



**The 32nd Bluegrass Charity Regatta
and Beginning Sailing Water Lab
Saturday May 18, 2019
Great Cause, Fun Sailing,
Good Food.**

Join CRSA in its collaboration with the Theta Nu Chapter of the philanthropic sorority Psi Iota Xi to help raise money for the Lexington Hearing and Speech Center in this one-day regatta.

VICE-COMMODORE LOU TROST is assembling a list of captains who plan to sail in the Bluegrass Charity Regatta to help plan the day. Please let Lou know if you can sail and what type of boat you will sail by emailing him prior to May 15th at:

vicecommodore@caverunsailing.org.

This is a FUN REGATTA. A great way to experience sailboat racing in a casual manner or just to spend part of the day sailing around the course marks with other CRSA members. For inexperienced racers a brief meeting will be held at the breakfast on Saturday explaining what is involved in racing and describing the course.

If you would like to Sponsor a Boat, or know of a group or business that would like to, please see the sponsor form inside this issue of the MainSHEET. This form is also available on our webpage caverunsailing.org to register on-line.

The APPROXIMATE SCHEDULE is:

8:30 – 9:30 am Continental Breakfast and Captains' Meeting at the Twin Knobs Camp-Ground West End Group Use Area with a description for new sailors/racers of what racing involves.

11:00/11:30 – 1:30/2:30 racing on the lake

2:30/3:00 – 4:30 cookout/awards ceremony **with musical entertainment** at the West End Group Use Area. Food and soft drinks

The **BEGINNING SAILING WATER LAB**, with the Regatta, is an opportunity for new sailing students to learn how to apply what they learned in classroom sessions, and directly participate in sailboat racing. Captains in the Bluegrass Charity Regatta will be asked to take students on their boats and "show them some ropes."



Live musical entertainment will be provided at the Charity Regatta Cookout. Come listen and enjoy.

A Variety of Newsy Items



About 2/3 of the participants in the upcoming CRSA Greek Island Cruise got together at the home of Merritt and Savannah Wade for a planning meeting. We look forward to seeing lots of pictures from the trip coming up the middle of May.

Renew Your CRSA Membership

Please renew your membership on the CRSA homepage at caverunsailing.org as soon as you can. If you need more information or have any problems email Membership Chair Steve Morris at membership@gmail.com, or Kelly Glines Emrich webmaster at CRSAKelly@gmail.com.

Upcoming Free Racing Days

The next few racing days are coming up on:

May 11, Race # 2

May 18, Bluegrass Charity Regatta

June 1, Race # 3 and Post Race Social

June 22, Race # 4 and Summer Sailstice

Races 2, 3 and 4 will have the 11:00 AM Captains' meetings at the Twin Knobs Boat Ramp Parking Lot next to the marina and across the street from Mrs. Hooks Boat Yard.

Enjoy the June 22 Summer Sailstice Social

On June 22 and 23 CRSA will celebrate the Summer Sailstice with sailors across America. After Race # 4 join the raft-up with the Margaret Mary II (CRSA Pontoon Boat) in the mooring field. Bring your boat or hitch rides with the marina crew for a cookout and party. Bring a covered dish and BYOB. CRSA will provide grilled meats and if you can stay, breakfast the following morning.

Junior and Teen Sailing Registrations Now Open on the CRSA Website

July 9 – 27 are the dates for the popular Junior and Teen Sailing Lessons at Jacobson Park in Lexington. The sailing lessons are part of the Youth Sailing Program of CRSA. Lessons are Tuesday evenings and Saturday afternoons. To register go to the CRSA website at caverunsailing.org. Junior sailors learn in Opti sailboats. Teen sailors learn in Sunfish and Sunfish-like boats. For information contact the Youth Sailing Director at youthsailing@caverunsailing.org.

Use CRSA Sunfish Boats for Racing

CRSA members may use the Sunfish Sailboats to race at no charge. This is true for the series races and the regattas. Contact Harbor Master Brad Leslie at harbormaster@caverunsailing.org to reserve a boat.

Volunteers Needed For the Girl Scout Sailing Weekend, June 1 and 2.

On the evening of June 1 and the morning/afternoon of June 2 CRSA will offer a Girl Scout Sailing Weekend. Volunteers are needed to help instruct approximately 12 girl scouts in the basics of sailing, sailing small boats and taking a ride on larger boats. If you can help please contact the CRSA Youth Sailing Director Chuck Emrich at youthsailing@caverunsailing.org.

Doing some “off Cave Run Lake Sailing” let the MainSHEET Editor know. We would love to tell members about your adventures.

Trip Tales # 2 Featured Merritt Wade Presenting "CRSA Cruises"

About 30 CRSA members attended the second Trip Tales for 2019 which was presented by **Merritt Wade** who reviewed some past CRSA Cruises. Merritt did an excellent job showing small bits of a variety of past cruises. **Graeme Wilson** talked about the upcoming Spring Social. **Sally Shafer** gave details on the 2019 Charity Regatta. **Cliff Hynniman** described an ABC-BGPS educational program on sail trim.

