

### Fake CRSA Emails May Be Going Out

Some CRSA members have received emails that appear to be fake. The "From" is an individual's name and the message asks you to open an attachment dealing with financial information for members. It also tells you the message is for members only. **If you get such an email please do not open the attachment, but instead forward the whole email directly to the CRSA webmaster [webmaster@caverunsailing.org](mailto:webmaster@caverunsailing.org).**

CRSA is working with the web host to determine what is going on. The website may have to incorporate a "bot detector" in the future, and members will be notified of that if it is necessary. CRSA apologizes for this situation.

### Please Renew Your Membership for 2018 If You Have Not Already

Go to [Caverunsailing.org](http://Caverunsailing.org) > click on log in (top of page) > enter your email address and password > login > Join Us. You can pay with a credit card (gray box on bottom) or with a PayPal account. Click "manual" if you want to pay by check. If you have trouble see the directions in the article on the website inside the last MainSHEET issue. To pre-register for races click on Club Racing then follow the directions. If you have any problems email [webmaster@caverunsailing.org](mailto:webmaster@caverunsailing.org) or [rearcommodore@caverunsailing.org](mailto:rearcommodore@caverunsailing.org).

**Renew now to receive a \$15 discount on membership.**

### Spring Social Sunday March 25<sup>th</sup>, 2018 15:00 – 18:00

Be sure to check the CRSA Website – [caverunsailing.org](http://caverunsailing.org) under Upcoming Events and click on Spring Social to register for the Spring New and Continuing Member Social. Look for email blasts as well. This is the official "Kick Off" to the 2018 sailing season. Please bring any potential new members or any friends you have who are interested in sailing. Bring a potential new sailor with you.

**Also, CRSA Member Attendees please bring a side dish/appetizer/snack and/or a heavy hors d'oeuvres to share and any adult beverages you would like for yourself.**

The social will be hosted by Former Commodores Al and Ruth Lawton at their home at 3236 Tates Creek Road.

RSVP by the morning of Thursday March 22 on the website or directly to CRSA Social Chair Graeme Wilson at [social@caverunsailing.org](mailto:social@caverunsailing.org). RSVP-ing as soon as possible will allow Graeme to plan for sufficient plates, glasses, etc.

### Pick Up Sailing Hardware and/or Sailing Stuff at the Social

Social Chair Graeme Wilson has arranged a special sailing stuff auction at the March 25<sup>th</sup> social. **Bring your unused sailing hardware, sailing stuff and or sailing art to donate.** All donated items will be available for sale with some to the highest bidder. These auctions have been an absolute hoot in the past. All proceeds go to the CRSA Youth Sailing Program.



## **CRSA 2018 CRUISE I: MALLORCA, SPAIN FLOTILLA Cruise Filled, Now Wait Listed**

**The Mallorca cruise is May 5-12.** The cruise is fully booked but individuals can be wait listed on a 47' monohull with 4 cabins and 4 heads. Mallorca is an island in the Mediterranean off the coast of Spain near Valencia. We fly into the capital, Palma and sail in beautiful Balearic Islands.



Check with **Dan Geiger** [dangeiger17@gmail.com](mailto:dangeiger17@gmail.com) immediately about getting on a wait list for this really great cruise if you are interested. For more information see <https://www.sunsail.com/flotilla-sailing/mallorca-flotilla>

## **CRSA 2018 CRUISE II: VICTORIA, BRITISH COLUMBIA AND SAN JUAN ISLANDS FLOTILLA June 30-July 6, 2018**

### **Only Two Spaces Available**

CRSA will be doing a second cruise this year with Merritt Wade as Cruise Captain joining an American Sailing Association (ASA) flotilla cruising off the west coast of Washington and Canada. The flotilla will consist of 6-12 boats chartered from San Juan Sailing and leaving from Bellingham, Washington. There will



be several group dinners as well as plenty of time to explore on your own.

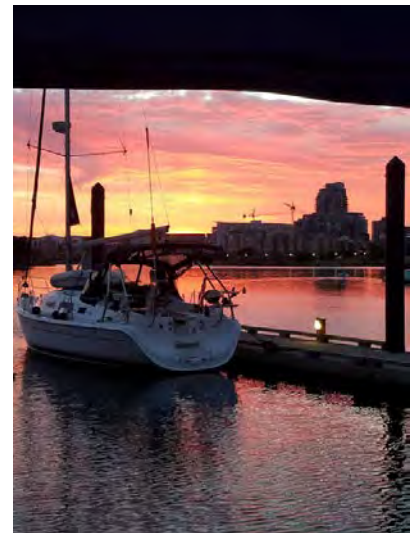
Departing from Bellingham, we sail to Reid Harbor on Stewart Island for a cedar planked barbeque. The next day sailing to Victoria on Vancouver Island for 2 nights. Anchored in the harbor of downtown Victoria, enjoy festivals and music in this majestic place. On Tuesday we sail to Roche Harbor on San

