



Check if You Renewed Your Membership Today

Check the membership list on the website after you log in to see if you renewed this year. Go to Caverunsailing.org > log in (upper right corner) > enter your email and password > login > Members > Membership Directory. If you are not listed please renew your membership on the CRSA homepage. Go to caverunsailing.org > renew membership > forgot password (if you did). Your email address is your User ID. If you have any problems email Steve Morris, Membership Chair at:

membership@caverunsailing.org.

To continue receiving CRSA info you must renew membership by June 10.

Upcoming June CRSA Activities

1. **Summer Race Series # 3 June 3.** Captains' meeting at the Scott Creek Boat Ramp parking lot at 11:00 AM. Races are 1:00 to about 4 or 4:30 PM.
2. **Girl Scout Sailing Event Sunday Afternoon June 4 from 10 AM - 4 PM at Jacobson Park.** Please contact Chuck Emrich if you can help at youthsailing@caverunsailing.org.
3. **Summer Race Series # 4 June 17.** Captains' meeting at the Scott Creek Boat Ramp parking lot at 11:00 AM. Races are 1:00 to about 4 or 4:30 PM.
4. **SOCIAL SAILABRATION June 24 and 25.** Part of the World Wide Summer Solstice Celebration. Look for the CRSA Pontoon Boat on the water or in the mooring field after noon. Raft up in the mooring field 5-6 PM Saturday with a barbecue following. **Bring a dish or hors d'oeuvres or dessert to share.** CRSA will provide the barbecue and non alcoholic drinks. Stay overnight for breakfast on Sunday. See next page.
For questions contact CRSA Social Chair Ted Brandewie at social@caverunsailing.org.

Want To Make a Difference in a Young Sailors Life?

Consider being a CRSA volunteer to help with youth sailing! We need lots of volunteers to make this a magical experience and pass along the feeling of a life long love of the wind and the water. Commit for a day or the whole time if you can. Times are Tuesdays 6-8 PM and Saturdays 1-4 starting July 8th. Call Chuck Emrich youth sailing director at 859-270-2199 or email emrich@aol.com and start the Summer Activities and the Summer Fun!

CRSA on Facebook

If you are on Facebook, please consider joining Cave Run Sailing's Friends Group. Find out when other members will be at the Lake, and tell them when you will be at the Lake. Share tips. Ask questions. It's easy. Just go to "Find Friends", type in Cave Run Sailing Association, and request Friends status. Then enjoy.

CRSA Summer Social Sailabration June 24 & 25, 2017
PLEASE REGISTER AT CAVERUNSAILING.ORG
And/or Look for an email notice coming soon.

I hope you can join us at the Summer Social Sailabration which will be Saturday, June 24 and Sunday June 25, 2017, the week of the summer solstice and national "Sailstice" Celebration. We'll have the Social at Cave Run Lake on the Club's pontoon boat and the other boats that will raft up to it. You can also ride back and forth from the Marina on one of the marina johnboats.

You'll be able to sample much of what the Club has to offer:

- Trying out the Miss Kelley club boat that members can rent
- Swimming off the Club's pontoon boat (and going down its slide)
- Meeting and socializing with other club members
- Enjoying a great grilled meal on the pontoon boat, probably 6:30 – 7:30 PM
- Stargazing when it gets dark and trying your star finding apps
- Rafting up overnight if you wish. Raft up will begin around 5:00-6:00 PM and you can come later.
- Enjoying an egg and sausage breakfast the next morning.
- Just bring a side dish, hors d'ouvres or dessert. The club will provide both the dinner and the breakfast.
- Bring any water toys, paddle boards etc you wish.

Please register with how many people will be in your party so we know how many burgers to buy!

If you only want to join the social, and do not have a boat, we are working on a way to shuttle you from the Marina to the raft-up, and back with the first shuttle leaving the Marina about 1630. You must let us know when you register if you would like to be picked up and dropped off.

I hope to see on the Lake! The picture below is from the 2015 Sailabration. A GREAT TIME!

Ted Brandewie at innovation.plant@gmail.com or at socialchair@caverunsailing.org



Make Sure to Pick Up Your Annual Pass

If you park and/or launch your boat at the Scott Creek Boat Ramp be sure to pick up and display your annual parking pass. Passes are available for a day, three days or for the year and are at the Forest Service Ranger Station on Rt. 826, at the bait shop across the street from the boat ramp, at the new Fin Fur and Feather on Highway 60 just east of Rt. 826 and J&H Lanmark Outdoor Supply on Moore Drive in Lexington.

