

**AN INCREDIBLY ENJOYABLE EVENING IS COMING**

**REGISTER TODAY – REGISTER TODAY**

**CRSA “ISLAND THEME” ANNUAL MEETING,  
CONCERT AND AWARDS BANQUET,**

**SATURDAY, NOV 10<sup>TH</sup>. \$45/Ticket**

**LEXINGTON COUNTRY CLUB 6:00 – 10:00 PM**

**2550 PARIS PIKE, LEXINGTON**

**Celebrate the 2018 Sailing Season at the CRSA Annual Meeting, Concert and Awards Banquet: Live Music, Sailing Talk, New Officers, Awards, Fun**

**Come casually dressed OR in your most colorful island attire.**

**Buffet Menu:** Grilled Rib Eye with Cabernet Demi-Glaze  
Chicken Breast with Sage, Prosciutto and Wine Sauce  
Grilled Salmon with Bearnaise Sauce  
Salad, Buttery Mashed Potatoes, Roasted Zucchini,  
Tomato Rosemary, Baby Carrots with Orange Glaze  
Rolls, Coffee/Tea/Soft Drinks, Cake Dessert

**Musical Entertainment by the Steel Drum Band “Blue Steel”**

**Register On-Line at [CAVERUNSAILING.ORG](http://CAVERUNSAILING.ORG) under “Events” today OR  
contact Graeme Wilson, 2300 Abbeywood Road, Lexington, KY 40515 today  
through email at [Social@CAVERUNSAILING.ORG](mailto:Social@CAVERUNSAILING.ORG).**



**If it is cool November 10<sup>th</sup> wear long  
sleeves/pants under your outfit.**

**Greek Island Cruise May 19-26, 2019**

**CRSA now has 2 boats chartered for the 2019 Greek Island Cruise with confirmed reservations for 13 of the 14 spaces available. One space on the current charter is left. There is also a “wait list” and if enough additional CRSA members register an attempt will be made to obtain a third boat. BUT boats are going fast. If you are interested, or have questions, contact CRSA Cruise Director Dan Geiger at [dangeiger17@gmail.com](mailto:dangeiger17@gmail.com) immediately. \$400/ space is due with registration and an additional \$400/space due January 5<sup>th</sup>, 2019.**

**More information is available on the CRSA website,  
[caverunsailing.org](http://caverunsailing.org).**

**[WWW.CAVERUNSAILING.ORG](http://WWW.CAVERUNSAILING.ORG)**

## 2018 CRSA Psi Iota Xi -Theta Nu Charity Regatta

On May 20<sup>th</sup> CRSA again partnered with the Theta Nu chapter of Psi Iota Xi to sponsor the annual Charity Regatta. Lots of CRSA members sailed in the regatta and Theta Nu members solicited sponsors for the boats with the proceeds going to the Lexington Hearing and Speech Center. This year's regatta added nearly \$3,500 to bring the total raised in this joint effort since 1988 to over \$129,000. The Charity Regatta was initiated by then **CRSA Commodore Al Lawton** and the women of Psi Iota Xi.

The day began with a delicious breakfast, a welcome from **Carol Bailey and Judy Lopez** of Psi Iota Xi, and a Captain's Meeting run by **Jim Dinger** who was the Principal Race Officer for the regatta. Race Committee members included **Sally Shafer, and Jane and Gerard Howell**. After the races, attendees enjoyed a delicious lunch organized by CRSA Vice Commodore **Steve Morris** with help from Commodore **Valerie Askren and husband Ben Askren**.

After lunch awards were presented in the various classes to the winning captains. These, in alphabetical order, included for the Cruiser Fleet: **Chuck Emrich, Brad Leslie and Bob Richards.** For the Daysailer Fleet: **Kaye Arnold, Thomas Bollinger, and Lou Trost.**

Now you may ask why this report is just now appearing in the November MainSHEET when the Regatta was held in May. Well the answer is the MainSHEET editor just has a disturbing habit of procrastinating, and it does not appear to be getting better. So – if you would like to see articles come out in a more timely manner PLEASE volunteer to help with the MainSHEET as a co-editor and prodder. Just send an email to [MainSHEET@caverunsailing.org](mailto:MainSHEET@caverunsailing.org). Resumes and references are not required.