Juan Island for 2 nights where we will enjoy their 4<sup>th</sup> of July festivities, including a potluck dinner and the front row seats to the fireworks. On Thursday we sail to Rosario Resort and Spa for a relaxing day. On Friday we return to Bellingham. Total sailing, 107 nautical miles. The area is known for stunning scenery and wild life while Victoria is famous for European charm. With luck we will see the resident pod of Orcas. A current passport is required as we will go through Canadian and US Customs.

We will be challenged as sailors with tidal currents, fog and shipping lanes. This cruise is suitable for experienced and new sailors. CRSA Commodore Valerie Askren and husband Ben have sailed here several times chartering from San Juan Sailing and recommend both. Last year CRSA chartered two boats for a cruise to the same location which everyone enjoyed immensely.

One boat is reserved for seven people. Two spaces are available on a first come – first served basis. More information on the flotilla and the boats is available at <http://sanjuansailing.com/charters/flotilla-opportunities.html#05>.

**COST and Schedule:** The estimated cost of the cruise is \$827 per person, based on two per cabin and seven per boat. If we do not fill the boat, the cost will increase. Captains have first cabin pick followed by crew in order of receipt of the deposit check. To reserve a cabin, a deposit of **\$400 per person** is required and Due March 29<sup>th</sup>. Final Payment due April 25<sup>th</sup>. Deposits and final payments can be refunded after the deadlines if a substitute crew member can be found.



Sleep aboard at Bellingham- Friday, June 29. Set Sail- June 30. Return to Bellingham- July 6

**WHAT IS NOT INCLUDED:** Travel to Bellingham, food and drinks.

### **TO RESERVE A SPACE**

Mail a check for \$400 per person made out to CRSA and a completed Cruise Application (available on the CRSA web site) to: Merritt Wade, 2080 Fallon Rd. Lexington KY 40504. For more information, contact Merritt Wade at [merritt.wade@live.com](mailto:merritt.wade@live.com) or (859) 619-4490

**Deposit Due by March 29<sup>th</sup>**

## **Important Changes to the Charity Regatta Date Now May 20, 2018**

The 31<sup>st</sup> Annual Charity Regatta sponsored by CRSA and Psi Iota Xi sorority has some important changes for all CRSA members and friends. In an effort to enhance the opportunity for participation in this regatta, and increase the likelihood of good weather, the CRSA Executive Committee voted to move the date of the Charity Regatta from the first weekend in September to **Sunday, May 20, 2018**. In addition, the Charity Regatta will be combined with the Beginning Sailing School Water Lab. Captains will be asked to take Beginning Sailing students on their boats and let them handle the sails and the tiller during the races. Instructions on things to cover while sailing will be provided to all captains. The goal is to give students lots of practice on "Rules of the Road" and let them become a little familiar with friendly racing with the hopes they will participate in CRSA races as they gain more sailing experience.

The regatta headquarters will be at the **Twin Knobs Campground, West Group Area**. Jim Dinger has agreed to be the PRO. Breakfast and lunch is provided for all participants at no cost.

The women of Psi Iota Xi will coordinate soliciting "Boat Sponsors" from businesses and donors across Kentucky. The regatta is free of cost to participating sailors, but donations or boat sponsorships are appreciated. All revenue, after minimal expenses, goes to the **Lexington Hearing and Speech Center** to aid their valuable work with hearing impaired children in central Kentucky. The initial Governor's budget proposed a cut in state support for the Center, and the hearing/speech challenged children with which they work. Because of that funds from the Charity Regatta are needed now more than ever. Since the Regatta was initiated it has raised over \$145,000 for the Center.

The Charity Regatta is a great opportunity for sailors of all skill levels to come out, have a great time, and race for a good cause.

Complete details for the regatta are, or will be available soon, on the CRSA website. Registration forms for captains and Sponsor forms will be available closer to the Regatta.

**Steve Morris, Vice Commodore**  
[Vicecommodore@caverunsailing.org](mailto:Vicecommodore@caverunsailing.org)

## **Updates for the Fall Grand Annual Regatta, September 29 & 30, 2018**

The 38<sup>th</sup> annual CRSA Grand Annual Regatta will be held on Sat and Sun, **September 29-30, 2018** rather than its usual first weekend in October. This change was made to increase the probability of good weather.