It was another enjoyable get together organized by CRSA Social Chair **Graeme Wilson**. Special thanks to both **Graeme** and **Merritt**.



2019 CRSA Spring Social Pictures



CRSA Members Enjoy Spring Social Hosted by Al and Ruth Lawton

At the end of March CRSA members and friends attended a spring social at the lovely home of **Al and Ruth Lawton**. It was an enjoyable afternoon filled with stories and good times, and loads of delicious munchies. A silent auction and a fun/boisterous live auction, led by master auctioneer **Al Lawton**, earned over \$600 for the Youth Sailing Program. The Social was organized by CRSA Social Chair **Graeme Wilson**. A very special thanks to **Graeme Lawton** for work organizing and to **Ruth and Al** for hosting the Social.



More Pics from the 2019 CRSA Spring Social



Even More Pics From The 2019 CRSA Spring Social



More Pictures Again From The 2019 CRSA Spring Social



The Very Last Pictures From The 2019 CRSA Spring Social



Special Thanks again to Al and Ruth Lawton for their wonderful hospitality hosting the 2019 Spring Social.

Race #1 Starts Out With Sunshine and Ends Up in Clouds

The first race of 2019 on April 27th had everything: wind speeds in the high teens and in low single digits, bright sun and heavy overcast causing clouds. But it was a very enjoyable day. Racers took advantage of the CRSA 2019 Free Race Policy and a whole group of sailors joined in.



Mark Breeden gives instructions at the 11:00 AM captains' meeting.



Captains and Crew learn about the course.



Some of the boats racing at the beginning of the second race of Race Day #1.



Molly and Lee Sutherland are new to sailboat racing and sailed their Tanzer 22, Creidim.



After the races it's time to lower the sails and head back to the mooring.





2019 Bluegrass Charity Regatta



**Don't miss this opportunity to support
Kentucky children with hearing loss!**

**Join the Cave Run Sailing Association (CRSA) and the Theta Nu Chapter of Psi Iota Xi Philanthropic Sorority
for our 32nd annual Bluegrass Charity Regatta to benefit Lexington Hearing & Speech Center (LHSC).**

Lexington Hearing & Speech Center has provided countless sound beginnings for families across the Commonwealth who were told their child would never speak or hear. Through their services LHSC is ensuring no child is left behind because of their communication delay.

From **Calloway to Boone to Rowan to Pike counties**, ages 4 weeks to 104, LHSC is providing early childhood education, hearing healthcare and speech/language therapy services to over 1,200 families a year from all across the Commonwealth.

With your help, Lexington Hearing & Speech Center will continue to ensure no child or adult, no matter their ability to pay for services, will ever become defined by their hearing loss and will be able to enjoy communicating with the world around them!



**Saturday, May 18, 2019 at Cave Run Lake
(Twin Knobs Recreation Area/West End Group) in Morehead, KY.**

8:30 am: Registration and a light breakfast;
11:00 am: Racing Begins (2-3 races);
2:30 pm: Cookout and Awards Ceremony



Questions regarding sailing in the event and other event details should be directed to:
vicecommodore@caverunsailing.org (More information at www.caverunsailing.org)

Bluegrass Charity Regatta Sponsorship Form

Thank you for considering sponsoring the 2019 Charity Regatta! There are three levels this year. If you have a sailboat, we'd love for you to participate in the Regatta. If you do not, we will be happy to provide a sailboat and crew to represent you and we encourage you to join us as a crew member, even if you have no sailing experience.

Commodore Sponsor: \$500 (supports a child with a communication impairment to attend one month of preschool!)

- Listed in the Lexington Hearing & Speech Center Newsletter (sent to over 3500 households)
- Featured on social media on both Psi Iota Xi and Lexington Hearing & Speech Center sites including Facebook, Instagram, and Twitter
- Recognition at the event, CRSA website, in the CRSA newsletter, and at the annual banquet
- Opportunity to attend event and enjoy the festivities
- Special artwork from the children at Lexington Hearing & Speech Center

Yachtsman Sponsor: \$250 (support a child with hearing loss to attend one week of summer camp!)

- Featured on social media on both Psi Iota Xi and Lexington Hearing & Speech Center sites including Facebook, Instagram, and Twitter
- Recognition at the event, CRSA website, in the CRSA newsletter, and at the annual banquet
- Opportunity to attend event and enjoy the festivities
- Special artwork from the children at Lexington Hearing & Speech Center

Dinghy Donor: Any amount

- Recognition at the event, CRSA newsletter, and at the annual banquet

Name/Contact _____

Company Name _____

Email _____ Telephone _____

Thank you letter to: _____

Mailing address _____

City/ State/ Zip Code _____

I wish to have my website linked on the CRSA website: _____

We will provide our own sailboat. Please contact us with details. _____ Website URL

Please have the Cave Run Sailing Association provide a sailboat and crew to represent us.

Sponsorships can be paid Online at <https://www.lhscopy.org/support#donate> (please note Regatta)

OR Checks, made payable to Lexington Hearing & Speech Center, may be mailed (by May 15) to:

Lexington Hearing & Speech Center 350 Henry Clay Blvd. Lexington, KY 40502

Please Note: Sailing is subject to weather conditions. It is possible that no race can be held due to insufficient wind or excess winds.

