



Special Election Issue – See Inside

This is an Election Issue, but not the Election you are probably thinking about. This issue deals with the election for 2021 CRSA Officers. Our By-Laws specify “All elected officers of the CRSA shall be elected for a term of one year beginning at the annual meeting in November. The Nominating Committee shall present a slate of officers at the annual meeting at which time nominations from the floor shall be in order.” **Commodore Valerie Akren** appointed the committee. The last MainSHEET contained a request for volunteer-nominees from the floor. The 2021 election will be via email. When you see a request regarding this election, **PLEASE VOTE! Nominees inside.**

Look for Some Special CRSA Webinars During Cold Weather

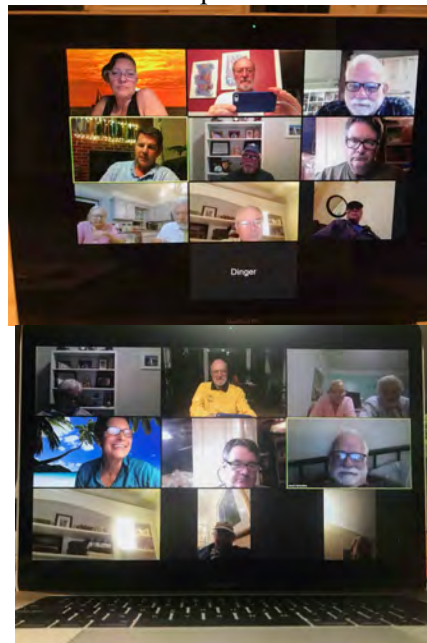
CRSA is working on a series of cold weather webinars over Zoom covering a variety of topics including new racing rules for 2021, sewing for sailing, sail shape and trim, increasing boat speed etc. Details for participating will be sent through e-mail blasts to members, and possible postings on the CRSA Facebook Group.

CRSA Insurance Carrier Requires Special Certification for Youth Program Instructors/Participants

CRSA received a notice from its insurance carrier that beginning in 2021 clubs nationally now should participate in youth protection training. The CRSA Board, and volunteers participating in any youth instructional activities, will have to take special training and receive certification. Parents will also have to complete a short on-line informational program. CRSA is working with US Sailing on completing these requirements.

CRSA Board Continues to Meet During Darn Pandemic

The CRSA Board has been meeting regularly during the pandemic via Zoom planning safe activities and getting ready for 2021. Special thanks to these special volunteers.



2021 Candidates for CRSA Officers



Commodore: Molly Sutherland

Hello everyone! I am Molly Sutherland and I love sailing! I love the water and the technical component of using the wind to move the boat. We happen to have 3 sailboats, mine is a 1973 Tanzer 22, which is currently out of the water for repairs and two Catalina 22s, 1977 and 1984. The '77 is in the mooring field at Cave Run and the '84 is in a barn. I have been involved with CRSA for about five years and believe our association is full of great people, with great taste and a wealth of experience and knowledge, which they are willing to share. My husband and I have sailed in the BVIs and Greek Islands with the club and my daughter and I sailed in Italy with the club. We have not participated in many of the races, although we are hoping to do more racing as time allows. CRSA is really the best portal into sailing for anyone interested in the region - KY and WVA. Under Valerie's and other past Commodores leadership, the club's energy is strong and growing. I would welcome the opportunity to work with the Board to leverage our energy and continue to move the club forward.



Vice Commodore: Steve Morris

My wife, Diana, and I have been boating at Cave Run Lake since the early 1970s as powerboaters. About 25 years ago I was given a small, wooden, daysailer that got me interested in sailing. Since then I have owned several different sailboats. I currently have a 1990 Hunter 27-2 in a slip at Cave Run. My aspirations for the club in 2021 are to conduct both a Charity Regatta, and a Grand Annual Regatta, in the best possible manner. What that may look like is still to be determined. I want to plan for the best, but be willing to adapt to the worse. I still intend to act in an unofficial role as Brad Leslie's assistant Harbor Master.



