

CRSA Continues to Use Updated Website

CRSA will continue to use its website, revamped last year courtesy of Webmaster Chris Bollinger. The site, CAVERUNSAILING.ORG, has loads of information about CRSA and its activities. AND best of all it is the most up to date place for getting information on CRSA activities and any last minute changes in activities. If you have suggestions for website improvements, or things you would like to have considered for inclusion, contact Chris at webmaster@caverunsailing.org.

Renew Your Membership Now

If you have not already, please renew your membership on the CRSA homepage. Go to caverunsailing.org > renew membership > forgot password (if you did). Your email address is your User ID. If you have any problems email Steve Morris at membership@caverunsailing.org.

Two Upcoming Socials

CRSA has two upcoming socials. Mark your calendar.

1. TRIP TALES: Thursday February 25th 18:30 EST at Lakes Edge Clubhouse. The program will feature information on Cave Run Lake from its construction to places to anchor overnight to eagles nest areas to favorite swimming areas. **PLEASE RSVP** on the website, caverunsailing.org so Ted can make arrangements for food.
Location: Lakes Edge Clubhouse, 2414 Lake Park Rd., Lexington. See page 4 inside for directions.

2. MEMBERS AND FRIENDS SOCIAL: Sunday April 10th 15:00-17:00 and Al and Ruth Lawton's. This is a great spring outing to reacquaint yourself with fellow CRSA members and friends. Bring potential members and some hors d'oeuvres to share. **BYOB. PLEASE RSVP** on the website, caverunsailing.org. Directions to Al's will be provided when you register.

For questions on both socials contact CRSA Social Chair Ted Brandewie at social@caverunsailing.org or 859-699-6666.

2016 CRSA Officers

Commodore: Bill Lubawy
commodore@caverunsailing.org
Rear Commodore: Mark Breedon
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Letter From The 2016 Commodore That Is An Incredible Sailing Club!

I am really happy to serve as Commodore for 2016 and wanted to relay a little story of something that happened to me the end of January. My wife Charlotte and I have the good fortune of being snowbirds in Tucson this winter. Playing tennis 2, 3 or 4 times a week outside has been wonderful. The mornings are a little cool and frequently I wear a long sleeve shirt on



the tennis court until it warms up. One day I was wearing that gorgeous 2015 CRSA Grand Annual Regatta shirt and was asked what was CRSA and if I actually sail (since the back of the shirt says "Stay Calm – Sail On"). I took a minute after saying yes we indeed sail to and to provide a few

details about CRSA i.e. racing, overnights and socials, sailing classes and off the lake cruises. The question came back where are the cruises. "Well my wife and I have been on cruises out of Key West, the BVIs, the Chesapeake Bay, the east coast of Spain for the America's Cup, the North Channel of Lake Huron, the eastern coast of Italy, the western coast of Croatia, and the eastern coast of Maine. But we missed cruises to the Cote d'azur, the Hawaiian Islands, the Malts cruise along the coast of Scotland, and the Solomon Islands because we were busy" I said. The comment from four guys came back "**THAT IS AN INCREDIBLE SAILING CLUB!**" The comment made me think.

We frequently take CRSA and Cave Run Lake for granted. Yet if Charlotte and I did not have CRSA and Cave Run Lake our lives would be a lot less fun. We took overseas trips we never would have taken without CRSA, we met many of our best friends through CRSA, and we have spent an incredible amount of time just sliding through the water during lovely afternoons followed by

spending overnights on the boat at Cave Run Lake.

So my message to you is **DO NOT TAKE CRSA FOR GRANTED**. If you have been a member think about all the good times you have had and the potential for even more. Renew your membership now or join CRSA if you are not a member. Then take advantage of the things CRSA has to offer. Take a look at this year's projected calendar and enjoy our activities as much as you can. If you join and participate you too are likely to say "**THAT IS AN INCREDIBLE SAILING CLUB!**"

Bill Lubawy, 2016 Commodore
Commodore@caverunsailing.org.

Teenagers Need A Day of Sailing. We Need You (And Your Boat)!

CRSA is considering a special program with **The Sea Cadets**, a division of the Navy that trains teenagers during high school to become leaders. They have requested our help in providing more on the water training and beginning sail activities. This could be a large group of as many as 30 to 40 young people and we need captains and boats on either July 23 or 24th to take them out for a turn at the tiller... If you can volunteer your time and boat please respond today by calling Chuck Emrich at 859-270-2199 or email at emrich@aol.com. If you can assist we need your help!