ASA Courses Available Now

The Cave Run Sailing School has been underway since early January. We have completed ten ASA 105 (Coastal Navigation) Certifications and five ASA 101 (Basic Keelboat Sailing) Certifications already. There are three more students scheduled for ASA 101 and ASA 103 (Basic Coastal Cruising) on Cave Run and Kentucky Lakes.

There is an ASA 101 Certification on Kentucky Lake scheduled for July 14-16 and an ASA 103 Certification on Kentucky Lake scheduled for July 21-23. Additional Certifications can be scheduled based on student and Instructor agreement.

Keep in mind that sailing is a life long education, ASA Certifications are great gift ideas for Mother's Day, Father's Day, and birthdays, too. If you are interested in advancing your ASA instruction, please contact me and I'll help make that happen.

I would like to put the word out for students who would be interested in an ASA 104 (Bareboat Coastal Cruising) Certification later this season to contact me. It will require 4-7 days away to complete it with students sharing costs (4 min).

Happy sailing everyone!

Arrgh!!!

David M. Duncan, MD Director Cave Run Sailing School, Cave Run Sailing Association
DMDMD56@aol.com.

CRSA FALL ITALY WINE AND CUISINE CRUISE REPORT

The CRSA sailing trip on the west coast of Italy concluded and all crew returned home safely.

Fifteen members enjoyed the one week cruise on two 50' boats. Unfortunately, due to a scheduling mistake by Sunsail, the charter company, we could not get two boats together on the same week and the boats sailed separately on October 8-15 and October 15-22.

The cruise began and ended at the Sunsail outpost on Procida Island in the Bay of Naples. Several couples spent the previous or following week touring Italy.

Crew members flew to Naples and took the ferry to Procida. Sunsail billed the cruise as a Wine and Cuisine flotilla. The flotilla consisted of ten boats with a Sunsail lead boat. Other boats had Slovenia, Australian and British crews. The lead boat was crewed by a Captain, Technician responsible for fixing any problems with the boats that occurred and a Social Director who managed daily on shore activities.

The Wine and Cuisine portion of the cruise consisted of bus transportation at four of the ports to a local winery where we met the owner and his family, toured the facilities, and enjoyed the wine and an Italian meal.

The boats we sailed were identical on both weeks, Bennetau Cyclades 50.4' sloops with five cabins, each with private heads. At 16' beam, the boats were quite

roomy. The fifth cabin was in the bow, accessed by ladder and very tiny. We judged it to be too grim for human habitation and used it to store luggage.

Michael Goodwin served as captain the first week and Dan Geiger was captain the second week as well as cruise organizer.

The cruise began in the Bay of Naples, proceeded to the Island of Capri, sailed south along the Amalfi Coast to Salerno, then returned to Procida. Our stops along the way in chronological order were:

Procida Island, Ischia Island, Capri, Cetara, Salerno Amalfi and Procida Island. Procida, Ischia, Cetara and Amalfi were what I expected for an Italian coastal village, small, quaint, historical, beautiful places that are hundreds of years old. Being a volcanic area, the hill sides and streets are very steep with beautiful buildings clinging impossibly to the steep terrain. Old men gather in the town square to argue and solve the world's problems. Side walk cafes offer wine and pasta. Bakeries show case gorgeous treats. Gelato shops are everywhere.

The Amalfi Coast consists of 2000' cliffs plunging to the sea. We were continuously amazed to see so many houses perched on the sides of the cliffs and wondered how they had been built on such impossible slopes.

Capri is different. This very steep volcanic island has been a vacation spot for Europe's famous and fashionable since the Nineteenth Century and remains so. The harbor contains numerous large yachts. Travelers ride the funicular to the top of the island to the town of Capri where the narrow streets are lined with top fashion houses like Gucci, Prada and Versace.