Rear Commodore: Mark Breeden

Sailing has been a life-long passion for me.

My wife and I moved to Lexington and I found Cave Run Lake. Since I grew up sailing it was only a matter of time before I bought an old boat then went looking for a place to race and help teach sailing. I restored a Catalina 22, Kookie Monster that I race on Cave Run and off the lake at various Catalina Regattas. My biggest interest involving sailing is in racing. I enjoy the people in CRSA who are just a lot of fun to be with. I've sailed since I was a pre-teen beginning in New Orleans. In fact, I continue to be a member of Southern Yacht Club in New Orleans. I have raced in Lake Pontchartrain, the Mississippi Gulf coast, and the Ross Barnett Reservoir in central MS before starting to enjoy racing on Cave Run Lake.

Special thanks to the Nominations Committee for the 2021 CRSA Officers and Board of Directors. The Committee consisted of **Luke Adams, Steve Morris, Tony Stansbury, Jon Ware and Stacey Westfall.**



Treasurer: Michael Jones

Our family sails a Catalina 22, which we have had for a little over 10 years. My sailing experience began with small boats at Boy Scout camp, and my wife and I later sailed while attending Clemson University. While we have not yet traveled on one of the club cruises, we are looking forward to experiencing the thrill of sailing in ocean waters in the near future.



Secretary: Ken Ruhl

My Family, wife Jill, daughter Kelly, son-in-law Ryan, and granddog Sperry all enjoy sailing.

I own a Helms 24. The "Dealership" was built in 1986 and has been on Cave Run Lake for most of her life. Although she has a few years on her, it's really the perfect boat for me and my family. I grew up in New Jersey and learned to sail on a sailfish. Moved to Virginia Beach and bought a Laser which is an exhilarating boat. In 1984 I moved to San Diego and was fortunate enough to hook up on a Santana 35. While I try to sail at least once a week from March through November on Cave Run, I think my most memorable experiences come from bareboating in the British Virgin Islands, St Lucia, Antigua and, southward down to Grenada.



Harbor Master: Brad Leslie

I began sailing a sunfish as a kid and always wanted to learn more. I took it up again seriously in 2006 and started taking my sunfish to Cave Run to watch the club races. I finally took the plunge, bought a pocket cruiser, and began lessons through this club. I am grateful for the things I have learned through the club and believe I should help pay it back.

We sail weekends on Cave Run Lake on a 24 ft boat, and cruise the East Coast on our 36ft sailboat when we have time.

I enjoy tinkering with boats and enjoy being Harbor Master, particularly because of the many folks that help me out.

There are two other positions in CRSA that are not official members of the "Board" or elected, but are critical to CRSA. These are the **Beginning Sailing Director – Chris Bollinger** and the **MainSHEET Editor – Bill Lubawy**. Special thanks to these two volunteers.



Social Chair: Fresca Leddy (Francesca)

My introduction to sailing began over 40 years ago when I started dating my now husband. He had a 16 foot Hobie Cat at Cave Run Lake. I now humbly consider myself an experienced passenger.

We have only had a few adventures onboard a larger boat—the first many years ago on a 38-foot sailboat for 3 days on the Chesapeake. Shortly after joining the CRSA we spent a week sailing in Greece and are looking forward to sailing in Tahiti. Aside from a Catamaran and a Pontoon boat on a lake in the Catskills, we have an 18-foot day sailer parked at Mrs Hook's lot. I enjoy planning parties, cooking, decorating, and crafting and would look forward to the opportunity to contribute to the CRSA and flex my creative talents.



