

“LINES” From the Commodore



It is fun and rewarding to be your Commodore especially because Executive Committee/Board and members are so engaged!

We are coming out of COVID with a shared excitement and desire to sell, learn new things and meet new people! CRSA is typically an active association, and this past month activity and enthusiasm has hit a new level! Below is a quick overview of our May activity.

- May 1 - first race of 2021
- May 4, 6,8 - Beginning Sailing with a sold-out class
- May 15 – Charity Regatta with 20+ boats
- May 24 – our first Sunfish Social at Jacobson Park
- Throughout May – our RC Boat Group has met and raced several times, typically on Wednesday evenings at Jacobson Park, weather permitting.
- ASA 101 sail courses were led by Jim Dinger, Luke Adams and Jonathan Ware in May
- We received the “go ahead“ for our club cruise to Tahiti and Merritt and Savannah Wade hosted a meet and greet for the 22 folks planning to have a fabulous vacation!



I know there are several fun events planned for June too. Please mark your calendars!

- June 5 - race 2
- June 6 - Executive Committee meeting
- June 19 -Summer Sailstice
- June 23 through 30 - Club Cruise to Tahiti
- June 25 - Sunfish Social #2

You can find all the details on our website at

www.caverunsailing.org.

All this activity takes time and commitment from a lot of people and that is what makes CRSA such a strong association! We have GREAT VOLUNTEERS at all levels within the club!

I encourage you to take some time and see what interest you.

Always feel free to contact me at Commodore@caverunsailing.org if you have any questions or suggestions.

I look forward to meeting you and seeing you at the lake!

Molly Sutherland

Commodore@caverunsailing.org

First Race Day, May 1, Bright and Sunny

The first day of racing for 2021 was a lovely day. Winds were 5-10, temps were in the high 50's and the sun was out. **Dale Hamblin and Bill Lubawy** were Race Committee servants of the shifting wind directions. For most of the races the course was "sort of" the right orientation. But changing directions left the starting line parallel rather than perpendicular to the course direction for the last race. What a nightmare. **Mark Breeden** ran the captain's meeting explaining flags and the start sequence.

IMPORTANT TIME CHANGE. Beginning with the June 5 race the time for the Captains Meeting will be 10:00 AM in the parking lot of the boat ramp across from Mrs. Hooks. The first flag will be at 12:00 Noon.





2021 Beginning Sailing Students Pose For A Covid Compliant Group Photo

Chris Bollinger did a wonderful job of teaching the CRSA Beginning Sailing Course the first part of May. Classwork was offered on the first Tuesday and Thursday of May with the Water Lab on the following Saturday. Students came to class and sat with masks at Social Distances as Chris went through all the particulars of sailboat parts, points of sail, handling winds and wind gusts, tying stopper knots and correctly making fast to a cleat, and rules of the road. **Luke Adams and Bill Lubawy** helped with individual knot tying instruction.

On Saturday the Water Lab took place with captains **Luke Adams, Chris Bollinger, Mark Breeden, Mel Burch, Chuck Emrich, Charlotte and Bill Lubawy, Steve Morris and Dale Sturm** taking out students to apply what they learned in class. A big THANK YOU to all the captains who volunteered their time and their boats for the day. Saturday was a great day, nice winds, sunny, temps in the mid 50's and good cheer everywhere. Everyone assembled at the Marina, **Chris**, assigned students to captains, and students sailed from about 9:30 to 12:00. Everyone returned to the Marina for lunch after which **Chris** assigned students to a different boat and they went out again from about 1:00 to 4:00. The day was just SUPER!

Special thanks to Chris for organizing, teaching and running the 2021 CRSA Beginning Sailing Class.



Classroom sessions were held with lots of space between students or families.



Students assembled along the Marina.



Some of the Captain voluntary instructors wait for their assigned students.



Students and captains get ready for a ride to the mooring field.



Students learn to get the boat ready.