Salerno is a large modern city. It is known for being the landing site for the Allied invasion of Italy in WW2. Salerno was selected because it had one of the few beaches in the area. We spent the night in Marina di Arechi, one of the largest most modern marinas I have seen. The next day we visited the Paestum Archeological Area, founded in the 7th Century BC by the Greeks and later taken over by the Romans. That night we visited the Barlotti farm and saw the herd of water buffalo used to produce Mozzarella di Bufalo Campana. We enjoyed a fine meal, met the owner of a local winery and his daughter, and drank his wine.

The weather the second week was perfect for a vacation, sunny and 70's. We did need more wind as we motored frequently to get to the next port. Since the distance between ports was short, we had time to go off shore looking for wind, which we usually found. Everyone got as much time at the wheel as they wanted and the crew did very well handling the boat.

I would definitely consider repeating this cruise in the future.

Dan Geiger, CRSA Cruise Director,
dangeiger17@gmail.com

CRSA Revised 2017 Schedule

The 2017 Schedule for CRSA has been revised. Below is the complete copy. As always check the website for changes.

2017 CRSA Tentative Calendar Socials, Classes, Cruises, Races See website caverunsailing.org for updates & details				
DATE	DAY	EVENT	LOCATION	CONTACT
Feb 23	Thurs	Trip Tales 2 Ben Askren - San Juan Islands	Roosters 6:30 Dinner, 7:00 Pgm	Social@caverunsailing.org
Mar 11	Sat	Brass Monkey Race 1 11:00	Scott Creek Launch Parking Lot	Rearcommodore@caverunsailing.org
Mar 25	Sat	Brass Monkey Race 2 11:00	Scott Creek Launch Parking Lot	Rearcommodore@caverunsailing.org
Mar 26	Sun	Spring and New Member Social 3:00-6:00	Al and Ruth Lawton's	Social@caverunsailing.org
April 8	Sat	Brass Monkey Race 3 11:00	Scott Creek Launch Parking Lot	Rearcommodore@caverunsailing.org
April 15	Sat	Beginning Sailing Classwork 9:00-1:00	TBD Morehead	Rearcommodore@caverunsailing.org
April 22	Sat	Brass Monkey Race 4 11:00	Scott Creek Launch Parking Lot	Rearcommodore@caverunsailing.org
April 27	Thurs	Trip Tales 3 2016 Wine/Dinner Flotilla	Roosters 6:30 Dinner, 7:00 Pgm	Social@caverunsailing.org
May 6	Sat	Summer Race Series 1 11:00	Scott Creek Launch Parking Lot	Rearcommodore@caverunsailing.org
May 9, 11 & 13	T, R, S	Beginning Sailing T, R 6:30-8:30 pm, S 10-4	T, R Cent Christ, Sat lab at Marina	beginningsailing@caverunsailing.org
May 20	Sat	Summer Race Series 2 11:00	Scott Creek Launch Parking Lot	Rearcommodore@caverunsailing.org
June 3	Sat	Summer Race Series 3 11:00, Race Social	Scott Creek Launch Parking Lot	Rearcommodore@caverunsailing.org
June 17	Sat	Summer Race Series 4 11:00	Scott Creek Launch Parking Lot	Rearcommodore@caverunsailing.org
June 24-25	Sat - Sun	Sailstice Raft Up 5:00 and Super Social	Mooring Field	Social@caverunsailing.org
June 23-30	Fri - Fri	Victoria BC & San Juan Islands Flotilla	Bellingham WA	Cruisedirector@caverunsailing.org
July 8-29*	Tues and Sat	Youth Sailing Tues 6:00 pm, Sat 1:00 pm	Jacobson Park	Youthsailing@caverunsailing.org
July 9-14	Sun - Thurs	Girl Scout Sailing	Cave Run Lake	Youthsailing@caverunsailing.org
July/Aug TBA	Sun	Summer Social - Sailing for dinghies under 20'	Lakes Edge Clubhouse and Lakes	Social@caverunsailing.org
Aug 12	Sat	Summer Race Series 5 11:00, Race Social	Scott Creek Launch Parking Lot	Rearcommodore@caverunsailing.org
Aug 19 and 20	Sat - Sun	Mount Mama Regatta	Sewell Lake West VA	Vicecommodore@caverunsailing.org
Aug 26	Sat	Summer Race Series 6 11:00	Scott Creek Launch Parking Lot	Rearcommodore@caverunsailing.org
Sept 9	Sat	Summer Race Series 7 11:00 Race Social	Cave Run Lake	Rearcommodore@caverunsailing.org
Sept 10	Sun	Charity Regatta	TBD	Vicecommodore@caverunsailing.org
Sept 23	Sat	Summer Race Series 8 11:00	Scott Creek Launch Parking Lot	Rearcommodore@caverunsailing.org
Sept 29-Oct 1	Sat	Grand Annual Regatta	Shelter at Cave Run	Vicecommodore@caverunsailing.org
Nov 11	Sat	Awards Banquet 6:00	Lexington Country Club	Social@caverunsailing.org
* Youth Sailing Dates: July 8, 11, 15, 18, 22, 25 (Make up day if needed), 29 (Pirate Celebration Day)				

