



#### KEEP IN TOUCH WITH CRSA

**FACEBOOK** – Cave Run Sailing Association has an Open Group on Facebook. You will see posts from CRSA and its members. Feel free to post items yourself. Keep in touch with other members.

**EMAIL BLASTS** – If you are a CRSA member you will get email blasts prior to major events or announcements of upcoming events.

**WEBSITE** – Caverunsailing.org is the official website. Check it to register for events, see what is upcoming, find more up to date information and more details on events.

**THE MAINSHEET** – Go to the website and scroll down to the bottom of the homepage for past issues of the MainSHEET.

#### CRSA Board of Directors Met to Plan for Summer/Fall Events

Board Members met the end of June to try to adjust plans for the latter half of the year. Frankly, several Board Members thought some of the pandemic would have slowed down by this time. How wrong were we?

Earlier this year several activities (described later in this newsletter) went on with a lot of social distancing and mask wearing. **Lou Trost** organized a Boy Scout Sailing weekend; **Valerie and Ben Askren** pulled off a Summer Sailstice day complete with a race, a poker run and a small raft-up; and **Chuck and Kelly Emrich** began the Youth Sailing Program for this year.

Events in the next couple of months include:

1. **More Youth Sailing – Jacobson Park, Tuesday evenings and Saturday afternoons through July.**
2. **A summer series RACE on August 1.**
3. **A summer series RACE on August 15.**
4. **The Grand Annual Regatta – LITE September 26.**

#### CRSA Cruise to Tahiti Postponed to June 23, 2021

The CRSA Cruise for 2020 has been postponed to June 23, 2021. There are a couple of spaces left on a first come-first served basis. For more information please contact the CRSA Cruise Director Merritt Wade at:

[CruiseDirector@caverunsailing.org](mailto:CruiseDirector@caverunsailing.org).

#### Possible Winter Cruise Coming

CRSA Cruise Director Merritt Wade is working on a possible cruise for sometime in December 2020 or January 2021. The destination will be at a location within driving distance of Lexington. Look for announcements coming sometime later this summer or early Fall. Obviously this cruise is dependent on how the coronavirus goes during the summer and fall. To help – WEAR YOUR MASK, WEAR YOUR MASK.

#### Frankfort Float

The Bluegrass chapter of America's Boating Club invites CRSA to a river trip. See details inside.

## Special Letter To the CRSA Membership

Due to generous donors, committed CRSAers, and hard-working board members, our club has been able to obtain and maintain several boats for our members to use. We are very fortunate on all accounts. However, with opportunity comes responsibility.

Sometime in the last few months someone grounded the Rhodes 22 which resulted in the swing keel and control lines being jammed up into the keel trunk. Whoever did this knows it, and did not report the incident to the Harbor Master, leaving the problem for someone else to deal with. Another sailor using the boat became aware of the problem and immediately dove the boat to see why the boat would not properly sail.

This situation required extreme time and effort to define the problem and resolve the issue: (1) the boat was SCUBA dived on two separate occasions to determine the cause and to try to pull the keel out of the trunk w/o success, (2) a club member spent half a day in this very uncomfortable weather disassembling the interior panels in order to examine the keel trunk from above, followed by a second team that went through the same procedure a few weeks later, (3) the boat was hauled one terribly wicked-weather day, and finally (4) the boat was jacked up off the trailer and the keel was finally pried loose on Saturday, July 11. Further, there is now a good-sized chip taken out of the keel.

*A prudent sailor* **MUST** know and be responsible for the grounding of any boat or any other damage that occurs while he/she is captaining the boat. The boat should be thoroughly checked inside and beneath as soon as possible for resulting damage. Even small cracks can lead to potential flooding of a boat when left unattended, with possible ancillary damage to electrical systems, wood, upholstery items, etc. Even if no damage can be readily observed, the incident **MUST BE reported** to the Harbor Master.

Users of club boats are required to check all systems on the boat before they take them out. This includes checking the standing rigging, running rigging, interior accoutrements, life jackets and throw cushions (required by regulation), ground tackle if you plan on anchoring, fuel, and motor mounts and fuel lines. Yes, parts do break with usage, and accidents do happen, *BUT there is no excuse for not reporting incidents.*

If everyone becomes a prudent sailor, we can keep these boats on the water for member use, and just as

importantly, to teach on. The latter is a major source of income for the club which helps pay for the slip, mooring balls, repair, and insurance for all the boats. Further, the \$100 suggested donation to the club to defray these expenses is a real bargain.

