

March
2020

Newsletter of the CAVE RUN SAILING ASSOCIATION

SEE CAVERUNSAILING.ORG FOR LAST MINUTE INFO ON EVENT SCHEDULES

The MainSHEET V36 #2

	March 23 “Captain Ron” Movie Night	Please Renew Your Membership by <u>4-1-20</u> if You Have Not Done So Already, or Join for the First Time If you were a member in 2019 Go to Caverunsailing.org, click on log in (top of page), enter your email address and password, then login > Join Us. You can pay with a credit card or with a PayPal account. Click “manual” if you want to pay by check. If you were <u>not</u> a 2019 member open the homepage Caverunsailing.org > Join Us > New Member. Then set up a user name and password. If you have any problems email membership@caverunsailing.org or webmaster@caverunsailing.org .
	April 19 Spring Social And Auction	
	May 12-16 Beginning Sailing Classes	
	May 16 33rd Annual Bluegrass Charity Regatta	

Spring Social Sunday April 19th, 2020 15:00 – 18:00

Be sure to check the CRSA Website – caverunsailing.org under Upcoming Events or Socials and click on Spring Social. The Registration Form will be up this week. Look for email blasts as well. This is the official “Kick Off” to the 2020 sailing season. Please bring any potential new members or any friends you have who are interested in sailing. Bring a potential new sailor with you.

Also, CRSA Member Attendees please bring a side dish/appetizer/snack and/or a heavy hors d’oeuvres to share and any adult beverages you would like for yourself.

The social will be hosted by Former Commodores Al and Ruth Lawton in their home at 3236 Tates Creek Road.

RSVP at least 5 days ahead if you can on the website or directly to CRSA Social Chair Molly Sutherland at social@caverunsailing.org. RSVP- as soon as possible will allow Molly to plan for sufficient plates, glasses, etc.

Pick Up Sailing Hardware and/or Neat Stuff at the Social Auction

Social Chair Molly Sutherland has arranged a special live and silent auction at the April 19th social to benefit the CRSA Youth Sailing Program. **Bring your white elephants, new or gently used sailing stuff to donate. Donations are tax deductible if sold.** A preliminary list of super items is inside this newsletter on page 2.



WWW.CAVERUNSAILING.ORG

**Preliminary List of Auction Items
for the Spring Social
Sunday April 19th 1500 – 1800.**

**Long weekend in
Cave Run Cabin**



NOTES: Located in the Daniel Boone National Forest and overlooking Cave Run Lake. The cabin has a living room, kitchen, two bedrooms, full bath, and a large screen porch. It has both air conditioning and heating. It is served with public water. For sleeping purposes each bedroom has a double bed. There is a queen-sized sofa bed in the living room. A full-sized futon is on the screen porch. Additionally, there is a rollaway bed and an army type cot. For eating purposes there is seating for six in the kitchen and additional seating for six on the screen porch. Since cell phone service is very spotty there is also a land line phone for use. We use the cabin year-round and sometimes the quiet of winter is really nice.

Major holidays are excluded. Must coordinate with Steve Morris (304-727-5326) on dates.

ALL PROCEEDS SUPPORT CRSA YOUTH SAILING ACADEMY

**Afternoon Sail
@ Cave Run Lake
with Graeme Wilson**



NOTES: Must be used in 2020. Please work with Graeme Wilson (859-533-3884) directly to coordinate date and time.

ALL PROCEEDS SUPPORT CRSA YOUTH SAILING ACADEMY

**FLYING JR
Sailboat**



Description: year – size – coming, with trailer. All sails are in good condition.

NOTES: Minimum bid is \$900.00

ALL PROCEEDS SUPPORT CRSA YOUTH SAILING ACADEMY

**1-YEAR
MEMBERSHIP TO
CRSA**



NOTES: If you have paid your 2020 dues, this offer will extend to 2021.

ALL PROCEEDS SUPPORT CRSA YOUTH SAILING ACADEMY

**Naming Rights to the Rhodes 22
Hand Blown Glassware – Weston Studio
CRSA Leather Key Holders – Cheyenne
Saddle Company**

More Auction Items

1 ASA Sail Course of Your Choice



- 101
- 103
- 104
- 105

NOTES:

- Minimum bid is coming
- Must be a CRSA Member – You can join today - See Michael Jones
- Contact Jim Dinger (859-338-7939) to redeem
- Expires October 31, 2021

ALL PROCEEDS SUPPORT CRSA YOUTH SAILING ACADEMY

Complimentary day on Miss Kelly or The Rhodes 22

Miss Kelly
Hunter 23



The Rhodes 22



NOTES:

1. You are a member of Cave Run Sailing Association, and
 2. You have completed sailing courses equivalent to ASA 101 (Basic Keel Boat Sailing), or
 3. You have a sailing resume* which might include the following:
 1. you have sailed as captain on at least inland lakes
 2. you are a captain of a sailboat used primarily for racing
 3. you own or have owned a sailboat
- This offer expires the end of 2021 .