Doing Anything Related to Sailing? Tell Us About It

The editor of the MainSHEET is always looking for things that may be of interest to CRSA members. If you have anything contact Bill directly at: Mainsheet@caverunsailing.org.



CHESAPEAKE BAY CRUISE

May 27-31, 2016

Sail historic Chesapeake Bay on Memorial Day weekend on a 44' 2013 Jeanneau DS with 3 cabins and 2 heads to accommodate 6 crew. The boat is at Norton Yacht Charters in Deltaville, VA. If we have more than 6 crew, Al Lawton has offered to use his 34' Cape Dory at no cost to the Club. Dan and Al, if his boat is used, will be captains.

This cruise is intended for experienced and new sailors. It is a good opportunity to try cruising for a short 3 days in the generally (but not always) calm Chesapeake Bay. The Club uses the cruise to provide new sailors with training opportunities from the more experienced. Perform sail handling, steering, dock line handling, navigation, and cooking in a boat galley or just enjoy being on the water.

Itinerary:

Friday, May 27- Travel to Deltaville, sleep aboard.

Saturday, May 28- Sail to Reedville, walking tour of Reedville, spend the night docked at the Crazy Crab.

Sunday, May 29- Sail to Tangier Island, walking tour of the island, spend the night at the marina.

Monday, May 30- Sail to Deltaville, sleep aboard.

Tuesday- May 31- travel home

Breakfast, lunch, bottled water and snacks are included and will be on board. Dinners will be in restaurants at your cost. We will visit a super market in Deltaville upon arrival Friday night. Crew can purchase drinks of their choice.

Included: Sail boat charter, refundable damage deposit, insurance, fuel, pump out fee, dock fees, breakfast, lunch, snacks, bottled water.

Not included: Travel to and from the Bay (we will organize a car pool), restaurant meals, soft drinks, adult beverages.

Cost: Based on 6 crew, 2 per cabin, \$520 plus a \$250 damage deposit. If there are fewer than 6 crew, the cost will increase. If there are more than 6 crew the cost will decrease due to Al Lawton providing his boat at no cost. Membership in CRSA is required

Payment Schedule: Deposit to reserve a slot- \$300. Final payment of \$220 plus the \$250 refundable damage deposit- April 10. If the cruise is cancelled due to low attendance, all money will be refunded. No refunds after April 15.

Cabin assignment preference is based on the order in which deposit checks are received. Payment can be made through the website (via pay pal using a credit card). Mail checks made out to CRSA to Dan Geiger at 1880 Ft. Harrods Dr., Lexington, KY 40503-5403

Contact Dan at dangeiger17@gmail.com or 859-797-4212.



ITALY WINE AND CUISINE

FLOTILLA CRUISE

October 8-15, 2016

This is a Sunsail flotilla cruise which starts and ends at the island of Procida, Italy which is on the west coast near Naples. We will visit four wineries where we will tour the winery and enjoy a wine tasting and buffet meal. The cruise price includes transportation to the wineries as well as the wine and food.

Sunsail flotillas are a group of 6-10 chartered boats accompanied by a lead boat. The lead boat is provided by Sunsail and has a multilingual captain, repair technician with parts and tools and a social director who will organize shore events. There is a planned itinerary, but each boat is free to choose its own course and explore other spots during the day. Sunsail provides reserved berths at each port and the lead boat crew provides assistance as needed.

This cruise is intended for experienced and new sailors. The route is coastal sailing with line of sight navigation. The captain of the first boat will be Dan Geiger. If there is enough interest we can charter additional boats. For more info, www.sunsail.com/flotilla-sailing/wine-and-sail/italy.

Itinerary: Oct. 8- Arrive at Procida Island from the Naples airport. Board the boat after 1800. Oct. 9- Ischia, Oct. 10- Capri, Oct. 11- Cetara, Oct. 12- Salerno & Agropoli, Oct. 13- Amalfi- Positano, Oct. 14- Punta Campanella & Procida, Oct. 15- Off the boat by 0900.

Breakfast, lunch, bottled water and snacks are included and will be on board. Dinners will be in restaurants at your cost (except for the winery tours which are included). You may cook your own dinner aboard if you wish. We will provision as we sail, most ports will have markets. Crew can purchase soft drinks and adult beverages of their choice.

