

## Newsletter of the CAVE RUN SAILING ASSOCIATION

February, 2012 Volume 28 # 1

### From the Commodore

David Davison - Flying Scot 2194

The winter solstice with attendant celebrations is past, the days growing longer and my thoughts turn towards implementing this year's resolution to worry less and sail more. Particularly before the Mayan



calendar runs out on December 21<sup>st</sup>. The horizons were closer and choices easier when I joined CRSA in 1998. Our cruise was on the Chesapeake Bay over a long weekend. On Cave Run Lake, we taught a

basic sailing course, conducted a summer race series, and two regattas plus socials.

In contrast, for your considerations are this year's association activities:

Cruises: Chesapeake Bay - spring; Great Lakes - mid-summer; and US West Coast or Europe - late summer.

Competition: Summer Race Series, Bluegrass Charity Regatta, and Grand Annual Regatta and road trip to the Mountain Mama Charity Regatta on Summersville Lake.

Training & Certifications: introduction to sailing clinic, American Sailing Association keelboat and cruising certifications, TrueCourse Captain's School, racing and navigation clinics, and youth sailing instruction.

Socials: Monthly "trip tales" over dinner; spring, summer and fall socials; "Around the Lake Rally," and after race raft-ups and cook outs.

Add in some One Design regattas and regional championships and shipmates looking for crew, the opportunities to sail can quickly exceed available vacation, disposable income or my spouse's patience. Bottom line there will be plenty of sailing opportunities in 2012 and I'll worry about the Mayan calendar after the November Awards Banquet. However, December 21<sup>st</sup> is on a Friday night and might be a good reason for another social?

### CRSA: CATCH THE EXCITEMENT!

We are a large group (hundreds of members) with diverse interests, ages and backgrounds. So whether you have never sailed before or have decades of experience cruising the world, we have opportunities for you. No boat needed, but let us teach you to sail and you will probably want one! Whether you are a top notch racer or you don't yet know the boating rules of the road, we have opportunities for you. If you are a couple and only one of you likes to sail, we have lots of social activities for our significant number of non-sailors. If you are a family looking for something that kids and parents can enjoy together, try us; we have many families who can show you how it works. If you think you might want to race, but aren't sure, we have lots of racers who can take you on as crew and teach you how it's done. And if you have a boat you might want to race, we'll even waive your boat's racing fees for your first year. Membership questions? Contact Membership Chair Sally Shafer, [shafer.sally@gmail.com](mailto:shafer.sally@gmail.com), 859-299-4569 or Membership Advisor Kaye Arnold, [jkayearnold@yahoo.com](mailto:jkayearnold@yahoo.com), 859-229-9246.

### RENEW YOUR MEMBERSHIP TODAY

You can renew with paper (form enclosed and mailed out earlier this month), include a paper check and mail to CRSA, P.O. Box 256, Lexington KY 40588. You can also download the membership form and pay on-line through a link at [www.caverunsailing.org](http://www.caverunsailing.org) (secure payment, no password needed, but you do need to use a check). At this time we have no option open for you to update your personal info on line, so we ask everyone to please submit (mail, or scan and email) a completed membership form. Dues are due on March 1, please. Don't miss this year with CRSA, there will be a lot happening.

### NEW MEMBERS

Join any time. Get to know us before you decide. Come to our spring social. Send us your contact info and we'll invite you to other spring events we have scheduled.

### THE SPRING/NEW MEMBER SOCIAL

March 25th 3-5 p.m. is the time for this welcoming in the new sailing year event at the home of Al and Ruth Lawton, 3236 Tates Creek Road, Lexington. CRSA members please bring a hors d'oeuvre to share. Invite friends who may be interested in sailing. CRSA will provide soft drinks. If you can come please RSVP on the e-vite that will be coming out in your e-mail or directly to Misty Hagan, [rmhagan@roadrunner.com](mailto:rmhagan@roadrunner.com).

Be sure to check the CRSA webpage for updates to the Calendar of Events and for full color versions of The MainSHEET.

[WWW.CAVERUNSAILING.ORG](http://WWW.CAVERUNSAILING.ORG)





Welcome New Officers!



## CRSA OFFICER PROFILES

**Commodore: Dave Davison**, South Charleston, WV

**My family . . .** My wife, Rebecca, our two adult daughters, Kelly and Lee, and our granddaughter, "Captain" Madison.

**How did you hear about CRSA?** A National Guard buddy needed crew and I discovered sailing on Cave Run Lake. I've been a CRSA member since 1998.



**Do you own a boat? What type of sailing do you enjoy?**

I own two, 'good old boats' a one-design racing dingy - Flying Scot 2194 and a Hunter 25 cruiser. At heart I'm a one-design racer, I find coastal cruising a wonderful combination of hedonism a2012nd holiness, and not much time left over for the pleasures of day sailing. Moonlight sailing on the lake is also great fun.

**What do you enjoy most about CRSA?** The experiences, excellent ship mates and opportunities to expand my horizons and skills. When I joined was a "pond" sailor, racing on inland lakes. During the last 14 years, I've raced in three Flying Scot North American Championships: cruised in the Chesapeake, Caribbean and Italy: become a certified Race Officer, keelboat instructor and licensed USCG Captain. I was able to do this because of the spirit of adventure, love of sailing and willingness to teach I found in the membership of the CRSA.

