

Newsletter of the CAVE RUN SAILING ASSOCIATION

The MainSHEET



CRSA ANNUAL MEETING AND AWARDS BANQUET, NOV 15TH SPINDLTOP HALL, 6:00 PM - COME JOIN THE FUN

Celebrate the 2014 Sailing Season at the CRSA Annual Meeting and Awards Banquet

When: Saturday November 15th, 2014

Time: 6:00 PM Reception and Silent Auction
7:00 PM Dinner

Where: 3414 Iron Works Pike, Lexington

Dinners: Pork Loin, Veggie or Vegan

Drinks: Cash Bar, 6-10 PM

Program:

Silent Auction and Reception
Dinner

2014 Awards Presentation

Installation of 2015 Officers

CRSA Croatia Cruise Review w Slides

Registration: Go to caverunsailing.org

Registration Deadline: Nov 11

Bring Your Silent Auction Items to the Awards Banquet at 6:00 PM

Bring any sailing related items from rigging to gear to clothes to sailing decorations to sailing pictures to sailing white elephants to items you bought last year. Proceeds go to the CRSA Youth Sailing Program. AND bring your checkbook so you can purchase some of the incredibly useful and wonderful items that will be available.

If you cannot come to the banquet but you would like to donate auction items please call Bill Lubawy, 859-273-1591 and arrange for a pick-up.

Out of Town CRSA Members Wanting to Stay Overnight in Lexington After the Banquet

CRSA members wanting to come to the banquet and stay overnight, and who need a place to stay please contact Bill Lubawy, 859-273-1591, Lubawy@uky.edu. We will find you a place to stay with a CRSA Member.

WWW.CAVERUNSAILING.ORG

2014 CRSA Croatia Cruise A Splendid Experience

All the participants agreed the 2014 CRSA Croatia Cruise set up by Cruise Director Dan Geiger was an incredibly splendid experience. Nine CRSA members took two 36 foot boats and joined the Sunsail Flotilla out of Dubrovnik. The September 7 to 21 trip cruised the islands off the southwest coast of Croatia. If you look on a map the cruise went from Dubrovnik in the south up as far north as Split.

Croatia has 1100 islands with around 50 inhabited by people on a full time basis. As recently as 1990-95 Croatia was involved in a war involving Serbia and the Yugoslavian Army and Navy. Dubrovnik and its Old Town (a UNESCO World Heritage Site) were shelled. Fortunately a peace has been in effect for the last 20 years, the damage to the picturesque Old Town has been repaired and Croatia is becoming a major tourist destination.

The best way to describe Croatia is to take the Rocky Mountains and surround them with crystal clear salt water. Peaks rise over 5,000 feet above the Adriatic. The views with incredibly blue water are stunning. The islands are within line of sight of each other and with charts and basic GPS skills, navigating from port to port is relatively straightforward.

CRSA joined a Sunsail Flotilla which was a new experience. The Flotilla had 6 boats, 2 from CRSA and 4 with individuals from England. A lead Sunsail boat accompanied the Flotilla and had three superb individuals as its crew. One person served as "social director" setting up group dinners, receptions, socials, etc. and answering questions about facilities at every port - locations of ATMs, groceries and restaurants. A second served as "destination director" setting the routes, making docking/mooring reservations, reviewing charts with captains, providing options for sites to see along the way etc. The sequence of stops was changed according to the weather to make for the most comfortable docking. The third person was the mechanic and overall sailing advisor. He changed batteries, replace radar deflectors, cut lines off of a propeller, and pushed hulls with a dinghy to line up boats with parking spots. All three were incredibly competent, professional, personable and many times charming.

With a Flotilla a general route is set, but subject to changes because of the weather. Every morning the Flotilla directors had a meeting with the captains to describe the next stop, review the charts for how to get there, talk about options for stops along the way and give a time of arrival window. Boats could go with the Flotilla or off on their own at any time. In the middle of the two week trip there are two days designated as free days and boats could go anywhere they wanted. The Flotilla leaders again described options, made dock/restaurant reservations if requested and were available for questions.

Stops were about 12 to 36 miles apart and all boats did some sailing and some motoring. Destinations varied from small cities, some with medieval walls and loads of restaurants and walks to small coves with one or two restaurants and hillside trails. All were incredibly picturesque. Some had Roman Ruins.