Amended CRSA Tentative Calendar for 2019. Save a copy to your smartphone.

| 2019 CRSA Tentative Calendar Socials, Classes, Cruises, Races. See website caverunsailing.org for updates & details | | | | |
|--|----------------|---|---------------------------------------|--|
| DATE | DAY | EVENT | LOCATION | CONTACT |
| Jan 31 | Thurs | Trip Tales - Bob Woods Circumnavigation 18:00 | Rooster's 1234 Marketplae Drive | Social@caverunsailing.org |
| Feb 28 | Thurs | Trip Tales - Wade Merritt CRSA Cruises San Juan Islands | Roosters 124 Marketplace Drive | Social@caverunsailing.org |
| Mar 24 | Sun | Spring and New Member Social 15:00-18:00 | Ruth and Al Lawton's | Social@caverunsailing.org |
| Apr 13 | Sat | Warm Up Race for Spring Series 11:00 - 17:30 | Scott Creek Launch Parking Lot | Rearcommodore@caverunsailing.org |
| Apr 27 | Sat | Spring Race Series Race 1 11:00 - 17:30 | Scott Creek Launch Parking Lot | Rearcommodore@caverunsailing.org |
| May 11 | Sat | Spring Race Series Race 2 11:00 - 17:30 | Scott Creek Launch Parking Lot | Rearcommodore@caverunsailing.org |
| May 14 & 16 | Tues & Thurs | Beginning Sailing Classroom Sessions T,R 18:30-20:30 | TBA Probably Central Christian Church | Beginningsailing@caverunsailing.org |
| May 18 | Sat | Charity Regatta with Beginng Sailing Water Lab 9:00 | West Group Use Area | Vicecommodore@caverunsailing.org |
| May 19-26 | Sun - Sun | 2018 CRSA Flotilla Cruise Greek Islands | Lefkas, Greek Islands | Cruisedirector@caverunsailing.org |
| Jun 1 | Sat | Spring Race Series Race 3 11:00 - 17:30 | Scott Creek Launch Parking Lot | Rearcommodore@caverunsailing.org |
| Jun 1 | Sat | After Race Raft Up Social sometime around 17:00 | Cave Run Lake Mooring Field Ball 27 | Social@caverunsailing.org |
| Jun 1 & 2 | Sat - Sun | Girl Scout Sailing Weekend | Cave Run Lake | Youthsailing@caverunsailng.org |
| Jun 22 | Sat | Spring Race Series Race 4 11:00 - 17:30 | Scott Creek Launch Parking Lot | Rearcommodore@caverunsailing.org |
| Jun 22 & 23 | Sat & Sun | Summer Social and Raft Up - Begins about 17:00 | Cave Run Lake Mooring Field Ball 27 | Social@caverunsailing.org |
| July 9-27 | Tues & Sat | Youth Sailing Tues 18:00, Sat 13:00 (8-12 yrs) | Jacobson Park Boathouse Parking Lot | Youthsailing@caverunsailing.org |
| July 9-27 | Tues & Sat | Teenage Sailing Tues 18:00, Sat 13:00 (13-19 yrs) | Jacobson Park Boathouse Parking Lot | Vicecommodore@caverunsailing.org |
| Aug 10 | Sat | Summer Race Series Race 1 11:00 - 17:30 | Scott Creek Launch Parking Lot | Rearcommodore@caverunsailing.org |
| Aug 16 - 18 | Fri nite - Sun | Mountain Mama Regatta | Sewell Lake West VA | Vicecommodore@caverunsailing.org |
| Aug 24 | Sat | Summer Race Series Race 2 11:00 - 17:30 | Scott Creek Launch Parking Lot | Rearcommodore@caverunsailing.org |
| Sept 7 | Sat | Summer Race Series Race 3 11:00 - 17:30 | Scott Creek Launch Parking Lot | Rearcommodore@caverunsailing.org |
| Sept 21 | Sat | Summer Race Series Race 4 11:00 - 17:30 | Scott Creek Launch Parking Lot | Rearcommodore@caverunsailing.org |
| Sept 28-30 | Sat | Grand Annual Regatta | Campground Group Use Area | Vicecommodore@caverunsailing.org |
| Oct 19 | Sat | Fall Raft Up Overnighter | Cave Run Lake Mooring Field Ball 27 | Social@caverunsailing.org |
| Nov 9 | Sat | Awards Banquet 17:30 - 21:30 | Lexington Country Club | Social@caverunsailing.org |

Cave Run Sailing Association
PO Box 256
Lexington, KY 40588



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WWW.CAVERUNSAILING.ORG

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The Cave Run Sailing Association is an **all volunteer,**
nonprofit association dedicated to:

1. promoting both leisure and race sailing,
 2. conducting sailing education classes,
 3. providing a forum for good will and social activities among those interested in sailing and
 4. participating in charitable and community service activities.
- Membership Information can be obtained from Steve Morris at membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at Mainsheet@caverunsailing.org. Special thanks to Shayne Isom for Race Day # 1 Pictures.

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The MainSHEET