Membership: Luke Adams

I grew up in Seattle, WA where I first learned to sail on a Hobie Cat 16 on Lake Washington and a San Juan 24 in the Puget Sound. When I was 17, I joined the Navy and served as an electronics technician aboard a submarine out of Pearl Harbor. During which time I met my wife, Lesley, in Hawaii while she was on vacation from here in Kentucky. Over the years I've enjoyed everything from small day sails on lakes and rivers in this region of the country, to cruising the BVIs, the Chesapeake, and even some heavy-weather sailing in the Atlantic. I bought my own first boat in 2014 (San Juan 23) in an attempt to show our daughters the great things about sailing that got into my blood as a child and never left. At that same time I joined CRSA and have become increasingly more involved with the club each year since. Last year, I became one of the club's newest ASA instructors and have had the pleasure of teaching ASA101 during the course of this year. This year, I also moved up to a larger boat (Catalina 27). I'm looking forward to further supporting the club as membership chair. Next year I would like to find more ways to engage with our community and share my love of sailing.



Webmaster: Sam Moher

While I've had interest in sailing for several years now, it has quickly become a passion for me this year (of all years). I have two boats — a Snipe that is still in project mode, and a Sunfish I would like to eventually race in some regional competitions. I would like to help the club's continual expansion this coming year by helping get more people interested and involved in sailing. As with most things, there are preconceived notions about sailing that I believe keep people from pursuing it — namely money and culture judging from my interactions with others who've never experienced it. I think spreading the knowledge of who we are and of our existence, and that we offer a low barrier of entry into the world of sailing, as well as an inclusive learning environment will help said expansion.



Cruise Director: Merritt Wade

As a youth I learned to sail on a Sunfish and many summer vacations included some form of small boat sailing. As a college student and young adult, I would rent Hobie Cats at the beach or coastal waters. For many years I did not do any sailing at all. In 2011 Savannah and I joined in on a sailing cruise to Abaco Island in the Bahamas hosted by Bluegrass Power Squadron and Jeff Lagrew. I liked that trip a lot and the next year we went with Mark Arnold to the BVI on a 52-foot mono hull. That trip got me hooked. Since then we have made another trip to BVI, also Baja Mexico, St. Martin to Nevis, Chesapeake Bay, two trips to San Juan Islands, Italy, and then Greece. The last three were with Cave Run Sailing. Looking forward to Key West this December and then Tahiti next June. There is no better way to see a new place than sailing! The research, planning, navigation, the challenge of getting there with just the wind and the feeling of being in the zone when everything is right, I love every aspect of it.



Director of Youth Sailing: Chuck Emrich

Sailing is the magic of understanding wind, water and numerous other factors in asking the vessel to go where I determine—and hopefully faster than others. Or it can be the challenge of open ocean with a completely different skill set! It asks me to be focused on the now taking all factors into consideration. With youth sailing my goal is to show how sailing can be fun as we learn the basics. What a pleasure to see the lights going on and watch new sailors enjoying mastering the winds and their confidence ... and the smiles on their faces!!



Adult Sailing Director: Jim Dinger

We have 5 active American Sailing Assoc. (ASA) instructors in CRSA. Most have been instructors since 2003 and all have their own boats. Over the past several years our instructional service has provided a large portion of the revenue on which CRSA operates. C19 issues were serious considerations in the past year and will be so in 2021 as instruction is at an individual level. However, with testing of both students and instructors, we anticipate being able to accommodate at least 20 students in the next year using CRSA boats, Miss Kelly and The Rhodes.

Special Reports From The Year 2020

Commodore's Report

What a year it has been! Our passion for sailing has offered us a wonderful way to reconnect with our sport, social-distance with friends, enjoy sunny skies and fair winds, and maintain our sanity during these trying times.

Importantly, CRSA has had to reimagine the role we play in promoting the spirit of sailing, and I am continually amazed at how our local leathernecks have responded. Once the pandemic closed down many of our events, creativity and perseverance prevailed.

After the Spring Social and Charity Regatta were cancelled, CRSA responded with our first ever *Poker Run at Cave Run Lake*. Youth and Teen Sailing? *Temperature checks, masks, and lots of social distancing*. No Tahiti cruise? *Let's go to the Marquesas!* Scrapped weekend of festivities for the Grand Annual Regatta? *We'll move to a one-day event and provide an on-line virtual racing primer*. Fall social? *Let's have an All Hallows' Eve Sail* complete with bags of treats thrown into each cockpit, all under the auspices of the flying Jolly Roger.