Headquarters for this year's regatta will be the **Boat Gunnel Area** at Cave Run Lake. This location has numerous campsites available for use on a first come, first served, basis. Several spots for RVs are also available. The **PRO for the regatta will be Geoff Endris** from Indianapolis, IN who comes highly recommended from US Sailing. The regatta will also serve as the **Annual Championship for the Region 4 of the Catalina 22 Association**. CRSA is looking forward to welcoming these skilled Catalina 22 sailors.

Numerous other participants from other lakes and states are expected to compete. This is a "fee for participation" regatta. The fees and registration information will be posted on the CRSA website.

**Steve Morris, Vice Commodore**  
[Vicecommodore@caverunsailing.org](mailto:Vicecommodore@caverunsailing.org)

## **Harbor Master Report**

There are several improvement projects going on with CRSA boats. Miss Kelly is up on the trailer and is scheduled for bottom paint as soon as the weather breaks. Work is being done on new cushions and repairs to the topping lift have been completed. The Committee boat (Margaret Mary II) is going to have sorely needed new carpeting and cushions installed. A system to store one or more of the club Sunfish on the MMII for easier use by members is being installed. We have plans to improve access for members to use the Sunfish and Miss Kelly for 2018.

**Lou Trost, Harbor Master,**  
[harbormaster@caverunsailing.org](mailto:harbormaster@caverunsailing.org).

## **CRSA on Facebook and Instagram**

The **CRSA Facebook** Group continues for 2018. As a way to communicate rapidly with about 275 sailors, see notices from them, or get last minute updates on activities, we encourage you to also "Like" our new **Facebook Page** and join the **Facebook Group** if you haven't already. Both are titled Cave Run Sailing Association. Simply type our name into your Facebook search bar and click "Like" and "Join Group" to keep up with the latest information from fellow Sailors and CRSA. The Group will remain active, but as a way to reach more members in the community a Page was created to share as well.

In addition to Facebook updates, CRSA now has an **Instagram** account to share photos! To follow the feed, search CaveRunSailing on your Instagram app and click follow. Our **social media accounts** will also be located on [caverunsailing.org](http://caverunsailing.org). Simply click the Facebook and Instagram links from the CRSA website and you will be automatically redirected to those social media "outlets."

**Savanna Moeller, CRSA Webmaster**  
[Webmaster@caverunsailing.org](mailto:Webmaster@caverunsailing.org)



## Information on More CRSA 2018 Officers

Editor's Note: This is more information on CRSA 2018 Officers. Bios for the Commodore, Harbor Master, Youth Sailing Director, Vice Commodore, MainSHEET Editor and one of the Membership Co-Chairs appeared in MS 18 1, the first issue for 2018.

**Cruise Director: Dan Geiger, Lexington, KY**

**My family:** Wife Robin (does not sail) and son Stuart and his wife Toni.



**How did you hear about CRSA?** A cycling friend and sailor recommended I look into CRSA for the cruising. I completed ASA 101, 103, and 104 in the BVIs and was anxious to sail. I joined for the cruising.

**Do you own a boat?**

**What kind of sailing do you enjoy?** I do not

own a boat. I enjoy extended salt water cruising and hope to do more since I retired.

**What do you enjoy most about CRSA?** The people. I have made a number of great friends who share my love of sailing. I enjoy the social events, Board meetings and especially the cruising. The Club is very well managed and I have enjoyed working with the dedicated volunteers who make things happen for the Club.

(Editor's Note: Dan is a really friendly and nice guy. Don't let this more serious posed picture fool you. He served as Cruise Director in the past and has done an excellent job.)

**Secretary: Ken Ruhl, Nicholasville KY**

**My family:** My wife Jill, married daughter Kelly, son-in-law Ryan and Grand Dog Sperry (for Sperry Topsiders).

**How did you hear about CRSA?**

Bought my boat from Tom Saygers about six years ago. Tom is an avid sailor and was an active member of CRSA. Tom recommended I join.



**Do you own a boat?** I own a Helms 24. The boat was built in 1986 and via a few owners she has been on Cave Run Lake most of her life. Although she has a few years on her, it's really the perfect boat for me and my family. I grew up in New Jersey and learned to sail on a sailfish. Moved to Virginia Beach and bought a Laser which is an exhilarating boat. In 1984 I moved to San Diego and was fortunate enough to hook up on a Santana 35.

**What kind of sailing do you enjoy?** While I love, and try to sail at least once a week from March thru November on Cave Run Lake, I think my most memorable sailing experiences come from bare-boating in the British Virgin Islands, St. Lucia, Antigua and southward down to Grenada.