**Rear Commodore: Chris Bollinger**, Lexington, KY

**My family . . .** My wife, Amy Smereck and our children, Beth and Thomas.

**How did you hear about CRSA?** A co-worker of mine was a member. I've been a member since 1999.

**Do you own a boat? What type of sailing do you enjoy?** I own a Flying Scot I named Halcyon. I enjoy racing. Is there really any other form of sailing?

**What do you enjoy most about CRSA?** The people. I've made great friends here, who I love to beat (and lose to) on the lake. I think sailing is a life-long recreation choice. Get



your kids involved early and they can enjoy it for a lifetime. It is one of the few sports one can participate in as a kid (I raced my first race at age 9, as did my daughter, my son raced his first at age 3!) and well into retirement.

**Harbor Master: Brad Leslie**, Hurricane, WV

**My family . . .** My wife, Donna and our adult children, Jennifer, David, Daniel and Julie.

**How did you hear about CRSA?** Word of mouth from folks while sailing my sunfish on Cave Run Lake. Chris Bollinger invited me to race one day and mentioned the website. Later we decided we needed lessons or we were going to kill ourselves and CRSA



has the best deal any where on the ASA courses. I've been a member since 2007.

**Do you own a boat? What type of sailing do you enjoy?** I'm boats:1968

currently down to three

Alcott Sunfish, a 1980 Compact 16, and a 1993 Beneteau F210. I plan to compete in CRSA summer race series this year. We like cruising but recently sold our cruiser/racer.

**What do you enjoy most about CRSA?** I have enjoyed the opportunity to learn to sail from classes offered by CRSA. Through these classes as well as the instruction and advice of fellow members I have become an accomplished sailor. I also enjoy the fellowship shared at our race series as well as the regattas.

**Treasurer: Prince Dinger**, Nicholasville, KY

**My family . . .** My husband, Jim.

**How did you hear about CRSA?** Approximately 7 to 8 years ago I was excited to learn about CRSA from a friend who had ventured into sailing. I've been a CRSA member since 2004.

**Do you own a boat? What type of sailing do you enjoy?**

My husband and I own 4 at the moment: 2 cruisers, 1 Flying Scot, and a 16 ft HobieCat. I enjoy many aspects of sailing - cruising, day sailing and racing!

**What do you enjoy most about CRSA?** I enjoy the people foremost. I find them to be active and adventurous. They are always willing to share knowledge and company.



**Secretary: Chuck Emrich**, Lexington, KY

**My family . . .** My adult children and son-in-law Tiffany, Barret, Autumn, Sierra and Jacob Hamm

**How did you hear about CRSA?** Saw sails on the water at Cave Run. I've been a CRSA member since around 1990.

**Do you own a boat? What type of sailing do you enjoy?** I own a Sunfish, Laser II, CATALINA 22 and Caliber 38. I enjoy all types of sailing for every condition and level of challenge. I like racing both on and off lake. The better the competition, the better the racing! I also enjoy off shore cruising and exploring the islands.





## CRSA OFFICER PROFILES



**What do you enjoy most about CRSA?** A group of sailing friends who want to share sailing with others both older and younger. CRSA provides us with an opportunity to fall in love with the wind waves and the water - it keeps sailing alive in KY! I talk sailing all the time and would enjoy a conversation with you! Be it races or navigation or repair of the boat...cell 859-270-2199.

**Web Master: Julie Mitchell, Lexington, KY**

**How did you hear about CRSA?** I did an online search prior to moving to KY from MI - wishfully hoping there was somewhere to sail in KY. To my surprise, there was! I've been a member since 2011.



**Do you own a boat?**

**What type of sailing do you enjoy?** I do not yet own my own boat. I enjoy any type of sailing, although most of my experience is in racing and day sailing. I have never been on an overnight trip in a boat! However, I have taught sailing for 5 years, started a youth racing team, raced in a European Youth Championship and Open World Championship in Sweden as well as sailed in a North American Championship for Ynglings in Toronto, Canada.

**What do you enjoy most about CRSA?** I can't say as I haven't experienced it all yet! There seems to be so much to take advantage of and I'm looking forward to it this summer.

**Membership Chairman: Sally Shafer, Lexington, KY**

**My family . . .** My adult children Michael and Hannah Kovash. They are not members, but they learned to sail as kids and still



love it. I'll be teaching my granddaughter to sail as soon as she learns to swim!

**How did you hear about CRSA?** Al and Ruth Lawton were my neighbors for many years. Al's

polite but persistent persuasion to join the club finally worked. I should have joined sooner. I've been a CRSA member since about 2002.

**Do you own a boat? What type of sailing do you enjoy?** I own a Sunfish (vintage 1980's). I keep it on a lake in Maine where I sail every summer. It helps keep me young. I love all types of sailing, but coastal cruising is at the top of my list. The Maine coast is my favorite cruising territory, but I'll sail anywhere.

**What do you enjoy most about CRSA?** The opportunities! I've met so many great people who sail, and have been on amazing sailing trips that never would have happened without my CRSA friends. I keep learning! The club has a huge amount of expertise so no matter what sort of sailing skills I want to learn, I can always find someone to teach me.

**Youth Sailing Co-Chairmans: Ben and Valerie Askren, Lexington, KY**

**My family . . .** We have boy/girl twins!

**How did you hear about CRSA?** We were looking for a new sport. A new passion. A new obsession. And sailing seemed to fill that niche. We have been CRSA members since 2007.