ALL PROCEEDS SUPPORT CRSA YOUTH SAILING ACADEMY

Special Social, March 23rd, 2020

JOIN in the laughs as we watch
"Captain Ron"



When: Monday, March 23, 2020 –
Beginning at 1800, Captain Ron at 1830
Who: Members and Non-members are welcome!

Where: Lee & Molly Sutherland's
590 Seattle Dr
Lexington, KY 40503

NOTES: Please bring an hor d'oeuvre and BYOB. The club will provide water, tea and sodas (Coke products)

PRE-REGISTER AT
CAVERUNSAILING.ORG

FOR MORE INFORMATION contact Molly
at social@caverunsailing.org

Plus more items, some will be hard to believe. Bring items you wish to donate to the social. Arrive as early as possible.

Details on the 2020 Beginning Sailing Classes

Venues: May 12 and 14, 2020, 6:30-8:30 PM

The Source, 3330 Partner Place, Suite 130, Lexington
Corner of Clays Mill and Keithshire Rd
Keithshire Place Mall

May 16, 2020, 8:45 AM-4:00 PM

Cave Run Lake Campground, Twin Knobs West Group Use Area

The Beginning Sailing course is a good way to determine if you like sailing and wish to continue learning how to sail. Students with no sailing experience who wish to have an introduction to sailing, or those with limited or time worn experience can take this course as a refresher rather than starting with ASA 101, which is also offered by CRSA. The Beginning Sailing course is economical, provides classroom and on the water learning experiences, and an introductory textbook for \$35 per person. Membership in CRSA (\$95/family) is required for insurance purposes.

ASA courses are excellent, provide internationally recognized certificates awarded after passing a written and performance based exam, and include more advanced training. All information learned in Beginning Sailing is utilized in ASA Courses. See "Certified Sailing" on the caverunsailing.org website for more information.

The beginning course consists of two evenings of casual class work in Lexington and one Saturday on the water at Cave Run Lake where you will sail with experienced captains in the fun Bluegrass Charity Regatta. If you have a sailboat, CRSA will provide a captain who can teach you on your boat if you wish. The water experience allows students to put into practice the principles they learned in the classroom.

Topics covered include: types of sailboats, boat parts and rigging, knots you will use, sails and what they do, sailing terminology, steering, tacking, sailing upwind and downwind, safe sailing procedures and coast guard requirements, adjusting sails, safe boarding, handling different wind conditions, rules of the road, leaving the dock, returning to the dock, storing/folding sails, sailing etiquette, trailering a sailboat, backing up a trailer, and staying safe on the water.

This course is offered only once during each sailing season usually in May.

Students interested in Beginning Sailing should go to the CRSA homepage, www.caverunsailing.org, click on "Join Us", fill out the membership form and indicate you also wish to register for Beginning Sailing.

Cost: You must pay the \$95 family membership fee and the \$35/person fee for the Beginning Sailing course prior to the first class. Space may be limited and is on a first paid, first served basis. Please register at least one week prior to the first class.

If you have questions send an email to beginningsailing@caverunsailing.org.



**The 33rd Annual Bluegrass Charity
Regatta And
Beginning Sailing Water Lab
Saturday May 16, 2020
Great Cause, Fun Sailing, Good Food.
Captains Needed. SAVE THE DATE**

Join CRSA in its collaboration with the Theta Nu Chapter of the philanthropic sorority Psi Iota Xi to help raise money for the Hearing and Speech Center by sailing in this one-day regatta.

This is a FUN REGATTA. A great way to experience sailboat racing in a casual manner or just to spend part of the day sailing around the course marks with other CRSA members. For inexperienced racers a brief meeting will be held at the breakfast on Saturday explaining what is involved in racing that day and describing the course. Or, like many of us, you can just follow Chuck and Mark around the course. This is also a great social time both before the races, on the water, and at the late lunch and awards ceremony afterwards.



The HEARING AND SPEECH CENTER (HSC) does literally life-changing work for hearing and speech-impaired children from across Kentucky. HSC is a private non-profit agency with over 50 years of experience working with children with hearing loss and/or speech/language impairments. It provides services for children and their parents from infancy to age 18, as well as for adults with programs in the Early Learning Center, the Audiology Clinic and the Speech-Language Pathology Clinic. Over the years the Bluegrass Charity Regatta has resulted in donations of over \$100,000 to the HSC.

The women of the **THETA NU CHAPTER OF the philanthropic sorority PSI IOTA XI** promote the regatta, solicit sponsors, and help at the event.

CRSA provides the food and site, conducts the regatta itself, and this year will be recruiting sponsors.

2020 is the 33rd year of this 3-way partnership - HSC, CRSA and Theta Nu began the regatta in 1988

at the suggestion and leadership of Al Lawton, the CRSA Commodore at that time.

The **BEGINNING SAILING WATER LAB** is an opportunity for new sailing students to learn how to apply what they learned in classroom sessions, and directly participate in sailboat racing. Captains in the Bluegrass Charity Regatta will be asked to take students on their boats and “show them some ropes.”