**What do I enjoy most?** Probably the entire boating/sailing atmosphere. I've had the opportunity to meet a lot of different people in a lot of different venues. Participating in beginning sailing, racing, and youth sailing has been a lot of fun.

**Social Chair: Graeme Wilson, Lexington KY**

**My Family:** I have been married to my wife, Nancy, for 34 years. We have 2 sons, Chase, Drew and his wife Edith, 5

grandchildren and our Blue Heeler, Cobber.

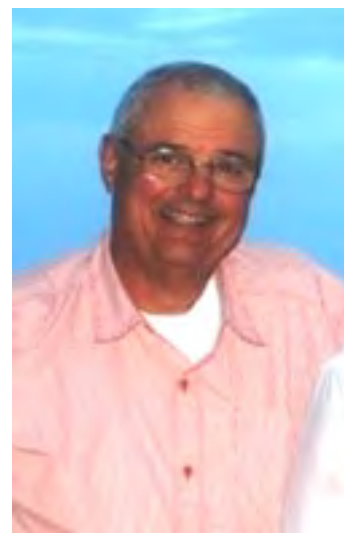
We also have two grand-dogs, Vader (you may have seen him on the news when he fell into a sink hole), and Pilot, who lives in the St. Louis area.

**What kind of Boat(s) do you have:** I own a Catalina 22, Habit. I sailed Lightning's for 20 years, I have owned Hobie 14s and 16s. I cruise regularly in Maine in and around Penobscot Bay.

**What kind of sailing do you enjoy?** I enjoy sailing, all sailing. I enjoy being on the water. I like to race just so I can be sailing, I like to cruise so I can be sailing. When I race it allows other folks to place.

**What do you enjoy most about CRSA?** Learning and gaining information about boating, sailing and camaraderie.

**What are your goals for CRSA this year?** Build on the socials we have had in the past, add an overnight cruise up the lake. Add ten new members this year.



## Want to Learn to Sail This Summer In Lexington and 7-12 yrs old?

Youth Sailing starts July 8th at Jacobson Park and runs Tuesday evenings at 6:00 pm and Saturday afternoons at 1:00 pm (weather permitting). If you are less than 120 lbs. (since we have small boats), love the water, and want to have something different in your life this is for you. For more information and registration email [youthsailing@caverunsailing.org](mailto:youthsailing@caverunsailing.org), check the website [caverunsailing.org](http://caverunsailing.org), or call 859-270-2199. Cost for the lessons is \$35 and \$15 for CRSA Youth membership. Please contact Chuck Emrich at the above email or phone as soon as possible to get on the list of possible participants.



## CRSA Dinghies Meet Fridays for Lunch at Signature Club "Cellar"

CRSA Dinghies is a group of sophisticated CRSA members and guests devoted to sitting around and chatting about sailing and anything else that comes up



in the course of lunch. Dinghies meet almost every Friday at noon at the Signature Club of

Lansdowne Cellar Bar and Grille, 3256 Lansdowne Drive. Drop in, no reservations required. For last minute information check with Al Lawton 859-293-2793.

## Pass On Copies of The MainSHEET To Friends Interested in Sailing

If you have friends who may be interested in sailing please forward issues of The MainSHEET on to them, invite them to socials and races, and tell them about the CRSA sailing classes.

## For Sail / Want To Sail

The MainSHEET will publish information about boats that members have for sale, or boats they wish someone else would have for sale. Send descriptions and pictures to [MainSHEET@caverunsailing.org](mailto:MainSHEET@caverunsailing.org).

### J24 GIZMO Hull #4108



**Excellent Racing/Cruising  
Boat – Incredibly Fast**

Comes with:

**Sails** Quantum racing Main, Jib, Genoa, and Spinnaker. Also comes with original North sails, including Storm Jib.

**Engine** New, (less than 3 operating hours) Mercury, Model 4ML, with forward and reverse gears.

**Trailer** with roller contact points--

**Auto Bilge Pump** (not installed)

**Fared Keel, Compass**

**Lifelines** replaced 5 years ago

**Shore Power** hook-up

**Battery** 6 volt

**Safety equipment** all required

**Custom made canvas cover**

GIZMO is currently in Lexington KY. I can meet anyone interested in viewing her, or taking her out on the lake, if given some notice. Will help move to Cave Run Lake. Please call me, **Collin Boyd**, at 859.552.2525 for more information and a price.