For Sail / Want to Sail

Sea Eagle 9 (SE-9)

Good fishing boat. Holds 4-5 people. Overall size 11' x 4.6' and weighs 56 lb with wooden floor boards. Made with 38 mil PolyKrylar (K80 PVC). Includes oar set, motor mount, motor mount support bench seat, wooden bench seat, foot pump and repair kit. Purchased new by a previous owner in 2008. Current owner purchased in 2011 but has never used the boat. Condition is very good. Sell for \$250. Gamefisher 2.5 HP 2 cycle motor is also available at \$50.



Contact Cliff: hynnimac@yahoo.com. 859-312-5307

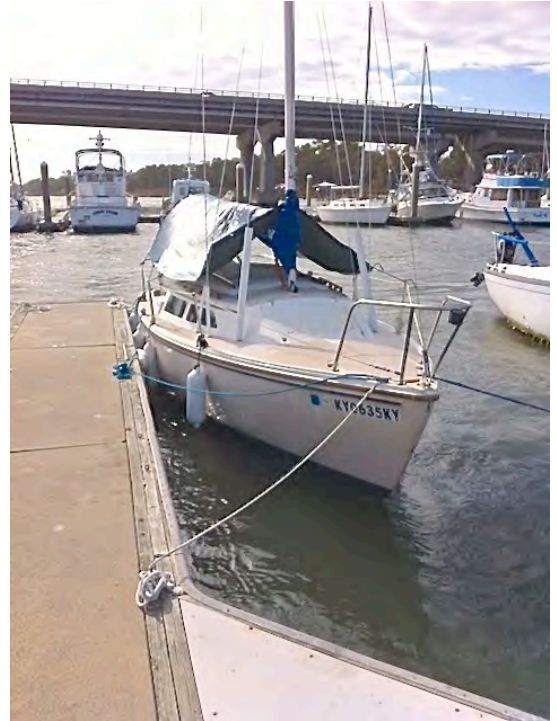
1989 Catalina 25

Refurbished by Strictly Sail Cincinnati in 2008. New 150% Dacron furling genoa in 2015. Fixed keel, 4' draft. Sweet! Boat, motor, and slip. Asking \$6,900.



Contact Fred Tambling, 304-544-8937
vf.tambling@frontier.com

1987 Catalina 22 swing keel pop-top with an additional set of racing sails, having a new trailer made for at this time. This is an excellent racing boat with lots of boats in its class. Inside is in very good shape, cushions in very good condition also, asking \$6500.00 for boat and trailer.



Call Bob Hagan at 606-922-2423

CRSA Spring Social Hosted by Ruth and Al Lawton

CRSA Social Chair **Ted Brandewie** arranged the Spring Social in March that was generously and graciously hosted by **Al and Ruth Lawton**. The afternoon was again filled with food (not an uncommon characteristic of CRSA activities) and fellowship with lots of conversation. Commodore Valerie Askren introduced new officers and thanked those officers from last year. There were lots of jokes again about Social Chair **Ted Brandewie's** wild tropical shirt but most were made strictly out of envy. Special thanks to all members and guests who brought appetizers and drinks, Ted and Val for organizing and running the afternoon and especially **Al and Ruth Lawton** who served as hosts in their lovely home.



More 2017 CRSA Spring Social Pictures



A Few More CRSA Social Pictures



Need a New Burgee?

Be cool. Be neat. Fly a CRSA Burgee from your boat or a wall in your home or office. New burgees are now available from the Membership Chair, Steve Morris, for \$35. **Contact Steve at Membership@caverunsailing.org.**

In case you wondered the substitute for Vanna White seen below does NOT come with the burgee.