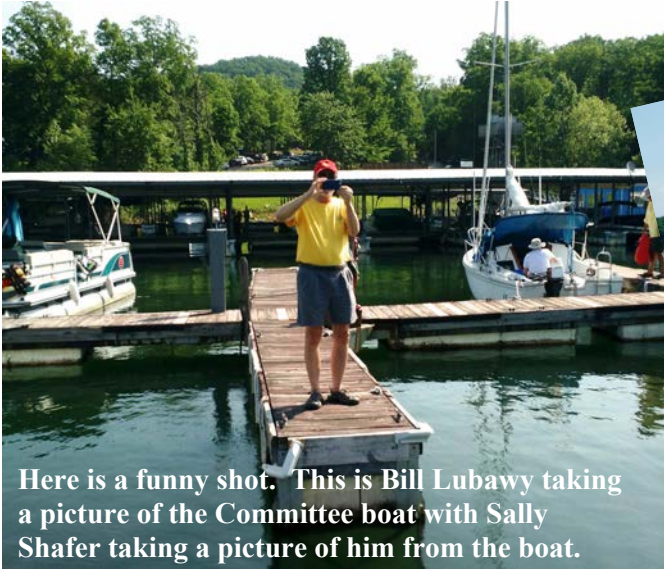


## Pictures From the 2018 Charity Regatta





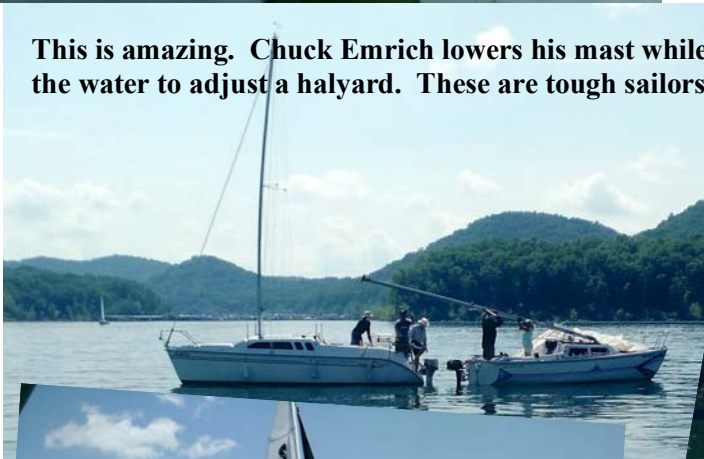
## Pictures From the 2018 Charity Regatta



Here is a funny shot. This is Bill Lubawy taking a picture of the Committee boat with Sally Shafer taking a picture of him from the boat.



This is amazing. Chuck Emrich lowers his mast while on the water to adjust a halyard. These are tough sailors.





## More Pictures From the 2018 Charity Regatta





# The Last Page of Pictures From the 2018 Charity Regatta





## Pictures From the 2018 Beginning Sailing School



CRSA offered its popular Beginning Sailing School again in May. Thirteen students participated in the two classroom sessions and in the water lab held in conjunction with the Charity Regatta. Combining the Charity with the Beginning Sailing Water Lab gave beginning sailing students a chance to experience sailboat racing and more precise boat handling skills. In addition, the breakfast and lunch associated with the Charity provided some social time with CRSA members. The day began with light wind, then slowly picked up to a nice breeze. Special thanks to **Charlotte Lubawy** who helped with the classroom sessions and **Mel Burch** who taught a sailboat consortium on their boat.



Photo Credits in this Issue: Special thanks to Sally Shafer who took all the Charity Regatta pictures of on the water sailing, the lunch, and the award winners.

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WWW.CAVERUNSAILING.ORG

# The MainSHEET

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The MainSHEET is published 4-8 times a year, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable and community service activities.

Membership Information can be obtained from Annie Steinmetz and Kelly Glines at [membership@caverunsailing.org](mailto:membership@caverunsailing.org).

The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at [Mainsheet@caverunsailing.org](mailto:Mainsheet@caverunsailing.org).

This issue of the MainSHEET has information on the November 10<sup>th</sup> Awards Banquet, Concert and Business Meeting at 6:00 PM at the Lexington Country Club; an update on the Greek Islands Cruise; and pictures from the Charity Regatta and the Beginning Sailing School.