

Newsletter of the CAVE RUN SAILING ASSOCIATION

From the Commodore

"Sail more and worry less" was my New Year's resolution. 2013 is working out fairly well for the sailing part but ironically most of the worry is generated by the employment that supports the sailing habit. So far I have gotten to enjoy the Hospice Regatta Alliance Nationals, introduce sailing to some enthusiastic students, experienced my first gale in the Chesapeake and done some club racing.

I am looking forward to the second half of the summer race series, teaching some ASA courses and our Charity and Grand Annual regattas.

Charity Regatta - Sept 15, 2013 If you have a sailboat that floats come out to the Charity Regatta on September 15th, it's about having a good sail to support the Lexington Speech and Hearing Center. We'll be hosting the Catalina 22's regional championship as part of our Grand Annual on October 4th through 6th. We should have a good crowd and a good time.

Mountain Mama Hospice Regatta - August 23-25, 2013

The third annual Hospice Regatta will be on Summersville Lake on August 23rd to 25th. We have provided the Race Committee for the past two years and had five boats participate last year. It is a very good opportunity to do some trailer sailing and enjoy sailing in the mountains of Fayetteville. Notice of Race is posted on our web site. Looking for some Race Committee members and trailer sailors.

Dave Davison, Commodore

GIRL SCOUTS SAILING: JULY 15-18 (Monday-Thursday)

CRSA will, again this year, be spreading the love of sailing, by helping Wilderness Road Girl Scout Council get the Scouts of Camp Judy Layne onto Cave Run Lake, in Barnett 14 sailboats (similar to Sunfish) owned by the Camp. This will be the third year that CRSA members have helped. We hope that YOU will be able to volunteer this year. All levels of help are needed. If you can find the time, we can find an easy useful job for you to do, and a near-by air-conditioned cabin awaits you when the "day is done" (courtesy of Steve and Di Morris). The sailing instruction will take place at the Clay Lick Boat Launch area about 10 miles around the Lake from the Cave Run Marina, in a beautiful, peaceful cove, not far from Camp Judy Layne. Coordinates are 38° 3.537 N and 83° 27.911 W. Charlotte will provide driving instructions to all volunteers for both the sailing instruction area and the cabin for staying overnight if you wish.

In the mornings - from about 9-12, the Girl Scout members of the Camp's unit dedicated to sailing will get instructions and practice actually sailing themselves. In the afternoons - from about 1-3:30, all the general camp units will rotate through a mini sailing experience, spending part of their time being taken sailing, part of their time enjoying swimming, and the rest using the slide on the MMII. The Camp provides a life-guard and Camp adults and youth counselors who are now somewhat familiar with sailing. These adults and youth counselors will spend Sunday evening getting the new Scouts oriented to the Barnett 14s, so they will be ready for us Monday morning. The Camp will also provide a chase boat to go around helping the student sailors.

IF YOU CAN HELP IN ANY WAY, ON ANY DAY, OR PART OF A DAY, PLEASE CONTACT CHARLOTTE AND BILL LUBAWY AT 859-273-1591 or 859-494-1340, or Lubawy@insightbb.com. All the volunteer CRSA instructors who helped last year enjoyed the experiences tremendously. If you can help this year I am sure you will enjoy it too. **THANK YOU!**

Charlotte Lubawy, Girl Scout Sailing Instruction Coordinator

First CRSA Bowling Night

We rolled in the summer at Southland Lanes in Lexington. Several members were able to make it. We occupied 3 lanes and trash talking began, Ha. Everyone was exceptional, considering most had not bowled in many years. After several games and two hours of intense competition we sat around talking and looking forward to the next event. We hope to grow this event with another outing for July. Hope to see you there!!!!

Alex Acosta, Social Co-chair



CRSA Bowlers actually took turns throwing the balls, although it looks like they are ready to go at once.

For Sail

25' 1974 MacGregor Venture in excellent condition.

Features:

- Brand new 2013 Mercury 9.9 electric start 4-stroke motor.
- Retractable keel, boat is trailerable, trailer is included.
- Includes slip at Scott's Creek Marina.
- Sails: Main; Jib; Genoa, all in good condition.
- Includes solar trickle battery charger; life-preservers; horn.



Serious inquiries only. Will meet at dockside. Contact Tom Martin at 859-494-3469 or tmartin1949@gmail.com or Sheila Kenny at 859-552-8191 or sheilabkenny@gmail.com.

Spinnaker Sock - used sparingly, like new. Sized for the spinnaker on a 22-25 ft boat. Looks just like it did when it came out of the box. Original price \$175. Asking \$90. Contact Bill Lubawy 859-619-7942 or Lubawy@uky.edu.