Another Mouthful of Teeth on the Lake

This summer another boat appeared on the lake with a nice smile on the front joining Chuck Emrich. The two sharky boats are among the fastest ones on the lake.



I should not have eaten all those appetizers left over from the social.

New Sailors Complete the 2017 CRSA Beginning Sailing Course



On May 9, 11 and 13 a group of new sailors completed the CRSA Beginning Sailing Course. Two classroom sessions were followed by an on the water lab. **Bill Lubawy** taught the classroom sessions with lots of help from **Mark Breeden** and **Lou Trost**. **David Duncan** explained the ASA Courses available through CRSA. The water lab at Cave Run Lake was taught by **David Duncan, Chuck Emrich, Brad Leslie, Steve Morris and Bill Lubawy**. Special thanks to CRSA members who helped teach the course, brought their boats to

take out new students, and to the new sailors who everyone looks forward to seeing on the lake.

New sailors remember you can show up at the Scott Creek Boat Ramp at 11:00 ask for the Race Committee Chair for that day and crew for one of the racers to get more experience. Check the schedule for race dates.

Also join the CRSA Facebook Group Members where you can post your interest in crewing and look for sailors wanting crew.



Mark Breeden explains a cleat knot.



Lou Trost demonstrates attaching a jib sheet.

More Pics From Beginning Sailing



Want to Learn to Sail This Summer? In Lexington! Youth Sailing is Ready to go this July!!

If you are between the ages of 7 and 12 this is your opportunity! Starting Saturday July 8 at 1:00 pm and running all month on Tuesdays at 6:00 pm and Saturday at 1:00 pm at Jacobson park. If you are less than 120 lbs (because we have small boats), love the water, and want to have something different in your life this is for you. Please register online at Caverunsailing.org, For more information email to youthsailing@caverunsailing.org or call 859-270-2199 to get on the list Cost is \$30 and \$15 to join CRSA.

PS Lots of Volunteers needed. All volunteers can put a smile on a young sailor and create memories of a lifetime! We have a place for you!

Volunteers Needed for the CRSA Girl Scout Sailing Camp July 10-13

CRSA needs volunteers to help with the Girl Scout Sailing Camp at Cave Run. This is a really fun experience and you can camp with us at a cabin on the lake. Contact Charlotte Lubawy at Lubawy@twc.com or 859-273-1591.

Special Announcements Are on This Page That You Might Find Helpful and/or Interesting

Use the CRSA Sunfish Boats for club Races/Regattas for FREE

The CRSA Board voted to implement a new policy to encourage racing. Children of CRSA members who want to race in CRSA races or regattas may use the club Sunfish Sailboats for free. Parents are totally responsible for their children including their good behavior and safety. CRSA does not assume any responsibility or liability for injury. Reservations should be made through Harbor Master Lou Trost and/or through the Rear Commodore Mark Breeden. E-mail addresses and/or phone numbers for the individuals mentioned above are on the CRSA website in the "Members" section. Meet at the Scott Creek Boat Ramp at 11:00 am and one of the above will open the storage bin to help you remove the sails immediately after the Captain's meeting. Parents are responsible for their children, safe boat use, rigging, launching and returning the boat in good condition, drying the sails and putting them away. Children of members get first preference. If no children reserve a Sunfish any member racing on a race/regatta day may race a sunfish at no cost.

Interested in Radio Controlled Sailboats?

Several CRSA members have indicated they are interested in sailing radio controlled sailboats. If you are interested in working with other CRSA members in setting up a R/C Sailing group please notify the MainSheet editor at MainSheet@caverunsailing.org.

Women's Sailing Group??

Several female CRSA members have been thinking of doing some Women's Sailing either during the week or on the weekends. This would involve sailing with a female captain and crew. Nothing formal here, just occasional afternoons on the lake in a totally random manner. If you think you might be interested in doing this, and would be available on short notice to join a group going out, please notify the CRSA Commodore at commodore@caverunsailing.org. No guarantees. This may work out, it may not. Thought we would just give it a try.