In addition, CRSA is getting ready to launch our first *winter series of free on-line classes*. Utilizing experts (those more than 100 miles from our shores) and experts (those in our own local sailing community), classes will be virtually hands-on and allow for lots of Q&A. Be on the look-out for course registrations coming your way.

What's more, our Facebook page has been busier than ever. Our 450 members have been buying, selling, and trading boats; swapping lies about hull speeds and speed over water; sharing boat restoration and repair tips; and keeping the love of sailing alive. Yes, 2020 has proven to be an exceptional year for all things outdoors, and sailing has not been an exception.

How do we make all this happen? With incredible volunteers just like you. And we thank you for being part of CRSA!

**Valerie
Commodore**

American Sailing Association (ASA) Certified Sailing Report

In 2020 we had approximately 60 people inquire about taking ASA courses through CRSA; 45 people register to take a sailing lessons that lead to ASA certification including classes in ASA 101, 103 and 105. Due primarily to C19 issues, 24 of these people have not yet completed their course. Some are, as well

as the CRSA instructors, waiting to continue their lessons in the year 2021 when hopefully a vaccine is available for the virus and we gain control of it.

This year we added two new ASA 101 instructors, Jonathan Ware and Luke Adams to help handle the student load. We are teaching ASA 101 primarily on the two sailboats owned by CRSA. Attainment of ASA 101 allows the sailor to take out these two boats, so teaching on those boats provides them the appropriate skill and confidence. This program has been successful as the two boats have been used extensively through the summer and into the fall.

One further important note is that **Steve Morris** must be commended for allowing us to use his diesel-powered boat to teach ASA 103, a course that is a big step towards the ultimate goal of being certified to captain a chartered boat most anywhere in the world.

This year we had three students certified in ASA 103.

**Jim Dinger
Coordinator for ASA Certified (Adult) Sailing**

Social Director Report

2020 started strong for CRSA. Our first Trip Tales was a full house crowd at Rooster's, January 30th featuring *Sailing the BVIs: Chartering Boats in Paradise*. **Valerie and Ben Askren** provided a colorful travelogue, complete with slides, maps, and travel advice. Other members shared their expertise & experiences of sailing in the paradise known as the BVIs as well. We introduced a "Split the Pot" raffle to support CRSA Youth Sailing Academy. **David Leddy** won and donated his winning back to youth sailing, and due to David's generosity – we collected \$210 for our CRSA Youth Sailing Academy.

Club Cruising: Sailing the Greek Islands was the topic for our February Trip Tales at Barrell House Distilling Co. where we enjoyed a Greek buffet provided by Athenea Grill. Dan Geiger and Merritt Wade shared a recap of the club's international sail in the Ionian seas off the west coast of Greece. The night was topped off with a toast of Ouzo and the auction of a sailboat! Again, we had a "Split the Pot" raffle for the Youth Sailing Academy and the winner donated the winnings back, which netted another \$170.

We had scheduled a March Movie Night with Captain Ron for March 23rd and the New Member Spring Social, originally planned for April 19th, when COVID hit us... We unfortunately cancelled the remainder of all social activities until we could regroup and follow appropriate social distancing recommendations.

Valerie Askren introduced and coordinated a **2020 Sumer Sailstice "Poker Run" on the lake** on June 20th – which was a great success! 20 sailboats and untold

sailors enjoyed the lake and played several “games with 5 card stops each and spent the evening enjoying one of Cave Run Lake’s beautiful sunsets.

October 15, we were able to host **Movie Night with Captain Ron** at the home of Lee & Molly Sutherland. 12 club members attended the outdoor, socially distanced evening and shared A LOT of laughs together!

Unfortunately, the Annual Banquet, scheduled for October 24th had to be cancelled.

We are ALL looking forward to a different 2021! In the meantime, Happy Fall Sailing!