**Do you own a boat?**

**What type**

**of sailing do you enjoy?** We purchased our 2004 Catalina 250 four years ago. As avid outdoors people, we wanted a physical activity that could provide some intellectual challenge, yet would accommodate our young boy/girl twins. Throw in a few starry nights, steaks on the grill, and a bottle of red wine and we were hooked.

**What do you enjoy most about CRSA?** CRSA has helped open the world of sailing up to us!

**Social Co-Chairmans: Bob and Misty Hagan, Ashland, KY**

**How did you hear about CRSA?** Online, searching for sailing



lessons. We have been a CRSA member since 2011

**Do you own a boat? What type of sailing do you enjoy?** We own a Catalina 22. We are New to the sport, but so far, we enjoy cruising, day sailing and racing, with racing being the most enjoyable!

**What do you enjoy most about CRSA?** Unique members who enjoy life and each other. Also, the educational opportunities are bountiful. We are very glad we found CRSA and are a part of it! Sailing has changed our life and given us a new direction.

### Consider being a Future CRSA Officer

A club like this works only because of the many people who volunteer to help out. When I was asked to join the board as social chair in 2011 I was not sure I would enjoy the job, but I figured it was my turn to help out. In hindsight, I am so glad I did it. Working to help the club has been great fun, and has introduced me to so many interesting people. Volunteer to help CRSA; the club will benefit and so will you.

**Sally Shafer, membership chair.**





## CRSA OFFICER PROFILES

**Vice Commodore: Derek Eggers, Lexington, KY**

**My family . . .** My wife Lora, and our children Taylor and Clay



**How did you hear about CRSA?** I knew several of the club members from a kayaking club that several of us were in years ago. After moving back to Lexington and realizing I knew people in the club it was a good time to re-kindle my old love of sailing. I've been a member since 2005-2007.

**Do you own a boat?**

**What type of sailing do you enjoy?** We have a Merit 22 "Lolita Deux", and Taylor and Clay have a Sunfish and Minifish that we're restoring. I love all types of sailing -- Even hanging out on the committee

boat, and backyard sailing (sitting in the backyard with the sailboat figuring out what repair should be attempted next). If I had to rank things I'd say Racing #1. Even when I'm day sailing or cruising, if there is another boat on the water, we are racing.

**What do you enjoy most about CRSA?** The people! The CRSA feels like an extended family to me. At socials and races I really like catching up with people and hearing what they've been up to, and I really enjoy getting to know new members. I like the fact that it's not a stuffy club, people are helpful to others, and there is always something new to learn. I like getting to do something outdoors with my family and see the kids enjoy other kids in the club. I hope to see our club thrive and grow so that more families can enjoy it well into the future as we do now.

### On A Tall Ship

Captain Dave Davison and 1<sup>st</sup> Mate Becky Davison

A cruise is a voyage for pleasure where transportation is not the prime purpose, but the trip itself. Companions, location, ports of call and amenities are all important parts of the experience. To most of my non-sailing friends and co-workers, a cruise is typically in the tropics on large ship with several thousand total strangers.



To my sailing associates a cruise is on a "bare boat," a chartered sailboat operated by the crew of 6 to 8.

Becky and I have found and enjoyed a line of sail powered vessels with the amenities of a larger cruise ship and the romance of a tall ship, the Star Clippers. The line has three ships: two are four masted, barquentines; and the flag ship, the Royal Clipper, a five masted, square-rigged clipper ship. The Royal Clipper was patterned after a late 19<sup>th</sup> century windjammer. She is 439 feet long, 54 feet beam, 197 foot mast height with 42 sails. At 5000 tons displacement, she is the largest sailing ship on the planet.



We joined the ship in Barbados on November 19 for seven days in the Grenadine Islands - Captains Best (Beach) Grenadines; St. Georges, Grenade; Tobago Cays; St. Vincent, Bequia; Fort de France, Martinique; St. Lucia and return to Bridgetown, Barbados. It was an international complement with 155 passengers from 12 countries and 99 crewmembers from 19 countries. The largest complement was from several parts of Russia. I had three burly, boisterous Russian gentlemen pegged as ex-Spetsnaz (Special Ops) but they turned out to be Cossacks.

Dingy sailors typically derogate martini cruising, until they mature and can afford more expensive refreshments. However this converted, dingy sailor continues to decline the pleasures of a "balcony laden floating condominium." The Star Clippers are a good way to enjoy mega-yacht amenities, meet a lot of interesting people and go to sea on a tall ship. The best part, Becky "didn't have to cook or pull ropes."

### Doing Spring Cleaning?

Here is a way you can get an early start on your spring garage cleaning and help out the club at the same time!

The CRSA, Youth Sailing Committee is looking for a few items that will improve our youth sailing program this year. Several of the things that we need may be in our member's garages gathering dust. Please take a look at the list below and let us know if you have them and would like to donate them to CRSA.

Alcott/AMF Sunfish parts including, Sails, Spar Bag, Lines  
Electric Trolling Motor

Type III Life Vests, these should be the comfortable foam filled or closed cell foam vest in various youth and children's sizes. (We don't need your nasty old moldy ones. Clean usable vests are what we need.)

If you have any of these items and would like to donate them to our program, please send a note to Youth Committee Chair, Ben Askren at [benaskren@gmail.com](mailto:benaskren@gmail.com) or Harbor Master, Brad Leslie at [bradleslie@suddenlink.net](mailto:bradleslie@suddenlink.net).