All the individuals on the cruise were incredibly friendly, helpful and social. The cruise directors planned a small reception at one of the first stops. Prince and Jim Dinger did an aboard reception at another stop loaded with local food options. Both were really fun, attended by all the Flotilla participants and contributed to the sense of camaraderie. The CRSA members were jokingly referred to as "the New World-ers" by the jovial Brits. At every port you would see people boat hopping, drink trading and snack sampling. The

group dinners at port restaurants were so loud with laughter and hooting there was some concern the owners would ask the group to leave. Of course nothing could be further from the truth. The Croatians are incredibly hospitable and friendly, unbelievably honest and almost everyone speaks a little or a lot of English.

Dan Geiger did a great job in arranging the cruise. Dan and Jim Dinger served as captains for the two CRSA boats, Kalamos and Marenda. All the CRSA participants were "blown away" with the scenery, the pleasant weather, the clear water, and the ease of making friends with fellow sailors. It was an incredible trip.

Here are some pictures. If you come to the CRSA Awards Banquet on November 15th at Spindtop you will see lots more. The entertainment program for the Banquet is a slide show on the Cruise.



The ACI Marina in Dubrovnik was the pick-up spot for the boats.



Prince and Jim Dinger held a dockside reception.



A hike up the hill to an overlook led to an incredible view of the Flotilla boats and the Adriatic scenery.



The Kalamos crew took a break in the welcome chair at Porto Rosso.



Dan Geiger and Bill and Charlotte Lubawy take a dinghy to shore for a Croatian Punch Party.



Prince and Jim enjoy a delicious on board meal complete with Croatian wine at Vela Luka on Korcula Island.



Charlotte Lubawy swims off shore at Porto Rosso.



Paul and Judi Buff with Hope and Hannah Goodwin do some inter-boat socializing.



Kalamos exits a pristine anchorage between islands. Look at those hills.



The Kalamos crew does a lovely musical poem as the presentation part of the cocktail competition held toward the end of the Flotilla trip.



A "Gin and Tonic" party involved the whole Flotilla.



A mooring owner helps Marenda tie off for the nite.



A picturesque dockside stop.



Bill and Charlotte Lubawy enjoy motoring around the wall surrounding the Old Town in Dubrovnik.



Marenda's crew sings their song "Almost Heaven, West Croatia" to the tune of John Denver's "Country Road" as part of their cocktail presentation resulting in a first place finish.



Kalamos with the Dinger's and Buff's moors in a typically picturesque cove.



Everyone on the Flotilla took extra time to do some touring. A Favorite spot was the Wall in Dubrovnik.

To see many more pictures from the Croatia Cruise come to the CRSA Awards Banquet on November 15th at Spindltop Hall. See caverunsailing.org for registration details.

2014 Grand Annual Regatta (For the Truly Hardy)

This year's Grand Annual Regatta was better than the cancelled regatta from last year, but the weather was a mess. After weeks of perfectly gorgeous temperatures and skies, a cold front moved in bringing freezing winds and gusts to 30 mph. Vice-Commodore Chris Bollinger and his wife Amy did an excellent job of setting up the Regatta complete with all the logistics and meals. One of the most popular locations however, was right next to the fire. Special thanks to Jim Dinger, Brad Leslie and Roger Hall for locating and cutting firewood to last the whole weekend.

Saturday the Race Committee tried in vain to get the course set but the anchor on the Committee Boat would not hold. Then the gusts increased and the RC and Vice-Commodore Chris Bollinger made the decision to cancel Saturday's racing. Most sailors just had a sigh of relief.

Sunday was better. The winds had calmed down to 15 mph with only 20-22 mph gusts. Temperatures in the morning were enough to cause ice to form on the windshields of the cars parked at the Fin, Fur and Feather. Fortunately the sun came out and the coolness was neutralized enough to make racing fun. Nevertheless winds were such that all the Daysailers dropped out before the first race. The Handicap Cruiser Class had boats drop out because of equipment failures from the wind and captains just getting tired of battling the gusts. However all the Catalina 22's held in there and along with 5 of the 7 Handicap Cruisers, finished two races.

You will notice there are NO pictures of boats on the course. The wind was such that everyone had all they could do to be safe and handle the boats much less worry about taking pictures. The relentless flagellating of the sails convinced everyone to leave their camera's below deck.



The Race Committee and local Coast Guard Auxiliary had their hands full all weekend with the weather.



The campfire was a welcome stop both days.



Winning captains and crews posed for a group picture after the award ceremony.



Charlotte Lubawy, along with Bill, ran the registration table under the imperial CRSA Burgee.



Warm clothes were basic requirements for 2 days.

Chris Bollinger sliced the delicious pie dessert for the Saturday Evening Dinner.