## Move or Have a New Email Address?

Be sure to tell the Membership Co-Chairs at [membership@caverunsailing.org](mailto:membership@caverunsailing.org) of you change email addresses to continue getting CRSA info.



## A Hearty Welcome to the Cave Run Youth Sailing Academy, Ltd.!

CRSA has a new non-profit wing, the Cave Run Youth Sailing Academy, which will open more doors and unfurl more jibs, for our youth sailing program. Like many 'traditional' sports, sailing competes with other outdoor activities such as soccer, lacrosse, and ultimate Frisbee. Plus robotics competitions, saxophone lessons and 'shipping' (did you know latest term for boys and girls 'dating?') all vie for the attention of our youth and energies of parents.

So how do we attract more youngsters to the world of sailing? How do we grow the next set of CRSA members? How do we give kids that first taste of wind in their sails and the sound of the hull slicing through the water? *How do we up our game?*

**We Need More Resources!** How do we attract more resources to run our youth sailing programs? How do we expand our youth sailing offerings? We need people. We need boats. We need gear. We need collaborations.

**Maybe We Need More Donations?** The Cave Run Sailing Association (like most neighborhood associations, recreational, and social clubs) is classified as a 501(c)4 by the IRS. To qualify as tax-exempt, we must not be organized for profit and must be operated exclusively to promote social welfare. Importantly, the litmus tests for various forms of tax status are quite narrow, and CRSA is appropriately classified as a 501(c)4. But, 501(c)4 status is also limiting since donations made to CRSA are not tax deductible and we do not qualify for many grant opportunities that might come our way.

However, many of the activities conducted by CRSA do serve the greater good – and not just our membership. This is particularly true in the area of youth sailing, where over the years we have offered free (or for minimal costs) sailing classes for children, girl and boy scouts, and sea cadets. Furthermore, there have been other opportunities to increase our program offerings to other groups, including the economically disadvantaged, but we've not had the resources.

**Let's Form a 501(c)3!** For years, maybe decades, various members of the CRSA have talked about forming a non-profit that could attract more donations to our youth sailing program. Several members have worked towards that effort and we sincerely thank them. And quite honestly, Chuck would not sit still until we did something about it. But it's not been easy.

For the last year, CRSA diligently jumped through all the bowline knots of US tax laws. We wrote the Articles of Incorporation (AIC), registered with the state of Kentucky, "elected" officers, and applied to the IRS. We finally received word in early November that the **Cave Run Youth Sailing Academy has been approved as a 501(c)3!**

From our AIC, the Academy is designed:

*To establish and operate a school dedicated to teaching youth the science and art of sailing boats. This school is organized exclusively for charitable and educational purposes under section 501(c)(3) of the Internal Revenue Code, or the corresponding section of any future federal tax code.*

**What Does This Mean to CRSA?** From a monetary perspective, we will have to keep separate financial records for CRSA and the Academy (thanks Michael!). We will also have two separate tax filings, but that is relatively simple. We will also have two separate boards, but members of the CRSA Executive Committee can also serve on the Academy board. Most importantly, we hope that it will allow us to attract more resources to the youth sailing program.

**What Does This Mean to You?** Your donations to the Cave Run Youth Sailing Academy **are now tax-deductible!!** Boats in very good to excellent working order (particularly those appropriate for youth such as Opti's and Sunfish), gear, and of course monetary donations are all appreciated. (Just keep in mind that we do not have a repair staff to perform the fiberglass repair you've avoided or overhaul that old outboard.) **But we also need people to help out!** That could mean helping to teach classes, driving boats / trailers, administration duties, and so forth. **We know your time is valuable, but anything you can contribute would be greatly appreciated.** Need more information? Would you like to serve on the board? Contact Chuck Emrich at 859-270-1299.

**Valerie Askren, Commodore**  
**Commodore@caverunsailing.org**

## CRSA Burgees On Sale \$35

Proudly display your membership in CRSA by flying a new Burgee.



Burgees are in stock and available from the CRSA Membership Co-Chairs. You can contact them at [membership@caverunsailing.org](mailto:membership@caverunsailing.org). Or even better you can order as many as you want on the webpage, [caverunsailing.org](http://caverunsailing.org), under the Club Store. These burgees make fabulous gifts for your sailing significant other.