Come to the **TWIN KNOBS WEST END GROUP USE AREA about 8:30 am** on Saturday May 16th. Enter from the Twin Knobs campground and tell them you are coming to the Bluegrass Charity Regatta. You can enter at no charge. Help yourself to a casual continental breakfast.

PRE-REGISTRATION CAPTAINS who bring their boats are needed MOST to make this regatta a success. **The Pre-Registration Captains Form** will be on the website soon and will also be sent to all members in an email blast. Look for registration forms on our caverunsailing.org website or in upcoming email blast, **OR** register on site (not as good as pre-registering, but certainly OK).

There is **NO CHARGE** for sailing in this regatta. CRSA and the women of Theta Nu find supporting sponsors for every boat pre-registered. However, if you as captain would like to be a sponsor, GREAT.

The **SPONSOR FORM** is coming. Look for it soon on the website and in an email blast. This year there will be more sponsor categories than in previous years.

The APPROXIMATE SCHEDULE is:
8:30 – 9:30 am Continental Breakfast and Captain’s Meeting at the Camp Ground West End Use Area with a description for new sailors/ racers of what racing involves.

11:00/11:30 – 1:30/2:30 racing on the lake
2:30/3:00 – 4:30 cookout and award ceremony at the West End Group Use Area. Food and soft drinks provided.

Racing and cookout times are approximate depending on the wind and the number of races.

GENERAL INFO: Please bring a water bottle for use while racing and a PFD (personal flotation device-life jacket) if you have one.

Sailors with little or no racing experience are encouraged and welcome to join in. This is a **CASUAL FUN RACE DAY.**

VICE-COMMODORE LOU TROST is assembling a list of captains who plan to sail in the Bluegrass Charity Regatta to help plan the day. Please let Lou know if you can sail and what type of boat you will sail by emailing him at: vicecommodore@caverunsailing.org.

Special Information About The 2020 Bluegrass Charity Regatta

Those of you who looked carefully will notice that the information about the Charity Regatta indicates the proceeds will go to the Hearing and Speech Center. This is the NEW NAME for what was formerly the Lexington Hearing and Speech Center. Same great organization, new name.

Also, if any CRSA member or friend knows of a potential sponsor (business or individual) who may be interested in donating, please forward their name to Sally Shafer at shafer.sally@gmail.com. Sally, on behalf of CRSA will do the asking.

Anyone can be a sponsor for the Charity Regatta. If you are unable to submit your sponsorship through the digital sponsor form, feel free to make a copy of the form when it comes out and submit your payment through snail mail to The Hearing and Speech Center, 350 Henry Clay Blvd, Lexington, KY, 40502.

CRSA 2021 Cruise Being Planned For St. Lucia to Grenada

CRSA Cruise Director Merritt Wade is planning a CRSA Cruise for 2021, sailing from St. Lucia to Grenada. The trip is tentatively planned for January 9 to 19. If eight people are on a boat the preliminary price will be \$1,515/person. Look for more details in future newsletters, on line, in email blasts or contact Merritt at cruisedirector@caverunsailing.org. In fact, if you are interested please contact Merritt and let him know of you being a possible "Cruiser."



Trip Tales I and II Turn Out to be Really Fun Events

In January and February CRSA Social Chair Molly Sutherland arranged great Trip Tales programs on Cruising the BVIs and Cruising the Greek Islands. The programs were well attended, 30-35 members at each event, and well presented. Valerie and Ben Askren gave a thorough guide to sailing in the BVIs including places to go, where to charter, approximate costs etc.

Molly Sutherland and Dan Geiger reviewed the CRSA Cruise to the Greek Islands describing the places visited, the food devoured and fun activities.

Special thanks to Molly for making all the arrangements and to the speakers for their great presentations.

Pictures of the events follow.







Cave Run Sailing Association
PO Box 256
Lexington, KY 40588



This Issue of the
MainSHEET is
VOLUME 36 # 2
March 2020

WWW.CAVERUNSAILING.ORG

The MainSHEET is published 4-8 times a year and distributed to members through email, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable and community service activities.

Membership Information can be obtained from Graeme Wilson at membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at Mainsheet@caverunsailing.org. Special thanks to Molly Sutherland, Merritt Wade and others for articles and/or pictures.

CRSA 2020 Officers

Commodore: Valerie Askren

Rear Commodore (racing): Mark Breeden

Vice Commodore (regattas): Lou Trost

Membership Chair: Steve Graeme

Secretary: Ken Ruhl

Treasurer: Michael Jones

Webmaster: Kelly Glines Emrich

Social Chair: Molly Sutherland

Cruise Director: Merritt Wade

Harbor Master: Brad Leslie

Youth Sailing: Chuck Emrich

Certified Sailing Director: Jim Dinger

MainSHEET Editor: Bill Lubawy

Past Commodore: Valerie Askren

The MainSHEET