Included: Sail boat charter, winery tours, flotilla fee, refundable damage deposit, insurance, fuel, pump out fee, dock fees, breakfast, lunch, snacks, bottled water. The boat we have chartered is 43 feet with 4 cabins and 2 heads. Costs are based on 2 persons per cabin and a total of 8 crew. Cabin assignments are based on the order in which deposit checks are received.

Not included: Travel to and from Procida, restaurant meals, soft drinks, adult beverages. Air fare round trip from Lexington to Naples is approximately \$1600. You will also need to pay for travel from the Naples airport to the ferry and the ferry to Procida.

Cost: Based on 8 crew, 2 per cabin, \$520 plus a \$210 damage deposit. If there are fewer than 8 crew, the cost will increase. Membership in CRSA is required.

Payment Schedule: Deposit to reserve a slot- \$300. Final payment of \$220 plus the \$210 refundable damage deposit- June 30. If the cruise is cancelled due to low attendance, all money will be refunded. No refunds after June 30.

Payment can be made through the website (via pay pal using a credit card). Mail checks made out to CRSA to Dan Geiger at 1880 Ft. Harrods Dr., Lexington, KY 40503-5403

Contact: Dan dangeiger17@gmail.com or 859-797-4212.

For insurance purposes all CRSA Cruise participants must be 2016 CRSA members in good standing.

Trip Tales One in January

CRSA held its first Trip Tales in January at the Lakes Edge Clubhouse. IT was a real party. Ted Brandewie out did himself with the arrangements - middle eastern food from one of his favorite restaurants. Great job Ted with all the planning and set up, too. AND for providing some pictures

There were about 30 people - 5 of whom were on the cruise we were talking about. The audience was mixed, ranging from 'never been on a cruise' to old pros. Everyone mingled and made new acquaintances. There were lots of questions, and good exchange of knowledge and interests.

Charlie Denham and Molly Sutherland (old salt and very new sailor) both did engaging parts of the presentation on last years BVI Cruise. Sally Shafer added loads of pictures and information. The evening worked well with 3 different perspectives on aspects of the same trip. It also kept the audience heavily engaged with the swapping presenters.

CRSA gives a special thanks to Charlie Denham, Molly Sutherland and Sally Shafer (who provided the information for this article).



CRSA members enjoy some food before the presentations.



Molly describes the sailing and the touring.



Charlie describes details involved in chartering.

Directions to Lake's Edge Clubhouse For Trip Tales Socials

Address: 2414 Lake Park Rd.

From downtown Lexington or UK:

Head out of town on Richmond Road until you almost get to New Circle. When you pass the Central Bank, Applebee's, the big new Southland Church, and Newk's on your left, and a Fire Station and the Water Company on your right, you're getting close! You'll next see the water on your right. Just BEFORE the Shell station on your right, turn RIGHT onto Lake Park Rd. Follow the winding road to the back and veer right to the gate. Ted Brandewie (859) 699-6666 will be there to open the gate or will have a code for you to open it. After passing through the gate, turn left, then right, and the clubhouse will be on your right (it's the only 1 story building around).

From outside New Circle Road:

Go to the Richmond Road exit and turn TOWARDS downtown. James Mercedes dealer will be on your left, and then a Shell station, turn LEFT onto Lake Park Rd just before the water. Follow the winding road to the back and veer right to the gate. Ted Brandewie (859) 699-6666 will be there to open the gate or will have a code for you to open it. After passing through the gate, turn left, then right, and the clubhouse will be on your right (it's the only 1 story building around).

CRSA Members Mark Your Calendar for the Beginning Sailing Water Lab, Saturday May 21, 10-4.

CRSA Members please mark your calendars now for the Beginning Sailing Water Lab on Saturday May 21 from 10-4. We will meet at the Marina to take Beginning Sailing Students out on the water for two sets of practice sails.

CRSA Board Meets and Sets Calendar for 2016

The CRSA Board met the end of December, and in January, to set the tentative calendar for 2016. Most members of the board are pictured in the photo to the right. A list of the activities for the year are included below. Activities are color coded for socials, races, classes and cruises. Updates, and sometimes more information, will be listed on the website – caverunsailing.org.

The CRSA Board took advantage of some technology for their meeting with board members from West Virginia and some snowbirds in Arizona participating through Skype.