## From the Rear Commodore

### Racing

I take a quick glance at my watch as the committee boat whooshes by. I have a minute and 50 seconds left before



the gun, so this is my set up run. I'm on port, so I have to keep my head out of the boat, watching for starboard tack boats. The wind is great. I love the feeling of reaching along the line at breakneck speed. The traffic of other boats is like dancing with a partner who also wants to lead. "Keep us trimmed for speed, Bud," I admonish Thomas, my son, as I get ready to make the final turn.

I'm taking a risky start strategy, but I love being aggressive, and speed and maneuverability are the key. "I'm coming up, and then we'll tack." Thomas grunts a sharp "OK" as he pulls in the sail. I shift my weight, using the heel of the boat to dig the turn fast and we are head to wind just as I hear the long raucous one-minute horn from the committee boat. I'm glad for the horn as I know where time is without having to take my eyes off traffic. We quickly ease the sails and drive for the committee boat on a reach. I'm on starboard now, but that's small comfort as I'm high compared to the fleet. I have to watch for leeward boats closing the door on me, as they have rights, but if I can stay ahead and keep an open lane, I'll start to windward of the fleet with great boat speed and clear air.

The committee boat is fast approaching and my heart rate is through the roof. The adrenaline is rushing through my system and I have to fight with my body to keep my mind in control. "Be ready to sheet in, we'll come up at the gun and cross." I know communication with crew is key, and I have to remind myself that he's just learning. I can hear the beep-beep of the 10 second countdown on the committee boat as we come up on their stern. Chuck and Bob are going for a different start, a little further down the line, and I wonder if I've messed it all up. I careen past the committee boat and begin to turn toward the start line. I hear the horn and yell to Thomas, "Trim to close hauled!" It comes out a lot sharper than I really mean, but adrenaline does that. The boat heels and I start to slip a little as I scramble for the high side. Thomas moves there with me as we struggle to flatten the boat and find the upwind groove. "Damn fine start!" I yell, wanting to whoop with joy as I see Chuck and Bob just below me and I know my position is a good one as I have clear air.

It seldom goes that well, but that's the excitement of the start, and it's one of the best parts of racing if you ask me. I've been racing sailboats since I was a kid and racing has done a lot for me. I've had my children, Thomas, age 12, and Beth, age 17, as crew and sometimes skipper, for all the years I've sailed Halcyon with CRSA. I think they have gained self-confidence, especially Beth, sailing the Laser herself these last few years. Thomas sailed his first race at age 3. A great aspect of sailboat racing is that it is a lifelong sport. I will never forget the last season Herman sailed the Grand Annual with us. While I'm sad at his loss, he is my hero, racing his National One Design into his 80's! What other sport can you do at 3 and 83?

One of the other great things about racing is the camaraderie. My closest friends in the club, and people who I consider good friends in general, are people I sail against. We may yell and "take no prisoners" on the water, but I also know, if I'm in trouble out there, they will be (and have been!) quick to respond. We're a tight group, but there is always room for more.

I'm inviting each and every one of you to give racing a try this season. We have a number of avenues planned to help you get started if you are new and we have a great racing season planned for those who are "old hands." If you are new to racing (first season) you can register for the summer race series free of charge. That's right, we are offering any new racer a freebee! If you've ever thought about racing, but weren't sure, come give it a shot.

Second, I'm going to write a series of columns for the newsletter on some basic racing information. You can look in the next MainSheet for the first installment, which describes some basic rules racers need to know. In future issues I'll try to cover a variety of other topics, and maybe get some guest writers to help out.

Third, we have a two day Basic Racing Clinic planned for mid May. While the details are tentative at this writing, the plan is to spend two days (and you can come for whatever part you want) working on basic racing skills. We'll have some chalk talks on land and then try it out on the water. For people who don't own a boat, we'll have some crew spots available. For those who do own a boat, bring yours!

We've got a great set of racing opportunities for the year. Our regular summer series of racing is planned as usual, seven race days on Cave Run, plus a bonus race day in West Virginia, at the Mountain Mama Charity Regatta on Summerville Lake. We'll have a number of informal socials after the races, most likely on the Margaret-Mary II in the Marina. Even if you don't really want to race, if you are out on the lake those days, stop by the race committee boat and find out the 411 on the social.

We also have our usual Charity Regatta in the fall. If you do no other racing this season, please, please come to that event just to help support the Lexington Hearing and Speech Center. We have a great relationship with the Sigma Nu Chapter of Xi Iota Pi (a service sorority) and the Lexington Hearing and Speech Center. This is completely free and is September 16. Put it on your calendar now.

Our racing season culminates with the Grand Annual Regatta the first weekend in October (October 7&8). This is a beautiful time to spend at Cave Run Lake. I swear every year on Sunday morning the geese fly over the fleet in formation, just to say hi. Don't miss this great event. We have a wonderful dinner on Saturday night and two days of fun racing.

I'm looking forward to seeing everyone out at Cave Run Lake this summer. Keep the pointy side up and the roundy side down and go fast!