ASA Classes Receive High Interest

Every year since 2007 when the club invested in the development of ASA instructors the interest among members has been very high for ASA classes. The club saw this as a way to raise the sailing skills of the membership and provide members with opportunities to participate in other cruising venues by renting, i.e., bare boating. It was thought that this would be one more incentive to grow and maintain a well trained membership. Since starting the School over 100 certifications have been given for ASA 101 and 103 so these decisions were right on target.

It was expected that there would be a critical mass of interest and once satisfied the number of students enrolling in ASA courses would taper off. This has not been the case. This year we have a record number of students taking the entry-level course, ASA 101, Basic Keelboat. There are 17 students seeking certification in ASA 101. Several of these plan to continue with ASA 103, Basic Coastal Cruising. We have also received inquiries for ASA 104, Advanced Coastal Cruising, and ASA 105, Coastal Navigation.

Cave Run Sailing Association serves as one of the 300 affiliates of ASA. Our school is listed on their website, www.American-sailing.com. CRSA is easily identified as for sailing classes when one does an internet search. This has been beneficial in locating many new members who wish to experience our beginning sailing class, and those interested in ASA coursework. The beginning class comes with a free first year of membership. People who have some sailing experience and want to take ASA courses must be CRSA members. That does not appear to be a barrier as the majority of ASA students joined so that they could register for the class. CRSA class fees are kept at a very reasonable level compared to other schools. We view this as a significant membership benefit. An additional benefit offered by CRSA is that being certified at the ASA 101 level qualifies the individual with the minimum skill required to rent the CRSA sailboat, Miss Kelly.

The Club truly appreciates our ASA instructors who unselfishly give their time to teach, examine, and certify students in ASA courses. They use their own boats, and may commit 12 hours of their time to certify 2-3 students over a weekend. ASA 101 is taught at Cave Run Lake, but students must travel to Kentucky Lake to complete ASA 103 so travel and boat maintenance are also factors. This summer's commitment is exceptional. We also are grateful to Past Commodore Ed Puterbaugh who has allowed our use of a classroom at his business facility, BizCards Today.

Cliff Hynniman, CRSA Sailing Schools Director



Left to Right: ASA Instructor Qualifier, Captain Lenny with CRSA-ASA Certified Instructors Sam Moore, Mark Arnold, Jim Bugay, Cliff Hynniman, Dave Davison, and Jim Dinger. Not pictured is Jeff Lagrew.

April 20th Race Brings Out the Hardy

The first CRSA race of the year was heart pounding. The sky was beautiful but the wind was blowing at 20 with gusts almost to 30 and the temps seemed like they would freeze Gin and Tonics. Nevertheless six boats came out and all the racers had an absolutely great time. From the pictures we hope you can get an idea of the excitement, and the day.



Racers posed for a group pic at the captain's meeting.



Even dressed this way the RC felt "refreshed".



To stay warmer next time the RC bought this boat on the CRSA credit card.



Starts were tight all day.



Brad Leslie "barked out" orders to his crew. They could "smell" victory better than any other sailors.



The second race start was tight as well



Hagan's had good sail shape.



The after race social provided welcome food.

Report on the Beginning Sailing Classes Held May 7, 9 and 11, 2013

We had 23 individuals register for the CRSA Beginning Sailing course. Classes went well and were held at BizCards Today through the courtesy of former Commodore Ed Puterbaugh. Cliff Hynnuman helped with registration and instruction, and Mark Breeden came to both the Tuesday and Thursday classes to help with instruction, especially with tying knots. By the way Mark is now working on making much needed repairs to the model boat we use for the lessons.

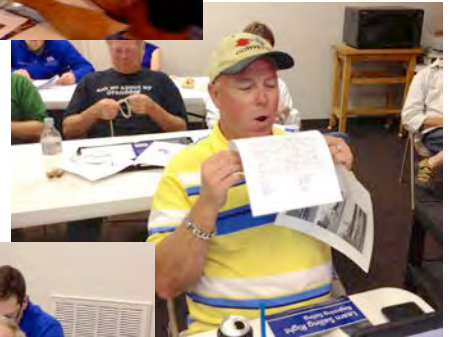
On Saturday we were lucky enough to have 8 CRSA members help with the on the water lab. They were:

Ben Askren
Mark Breeden
Matt Colker
Dave Davison
Jim Dinger
Dave Duncan
Chuck Emrich
Bob Hagan

A special thanks to these 8 captains who volunteered their time, and boats, to take our students out for "on the water instruction."

Numerous students made comments thanking CRSA for providing the classes and indicating how much they learned and enjoyed the day. This is despite the fact that it was cold, cloudy and misted much of the morning. Among the beginning class there are 5 boats and two people who are looking for boats. Hope we see them all on the lake.