2016 CRSA Tentative Calendar Socials , Classes , Cruises , Races				(See website: caverunsailing.org for updates and more details)	
DATE	DAY	EVENT	LOCATION	CONTACT	
Jan 28	Thurs	Trip Tales 1	TBA	Social@caverunsailing.org	
Feb 25	Thurs	Trip Tales 2	TBD	Social@caverunsailing.org	
Feb 5-7	Fri-Sat-Sun	ASA105 Coastal Navigation	Lakes Edge Clubhouse	ASAsailing@caverunsailing.org	
Mar 19	Sat	Brass Monkey Race 1 11:00	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org	
April 9	Sat	Brass Monkey Race 2 11:00	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org	
April 10	Sun	Spring and New Member Social 3:00-5:00	Al and Ruth Lawton's	Social@caverunsailing.org	
April 23	Sat	Brass Monkey Race 3 11:00	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org	
May 14	Sat	Summer Race Series 1 11:00, Race Social	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org	
May 17, 19, 21	T, R, S	Beginning Sailing T,R 6:30-8:30 pm, S 10-4	TBD, Sat lab at Marina	beginningsailing@caverunsailing.org	
May 27-30	F thru M	Chesapeake Bay Cruise	Chesapeake Bay	Cruisedirector@caverunsailing.org	
June 4	Sat	Summer Race Series 2 11:00, Race Social	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org	
June 11	Sat	Summer Race Series 3 11:00	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org	
June 18 - 19	Sat - Sun	Sailstice Raft Up and Super Social	Mooring Field	Social@caverunsailing.org	
June 25	Sat	Summer Race Series 4 11:00, Race Social	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org	
July 5-30	Tues and Sat	Youth Sailing Tues 6:30 pm, Sat 11:00 am	Jacobson Park	Youthsailing@caverunsailing.org	
July 10-14	Sun - Thurs	Girl Scout Sailing	Cave Run Lake	Youthsailing@caverunsailing.org	
July or Aug	Sun	Summer Social	TBD	Social@caverunsailing.org	
Aug 13	Sat	Summer Race Series 5 11:00, Race Social	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org	
Aug 20	Sat	Summer Race Series 6 11:00	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org	
Aug 27-28	Sat - Sun	Mount Mama Regatta	Sewell Lake West VA	Vicecommadore@caverunsailing.org	
Sept 10 and 11	Sat	Summer Race Series 7 11:00, Raft Up	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org	
Sept 11	Sun	Charity Regatta	TBD	Vicecommadore@caverunsailing.org	
Sept 24	Sun	Summer Race Series 8 11:00	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org	
Oct 1 and 2	Sat - Sun	Grand Annual Regatta	Shelter at Cave Run	Vicecommadore@caverunsailing.org	
Oct 8-15	Sat - Sat	Italy Wine and Cheese Flotilla	Procidia, Italy - near Naples	Cruisedirector@caverunsailing.org	
Nov 12	Sat	Awards Banquet 6:00	TBD	Social@caverunsailing.org	

Sally Shafer took the picture below in January. Notice the “Boat Loans” sign! Thinking ahead?





2015 CRSA Awards Banquet

CRSA held its Annual Awards Banquet in November at Spindletop Hall.

Arrangements were made by Social Chair Ted Brandewie and lovely table decorations were done by Sally Shafer. The Chanticleer Ensemble provided lovely singing entertainment. The Brandewie Cello Group provided sophisticated background music during the Reception and Dinner.



Sailing awards were presented to:
Brad Leslie – Charlie Jett Award, Donna Leslie – Outstanding Crew, Chris Bollinger – Commodore's Award and Jim Dinger – Past Commodore's Award.

Season racing trophies were also presented to Mark Breeden, Chuck Emrich, Bill Lubawy and Chris Bollinger.

A lively auction was run by CRSA Master Auctioneer Al Lawton. It was a very nice culture raising evening for all.

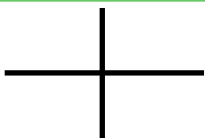




**More 2015 Awards
Ranquet Pictures**



Facebook Invite. If you are on Facebook, please consider joining Cave Run Sailing's Friends Group. Find out when other members will be at the Lake, and tell them when you will be at the Lake. Share tips. Ask questions. Collective knowledge is powerful. Be available to answer other Friends' questions. It's easy. Just go to "Find Friends", type in Cave Run Sailing Association, and request Friends status. Then enjoy.



The MainSHEET is published 4-8 times a year, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable activities.