Molly Sutherland
2020 Social Director

CRSA Website Was Down

For over two weeks during the end of October and the first part of November the CRSA website was down. This effected the calendar, potential registrations for events, the ability to send out the MainSHEET and member e-mail blasts. The site is up now but no one is sure how well it is functioning. Several links are not currently functional. Our website host has been working on the problem and continues to try to find out what caused the initial crash. CRSA members with considerable website experience among them are helping. Thank goodness this is a period of relative down time with club events. Hopefully everything will be functioning smoothly soon.

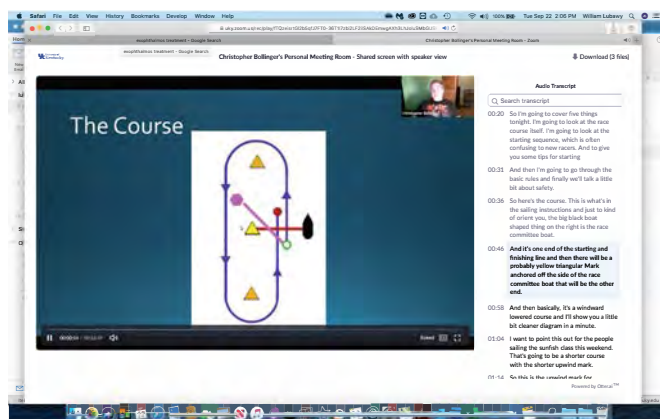
CRSA Members Developing Radio Controlled Fleet.



Pictured above are CRSA members **Ken Ruhl**, **Lee Sutherland** and **Jim Dinger** assembling their radio controlled sailboats. Several members including **Bill Jones** have RC boats and may be racing soon.

Chris Bollinger Creates Teaching Video For Grand Annual Regatta Sailors

CRSA member **Chris Bollinger** was kind enough to create a self-study educational course on how to sail in the Grand Annual Regatta. The course offered on Zoom was necessary because a large number of new sailors were racing in Sunfish boats on a different course from the rest of the fleet.



Topics covered included:

1. Three rules (POW) governing who has the right-a-way and how to avoid collisions.
2. How to navigate the course itself and the starting line from diagrams.
3. The start sequence and some basic advice eg., stay close to the starting line during your sequence.
4. Some safety tips i.e wear a lifejacket and what to do if you're in trouble.
5. Handicapping.

Chris did a great job with his Zoom class and this may represent a future new avenue for CRSA instructional programs. Special thanks to him. It certainly gave adult sailors a feeling for what students in Kentucky are going through not having in-person classes but instead living on Zoom.



CRSA just purchased a trailer for the Margaret Mary II Committee boat to allow it to be taken for motor repair and service because trailers were no longer borrowable.

All Hallow's Eve Sail

CRSA Commodore Valerie Askren organized a Fabulous Halloween Sail that was a great time. Eight boats showed up, some with strange looking crew members. There were almost perfect conditions - vibrant blue skies, good steady winds, Reese's Cups, and Fireball. Although it looks like one may have sailed a little too long!





Lou Trost reports the race was called Pirates Plunder at Port Oliver. Participants had Grog (Rum and Lime) to prevent scurvy and Hard Tack (a very hard biscuit). This was near the anniversary of Black Tot Day when British sailors are cut off their rum rations.

Pictured above are CRSA members **Dale Sturm** and **Lou Trost** with a member of the Port Oliver Sailing Association at Barren River State Resort Park. They completed an 11 mile race around 3 islands in the lake on October 31. **Dale** finished first and **Lou** finished second. Congratulations guys. Obviously this has nothing to do with the Halloween Sail but the picture is so neat it had to be included.

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The Cave Run Sailing Association is an **all volunteer,**
nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable and community service activities.

Membership Information can be obtained from Graeme Wilson at
Membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at
Mainsheet@caverunsailing.org. Special thanks to Valerie Askren, Steve Morris, nominated officers, and others for pictures and information.

CRSA 2020 Officers

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The MainSHEET