Charlotte Lubawy organized the Miss Kelley for the days instructional sail.



Dale Sturm never has to worry about his boat motor working. His always does.



Students and Captains took a nice lunch break and Chris Bollinger reassigned students to different boat.



2021 Bluegrass Charity Regatta #34 A Huge Success

Thanks to some incredibly hard work by **Steve Morris, Sally Shafer, and loads of CRSA Volunteers** among others, the Bluegrass Charity Regatta for 2021 was an incredible success. Over \$5,000 was raised for the **Hearing and Speech Center** this year thanks to 25 sponsors. Twenty-one boats sailed in the Regatta.



As you may know the Hearing and Speech Center provides wonderful services to hearing impaired children and adults. Staff at the Center work with everything from improving speech patterns to implanting and tuning cochlear implants. Their services are open to hearing impaired individuals across the state. The partnership between the Theta Nu Chapter of the philanthropic sorority Psi Iota Xi and the Cave Run Sailing Association goes back 34 years and was begun under then **Commodore Al Lawton**.

Sally Shafer the CRSA Liaison to the Hearing and Speech Center and the **women of Theta Nu Chapter of Psi Iota Xi** solicited funds and kept track of donors.

Many thanks to the 2021 Sponsors. Thanks to them \$5035 was raised for the HSC. At the Commodore Level of \$500 were **Lexington Investment Co., Sutherland Associates, Valerie and Ben Askren, and Juanice Gillespie / Dennis Hacker**.

2021 donors at all other levels included: Traditional Bank, Bank of the Bluegrass, McCoy Plumbing, Luke & Lesley Adams Carol and Rick Bailey, Brad Blunt, Chris Bollinger, Mel Burch, Carol and Bob Case, Natalie Ferguson, William Gallagher, David & Fresca Leddy, Brad & Donna Leslie, Charlotte & Bill Lubawy, Susan Lykins, Malcolm & Debbie Meers, Steve and Diana Morris, Sally Shafer, Tony Stansbury, Bob Summerfeldt (Architectural Planning and Design), and Lou Trost.

The 2020 donors (total 2020 donations \$3650) did not get to sponsor an actual regatta, so were recognized too this year at the awards ceremony. Thanks again to the 2020 headliner donors at the \$500 level **Dan and Robin Geiger, and Lexington**

Investment Co. and to all the other 2020 donors Adkins Property Management, Bank of the Bluegrass, Traditional Bank, Luke and Leslie Adams, Carol and Rick Bailey, Carol and Bob Case, Juanice Gillespie & Dennis Hacker, Ruth and Al Lawton, Bill and Charlotte Lubawy, Sarah Marshall, Malcom and Debbie Meers, Brett and Sarah Meers, Steve and Dianna Morris, Sally Shafer, Bob Summerfeldt, and Molly and Lee Sutherland

Skippers	Sponsors	
Graeme Wilson	Dan & Robin Geiger	The Leslies
Ralph Merten	M & D Meers	Carol & Rick Bailey
Bill Lubawy	Bank of the Bluegrass	
Hayden Westfall	Al & Ruth Lawton	
Cooper Westfall	Natalie Ferguson	
Brad Leslie	Carol & Bob Case	The Lubawys
Luke Adams	Lou Trost	Architectural Plan/Design
Chuck Emrich	The Askrens	Jeff Seager
Chris Bollinger	Steve & Diana Morris	
Steve Morris	McCoy Plumbing	
David Leddy	Sutherland Associates	
Mel Burch	David & Fresca Leddy	B & S Meers
Kaye Arnold	Luke & Leslie Adams	Tony Stansbury
Thad McClug	Sarah Marshal	Chris Bollinger
Tony Stansbury	Brad Blunt	Adkins Property Mgmt
Lou Trost	Lexington Investment Co.	
Igor Kappel	Mel Burch	Sally Shafer
Joy Huntley	Susan Lykins	
Mike Linderfeller	Traditional Bank	
Fred Pfister	Gillespie & Hacker	



CRSA Vice Commodore Steve Morris opens the Registration Table for the Regatta

The day began with a Captains Meeting at the East Group Use Area Campground led by **Mark Breeden, CRSA Rear Commodore**. **Steve Morris, CRSA Vice Commodore**, who organized the whole event this year, took registrations and provided healthy lunch packages and bottled water for each participant from Shelley's Platters in Morehead. The Platters were absolutely delicious by the way.