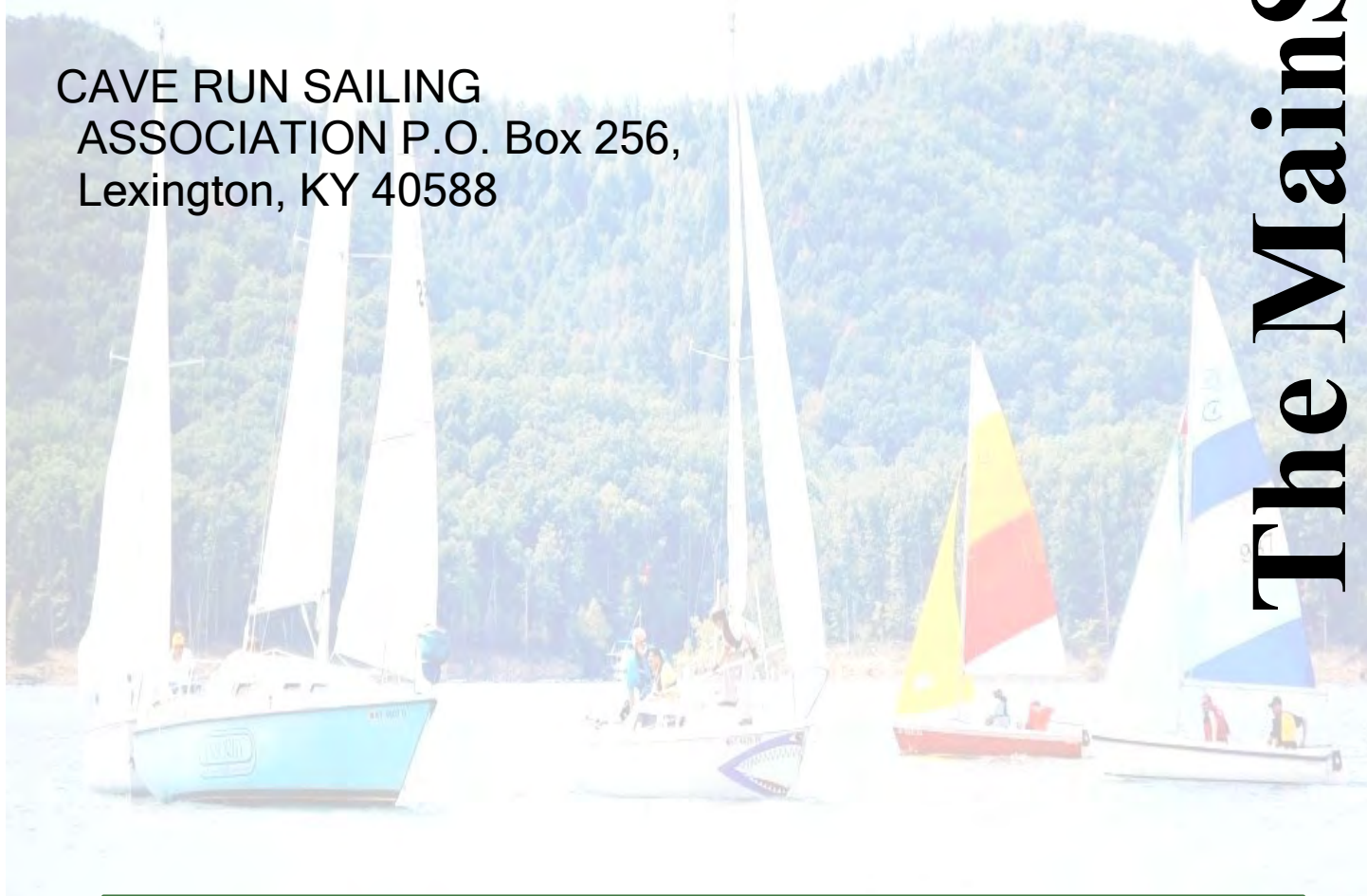
Membership Information can be obtained from David Duncan at membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at Mainsheet@caverunsailing.org.

Pass On Copies of The MainSHEET To Friends Interested in Sailing

If you have friends who may be interested in sailing please pass issues of The MainSHEET on to them and invite them to socials and races, and tell them about the sailing classes, from Beginning Sailing through a complete line of advanced American Sailing Association (ASA) courses offered by CRSA.

CAVE RUN SAILING
ASSOCIATION P.O. Box 256,
Lexington, KY 40588



The MainSHEET

WWW.CAVERUNSAILING.ORG