**Chris Bollinger, Rear Commodore, 859-296-2615, [crboll@uky.edu](mailto:crboll@uky.edu).**

### OFF THE LAKE SAILING ADVENTURE?

Interested in a 4-5 day sailing trip a gas tank or two away from central Kentucky? Well, we're looking to plan one! This summer we're organizing a sailing trip a la BYOB (bring your own boat), with possible charters available. We're looking at the Great Lakes or 1,000 Islands area, or somewhere else north of here in late June or July. Kids are welcome. If interested drop us an email at [askrens@gmail.com](mailto:askrens@gmail.com)



## 2011 Bluegrass Charity Regatta

Since 1988 the members of Psi Iota Xi, a national philanthropic organization, have partnered with CRSA to help bring sound and communication into the lives of children who are served by the Lexington Hearing and Speech Center LHSC. The local chapter of Psi Iota Xi recruits philanthropic sponsors for our annual charity regatta, and CRSA sailors volunteer boats, skippers, crew and Race Committee. In 2011 we raised over \$3500 for LHSC thorough this one-day regatta making the total support since the effort began in 1988 under then Commodore Al Lawton, over \$88,000. CRSA is glad to participate in this partnership with the Theta Nu chapter and looks forward to many Charity Regattas in the future.

Special thanks to Brad Leslie and his crew for serving as the race committee for the 2011 event.

Charity Regatta Race results and some pictures are below:

POSITION	CAPTAIN	SPONSOR
<b>CRUISERS</b>		
1 <sup>st</sup> Place	Ben Askren	McConnell, Eisele & Case, PLLC Barb and John Thies
2 <sup>nd</sup> Place	Bill Lubawy	Sally Shafer
3 <sup>rd</sup> Place	Bob Richards	NetGain Technologies
<b>DAY SAILORS</b>		
1 <sup>ST</sup> Place	Thomas & Chris Bollinger	Libby and Bill Polack
2 <sup>nd</sup> Place	Beth Bollinger	Chris Bollinger
3 <sup>rd</sup> Place	Dale Sturm	Elizabeth Jett Barb and Jack Welsch



Thomas and Chris Bollinger took 1<sup>st</sup> in the Daysailor class.



Bob Richards took 3<sup>rd</sup> in the cruiser class.



Dale Sturm and crew receive 3<sup>rd</sup> place trophy.



## The 2011 Social Year in Review

by Sally Shafer, 2011 Social Chair

Our annual spring social was hosted by the Lawtons; great hosts, great home, great fun. About 50 attended; most were old friends and some were new faces. Thank you Ruth and Al for your usual welcoming hospitality.



Al and Ruth relax after hosting the social.



The CRSA Trip Tales program began in 2011. We decided to schedule some regular get-togethers to see pictures and hear tales about members cruises to various places. We enjoyed different slide or video presentations on 3 dates during the spring, meeting at The Ketch restaurant in

Lexington for dinner followed by the show. We relived members' 2007 sailing in Spain for the America's Cup (presented by Ed Puterbaugh, Rich Lewis and Bob Woods). Rich's charter tips check list was a great bonus. Mark Arnold guided us through members' 2010 cruise along the French Riviera. And Sam Moore hosted a video of sailing the waters of Catalina Island. About 30 people came to each session, netting 50 different people over the series of three. Thanks to all the "tale tellers" and the varied audiences for showing up, and to Ed for being a terrific one-man audio visual department. It's great to see that Trip Tales are continuing in 2012, with attendance at the first one showing even stronger interest this year.

Weather at the lake conspired against us this year. Beth Jett was all set for us to do a raft up party in the mooring field but then more rain came. Let's hope 2012 weather is kinder to lake sailing so we can have more parties there in addition to the grand annual.

The Commodore's Summer Social was hosted in July by Commodore Ed and Admiral Nancy. They became adept at moving tables often before the party in efforts to avoid false alarm rain storms. Numbers far surpassed the spring social, and a long and festive party was enjoyed by all. Thanks Ed and Nancy for being such gracious hosts.

The fall awards banquet was at Spindletop Hall: elegant setting, delicious meal, and good time with friends. If you weren't there you missed a good party. AV Ed set up a projection of the Caribbean 1500 website so we could all check in on the progress of Bob Woods' and crew via satellite tracking. They represented CRSA well.



Al Lawton was priceless as usual as auctioneer; he even dressed the part. Thank you, Al, for cajoling higher bids while entertaining us all.



Bill Lubawy was pestering everyone with his camera, but give the man an office and he goes straight to work. We expect to see lots of pictures in the newsletters Bill. Thank you to Bobbie Anderson for making it possible for us to have



the event at Spindletop, and for her help in carrying out the banquet, auction, and other social events during the year.



The "White Elephant" auction at the Awards Banquet was especially successful this year. We raised \$597! It will all be dedicated to the youth sailing program. Over 30 different items or services were contributed to the auction. The most tasteless donation came from Jerry Smith, who did not even have the nerve to show up, foisting a large but under endowed (matter of personal opinion from personal knowledge) figurehead on David Owens to deliver. Chuck Emrich demonstrated even less taste (but great generosity) by actually buying it. Youth Sailing people - please don't let him put it on an Optimist dinghy.

One of the nicest donations (beautiful, useful, historic and nautical) was from the Strunks; a US Navy warrant officer watch standing mug (china, without handles, to keep hands warm; design used in WWI, WWII, and Korean War eras) captured one of the highest bids of the night. And who knew we had an author in our midst? Valerie Askren's hiking book drew lots of interest and proved highly profitable. If you would like a nice gift for a central Kentuckian interested in the outdoors please contact Valerie at [askrens@gmail.com](mailto:askrens@gmail.com).