## 2018 CRSA Tentative Calendar **Socials**, **Classes**, **Cruises**, **Races**. See website [caverunsailing.org](http://caverunsailing.org) for updates & details

DATE	DAY	EVENT	LOCATION	CONTACT
<b>Mar 25</b>	Sat	Spring and New Member Social 15:00-18:00	<a href="#">Al and Ruth Lawton's</a>	<a href="mailto:Social@caverunsailing.org">Social@caverunsailing.org</a>
Apr 7	Sat	Brass Monkey Race 1 11:00-17:30	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
Apr 21	Sat	Brass Monkey Race 2 11:00-17:30	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
<b>May 5-12</b>	Sat-Sat	<b>2018 CRSA Flotilla Cruise I</b>	<a href="#">Mallorca, Spain</a>	<a href="mailto:Cruisedirector@caverunsailing.org">Cruisedirector@caverunsailing.org</a>
<b>May 15 &amp; 17</b>	Tues & Thurs	<b>Beginning Sailing Classroom Sessions T,R 18:30-20:30</b>	Central Christian Church, Lexington	<a href="mailto:Beginningsailing@caverunsailing.org">Beginningsailing@caverunsailing.org</a>
May 19	Sat	Summer Racer Series #1 11:00	Scott Creek Launch Parkig Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
<b>May 20</b>	Sun	<b>Beginning Sailing Water Lab, Sun 8:30-16:00</b>	Campground Group Use Area	<a href="mailto:Beginningsailing@caverunsailing.org">Beginningsailing@caverunsailing.org</a>
May 20	Sun	Charity Regatta with Beging Sailing Water Lab	Campground Group Use Area	<a href="mailto:Vicecommodore@caverunsailing.org">Vicecommodore@caverunsailing.org</a>
Jun 9	Sat	Summer Race Series #2 11:00	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
Jun 23	Sat	Summer Race Series #3 11:00	Scott Creek Launch Parkig Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
Jun 23 & 24	Sat & Sun	Summer Social and Raft Up - Begins about 17:00	Cave Run Lake Mooring Field Ball 27	<a href="mailto:Social@caverunsailing.org">Social@caverunsailing.org</a>
<b>Jun 30-Jul 6</b>	Sat-Sat	<b>2018 CRSA Flotilla Cruise II</b>	<a href="#">San Juan Islands, Washington State</a>	<a href="mailto:Cruisedirector@caverunsailing.org">Cruisedirector@caverunsailing.org</a>
<b>July 7-28</b>	Tues and Sat	<b>Youth Sailing Tues 6:00 pm, Sat 1:00 pm</b>	<a href="#">Jacobson Park Boathouse Parking Lot</a>	<a href="mailto:Youthsailing@caverunsailing.org">Youthsailing@caverunsailing.org</a>
<b>July 15-19</b>	Sun - Thurs	<b>Girl Scout Sailing course</b>	<a href="#">Cave Run Lake/Camp Judy Layne</a>	<a href="mailto:Youthsailing@caverunsailing.org">Youthsailing@caverunsailing.org</a>
<b>July/Aug TBA</b>	Sun	<b>Summer Social</b>	<a href="#">TBD</a>	<a href="mailto:Social@caverunsailing.org">Social@caverunsailing.org</a>
Aug 11	Sat	Summer Race Series #4 11:00	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
Aug 17 - 19	Fri nite - Sun	Mount Mama Regatta	Sewell Lake West VA	<a href="mailto:Vicecommodore@caverunsailing.org">Vicecommodore@caverunsailing.org</a>
<b>Aug 17 - 19</b>	<b>Fri nite - Sun</b>	<b>Boy Scout Sailing classes</b>	<b><a href="#">Cave Run Lake next to Clay Lick Ramp</a></b>	<a href="mailto:Youthsailing@caverunsailing.org">Youthsailing@caverunsailing.org</a>
Aug 25	Sat	Summer Race Series #5 11:00	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
Sept 8	Sat	Summer Race Series #6 11:00	Cave Run Lake	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
<b>Sept 8</b>	<b>Sat nite</b>	<b>Full Moon Raft Up</b>	<a href="#">Cave Run Lake</a>	<a href="mailto:Social@caverunsailing.org">Social@caverunsailing.org</a>
Sept 22	Sat	Summer Race Series #7 11:00	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
Sept 28-30	Sat	Grand Annual Regatta	Campground Group Use Area	<a href="mailto:Vicecommodore@caverunsailing.org">Vicecommodore@caverunsailing.org</a>
<b>Nov 10</b>	<b>Sat</b>	<b>Awards Banquet 6:00</b>	<a href="#">TBD</a>	<a href="mailto:Social@caverunsailing.org">Social@caverunsailing.org</a>

## Something's Fishy- An update from Kentucky Fish and Wildlife

(Editor's Note: Ken Ruhl arranged for some updates on various aspects of Cave Run Lake for CRSA. Special thanks to Tom Timmermann with the Kentucky Department of Fish and Wildlife Resources for this first update.)