The vast majority of our members are responsible sailors and diligent users of our boats. Thank you all for being members of CRSA. We have a terrific club.

Hope to see you on the water,

**Valerie Askren**  
**Commodore**

**James Dinger,**  
**Cave Run Sailing School Director**

-----

The picture below is of the MainSHEET editor's son-in-law, Ethan Petersen, coming into the dock in his boat on the SF Bay. Ethan built the boat himself from a set of plans. It is made of cedar and various hardwoods and took three years to complete. There is no place to sit, it is meant to sail standing and solo. Believe it or not it even flies a spinnaker. The boat is so pretty in person it looks like something that should be up on your living room wall.



## 2020 Youth Sailing Starts With Good Weather

On July 7<sup>th</sup> CRSA's Youth Sailing program began teaching 7 to 12 year old future sailors about sailing. The program is offered at Jacobson Park on Tuesdays and Saturdays. Older students are welcome as well and use Sunfish boats. Younger students use the CRSA Optimus Prams.

The Youth Sailing program is currently the project of **Chuck and Kelly Emrich** who do a fantastic job. Providing lots of help are **Lou Trost, Dale Sturm, Sam Mohr, Valerie Askren** and **LOTS of great parents!!**

CRSA is always looking for help with these programs. If you have a chance grab your coronavirus safety equipment and join in on Tuesday evenings or Saturday afternoons. For information contact CRSA Youth Sailing Director **Chuck Emrich** at [YouthSailing@caverunsailing.org](mailto:YouthSailing@caverunsailing.org).



**Youth Sailing instructors and helpers wear CDC recommended and statewide mandated protective equipment.**



**Lou Trost readies a Sunfish.**



**Instructors check items in the cloud.**



**CRSA Prams are on shore ready for launching**



**Boats and sailors are finally on the water and look great!**

## CRSA Burgees On Sale \$35

Proudly display your membership in CRSA by flying a new Burgee. Burgees are in stock and available from the CRSA



Webmaster Kelly Emrich. Contact Kelly at

[Webmaster@caverunsailing.org](mailto:Webmaster@caverunsailing.org). Or even better you can order as many as you want on the webpage, [caverunsailing.org](http://caverunsailing.org), under the Club Store. These burgees make fabulous gifts for yourself or your sailing significant other.

## CRSA Attempting to Form Radio Controlled Sailboat Fleet



Several CRSA members are attempting to form a Radio Controlled (RC) Sailboat Fleet. The boat they are obtaining is the DragonForce 65. The boats are available on line and do take some assembly. Members have purchased these boats already. Some are assembled, some are artfully stored in the box. So far boat owners include Al

Lawton, Jim Dinger, Bill Jones, Mark Breeden and Lee Sutherland.

## Grand Annual Regatta – Lite for 2020 September 26<sup>th</sup>, 2020

Because of the problems with the pandemic CRSA is planning a Lite Grand Annual Regatta this year. The Regatta will be one day, September 26<sup>th</sup>. Unfortunately there will be no banquet, no

entertainment, no dinner and no regatta shirts. But there will be lots of racing. Participants are encouraged to bring their own food for the day and there may be a short picnic after the races. Please watch your email for possible changes from the description in this article depending on how things go with the pandemic.

## ASA Courses Available

CRSA is still offering ASA courses, but with pandemic guidelines. Descriptions of the courses are available on the American Sailing Association website. ASA 101, 103, 104 and others are available. Each comes with a certificate from ASA. For information please contact the CRSA Certified Sailing Director Jim Dinger at [ASAsailing@caverunsailing.org](mailto:ASAsailing@caverunsailing.org).

## CRSA Teaches Boy Scout Sailing Merit Badge for Troop 76

In May CRSA Vice Commodore Lou Trost organized a Sailing Merit Badge weekend for Scout Troop 76 with troop leaders David Curd and Tami Perkins. Lou had lots of help from **Tony Stansbury** who was instrumental in setting up the boats; **Stacy Westfall and husband** who ran the safety boat; the **Westfall boys – Hayden, Cooper and Oak** who were amazing helping on the water; **Chuck Emrich and his son Barrett**; and **Valerie Askren with help from children Emma and Walt Askren**.