2014 Charity Regatta Raises Over \$4,000 for the Lexington Hearing and Speech Center

Since 1988 CRSA and the Theta Nu chapter of the women's philanthropic sorority Psi Iota Xi have combined to sponsor a Charity Regatta with the proceeds going to the Lexington Hearing and Speech Center. CRSA organized and conducted the regatta. Theta Nu did the fundraising soliciting boat sponsors, and organized a morning breakfast and delicious after racing lunch. This year the event provided over \$4,000 for the hearing and speech center. Special thanks to CRSA Vice-Commodore Chris Bollinger for organizing the racing, to Dale Sturm and Stephen Hahn for serving on the Race Committee

Weather conditions were just right for easy sailing on September 14th, the day of the event. The food was delicious and the camaraderie was widespread.



Chris Bollinger from CRSA and Judy Lopez from Theta Nu chapter of Psi Iota Xi present the award for first place in the Daysailer Division to Ralph and Bev Merten.

Daysailer Division winners and their sponsors were:

- | | | |
|-----------------|--------------------------|-----------------------|
| 1 st | Ralph & Bev Merten | Beazley Plumbing |
| 2 nd | Chris & Thomas Bollinger | Chris Bollinger |
| | | Zeta Iota/Psi Iota Xi |
| 3 rd | Bob Summerfeldt | OnPoint Companies |
| | | Traditional Bank |
| | | Mt. Sterling |



A Flying Scot moves smoothly through the water.



Graeme Wilson and Scott Schumacher accept the award for first place in the Cruiser Division from Carol Bailey of Theta Nu and Chris Bollinger of CRSA.

Cruiser Division winners and their sponsors were:

- | | | |
|-----------------|---------------|-----------------------------------|
| 1 st | Graeme Wilson | Carol and Rick Bailey |
| 2 nd | Chuck Emrich | Juanice Gillespie & Dennis Hacker |
| | | Libby Polack |
| 3 rd | Brad Leslie | Carol & Robert Case |



Cruisers cross on the course.



A Cruiser blankets a Daysailer.



CRSA Summer Social Hosted by Bob and Judy Woods

On August 17 the CRSA Summer Social was held at the home of Bob and Judy Woods. Bob served as the head chef and prepared a low country boil with corn, potatoes, shrimp, onion and mussels. The food was Fantastic! The conversation was Lively! The day was a great deal of Fun! A big thanks to Bob and Judy Woods for a great day.





CRSA Teaches Sailing to Wilderness Road Girl Scouts

From July 21 - 24 CRSA Master Instructors taught sailing to Girl Scouts from the Wilderness Road Council. Organized by Charlotte Lubawy and led by Mark Breeden, Bev Merten, Ralph Merten and Bill Lubawy the scouts spent mornings rigging and learning to sail the Camp Judy Layne boats and the afternoons sliding and diving off of the Margaret Mary II. One day when the weather was not good for being on the lake because of storms, knot tying and simulated racing on a "B" course were done at the camp house. Girl scouts and counselors presented CRSA with a model aluminum foil boat and thank you posters at the end of the week.

It was a great sailing experience. Scouts eventually learned to handle the boats quite well and sailed around several courses set up with the racing marks. Late in the week they sailed from the Clay Lick ramp to the peninsula across the lake, and back, and were very proud of that accomplishment. Capsizing drills were incredibly popular and the scouts looked at righting boats as a fun challenge playing in the water.

A special thanks goes to Steve and Di Morris for providing facilities for the instructors to stay overnight, take showers and enjoy warm meals with good wine.

Everyone had a great time. The camp counselors were dedicated young women who were patient and caring with the scouts and were very easy to work with. The scouts were interested in learning sailing and tying knots, and were well behaved. The CRSA instructors cooperated to design games on the spot and fitting with the weather conditions, then just jumped in did a perfect imitation of the "A" team.

It was a wonderful week.



CRSA Instructors Bev Merten and Charlotte Lubawy (front row) and Ralph Merten, Mark Breeden and Bill Lubawy (back row).



Scouts loaded and unloaded hulls.



Capsizing drills were incredibly popular.