I've gone back and forth on a few titles for this update that we plan on including in your quarterly newsletter and I settled on "Something's Fishy" because I think it does a good job of keeping us in our niche and reminding all of you what the primary focus of our job is. For this first update, I think we will focus on providing a little information about the organization of our department and a quick run down of who does what when it comes to Cave Run Lake.

The fisheries division of Kentucky Fish and Wildlife divides the state of Kentucky into 7 fisheries districts, and Cave Run is in the Northeastern District. This 23 county district includes two major reservoirs (Cave Run and Grayson Lakes) and we actively work on eight other smaller lakes. In addition to this, we have a lot of other responsibilities including farm ponds, streams work, trout streams, stockings, habitat work ... basically if it is water and it has fish in it we have the potential of doing something with it. All of this work is done with the goal of providing, or assisting in providing, the best fisheries in those water that we can. But why do you care- I would imagine when the majority of you get free time to head to the lake you're perusing your primary hobby of sailing. However, there is a lot of overlap when it comes to fisheries management and boating. Those include things like aquatic vegetation control, boat ramp construction, habitat work and just general information about lake health. All of those things we have a hand in, affect you all as boaters; hence the importance of these updates!

If we are responsible for the fisheries, who handles the rest of the duties on Cave Run? Fortunately, for all of us, Cave Run has the distinction of being managed by three different governmental agencies. Kentucky Fish and Wildlife works to provide the best fisheries we can within the lake, the dam (which includes water level changes in the lake and discharge rates out of the dam) is controlled by the Army Corps of Engineers and the Forest Service manages the land surrounding the majority of the lake. We work together the best we can to provide the best experience we can to our constituents, but the difficult thing is that there are times when you call my office to ask about something but it could be handled by a different agency. For example, the Forest Service manages all the boat ramps on the main portion of the lake, so if you call us asking

why there's pot holes or lights out I'm going to have to send you to another person; we are not giving you the run around that's just the way this lake is structured. So, as you reach out to us with issues and questions please be patient with us, we are all working to help you out but the wheels of government can sometimes move a little slow.

With that, I think we are at a good place to end this first discussion. A few topics we plan on writing about in future updates include: our annual kids fishing derby, habitat work and how it effects boaters, aquatic vegetation and of course the status of the fisheries in the lake. I hope you all enjoy these and that it opens the door between us and your association. I want to conclude by saying we are here to help... reach out if you have questions my email address is below.

Thanks for reading,

**Tom Timmermann**

**District Fisheries Biologist, KDFWR**

**tom.timmermann@ky.gov**

Here's a few pictures of us in action and some of the fish we've collected through the years on the lake:



**A lot of the work we do for large-mouth bass is done at night in an electro-fishing boat. The picture**

**above shows us measuring some of the thousands of juvenile bass that are found in Cave Run Lake. All fish collected are weighed, measured and returned to the lake.**

**Of course when folks talk about Cave Run fish they usually start with the muskie. Cave Run holds the**



**current state record for muskie at 47 pounds, but this healthy lady we caught in the spring of 2017 wasn't too far off of that, she weighed in at 42 pounds (how do we know it's a she? The male muskie never get to be this large.).**



## TRIP TALES II Reviews the 2017 San Juan Cruise

### March 1 Trip Tales Was a Good Time

Dan Geiger, CRSA Cruise Director, presented highlights of the 2017 San Juan Cruise at Roosters. It was a great time. Almost 25 CRSA members and friends socialized very good job showing slides from the trip both in US and in Canadian

and compared winter stories. Dan did a involving two chartered boats cruising waters. This area is absolutely spectacular but the bottom and much of the shore line are really big rocks. The result is you have to be careful navigating. And at low tide some of the rocks are out in open water but fortunately are marked in the charts.





## More Trip Tales II Pictures



**Merritt Wade described some details about the upcoming San Juan II Cruise for 2018. Info described elsewhere in this issue.**



## Certified Sailing Classes – ASA



Want to get certified in ASA classes like the students pictured above? Members are requested/reminded to contact **James Dinger** at [ASA@caverunsailing.org](mailto:ASA@caverunsailing.org) to discuss their interest in the ASA curriculum. The school's instructors include Brad Leslie, Cliff Hynniman, Jim Bugay, Jim Dinger, and Mark Arnold.

Students are paired up with an Instructor for ASA 101 (Basic Keelboat Sailing) at Cave Run Lake and ASA 103 (Basic Coastal Cruising) at Kentucky Lake as schedules permit. ASA 101-103 is also offered at Kentucky Lake. ASA 104 (Bareboat Cruising) and ASA 106 (Advanced Coastal Cruising) are offered based up sufficient member interest. Student registrations are processed and paid after instruction dates are agreed to between students and instructors.