Special thanks to all who participated in this event.

Here is a great pandemic mask for sailors,  
Courtesy of Steve Morris



## Bluegrass Chapter



## THIRD ANNUAL FRANKFORT FLOAT

**Paddle the Kentucky River in Downtown Frankfort on July 25, 2020**

**Launch at 10:00 am**

A great opportunity to get out of the house, be on the water and visit friends at a safe social distance. Join us for a relaxing paddle through scenic downtown Frankfort. We will launch at the Old Lawrenceburg Road Ramp upriver from downtown on Rt 420 (Old Lawrenceburg Rd) off the East-West Connector and paddle to the boat ramp at Benson Creek, a 2.8 mile trip. An additional trip up Benson Creek is also available for those who want a little more paddling. The launch site is easily accessed by taking the 127 exit (second Frankfort exit coming from Lexington on I-64) turning toward Frankfort, turning right on 676, the East-West Connector and left on to Rt 420 just before you cross the Kentucky River.

Canoe and Kayak rental is available from Canoe Kentucky or you can bring your own canoe or kayak. Contact Canoe Kentucky directly at 502-227-4492. (There is a group rate if you let them know before July 11, you are with America's Boating Club group). They will deliver you canoe or kayak to the launch site and pick it up at takeout. Shuttle service will be provided to take your vehicle to the Benson Creek boat ramp prior to our departure. If you are bringing your own canoe or kayak, please be at the launch site by 9:30am to unload and transport your car to Benson Creek. If you are renting a canoe, please be there no later than 9:30am so we can transport your car to Benson Creek.

After the paddle we will gather at the Benson Creek ramp for food, fun and fellowship at a safe social distance. Please bring a chair, something to eat and your favorite beverage. Due to COVID 19, no food will be provided. To ensure there are plenty of shuttle drivers, please register for this event with **Louise Lagrew at [louiselagrew@gmail.com](mailto:louiselagrew@gmail.com)**. Contact Louise by July 17<sup>th</sup>, 2020.



## Summer Sailstice Has Racing, Poker Run and Micro Raft Up

Late in June CRSA celebrated the Summer Solstice with its Summer Sailstice. Sailstices are held around the world near the longest day of the summer as a Sailors Celebration of the solar solstice event. **Valerie and Ben Askren** organized the entire event and it was truly a great day, and with social distancing.

A summer series sequence of races (try to say that three times after a couple of Margaritas) began the day. About 18 boats were on the water with lots of sunshine and even some wind. Typical of sailing on Cave Run, boats sailed into wind holes regularly. One of the really nice things was to have a fleet of sunfish boats captained by Junior Sailors joining in on the fun.

After the races the Poker Run took place which consisted of sailors going around the lake (sail or motor) to pick up playing cards from boats stationed in the water. The winner of the Youth Division was Cooper Westfall with a pair of queens. The winner of

the Adult Division was Stacey Westfall with three nines. No doubt the Westfall family is filled with card sharks. Impressive.

Just like real poker, the Poker Run required a small entry fee. After prize expenses, the profit was \$455 which all goes to CRSA Youth Sailing.

With the Poker Run completed several boats went back to raft-up around the committee boat, the Margaret Mary. Everyone stayed in their boat for eats and drinks. It was a very nice time even with social distancing.

Pictures from the day are on the following page and are from **Megan Meserve and Valerie Askren**. Thanks to both of them.

Special thanks to **Commodore Valerie Askren** for coming up with good ideas, superb organization and conducting events the entire day. As they say in those credit card commercials, she is "priceless."