Bill Lubawy, CRSA Beginning Sailing Chair





A TALE OF TWO BOATS

Upper Chesapeake Bay Cruise, May 24-28, 2013

The plan was to charter the 41' sloop *Flying Cloud* at Annapolis and meet up with Brad Leslie's Boat *Grip Fast* at St. Michaels. St. Michaels is 25 nm south of Annapolis and 50 nm north of Heathsville, VA where Brad docks his boat. Brad would take two days sailing north and *Flying Cloud* would take one day to reach St. Michaels.

The crew of *Flying Cloud* included Dan Geiger, Shayne Ison, and CRSA Treasurer Melanie Wales and husband Jonathan. *Grip Fast* was crewed by Harbor Master Brad Leslie and wife Donna, two Leslie children, Commodore Dave Davison and Charlie Denham.

A good captain changes the plan to accommodate changing conditions which is what Brad did when he met 40 knot headwinds sailing north to St. Michaels. After spending the day in 8' seas and making 2 knots headway, he determined that continuing north was impractical and he returned to port. The next day, exceptional tides and wind left *Grip Fast* stuck in the mud at the slip.

Based on the tide tables, Brad left port at 5:00 AM during high tide and made it out of the marina. *Grip Fast* changed the plan again and headed south to visit historic York Town and then Tangier island before returning to Heathsville.

Flying Cloud was able to stay on plan, enjoying 25 knot tail winds sailing to St. Michaels. That evening we toured the colonial village and enjoyed soft shell crab, which was in season.

The next day we set sail for the 45 nm trip to the Baltimore Inner Harbor. We had great sailing with a 20 knot beam wind for the first half of the trip and motored into a head wind for the second half. We enjoyed the holiday crowd at the Inner Harbor and a fine meal at the marina restaurant, the Rusty Scupper.

The last day the wind died off and we motored most of the way back to Annapolis. We toured the Naval Academy that evening as well as the historic part of the City.

Each day provided great weather with no significant rain and nice temperatures. New cruising sailors Shayne, Melanie and Jonathan increased their skills with plentiful steering time as well as navigation, sail handling and docking experience. *Flying Cloud* performed perfectly as we enjoyed the boat's central heat and A/C.

A good time was had by all.

Dan Geiger, Cruise Director, Trip Leader and Captain



The *Flying Cloud* crew in port, Dan Geiger, Jonathan and Melanie Wales and Shayne Ison.



New cruiser Shane Ison man's the jib sheet early in the cruise. The weather started out very cool before turning to Goldilocks days i.e. "just right."



New cruising sailors Melanie and Jonathan Wales take the helm on the Chesapeake Bay Cruise.



Dan Geiger doing the first and most important job on a CRSA cruise and that is hoisting one of the CRSA giant burgees that allow the boats to keep visual track of other.



The view coming into Baltimore's Inner Harbor was just stunning.



Motoring toward Baltimore's Inner Harbor with the large bridge in view.



The view entering the harbor was stunning.



Jonathan and Melanie Wales at the parade grounds of the US Naval Academy at Annapolis.



John Paul Jones remains are below a church at the Naval Academy. His tomb is a replica of the one holding Napoleon's body in Paris.



A midshipwoman gives new recruits a tour of the Academy.



Museums at the Academy display models of old sailing ships that were donated by a private collector.



Some models were carved out of bone. Really an interesting place to visit.

Catalina 22 Regionals Gathering of Angels or a bar-fight! It could go either way! Probably a little of both!

The Regional's (4) of Catalina 22's will be at our Grand Annual Regatta on October 5th and 6th. Our regatta is part of the GRIN (great racing in the north) series and is dedicated to increasing racing thru out the north, showing people it can be fun and competitive and of course making new friends who enjoy racing and the social life.

The series will include regattas from OH, MI, IN and KY. Below is the 2013 Region 4 Racing Schedule for 2013.

--May 18-19, [St. Mary's Boat Club](#), C 22 Regatta, Grand Lake, St. Mary's, OH

--June 29-30, [Fleet 130](#), Showdown in Motown Regatta, Lake St. Clair/Mt. Clemens, MI

--September 14-15, [Eagle Creek Sailing Club](#), Governor's Cup, Indianapolis, IN

--October 5-6, [Cave Run Sailing Association](#), Grand Annual & C22 Region 4 Championship, Morehead, KY

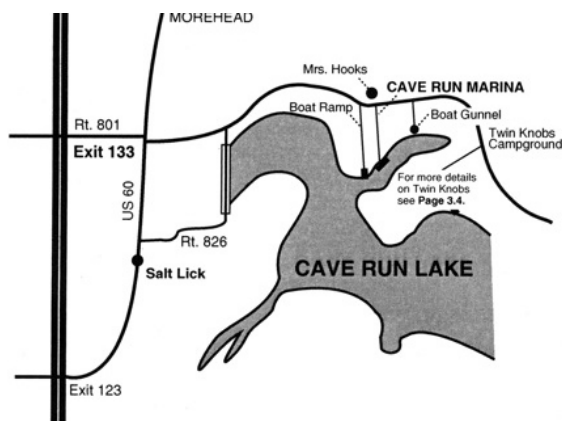
As you know, racing is down in numbers of boats and we owe a lot to the off-lake racers who come to our lake to make our event a bigger success both in the numbers and the friendly after race social activities. Racing creates stories, not all true but adds LORE to our lives- like one year dropping the windward mark in 4 foot of water covered with grass...Owls sweeping down out of the night to scare sleeping racers, talking ourselves out of trouble with the rangers, nakedness due to ... well that's a different story... This adds color to our sometimes black and white lives!