Start collecting and saving items now for the 2012 auction. A good CRSA cause will be identified to benefit from that event. Thanks to everyone (even Jerry) who donated items and services, and to the many generous bidders.

Best wishes to 2012 social chairs Misty and Bob Hagan as they take on the party planning for this diverse and lovable group of sailors.





## More 2011 Banquet Pictures



It was a great banquet. Thanks to Sally Shafer for organizing a wonderful evening at Spindltop, and to Al Lawton for being "auctioneer."



## 2011 CRSA Awards

At the CSA 2011 Banquet a variety of awards were presented. The following includes pictures of the award recipients.



Chuck Emrich received the Charlie Jett Award for his work with youth sailing.



Ed Puterbaugh was presented the Past Commodore Award from Dave Davison.



Sally Shafer received the Commodore's Award for her work as 2011 Social Chair.



Nancy Bronner received the "Best Crew" award from her husband, 2011 Commodore Ed Puterbaugh.



Charlotte Lubawy received the award for second place in the series races for 2011. Chuck Emrich was awarded first place, but his picture is already in the other column for receiving the Charlie Jett Award.



The 2012 CRSA Officers were installed. Individuals are identified in the Officer Profile section earlier in this newsletter. Not pictured are Derek Eggers, Rear Commodore and Bev Merten, MainSHEET co-editor.

A big "Thank You" to all the 2011 Officers and congratulations to all the 2011 Award Recipients.



# Blackbeard (Or Act Like a Pirate)

By Al Lawton

Editors Note: This article is part of a MainSHEET series on historic sailing events and/or people/places. The editors express their gratitude to Al Lawton for this contribution.

Blackbeard was the boldest and most notorious of the sea rovers who infested the coastal waters of the English southern colonies in the New World in the early 1700's. His activities, and those of his contemporaries, are an integral part of the colonial history of the United States. Few authentic records of Blackbeard's life have come to light for any period other than the two or three years before his death. But his deeds during this brief span were meteoric, shooting across the maritime skies of two continents and causing his name to be remembered forever.

There is no absolute certainty as to Blackbeard's real surname. It was the custom of pirates to adopt one or more fictitious surnames while engaging in piracy. In all the records made during the period in which he was committing his sea robberies, he is identified as either Blackbeard or Edward Teach. Indications are that Edward Teach was born into an intelligent, respectable, well-to-do family, and, if so, he had all the more reason to abandon his real name and assume an alias. Apparently he was an educated man, for there is no doubt that he could read and write. Furthermore, he seemed at ease not only in the company of villainous ruffians but also with governors, as if he was accustomed to moving in high circles and to the easy assumptions of leadership.

The times in which he lived may have had their impact on the development of young Teach. During this period, England was almost continually at war and the scant information available on Teach's early life suggests that he did join in. There is, however, no record of when he left his native Bristol and took to the sea. It was, however, natural enough that a sailor born and reared in Bristol should find his way to the West Indies. And here were to be found the "Brethren of the Coast," men who at first were privateers and later became pirates.

Early in his career, Edward Teach sailed for some time out of Jamaica on the ships of privateers during Queen Anne's War. The Bahama Islands, because of their position at the head of the Caribbean and near the shipping lanes to and from Europe, became at about this time the corner of the world where piracy flourished most. New Providence Island, especially, was well placed for piracy.

The irresistible allurements of New Providence were not to be denied to Edward Teach, a man destined to possess all the romantic qualifications requisite to fame as a pirate. Probably shortly after Queen Anne's War, he transferred the base of his operations from Jamaica to New Providence. Teach rarely stayed long in New Providence, but moved constantly in and out of its harbor on some new adventure. He did not waste his time in idleness at the bars of the town.

Most persons of this period did not wear beards. Captain Teach discovered that without effort, he could grow a coarse, coal-black beard that covered the whole of his face. Its breadth extended to his ears and its height almost to his eyes. He allowed his monstrous mane to grow to an extravagant length, and he was accustomed to braiding it into little pigtails, tied with ribbons of various colors. With his

beard he created an image that has lingered through the centuries. He himself assumed the cognomen Blackbeard.

Teach's deliberately awesome appearance in battle array had its effect. When ferociously attacked, the crews of many merchant ships threw up their hands in surrender to Blackbeard without any pretense of a fight.

There are no records of Blackbeard's having murdered or maimed his captives if they submitted to his authority. But the slightest resistance, or even argument, moved Blackbeard to set an example. If a victim did not voluntarily offer up a diamond ring, Blackbeard chopped it off, finger and all. This nearly always impressed the victim, who could be counted on to impress all to who he related his experience. These tactics also saved time.

Sometime in 1718, Blackbeard decided to leave the Caribbean and try his luck along the east coasts of America. Among his more noted exploits was the blockade of Charleston, S.C. His demand of the city was for a chest of medicine which was met after some difficulty. After this, he moved on to Bath N.C. where he accepted the King's pardon for piracy and appeared to settle down.

There seems some question as to whether he actually did or not. History tells us that soon afterward Governor Spotswood of Virginia sent troops by land and a Lt. Maynard by sea, to capture Blackbeard. On November 18, 1718, the Battle of Ocracoke Inlet was fought and Blackbeard defeated.

