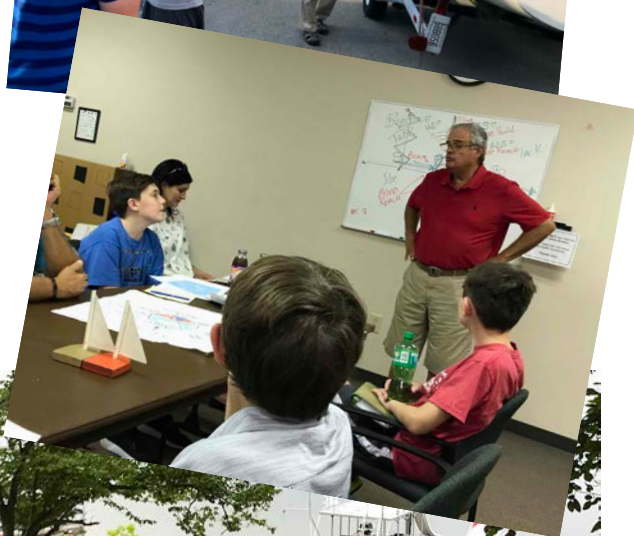




## CRSA Helps Boy Scouts Earn Sailing Merit Badges

CRSA members **Ben Askren and Lou Trost** also serve as leaders for two different scout troops. Along with a whole raft of other CRSA members, they organized classroom sessions and lake sailing experiences for their respective troops. Participating instructors included **Rich and Lynn Lewis, Valerie Askren, Joni Trost, Dale Sturm, Mark Breedon, Graeme Wilson, Chuck Emrich, Kaye Arnold, Jim Dinger and Bill and Charlotte Lubawy**. At the Saturday afternoon sessions 16 boats were on the water.

All the scouts passed their scouting requirements for merit badges. This program is one of a series of activities CRSA has undertaken over the years to try to increase interest in sailing in children and young adults. Despite a little rain and overcast skies on the day when the water sailing occurred, everyone had a wonderful time. Many thanks to all the CRSA members who participated and to all the scout parents who helped with transporting the scouts, a weekend camp over, meals and handling boats.





## Boy Scout Sailing Merit Badge Weekend Pictures Continued





## More Boy Scout Sailing Merit Badge Weekend Pictures





## **CRSA Has Busy Weekend on September 22<sup>nd</sup>, Last Race of the Summer Series, MSU Student Sailing Outing and Saturday Nite Raft Up.**

CRSA sponsored quite an extravaganza weekend toward the end of September. The last race of the summer series came first. Then **Lou Trost** arranged for six Morehead State University (MSU) students to join in and sail in CRSA boats. It was a really wonderful experience for the students. Finally, CRSA Social Chair **Graeme Wilson** arranged a fun overnight raft up.

MSU is attempting to set up a sailing group and sail either on Cave Run Lake or on Eagle Lake. CRSA is interested in working with such a group, again, to fulfill its outreach mission.



### **MSU Students use CRSA boats in a “Learn to Sail” day done during Series Race 8 on September 22<sup>nd</sup>.**

One of the MSU individuals hoping to work with promoting sailing sent the following note to Lou Trost. “Hey, Lou. I wanted to follow-up with our conversation last Saturday. Our group really enjoyed you teaching us some basics of sailing. Me and some of the people from the group are interested in joining the sailing association (I’ll include their names and e-mail at the end). Personally, I would like to join because I would like to learn more about sailing, being able to sail/cruise on my own around the lake and eventually other places. You had mentioned a night of camping on the lake for learning, which I think would be a good experience and a good opportunity to learn more about sailing. Honestly, I’ve never had the slightest interest about sailing, but now, I really, really enjoy it! Thanks for the awesome experience!”

A second student wrote “I really enjoyed sailing! I would love to go sailing again, however I am not interested in racing. I just really loved the relaxing aspect of sailing and how it was a challenge and a new learning experience. I would definitely be interesting in learning more and getting some more experience.”

After the races the group went back to the launch ramp at the Twin Knobs Campground and put the CRSA boats away. Boats staying for the overnight raft up feasted on fruit, vegetables, beer cheese, chips, cold cuts and assorted other snacks. Overcast skies prevented much light from filling the lake from the full moon.

Many thanks to CRSA participants **Graeme Wilson, Lou Trost, Chuck Emrich, and Val and Ben Askren.**

## **Be Sure To Register for the November 10<sup>th</sup> CRSA Annual Awards Dinner, Concert, Business Meeting and Generally FUN Time Registration Procedure on The Front Page of This Issue**

The November 10<sup>th</sup> Awards Dinner will be held at the Lexington Country Club at 6:00 PM. The evening has an “Island Theme” and Island Attire is optional.



Some members are planning on wearing pretty colorful outfits so it should be a really fun evening.

**Blue Steel**, a student steel drum band from UK, will provide an Island Music concert. If you have not heard Blue Steel you are in for a treat. The group’s music is just wonderful and hearing it live promises to be a real treat.





Cave Run Sailing Association  
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WWW.CAVERUNSAILING.ORG

# The MainSHEET

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The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable and community service activities.

Membership Information can be obtained from Annie Steinmetz and Kelly Glines at [membership@caverunsailing.org](mailto:membership@caverunsailing.org).

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The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at [Mainsheet@caverunsailing.org](mailto:Mainsheet@caverunsailing.org).

This issue of the MainSHEET has information on the November 10<sup>th</sup> Awards Banquet, Concert and Business Meeting at 6:00 PM at the Lexington Country Club, the Greek Islands Cruise, Sailing Related Items for Sail, the Grand Annual Regatta, a Boy Scout Sailing Merit Badge Weekend and a Combination CRSA Weekend.