CRSA Vice Commodore Mark Breeden begins the Captains Meeting prior to the first race.



Steve Morris obtained delicious snack boxes for each participant from Shelley's Platters in Morehead.

Mark Breeden served as the Principal Race Officer with help from **Fresca Leddy** and a host of other volunteers. **Larry Dixon from Morehead Tourism** was on the Margaret Mary II Committee Boat taking many of the excellent pictures you see in this article. The **Westfall Family** served as the Safety Boat Committee.



The Safety Boat Committee included Stacey and Josh Westfall, Heather Lindenfesler, Oak Wesstfall amd Kuna Lindenfesler.

A large Sunfish fleet participated in the Regatta with rigging coordinated by **Valerie and Ben Askren, Chuck Emrich, Tony Stansbury and Jon Ware**. Lots of help was also provided by **Joy Huntley, Stacey Westfall, Heather Lindenfeiser, Bill Gallagher and Susie Stivers**.



Sunfish boats were rigged and launched at the campground launching ramp.

There were several new members and ASA 101Alums who joined in as crew. These included **Mendy Covington, John Covington, Shunnan Chen and Bill Gallagher**. Glad you guys joined in for the fun.

Special guests included several individuals from Smiley Pete Publishing. These included **Sarayua Brewer, Managing Editor; Jonathan Hampton, Photographer and Liz Carey Reporter**.

Brooke Traud from the Hearing and Speech Center



Center attended the awards ceremony. She thanked everyone involved and told us a bit about how the center never stopped serving their clients through the last trying year.

As it has been in previous years the Regatta was a fun afternoon filled with sunny skies and casual racing. All the participants really enjoyed themselves. If you have not raced previously the Charity Regatta is an excellent way to get a little experience in a casual atmosphere. Be sure to join in next year.

CRSA is especially grateful to Morehead Tourism for providing the photographer Larry Dixon who took excellent pictures, many of which are included in this edition of the MainSHEET



Sally Shafer reviews the lists of Sponsors and Donors to the Hearing and Speech Center for the Charity Regatta from both 2021 and 2020.



Cruiser Fleet Winners were Chuck Emrich, Barret Emrich, Brad Lelslie and John and Mindy Covington who crewed with Brad.



Sunfish Fleet Winners were Haydon Westfall, Cooper Westfall and Joy Huntley (Not Pictured).



Daysailor Fleet Winners were Bev and Ralph Merten, Dale Sturm, Chris Bollinger and Kelli Marteney.





REMEMBER: SERIES RACES WILL NOW MOVE ONE HOUR EARLIER. CAPTAINS MEETINGS AT THE LAUNCH RAMP WILL BEGIN AT 10:00 AM. THE FIRST FLAG FOR RACES WILL BE AT NOON.

Check on the Next Page: THE FIRST ANNUAL COMMODORE'S TEA WILL BE JULY 24TH. MANLY BEER WILL ALSO BE SERVED. SAVE THE DATE.

A Few More Charity Regatta Pictures



The next CRSA Series
Race will be June 5.

10:00 AM Captains Mtg
Scott Creek Boat Ramps
across from Mrs. Hooks.

NOON First Race Flag

Racing is **FREE** for all
CRSA Members.
Join in. It's fun.

First Sunfish Social – Nice Time

Here's a big thank you to Jonathan Ware! The first sunfish social at Jacobson Park May 21st hosted 2 boats and lots of spectators! It was beautiful and it was fun! Great job Jonathan and such an opportunity to grow this event!