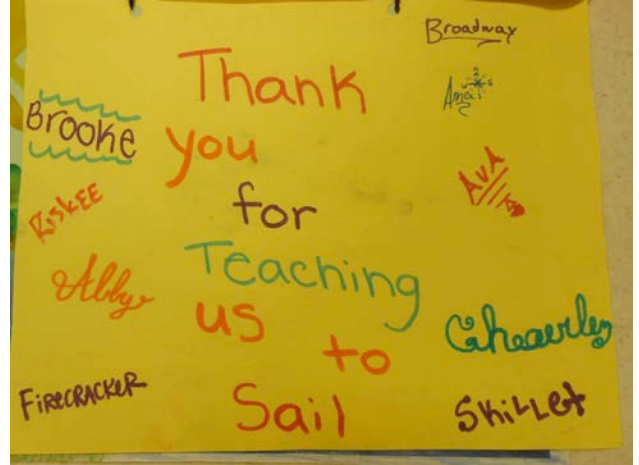
Boats head for "Pirates Peninsula" across the lake.



Scouts proudly pose with one of the "Barnett's."



Scouts presented thank you posters to the instructors.



Note from the Membership Chair, David Duncan

Ahoy, me hearties, scallywags, scoundrels, and crew of CRSA! As the days shorten, the temperatures drop, and the water level is lowered in Cave Run Lake we see yet another excellent sailing season come to a close. Soon, sails will be lowered and folded in their sail bags, boats will be secured in the slips or stored landside, and engines and plumbing will be winterized, while great stories and rich memories will be shared and shared again, each time with perhaps greater embellishment of personal and daring experiences of the year, as sea stories are known to do!

The 2014 CRSA Sailing Season will enter port with 114 household members strong, including 79 returning household members and 35 new household members. This year CRSA welcomed the following households: Luke Adams, Terri Anderson, Tyler Barnett, Malcolm Barrett, Jamison Barrow, Philip and Karen Bernard, Rico and Pamela Brown, Judi and Paul Buff, Jeff and Betty Coutant, Phillip and Katie DeHart, Tom Edwards, Mary Frances and Chris Friedl, Michael and Hope Goodwin, Tom and Simmie Graham, Greg Griffith, Thomas and Laura Hahn, Keith and Dawn Hardin, Robert Herrin, Carole and Jim Hoskins-Price, Sandy Issac, Brandon Lee, Kane and Carol MacCourtney, Jim and Sue Ellen McFarlane, Jared and Elizabeth McGuffey, David and Kim Mouder, Lisa and Greg Penn, Margie Peurach, Serf and Krista Robles, Rob Snyder and Charlotte Thornberg, Dale and Ruth Sturm, Chris Tudor, Graeme and Nancy Wilson, Matt Wingard, Mike Winkler, and Judith Woosley and Wesley Zanone.

Changed Email? If you moved or changed your email address please let David Duncan know at membership@caverunsailing.org.

It's certainly been my pleasure to serve CRSA as 2014 Membership Chairman. Thank you for the privilege and responsibility. I've had the benefit of communicating with all of you, either individually or as a group, on countless occasions since assuming my responsibilities last November. I appreciate having met many of you on and off Cave Run Lake, in classes, at socials, after races, and during the Charity and Annual Regattas. Of course, I would remiss not to acknowledge your patience for hundreds of emails between you and me and for your positive support and feedback for my CRSA SCUTTLEBUTT notices. I think the single most important achievement CRSA has accomplished in 2014, in addition to the expansion of sailing related activities, was taking the final step to 100% electronic communications.

CRSA now has the ability to electronically process all membership registration, race notification and instructions, ASA course applications, member communication, Beginning Sailing and Youth Sailing registration, cruise information, MainSHEET publication, payment processing, Membership Directory and CRSA Manual distribution, Ship's Store listings, Cave Run Lake Area Lodging and Camping facilities, and fleet rental.

The state of the art software upgrade and construction of the new CRSA website has been a result of many hours of work by Webmaster Julie Mitchell and CRSA's Executive Committee. While work remains toward finalizing the website I think the enhancement and instantaneous flow of communication for members has saved everyone valuable time, money, and potential errors of miscommunication. The CRSA website receives thousands of "hits" annually and is the marquee presentation of CRSA to the world as a

reputable, proud, and true sailing organization of which we are all very proud.

Additionally, the CRSA Facebook page has seen a significant increase in both members (186) and usage for communications this year. It's been a real benefit toward member interaction and discussions while serving as a means for members to become more familiar with each other as both Facebook friends and as CRSA Facebook members.

May all who may be reading this have a warm and safe winter. Merry Christmas and happy holidays to your loved ones and you from Anna, Kayla, and me. I look forward to seeing each of you on the lake once more in 2015!

"Now hear this! Shore leave for all of ye until we cast off next season! Arrrgh!!"