Members are encouraged to review the CRSA web site for Cave Run Sailing School's curriculum of American Sailing Association Certifications and for the 2017 tuition schedule.

Detailed descriptions of ASA Certification requirements are available at the American Sailing Association's website <https://asa.com/certifications/>.

To enroll in the CRSA Certified Courses individuals must be members of the Cave Run Sailing Association. Although ASA 101: Basic Keelboat Sailing is the introductory course, CRSA recommends that the enrolling students have some sailing experience or have completed the CRSA Beginning Sailing Classes May 15 – 20 described in the opposite column on this page in order to take the best advantage of the information in ASA 101.



**ASA classes work on learning navigation skills.**

## 2018 Beginning Sailing Course May 15th and 17th (6:30-8:30 pm) May 20th (8:30 am - 4:00 pm)

The CRSA Beginning Sailing course is a good way to determine if you like sailing and wish to continue learning how to sail. Students with no sailing experience who wish to have an introduction to sailing, or those with limited time or want additional experience are encouraged to take this course rather than starting with ASA 101 which is also offered by CRSA. The course is economical as it provides classroom and on the water learning experiences, and a textbook for \$35/person. Students must be registered CRSA members for insurance purposes. To register for Beginning Sailing go to [caverunsailing.org](http://caverunsailing.org), click on "classes", then click on Beginning Sailing.

The May 15<sup>th</sup> and 17<sup>th</sup> classroom sessions are held at Central Christian Church, Lexington, on the second floor from 6:30 – 8:30 pm. The water lab is at Cave Run Lake from 8:30 am – 4:00 pm in conjunction with the CRSA Charity Regatta. Directions will be provided at the first classroom session.



**Captain Duncan helps a Beginning Sailing student motor away from the marina.**

This course is offered only once during each sailing season, usually in May.

Topics covered include: types of sailboats, boat parts and rigging, knots you will use, sails and what they do sailing terminology, steering, turning, sailing upwind and downwind, safe sailing procedures and coast guard requirements for safety, adjusting sails, safe boarding, handling different wind conditions, rules of the road while on the water, sailing etiquette, trailering a sailboat, backing up a trailer and staying safe on the water.

***If interested or if you have questions...*** send an email to [beginningsailing@caverunsailing.org](mailto:beginningsailing@caverunsailing.org).

Enrollment is limited and provided on a first come – first served basis when the online payment is received.





## **The America's Boating Club-Bluegrass Chapter Presents America's Boating Course April 13 & 14**

The class will begin on Friday, April 13 at 6:00 p.m. (registration) at Atlantic Appraisal Company, 161 Burt Road, Lexington KY 40503 (<http://www.atlanticappraisal.com/>). The class will continue Saturday April 14 at 9:00 a.m. A short examination will be given at the end of the Saturday class. Most insurance companies will give you a discount on your boat insurance for passing this course.

America's Boating Course is a unique study program covering the fundamentals of boating. The course is designed for skippers and crew of all types of watercraft. The course covers general information about boats and maintenance information to make your boating experience safer and more enjoyable, tips on being a more courteous operator and boating laws and regulations.

The course is designed to meet the educational requirements specified by the National Association of State Boating Law Administrators. The United States Power Squadrons awards a Safe Boating Certificate and Card to all students who successfully complete the course. The certificate and card are recognized by the state of Kentucky for persons 12–17 years of age that wish to operate a powerboat or PWC, and by other states that require boat operator licensing.

**The cost of the class is only \$40.00/family sharing a text.**

Register on-line at USPS.org or contact Cliff Hynimann at [hynnimac@yahoo.com](mailto:hynnimac@yahoo.com)



**America's Boating Club.....We Make Boating FUN**

Cave Run Sailing Association  
PO Box 256  
Lexington, KY 40588



WWW.CAVERUNSAILING.ORG

# The MainSHEET

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The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable and community service activities.

Membership Information can be obtained from Annie Steinmetz and Kelly Glines at [membership@caverunsailing.org](mailto:membership@caverunsailing.org).

The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at [Mainsheet@caverunsailing.org](mailto:Mainsheet@caverunsailing.org).

This issue of the MainSHEET has information on updates to the Regattas, CRSA on Facebook and Instagram, more officer bios, Youth Sailing, For Sail, updates to the 2018 calendar, ASA Courses, Beginning Sailing Classes, a review of Trip Tales II and the new Youth Academy.