

**CRSA Summer Social Sailabration June 18, 2016**

**PLEASE REGISTER TODAY AT [CAVERUNSAILING.ORG](http://CAVERUNSAILING.ORG)**

I hope you can join us at the Summer Social Sailabration which will be Saturday, June 18, 2016, the week of the summer solstice and national "Sailstice" Celebration. We'll have the Social at Cave Run Lake on the Club's pontoon boat and the other boats that will raft up to it. You can also ride back and forth from the Marina on one of the marina johnboats.

You'll be able to sample much of what the Club has to offer:

- Trying out the Miss Kelley club boat that members can rent
- Tubing on a member's 90 hp motored sailboat
- Sailing a Youth Sailing Optimist Pram (I can sail one even though I am way over 200 pounds, though not fast!)
- Swimming off the Club's pontoon boat (and going down its slide)
- Meeting and socializing with other club members
- Enjoying a great grilled meal on the pontoon
- Stargazing when it gets dark and trying your star finding apps
- Rafting up overnight if you wish
- Enjoying an egg and sausage breakfast the next morning.
- Just bring a dessert to serve 10. The club will provide both the dinner and the breakfast.

Please register with how many people will be in your party so we know how many burgers to buy! If you only want to join the social, and do not have a boat, we are working on a way to shuttle you from the Marina to the raft-up, and back with the first shuttle leaving the Marina about 1630. You must let us know when you register if you would like to be picked up and dropped off.

I hope to see on the Lake! The picture below is from the 2015 Sailabration. A GREAT TIME!

**Ted Brandewie at [innovation.plant@gmail.com](mailto:innovation.plant@gmail.com) or at [socialchair@caverusailing.org](mailto:socialchair@caverusailing.org)**



## Vice Commodore Dave Davison Retires to Virginia Beach

CRSA is sad to report that Vice Commodore Dave Davison has retired and moved to Virginia Beach. He was able to find a lovely beach house large enough for his extended family. He is selling his Hunter and taking his Flying Scot with him. He intends to keep on sailing, just in different waters. Unfortunately CRSA will lose the incredible organizational skills, the



**CRSA Vice Commodore Dave Davison.**

knowledge of CRSA history and how to do things, and Dave's incredibly steady hand with everything he did for CRSA, as well as his friendly and gentle nature. Congratulations on your new position Dave. All of us will miss you as a friend, fellow sailor and incredible contributor to CRSA.

We are glad for Dave, but sad for CRSA. Dave served a whole variety of officer positions for CRSA including at least three stints as Commodore. Dave was the 2016 Vice Commodore and Certified Sailing Schools Director.

Fortunately, **Mel Burch** has agreed to take over the Vice Commodore duties and lead the running of the Charity Regatta and the Grand Annual Regatta for 2016. Please give Mel your cooperation and help in running the Regattas. We are confident Mel will do an excellent job.

Again fortunately, **David Duncan** will be taking over as the Certified Sailing Schools Director. David has a whole string of ASA certifications himself, served as the CRSA Membership Chair for three years, and as an ASA instructor for CRSA for years. David has already jumped into working with the CRSA ASA instructors and students to coordinate classes for CRSA members. We are sure David will do an excellent job. Please refer all questions about ASA courses through CRSA to David at

[asasailing@caverunsailing.org](mailto:asasailing@caverunsailing.org).

These two appointments were enthusiastically approved by the 2016 CRSA Executive Committee.

## Mark Breeden Represents CRSA at the Catalina 22 Nationals

CRSA Rear Commodore Mark Breeden traveled to the Ft. Walton Yacht Club in Florida for the 2016 Catalina 22 Nationals the weekend of May 21. Wind conditions were up and down, coincidentally not too different from those at Cave Run. Mark sailed with about 75 other Catalinas, and with his son Ryan. He says he did about as expected, right in the middle of the pack. Below are some of the pictures taken by the Ft. Walton Race Committee. Mark's sail number is 4757.





## CRSA's Mike Goodwin Organizes Boy Scout Sailing Merit Badge

**Mike Goodwin** and the Boy Scout Leader for Troop 215 in Georgetown, **Andre Baker**, taught the material for a Sailing Merit Badge. The formal coursework was in a class the end of May where topics included sailing merit badge requirements, parts of the boat, rules of the road, safety, hank on and properly raise sails, tacking and jibing, heave to, reefing sails, basic knots, coast guard requirements, man overboard drills, small engine management, and how to have a good time...