Race on the Miss Kelley for 50% Off the Daily Sailing Rate

The CRSA Board voted to implement a second new policy to encourage member racing. If you are a CRSA member you can use the Miss Kelley to race for 50% off of the daily sailing rate. The appropriate donation would be \$50 for the whole day. For reservations contact the Miss Kelley Subcommittee Chair Mike Goodwin. Mike's email and phone number can be obtained from the "Members" section on the website. Again members are required to have completed ASA 101 or its equivalent, operate the boat in a safe and reliable manner, put the boat away in a clean operable condition with all sails dry and appropriately stored.

CRSA Members Can Use the Miss Kelley for Pleasure Cruising

CRSA members who have completed at least ASA 101 can use the Miss Kelley for pleasure cruising. Just like using Miss Kelley for racing contact the Miss Kelley Subcommittee Chair Mike Goodwin to make reservations. Mike's email and phone number can be obtained from the "Members" section on the website. The donation to CRSA for using Miss Kelley is \$100/day. Again members are required to have completed ASA 101 or its equivalent, operate the boat in a safe and reliable manner, put the boat away in a clean operable condition with all sails dry and appropriately stored.

Want to Crew?

CRSA members who want to crew during races or regattas often ask how they can get on a boat. There are several ways. Check the racing schedule on the website and pick some days you are available. About a week ahead of time post a notice that you are available to crew on the CRSA Facebook page and a racing member who needs crew may give you a call. Secondly just show up at the Scott Creek Boat Ramp parking lot at 11:00 AM the morning of a race. Look for a sailboat or two or three and some people standing around. Ask for the Race Committee Chair for that day. Bring your own lunch and something to drink. Be ready to get a little spray if the wind is blowing.

Some Pictures From the Summer Race Series - Race # 2
Check the Racing Schedule – Join the Fun



**CRSA CRUISE 2017: VICTORIA,
BRITISH COLUMBIA AND SAN JUAN
ISLANDS FLOTILLA
June 23-30, 2017**

Two Spots Open – Call Dan Geiger Now

CRSA will join an American Sailing Association (ASA) flotilla cruising off the west coast of Washington and Canada. The flotilla will consist of 12 boats chartered from San Juan Sailing and leaving from Bellingham, Washington. There will be several group dinners as well as plenty of time to explore. Departing from Bellingham, we sail to Lopez Island, Victoria on Vancouver Island (2 nights), San Juan Island, Orcas Island, Lummi Island, and return to Bellingham. Two nights will be a raft up with the remainder at marina slips. Total sailing, 107 nautical miles. The area is known for stunning scenery and wild life while Victoria is famous for European charm.

A current passport is required as we will go through Canadian and US Customs.

We will be challenged as sailors with tidal currents, fog and shipping lanes. This cruise is suitable for experienced and new sailors. CRSA Commodore Valerie Askren and husband Ben have sailed here several times chartering from San Juan Sailing and recommend both.

We have chartered two 41' monohull sloops with 3 cabins and 2 heads each, *WIND SONG* and *ARDENT*. More information on the flotilla and the boats is available at <https://asa.com/flotillas/>.

COST and Schedule: The estimated cost of the cruise is **\$1120 per person**, based on two per cabin. If we do not fill the boats, the cost will increase.

Sleep aboard at Bellingham- Friday, June 23. Set Sail- June 24. Return to Bellingham- June 30

WHAT IS NOT INCLUDED: Travel to Bellingham, food and drinks, dock fees (included at Bellingham)

**TO RESERVE ONE or BOTH
REMAINING BERTHS**

Immediately Contact Dan Geiger, Cruise Director, Trip Leader, and Captain at dangeiger17@gmail.com or 859-797-4212.

The section of the MainSHEET below this sentence is a Paid Political Announcement.

One More Picture from Summer Race Series Race # 2



Above you can see Lou Trost is WAY ahead of Chuck Emrich and Mark Breeden (the two fastest racers in CRSA) during the second race day for the summer series. Congratulations to Lou for incredible and magical racing on the Miss Kelley.

Cave Run Sailing Association

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Lexington, KY 40588



WWW.CAVERUNSAILING.ORG

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The MainSHEET is published 4-8 times a year, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable and community service activities.

Membership Information can be obtained from Steve Morris at membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at Mainsheet@caverunsailing.org.

This issue of the MainSHEET has information on upcoming events, the complete revised 2017 schedule, reports from the Beginning Sailing Course and the Spring Social, the Italy Cruise and more.

The MainSHEET