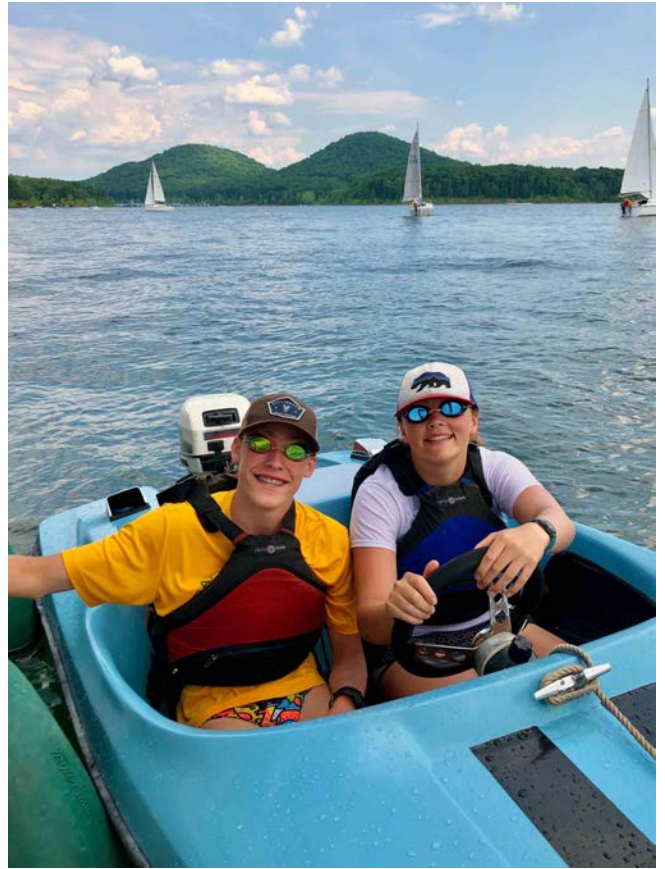
**Junior sailors held their own at the starts.**



**Cruisers flew colored jennies making for nice pics.**



**Ben Askren had a great time with close friends.**



**Twins Walt and Emma Askren helped with race marks in an old but really neat Tupperware boat.**



**Another really lovely sunset on Cave Run was on display after the days activities.**

Cave Run Sailing Association  
PO Box 256  
Lexington, KY 40588



This Issue of the  
MainSHEET is  
VOLUME 36 # 4  
July 2020

**WWW.CAVERUNSAILING.ORG**

The MainSHEET is published 4-8 times a year and distributed to members through email, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

-----  
The Cave Run Sailing Association is an **all volunteer,**  
**nonprofit** association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable and community service activities.

Membership Information can be obtained from Graeme Wilson at  
[Membership@caverunsailing.org](mailto:Membership@caverunsailing.org).

-----  
The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at  
[Mainsheet@caverunsailing.org](mailto:Mainsheet@caverunsailing.org). Special thanks to Valerie Askren, Lou Trost and others for articles and/or pictures.

#### CRSA 2020 Officers

Commodore	Valerie Askren	<a href="mailto:Commodore@caverunsailing.org">Commodore@caverunsailing.org</a>
Vice Commodore	Louis Trost	<a href="mailto:ViceCommodore@caverunsailing.org">ViceCommodore@caverunsailing.org</a>
Rear Commodore	Mark Breeden	<a href="mailto:RearCommodore@caverunsailing.org">RearCommodore@caverunsailing.org</a>
Treasurer	Michael Jones	<a href="mailto:Treasurer@caverunsailing.org">Treasurer@caverunsailing.org</a>
Secretary	Ken Ruhl	<a href="mailto:Secretary@caverunsailing.org">Secretary@caverunsailing.org</a>
Certified Sailing	Jim Dinger	<a href="mailto:ASAsailing@caverunsailing.org">ASAsailing@caverunsailing.org</a>
Cruise Director	Merritt Wade	<a href="mailto:CruiseDirector@caverunsailing.org">CruiseDirector@caverunsailing.org</a>
Harbor Master	Brad Leslie	<a href="mailto:Harbormaster@caverunsailing.org">Harbormaster@caverunsailing.org</a>
Membership	Graeme Wilson	<a href="mailto:Membership@caverunsailing.org">Membership@caverunsailing.org</a>
Newsletter	William Lubawy	<a href="mailto:Mainsheet@caverunsailing.org">Mainsheet@caverunsailing.org</a>
Social Director	Molly Sutherland	<a href="mailto:SocialDirector@caverunsailing.org">SocialDirector@caverunsailing.org</a>
Webmaster	Kelly Emrich	<a href="mailto:Webmaster@caverunsailing.org">Webmaster@caverunsailing.org</a>
Youth Sailing	Chuck Emrich	<a href="mailto:YouthSailing@caverunsailing.org">YouthSailing@caverunsailing.org</a>

The MainSHEET