For the on the water part of the experience several days later the wind was slow to start, 2 knots, but a few hours later picked up to 5-10 with some good gusts. The scouts had an absolute blast, got their merit badge, made lots of pirate sounds, loved to yell ready about!!!! and helms a leeeeeeeeeeeeeee!!! The day closed with dinner at Pop's Barbecue.

Activities such as this are part of the CRSA Missions in both sailing education and public service. Special thanks to Mike for organizing the program.



## CRSA Summer Race Series Race #3

The third race in the Summer Race Series was held on June 11 with absolutely perfect conditions. The skies were clear, the temperature was a little warm but the 10-15 mph winds made things very comfortable.

**Bill and Charlotte Lubawy** served as Race Committee and set the course to take advantage of the wind coming into the primary pool from the beginning of Tackers Alley. It was a great day to be on the water and a great day for racing.

Race results for Race #3, and for the entire season to this point, are posted on the web.

Special thanks go to **Raymond Muntz** and his daughter **Emily** and **Brad Leslie** who took Beginning Sailing students on their boats during the races to satisfy the water lab portion of beginning sailing. The students certainly had their share of excitement. Every boat racing spent some time heeling over nearly putting gunnels in the water. Fortunately no one fell off, well except for **Dale Sturm** who graciously and gracefully jumped off his Sunfish so that **Emma Askren** could get some Sunfish tiller time.



Boats formed a nice line headed for the first mark in the Summer Race Series Race # 3.  
SEE Pgs 8 & 9 FOR MORE RACE #3 PICTURES.



## Al and Ruth Lawton Host Spring Social

CRSA Social Chair Ted Brandewie arranged the Spring Social in April that was generously and graciously hosted by Al and Ruth Lawton. The afternoon was again filled with food (not an uncommon characteristic of CRSA activities) and fellowship with lots of conversation. Al presented a history of the building and filling of Cave Run Lake including the thoughts of the Forest Service as they made plans for the lake. David Duncan reviewed the geology and topology of the area around the lake that creates the wind patterns on the water. It was a lovely and lively social, although NOTHING could come close to the lively HAWAIIAN SHIRT that Ted Brandewie wore.

Special thanks to Al and Ruth, Ted and David, and all the members and guests who came.









## CRSA Welcomes 2016 Beginning Sailing School Students as New Members

Chris Bollinger, Bill Lubawy, Steve Morris, David Duncan, Raymond Muntz, Emily Muntz, Brad Leslie and Charlotte Lubawy taught the classroom and water laboratory portion of the popular Beginning Sailing classes. Students all enthusiastic future sailors, enrolled in the course that covers sailing nomenclature, points of sail, tying some knots and attaching lines to horn cleats, safety hints, rules of the road, handling gusts and high wind, seeing the wind, sail trim, the physics of sail boats and how to successfully back up a trailer.

The water lab was actually completed in two sessions. The first in May turned out to be one of those chilly cloudy and sometimes rainy days. **Steve Morris and David Duncan** spent the day taking two groups of students out on the water, then exchanged groups going out again. On the make up day two other groups of students sailed with **Brad Leslie and Raymond Muntz** on their boats during Race #3. The weather was more cooperative, sunny, warm and windy. Everyone enjoyed the experiences, and even learned a lot about sailing.

**Right: Steve Morris's crew removes the sail cover.**



**Beginning Sailing Students celebrate completing the classroom portion of the course successfully**



Beginning Sailing School Water Lab Pictures





## More Pictures from Race # 3



**Ben Askren has Windbender flying past the Committee Boat.**



**Raymond Muntz and Emily moved their boat smoothly through the whole course.**



**Chuck Emrich wore a stunning orange shirt that was the same color as the rounding marks. Several racers confused him with the windward mark.**



**Graeme Wilson avoided sun better than anyone else keeping his bimini up all afternoon.**



**Dale Sturm raced well and closer to the water than anyone else.**



**Brad Leslie had Whirlwind going strong with Beginning Sailing School students.**





Charlotte Lubawy served on the Race Committee and placed tape over all the open spots on the seat covers between the races.

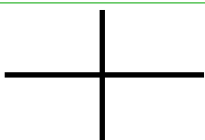


Anchor lines and marks drying after Race # 3 as Bill and Charlotte took the MM2 to her mooring.