Found on Blackbeard's vessel when he was slain at Ocracoke Inlet were several memoranda, written by his own hand in the captain's log: "Such a day, rum all out: - Our company somewhat sober: - A damned confusion amongst us! - Rogues a-plotting: a Great talk of separation - so I looked sharp for a prize: - Such a day took one, with a great deal of liquor on board, so kept the company hot, damned hot; then all things went well again." Edward Teach was

unquestionably an unusual leader among men to become the master pirate of a quality that won him universal recognition.

Lt. Maynard ordered Blackbeard's head severed from his body and suspended from the bowsprit of his sloop. The rest of Blackbeard's corpse was thrown overboard. According to legend, when the headless body hit the cold water it defiantly swam around the sloop several times before it sank.

The head of Blackbeard would be proof irrefutable that Maynard and his crew had slain the pirate chieftain, enabling them to collect the reward of £100 sterling offered by the Colony of Virginia. Therefore, the hideous trophy was hanging from the bowsprit of Maynard's sloop when he arrived in Bath Town, as well as weeks later when he returned in triumph to the waters of Virginia's James River.

According to the legends of Virginia and the statements of a number of writers, Blackbeard's skull dangled from a high pole on the west side of the mouth of the Hampton River for many years as a warning to seafarers. The place is still known as "Blackbeard's Point." THE END.



## Getting CRSA email notices?

CRSA periodically sends out e-vites for activities, socials, cruises etc and often asks for RSVPs on email. If you are not receiving this information, and want to, set your spam filter to accept messages from [host@invite.pingg.com](mailto:host@invite.pingg.com).



## CRSA Remembers

### Jack Brown 1940 - 2011

Jack Brown, a founding member of the Cave Run Sailing Association and its first Commodore, passed away on April 21, 2011, at his home in St. Petersburg, Florida. He is survived by his wife, Ruthie, two sons, Christopher and Mathew, his grandchildren, and three brothers, and their families.

Jack was a driving force in the founding and growth of CRSA. As CRSA's first Commodore he played a key role in the initiation of our racing program and the accompanying socials, the Grand Annual Regatta, the Annual Banquet, CRSA's sailing schools and many other things. He was a truly exceptional salesman at heart and seemed to have his hand in all aspects of the CRSA in the early years with another former member named Raleigh Neal. The first series of yearly banquets, racing series, cruising series, long weekends at the lake...all had Jack's footprint on them. He literally attracted people to the organization, and people truly liked being around him. He had that kind of charisma. Jack was ALWAYS a very positive and very encouraging person.

In addition to his organizational work Jack frequently prepared the food for the after-race socials. He would prepare and serve Boston Pork Butts, baked beans, and Cole slaw, all delicious, for the racers, their crews and the race committee.

From Kentucky Jack and Ruthie moved to Florida where he managed a marina and then a West Marine Store. West Marine named their 28,000 sq ft flagship store in St. Petersburg for him.

Jack Brown was absolutely essential to the formation and early success of CRSA. He was enthusiastic. He was fun and funny and could get the rest of us to do anything he wanted. We all loved him and miss him.

### Dick Prewitt 1937 - 2012

Richard Hickman Prewitt passed away on January 5, 2012, following a brief illness, when he was 74 years of age. He is survived by two sons, David J. Prewitt, who resides in Texas, and Jacob H. Prewitt, who resides in Lexington; brothers, David E. Prewitt, who resides in PA, William C. Prewitt, who resides in SC, and a sister, Mary T. Prewitt who resides in Paris, France.

Richard attended Culver Military Academy in Culver, Indiana, Swarthmore College in Pennsylvania and Widener (PMC College) in Chester PA earning a BS in Engineering. He then worked as an engineer for SKG and Burroughs, two Philadelphia area companies. He moved to Winchester KY, worked as a materials engineer and eventually he became an engineer for the city of Lexington. He loved improving systems, so he invented a way for the methane gas from the sewers to run some of the machinery at the sewer plant.

In addition to professional engineering organizations, Richard loved attending meetings of the Sons of Boonesboro, Bluegrass Mensa, a local group of American Mensa, which he joined in 1991, and the Cave Run Sailing Association.

One of Richard's passions was sailing and he had quite a collection of trophies dating back to his earliest days, when he had been a member of the Riverton Yacht Club, which is situated on the Delaware River. He learned to sail when he was a child and he was still sailing when he was in his 70s. In the 1960s and 70s he sailed against Olympic Medal winners in the Lightning class and was able to compete on an equal footing and take home some trophies.

Richard's good humor, courtly manners and excellent memory for jokes made him a welcome addition at CRSA social functions. He was a good friend to us all.