Doing Anything Related to Sailing? Tell Us About It

The editors of the MainSHEET Bill Lubawy and Bev Merten are always looking for things that may be of interest to CRSA members. If you have taken sailing related trips, sailed in off Cave Run Lake races, or have done anything related to boats let us know. You can contact Bill and/or Bev directly, but the best way is to email Mainsheet@caverunsailing.org. If you have some pictures and do not want to write an article, just let us know, we will give you a call and write the article from what you tell us about the event. Do not be shy!



CRSA Looking for Volunteers Interested in 2015 Officer Positions

CRSA is looking for volunteers for the officer positions during 2015. Serving as a CRSA Officer is a great way to get to know more members and to get more out of CRSA. Here are some comments by Sally Shafer who served as Social Chair and Membership Chair in the past:

"A club like this works only because of the many people who volunteer to help out. When I was asked to join the board as social chair in 2011 I was not sure I would enjoy the job, but I figured it was my turn to help out. In hindsight, I am so glad I did it. Working to help the club has been great fun, and has introduced me to so many interesting people. Volunteer to help CRSA; the club will benefit and so will you."

If you are interested in being a CRSA officer for 2015, or know someone who you think may be good, please contact Commodore Jim Dinger at drjamesdinger@gmail.com.

Officer positions that are open for 2015 include:

- **Commodore**: responsible for overseeing all activities and functions of CRSA during the year including establishing the calendar of activities for the year.
- **Vice Commodore**: responsible for overseeing the CRSA Regattas including the BG Charity Regatta and the Grand Annual Regatta.

- **Rear Commodore**: responsible for organizing the regular race series, assigning race committee, tracking results.
- **Treasurer**: responsible for keeping track of CRSA accounts, reimbursing members for official approved expenses, filing financial forms, depositing dues and race fees.
- **Secretary**: responsible for taking minutes at the CRSA Executive Committee meetings.
- **Harbor Master**: responsible for maintaining and inventorying CRSA equipment, primarily the Committee Boat the Margaret Mary II.
- **Social Chair**: responsible for organizing the spring and summer socials, the sailstice raft-up social, special events such as winter Trip-Tales meetings at local restaurants and the Annual Awards Banquet.
- **Membership**: responsible for keeping track of the membership list, sending out membership renewal notices, forwarding membership dues to the treasurer.
- **Webmaster**: responsible for running the CRSA website caverunsailing.org and instructing officers on how to update their sections.
- **Cruise Director**: responsible for organizing, or helping others organize a yearly cruise or two for CRSA members. Positions not on the Executive Committee but reporting to it and appointed by the Executive Committee are:
- **Newsletter Editor(s)**: responsible for editing, printing and e-mailing The MainSHEET.
- **Youth Sailing Chair(s)**: responsible for arranging and teaching the Youth Sailing Classes.
- **CRSA Sailing Schools**: responsible for ensuring the Beginning Sailing and the various CRSA ASA sailing schools are taught each year.

No one person does everything themselves for their particular officer position. Every position has help and advice from previous officers, CRSA members and friends. The Executive Committee meetings provide a nice forum for advice on how to do things smoothly. Even if you have little previous experience, you will not be functioning alone.

CRSA Dinghies Will Continue to Meet Fridays for Lunch at Signature Club of Lansdowne in the "Cellar"

CRSA Dinghies is a group of CRSA members and guests devoted to sitting around and chatting about sailing and anything else that comes up in the course of lunch. Dinghies meet almost every Friday at 11:45 am at the Signature club of Lansdowne Cellar Bar and Grille, 3256 Lansdowne Drive. Drop in, no reservations are required, and look for a table with sophisticated CRSA Dinghies representatives sitting around. For information check with Al Lawton 859-293-2792 or Bill Jones 502-863-5341.



Distinguished - well mostly - CRSA Dinghies enjoying getting ready for lunch at the Signature Club of Lansdowne Cellar Bar and Grille.

Sunday Morning Before the Regatta Pictures

Sunday morning about two hours before the races started Bill Lubawy wondered down from the Boat Gunnel Shelter to the waters edge to find the sun shining thru the fog. Here are a couple of pictures from that morning we thought you would enjoy. Notice the reflections of the hills on the water.



Picture Credits: This issue of the MainSHEET has photos provided by Bill Lubawy, Prince Dinger, Charlotte Lubawy, Stephen Hahn and Judy Lopez.

The MainSHEET is published 4-5 times a year, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing, and
4. participating in charitable activities.

Membership Information can be obtained from CRSA Membership Chair David Duncan at membership@caverunsailing.org.