Special thanks to Tony and Sherri Stansbury from Morehead who came in with their sunfish just to help make the event successful!

If you are interested come to the next social on June 25th at 7:00 PM again at Jacobson Park Lake. Watch for coming information on Facebook.



UPDATE on The RC Sailboat Fleet

If you have been following the exploits of the CRSA Radio Controlled Sailboat Fleet you know it has been exciting to say the least. Boats were purchased. Rigs were tuned according to a YouTube set of guides that are excellent. A total of seven boats are in the fleet, although at least one is still being assembled. Then just before Easter the fleet was hit with a calamity. One boat sunk to the bottom of Jacobson Park Lake in a gale, and in a subsequent bit of magic was resurrected and brought back to normal operation. Your MainSHEET editor thought drama was over for the fleet. Well “how wrong he was.” At one of the subsequent outings one boat ran out of battery power, despite the indicator showing a strong charge initially. The default settings took over, the affected boat went in progressively larger circles and slowly moved closer to the far side of the lake where it was captured by an overhanging tree. Not to be deterred that boat owner, joined by several others, walked to the other side. The owner pulled up the bottom of his pants and strolled into the lake for a rescue. The boat was saved but the water was deeper than expected and the owner, who shall remain nameless, was far wetter than hoped.

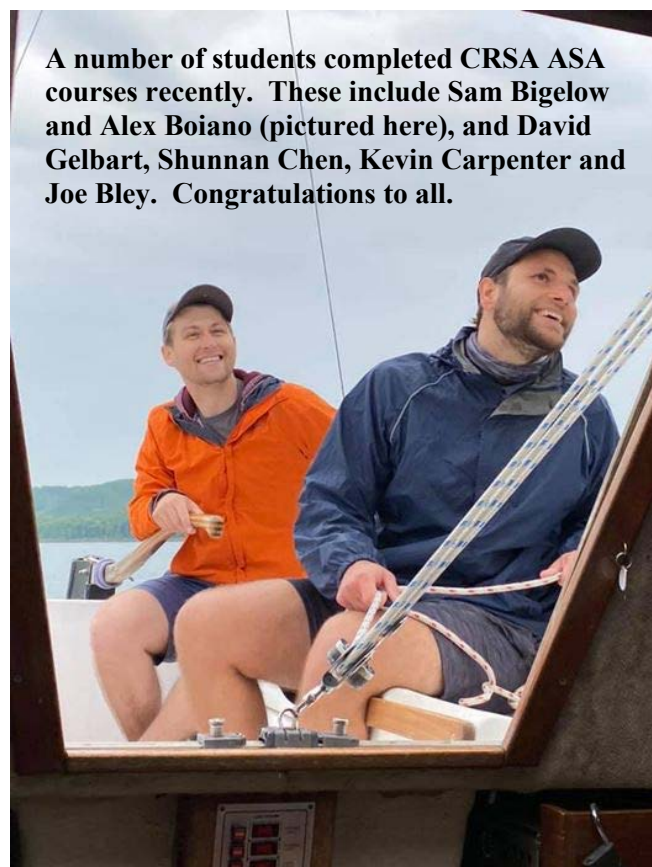
The boat was saved and as the group returned to the dock side of the lake to join the other sailors they noticed another sailor was soaking wet head to toe. This second sailor, who also will remain nameless, apparently went to pick his boat out of the water, missed a step, and went for a swim with all the control equipment in his hands. Fortunately, before tragedy arrived, the wet sailor was saved. Eventually all the RC equipment, phone and car keys were dried and successfully returned to service.

Here is a note from one of the RC sailors: “Our little group of Remote Control sailors continues to grow! Last night we had five boats participate in our racing venue at Jacobson Park. The boats we all have are Dragon Force 65s which are relatively inexpensive boats which create a lot of excitement. [We try to meet on Wednesday nights at 6:00.](#)” Fortunately the races have been exciting but lacking drama since the wet incidents. Join in if you want some mid-week fun.