So let's welcome our fellow sailors. Sail fast. Be competitive. Give them a great memory to tell others the fun time they had in Kentucky.

See you on the line. Full speed. Clear air. Good position and on time.

Chuck Emrich, avid C-22 racer and CRSA member

Want to Crew During a Race? Show Up!



Come to the Captains' meeting held every race Saturday at 11:00 AM in the Boat Ramp parking lot right across the road from Mrs. Hooks.

More Information:

September 15th 2013 CRSA-Psi Iota Psi Charity Regatta

This is a FUN regatta with all the proceeds going to the Lexington Speech and Hearing Center. It is a chance for casual racing and especially for beginners to learn a little more about racing procedures and strategies. The day begins with a breakfast from 8:30 AM to 10 AM, and a skippers meeting at 9:30. An after race meal is also provided. The important thing is that the women of Psi Iota Psi do most of the fundraising by obtaining boat sponsors and CRSA provides the sponsored boats and captains. If you would like to sponsor a boat, you are most welcome, but what is needed as well are boats and captains. Watch the website and your email for more information, registration and sponsor information etc. The location of the breakfast (usually at the Boat Gunnel Shelter or at the Campground West Group Use Area) and the after race meal will be announced, along with an updated schedule. Put this date on your calendar now.

August 23rd to 25th West Va. Charity Mountain Mama Regatta

Held at Summersville Lake, West Virginia

CRSA is again partnering with the Sewell Mountain Sailing Association for a charity regatta planned entirely by SMSA. Although the race begins on the 24th there will be a welcoming BBQ on the Friday the 23th for early arrivals. All activities will begin at the beach/picnic area on Summersville Lake Battle Run Park adjacent to the boat ramps. A separate registration for this race is required.

On Saturday the 24th registration begins at 8:00 AM, Skippers Meeting is at 9:30 and racing begins at 11:00 AM. More information, places to stay and some descriptions of the area are available by clicking on the Mountain Mama Regatta on the bottom of the CRSA homepage and through soapysails.m.webs.com. Each will give you different information. For more information contact Bob Richards at soapysails@gmail.com or Commodore Dave Davison at davidD2407@aol.com.



This is a picture of a stunning boat at the 2012 Charity Regatta. The captain is reported to be tall, dark, handsome, charming and modest!

Tourist-ing Along the Chesapeake Bay

Earlier this summer four CRSA members sailed the on a cruise around the Chesapeake Bay. The following were some of the stops:



Boarding the boat at its berth in Callao VA.



Because of high winds and cool temps sailing the first day was delayed and it was spent at Colonial Williamsburg.



Street "plays" were put on throughout the day all with various themes. Here is an engagement.



Period costumed people were everywhere. This is one person watering a garden.



Jim Dinger talked a passerby into scraping the propeller to increase boat speed. Charlotte Lubawy and Prince Dinger tried to keep him. Notice Prince's grin.



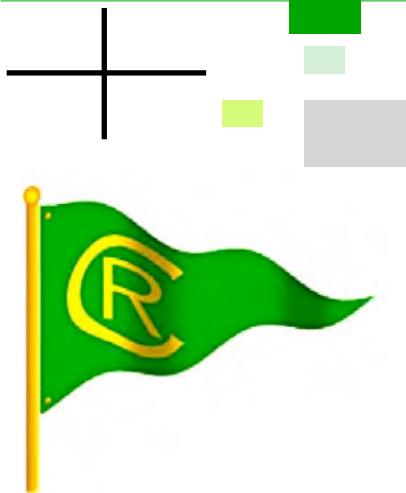
Solomon Island was the second stop. The museum had a relocated light-house.



St. Michaels has a maritime museum totally different from the one on Solomon Island.



Some of the museum displays involved restoring old boats used in the Bay. It was a great trip.



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The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to 1. promoting both leisure and race sailing, 2. conducting sailing education classes, 3. providing a forum for good will and social activities among those interested in sailing, and 4. participating in charitable activities. Membership Information can be obtained from Sally Shafer at membership@caverunsailing.org.

TO RENEW YOUR MEMBERSHIP: An electronic membership form is now available at the website caverunsailing.org.

Go to the website > membership tab > online form.

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