Below is another copy of the 2016 CRSA Calendar. A copy has been reproduced in each issue of the MainSHEET this year. BTW – updates to the calendar are always on the webpage. Keep this copy as a general guide for planning, but check the CRSA webpage for final details, registrations etc.

2016 CRSA Tentative Calendar <b>Socials, Classes, Cruises, Races</b>			(See website: <a href="http://caverunsailing.org">caverunsailing.org</a> for updates and more details)	
DATE	DAY	EVENT	LOCATION	CONTACT
Jan 28	Thurs	Trip Tales 1	TBA	<a href="mailto:Social@caverunsailing.org">Social@caverunsailing.org</a>
Feb 25	Thurs	Trip Tales 2	TBD	<a href="mailto:Social@caverunsailing.org">Social@caverunsailing.org</a>
Feb 5-7	Fri-Sat-Sun	ASA105 Coastal Navigation	Lakes Edge Clubhouse	<a href="mailto:ASAsailing@caverunsailing.org">ASAsailing@caverunsailing.org</a>
Mar 19	Sat	Brass Monkey Race 1 11:00	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
April 9	Sat	Brass Monkey Race 2 11:00	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
April 10	Sun	Spring and New Member Social 3:00-5:00	Al and Ruth Lawton's	<a href="mailto:Social@caverunsailing.org">Social@caverunsailing.org</a>
April 23	Sat	Brass Monkey Race 3 11:00	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
May 14	Sat	Summer Race Series 1 11:00, <b>Race Social</b>	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
May 17, 19, 21	T, R, S	Beginning Sailing T,R 6:30-8:30 pm, S 10-4	TBD, Sat lab at Marina	<a href="mailto:beginningsailing@caverunsailing.org">beginningsailing@caverunsailing.org</a>
May 27-30	F thru M	Chesapeake Bay Cruise	Chesapeake Bay	<a href="mailto:Cruisedirector@caverunsailing.org">Cruisedirector@caverunsailing.org</a>
June 4	Sat	Summer Race Series 2 11:00, <b>Race Social</b>	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
June 11	Sat	Summer Race Series 3 11:00	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
June 18 - 19	Sat - Sun	Sailstice Raft Up and Super Social	Mooring Field	<a href="mailto:Social@caverunsailing.org">Social@caverunsailing.org</a>
June 25	Sat	Summer Race Series 4 11:00, <b>Race Social</b>	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
July 5-30	Tues and Sat	Youth Sailing Tues 6:00 pm, Sat 11:00 am	Jacobson Park	<a href="mailto:Youthsailing@caverunsailing.org">Youthsailing@caverunsailing.org</a>
July 10-14	Sun - Thurs	Girl Scout Sailing	Cave Run Lake	<a href="mailto:Youthsailing@caverunsailing.org">Youthsailing@caverunsailing.org</a>
July or Aug	Sun	Summer Social	TBD	<a href="mailto:Social@caverunsailing.org">Social@caverunsailing.org</a>
Aug 13	Sat	Summer Race Series 5 11:00, <b>Race Social</b>	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
Aug 20	Sat	Summer Race Series 6 11:00	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
Aug 27-28	Sat - Sun	Mount Mama Regatta	Sewell Lake West VA	<a href="mailto:Vicecommodore@caverunsailing.org">Vicecommodore@caverunsailing.org</a>
Sept 10 and 11	Sat	Summer Race Series 7 11:00, <b>Raft Up</b>	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
Sept 11	Sun	Charity Regatta	TBD	<a href="mailto:Vicecommodore@caverunsailing.org">Vicecommodore@caverunsailing.org</a>
Sept 24	Sun	Summer Race Series 8 11:00	Scott Creek Launch Parking Lot	<a href="mailto:Rearcommodore@caverunsailing.org">Rearcommodore@caverunsailing.org</a>
Oct 1 and 2	Sat - Sun	Grand Annual Regatta	Shelter at Cave Run	<a href="mailto:Vicecommodore@caverunsailing.org">Vicecommodore@caverunsailing.org</a>
Oct 8-15, 15-22	Sat - Sat	Italy Wine and Cheese Flotilla	Procidia, Italy - near Naples	<a href="mailto:Cruisedirector@caverunsailing.org">Cruisedirector@caverunsailing.org</a>
Nov 12	Sat	Awards Banquet 6:00	TBD	<a href="mailto:Social@caverunsailing.org">Social@caverunsailing.org</a>





The MainSHEET is published 4-8 times a year, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable and community service activities.