For SAIL/Want to SAIL

4 HP Mercury/Nissan, 2 cycle. Only 4 hrs. on motor but has not been run for several years. \$200. Contact Dr. Terry Clark: tdclark007@yahoo.com. Or 859-221-4270.



CRSA Youth Sailing Academy Sowing Seeds at Jacobson Park For Our Youth and Teenage Sailors July 2021 Sailing Classes !!

by Chuck Emrich, Youth Sailing Director

Youth sailing is about legacy. The link between Cave Run sailors and young sailors is passion. Sailing isn't only about boats. It's about friendship, it's about passion, and it's about person-power and working together as a team. They're all values that humans need in life. If you don't have them, lots of things don't work, including boats. The best way to predict the future is to create it!

That's why the **Cave Run Youth Sailing Academy** is determined to give children of CRSA members a taste of the wind and water early on in life. The training days below will give younger sailors and introduction to the basics of sailing and bigger skills in life.

The **CRSA Youth Sailing Academy** challenges students to be safe on the water and have fun with others in the process. This is just the beginning, and there is a long way to go! And with passion what a journey!

We need volunteers to keep our youth safe and give some life lessons! If you have a day Tuesdays 6-8 or Saturday Afternoons 1-4 and want to give back please call Chuck 859-270-2199 or email emrich@aol.com. And make a difference!



Youth Sailing Academy Sailing Classes.

Children, 7-12 on opti's and 13-19 on sunfish boats can receive sailing instructions and practice twice a week during July. Both groups take classes at the same times and places listed below.

All sailing will be at Jacobson Park in Lexington near the boat launch areas. All times will be Tuesday evenings 6-8 and Saturday afternoons 1:00 to 4. High winds or no winds above 2 mph may prevent sailing but on land instruction will take its place. If multiple

days of bad weather cancel the on-water training days can be added to the schedule when approved by most students and parents.

Although it is important to attend all classes, much can be learned by attending most! We will try to get parents on the water Saturday mornings if interested. Our wish is to help our youngsters enjoy the wind and water in a relaxed manner.

Youth Sailing Classes Schedule

Tuesday July 6 2021 6:00-8:00
Saturday July 10 2021 1:00-4:00
Tuesday July 13 2021 6:00-8:00
Saturday July 17 2021 1:00-4:00
Tuesday July 20 2021 6:00-8:00
Saturday July 24 2020 1:00-4:00 Fun day,
the pirates take to the water!

For more information contact:

Chuck Emrich at 859-270-2199 emrich@aol.com

or **Lou Trost** 859-893-6774 (6-9 PM)

jonitrost@gmail.com

CRSA needs volunteers to help with Sunfish boats for 13-19 year olds as part of the Youth Sailing Program. Please contact Chuck Emrich at email or phone numbers listed above.

Older MainSHEETs are available on the CRSA website, caverunsailing.org. No need to save copies unless you want to. You can look all of them up easily at the bottom of the homepage. ALSO: There is a Caverun Sailing Association group in Facebook. Open Facebook and look in the lower left hand corner for shortcuts.

Celebrate the SAILSTICE June 19/20. Party with CRSA on the Committee Boat in the mooring field. Stay overnight if you can. Bring your food and drinks. The grill will be available for cooking. Look for details on Facebook and the CRSA website.

Cave Run Sailing Association
PO Box 256
Lexington, KY 40588



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WWW.CAVERUNSAILING.ORG

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The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable and community service activities.

Membership Information can be obtained from Luke Adams at Membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy, Mainsheet@caverunsailing.org. Special thanks to Luke Adams, Chris Bollinger, Larry Dixon of Morehead Tourism Chuck Emrich, Fresca Leddy, Steve Morris, Sally Shafer and Molly Sutherland for information and/or pictures.

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The MainSHEET