## 2012 CRSA Events Calendar

Jan 20 (Fri)	Trip Tales @ Ketch Restaurant - Italy
Feb 17 (Fri)	Trip Tales @ Ketch Restaurant - Racing
Feb 28 & Mar 1 (Evening) March 3-4 (Sat & Sunday)	ASA 105 - Intro to Coastal Navigation
March 13 & 15 (Evenings)	Electronic Navigation Clinic
March TBD	Trip Tales @ Ketch Restaurant
March 25 (Sunday)	Spring Social at Lawton's 3-5 pm
April 14 (Saturday)	Practice Race
	Trip Tales - 6 PM - TBA
April 21 (Sat)	1st Race - Post Race Social Raft/up
April 24 & 26 (Tues - Thurs)	Beginning Sailing School 6:30-8:30 pm (Lexington)
April 28 (Saturday)	Beginning Sailing Water Lab
May 12 (Sat)	2nd Race
May 19 (Sat)	Club Racing Clinic
TBD	ASA 101 Classroom Session
TBD	ASA 101 On Water
May 5 - 12	Girl Scouts - Basic Sailing Instruction
May 25-27 (Fri - Sun)	Pot Luck Regatta (Highlander One Design Class)
May 25-29 (Fri - Tues)	Commodore's Chesapeake Bay Cruise - Families/ASA 101/103
June 2 (Sat)	3rd Race
June-October	Youth Sailing Classes Lexington/Cave Run Lake
June 16 (Saturday)	4th Race
June 23/24	Summer Sailstice Raft-up
June 30 (Saturday)	5th Race
July TBD	ASA 103 Classroom Session/On the Water - KY Lake
July/Aug - TBD	Great Lakes Summer Cruise - Trailerable Location, Family Friendly
July 21 (Saturday)	Bluegrass State Games Sailing - Louisville
July 21-22 (Saturday - Sunday)	Around-the-Lake Rally & Raft-up Social
July-Aug TBD	Commodore's Summer Social
Aug TBD	ASA 103 Classroom Session
Aug TBD	ASA 103 On Water KY Lake
Aug 18 (Saturday)	6th Race
Aug - TBD	ASA 103 On Water KY Lake
Sep 7-9 (Fri - Sun)	WV Mountain Mama Charity Regatta - Summersville Lake, Counts as 7th Race
Sep 16 (Sunday)	Charity Regatta
Sep 22 (Saturday)	8th Race
Sep TBD	"Fly-Away" Cruise - US West Coast or Europe
Oct 6-7 (Sat-Sun)	Grand Annual Regatta/ Dinner Saturday Evening
Nov 10 (Saturday)	Annual Banquet 6-10PM, Spindltop Hall, Lexington

Check the CRSA Website for the most up to date calendar. [www.caverunsailing.org](http://www.caverunsailing.org)



## CRSA Summer 2011 Race Series

Racing during 2011 was a bit of a handful. As you know the water was up closing the ramps and making it almost impossible to get to the Marina. Halfway through the year when the lake finally came down closer to the summer pool the days were way too windy, or there was absolutely no wind. It was a complete hodge-podge of a race series. However, completely undaunted, 2011 Rear Commodore Dave Davison took what few results there were and performed magic on the numbers. Here is the final result.

### Overall

**Sailed: 15, Discards:5, To count:10, Ratings: USPN,  
Entries: 8, Scoring system: My scoring system**

Rank	Fleet	Helm	Boat	Class	Sail#	Net
1st	HC	Emrich, Chuck	Bound to Wind	Catalina 22 SK/WK ns	523	11.0
2nd	HC	Lubawy, Charlotte	Miss Adventure	MacGregor 22	V22	26.5
3rd	FS	Davison, Dave	Cat's Pa	Flying Scot 19'	2194	27.0
4th	HC	Sturm, Dale	Ruthless	Hunter 170 no spi	170	38.0
5th	HC	Colker, Matt	Priority One	Seafarer 26		41.0
6th	HC	Tulenko, Robert		Flying Scot 19'	4890	57.0
7th	HC	Askren, Ben	Airbender	Catalina 25 WK T.Mast	778	72.5
8th	HC	Hynniman, Cliff		Catalina 25 WK T.Mast	5334	76.0

## 2011 Grand Annual Regatta

Only the truly hardy sailed in the Grand Annual in October. Strangely the weather was stunning for the 4 days before the weekend, then the morning of the event it turned to almost winter. Following are some of the pictures. Check out the clothes.



Special thanks to Brad and Donna Leslie for a great Regatta and Great Food.



# Newsletter of the CAVE RUN SAILING ASSOCIATION

The Main Sheet is published 4-5 times a year by The Cave Run Sailing Association  
PO Box 256  
Lexington, Kentucky 40588.

The Cave Run Sailing Association is an all volunteer nonprofit association dedicated to 1. promoting both leisure and race sailing, 2. conducting sailing education classes, 3. providing a forum for good will and social activities among those interested in sailing, and 4. participating in charitable activities. Obtain membership Information from Sally Safer at [shafer.sally@gmail.com](mailto:shafer.sally@gmail.com).

## Boating Safety: Personal Flotation Devices (PFD's)

Do you think wearing a life jacket is ... Uncomfortable? Hot? Restrictive? Bulky? Un-cool?

CONSIDER THIS: According to the US Coast Guard, in 2008 small boats accounted for the majority of boating fatalities, and drowning accounted for two-thirds of these fatalities. The primary accident

types of "capsizing" and "falls overboard" were the two largest contributors to boating fatalities and together accounted for 53% of all fatalities. Life jackets were worn by only about 9% of those who drowned in boating accidents in 2008. The law requires that all recreational boats carry one Type I, II, III or V PFD for each person on board. However, many of us fail to actually wear our PFD! Most boat drownings are sudden, unexpected events which provide little time to don a life jacket.

DID YOU KNOW? In Kentucky, all persons under the age of 12 years must wear a PDF while in an open boat or on an open deck of a vessel being used for recreational purposes.

The new styles of PFD's are ultra-light, low profile and designed for comfort and with a maximum range of motion. This year, please boat safely! DON'T JUST CARRY IT - WEAR IT!



CAVE RUN SAILING ASSOCIATION  
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[WWW.CAVERUNSAILING.ORG](http://WWW.CAVERUNSAILING.ORG)

The MainSheet