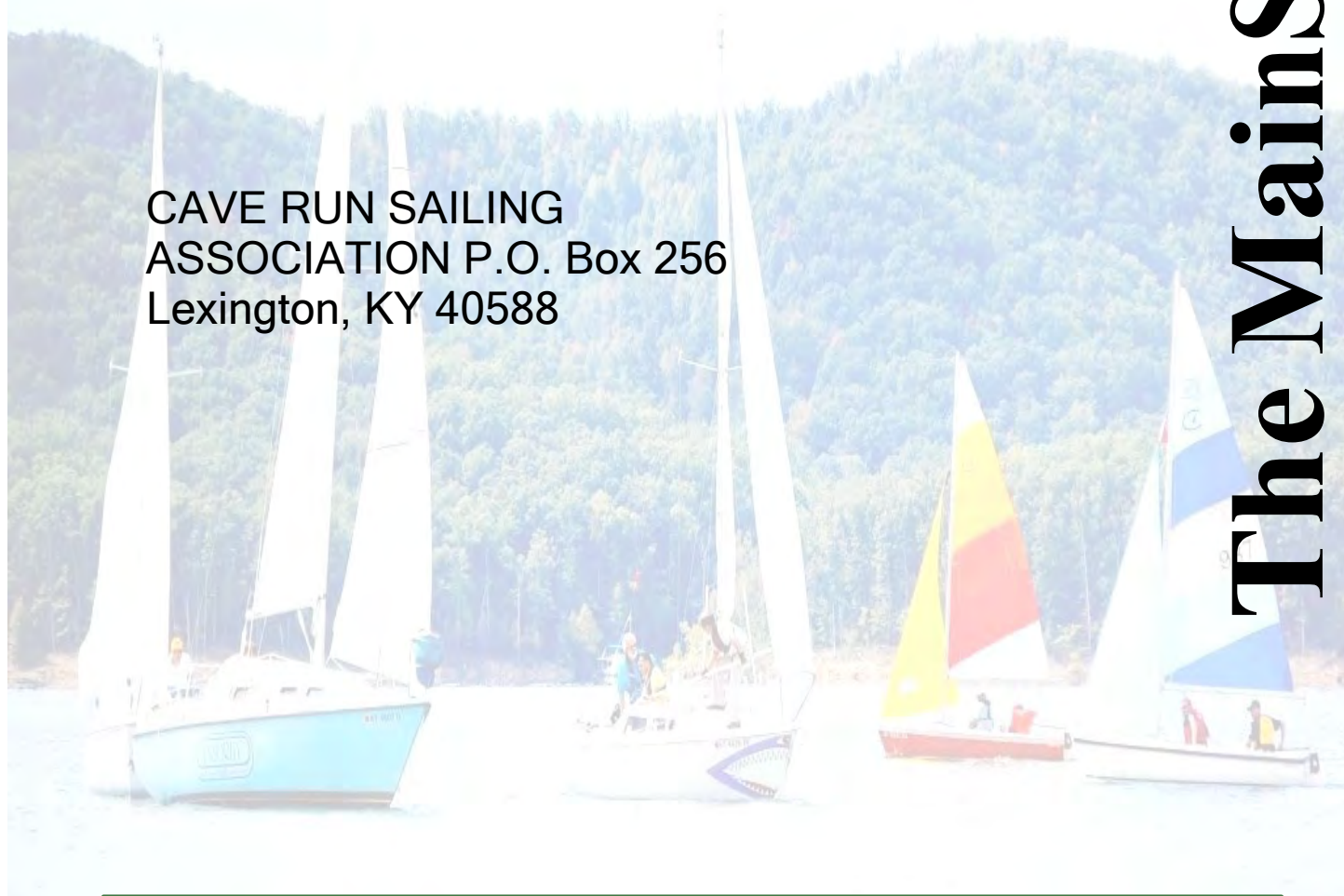
Membership Information can be obtained from Steve Morris at [membership@caverunsailing.org](mailto:membership@caverunsailing.org).

The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at [Mainsheet@caverunsailing.org](mailto:Mainsheet@caverunsailing.org).

### Special Thanks from the MainSHEET Editor

This issue of the MainSHEET has pictures and/or text from a variety of CRSA Members including Charlotte Lubawy, Michael Goodwin, Meredith Krause, and the Fort Walton Yacht Club Facebook. Thanks to all for help. Hope I have everyone.

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