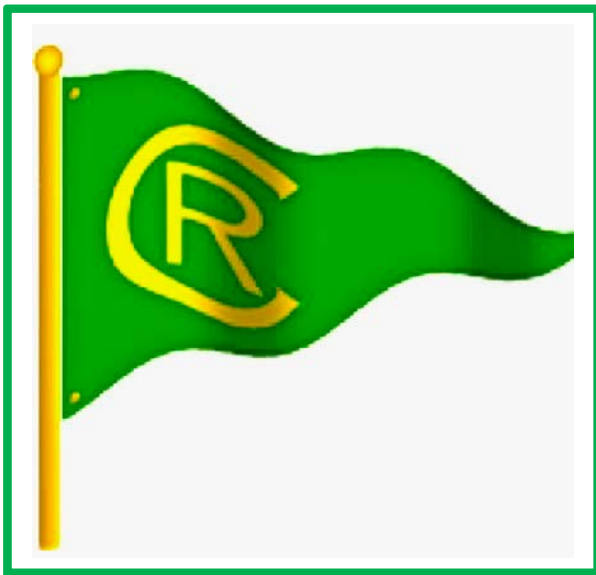


APRIL
2021

Newsletter of the CAVE RUN SAILING ASSOCIATION

The MainSHEET V37 #4



“LINES” From the Commodore



Ever wonder about the why and how Cave Run Sailing Association began?

I have, and I reached out to several comrades and had the pleasure to talk with Commodore (1985- 86) **Matt Colker** and his wife **Sandy**. The Colker's live in Huntington, WVA and are one of the founding couples of the club. During our conversation, I learned a lot (conversation described later in this article)!

While the CRSA website has a great overview of the club and the many major accomplishments since the first meeting on December 11, 1977 (the website is being updated to include more recent club activities) it does not directly address the why and how.

The short story of the how is about passion, persistence and a lot of solid, foundational, hard work! As in any successful endeavor, it takes a group of people coming together with a shared vision. People like **Charley Jett III** (passed away in 2000) and his wife **Beth** (passed away in 2016). A sailing enthusiast and President of Bank of the Bluegrass & Trust Co., Charley was a founding member and supported the club and local/regional sailors by financing sailboats and club necessities including the first committee boat. In addition he donated the very large silver trophy that is now the “Charles Jett III Award” given on a rotating basis by CRSA to the most outstanding member for the year. Charley and Beth were “Thistle” sailors and kept a few in their back yard to sell to new sailors, organized Thistle Regattas and later became Commodore in the early 80's.

People like **Jack Brown** who was CRSA's first Commodore and his wife **Ruthie** insured a strong structure focused on safety and fun. Jack would obtain Helms boats for CRSA members, several of which are still on the lake. Jack and Ruthie were always ready for a party and sponsored many on their boat “Mimosa.” Jack eventually moved to St. Petersburg FL where he managed the West Marine store.

As I talked with **Matt and Sandy Colker**, I learned more about the why. Matt got hooked on sailing in his early 20s. With no sailing experience, he was asked to crew in a sailing race on Cherry Creek Reservoir near Denver Colorado. He, like so many of us, fell in love with the beauty, majesty, camaraderie and competition that comes with sailing. Matt introduced sailing to Sandy and together they were active in keeping CRSA up and running. When I asked Sandy about her why, I was pleasantly pleased with her response. Her response reminded me that the more we change, the more we remain the same. (See P 2)

WWW.CAVERUNSAILING.ORG

Lines from the Commodore Continued.

Sandy said she was supportive and very much enthusiastic because sailing is such a family activity. In her mid-20s and newly married, Sandy did not want her family to be defined by Matt playing golf, her playing bridge and their son, Jared, playing baseball - all being busy in separate activities. Sailing brought the family together! The Colker's spent many weekends sailing & rafting up with other CRSA members on the newly created Cave Run Lake, first on



Matt and Sandy Colker visit Lake Erie the year CRSA was founded, 1978.

the "Sandy C" and later on "Priority One."

Matt shared his design insights and sailing expertise with Scott McClain, Scott Creek Marina's first manager, as the marina (not named after

McClain) and the mooring field were being designed, paving the way for many of us to enjoy sailing on a regular basis today. Thank you to Matt and Sandy for sharing your stories and for your vision and persistence!

During the next several months I would like to share more stories about CRSA over the years. If you know someone who you would recommend I reach out to, please let me know.

Molly Sutherland

Commodore@Caverunsailing.org

Time to RENEW CRSA Membership For 2021 – Or Join For the First Time

This is the time to Renew your CRSA Membership or join for the first time if you were not a 2020 member. The CRSA Executive Committee has been busy planning lots of activities for 2021. You do not want to miss out.,

There are several categories of membership. If you are an adult the regular membership covers everyone in your household for \$100. If you are a student age 18-30 you qualify for the student membership at \$35. If you are enrolled in ASA 101 your CRSA Membership comes with the tuition for 101.

To RENEW:

1. Go to caverunsailing.org.
2. Click on "login"

3. Enter your Username and Password (or if you do not remember your password enter something then click on reset your password)
4. Click on "Join Us" then "Existing Member"
5. Pay your membership fee and update your profile.

To JOIN FOR THE FIRST TIME:

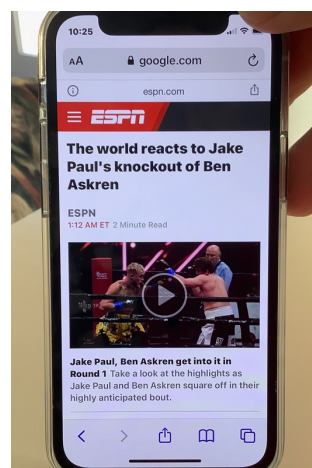
1. Click on "Join Us" then "New Member"
2. Go onto "New Member Registration"
3. Fill out the information and pay your membership fee.

Tentative CRSA Mini-Schedule for 2021

The calendar below is as much as there is as of the middle of March. For more up to date info see the CRSA Website caverunsailing.org.

Every Wednesday at 6:00 PM Radio Controlled Sailboat racing at Jacobson Park Lake

May 1, 11:00 AM	Race Series # 1
May 4, 6 & 8	Beginning Sailing
May 14, Time TBD	Sunfish Social Sailing
Hopefully every Friday Evening	
May 15, 9:30 AM	34 th Charity Regatta, CRL
Jun 5, 11:00 AM	Race Series # 2
Jun 19, 11:00 AM	Race Series # 3
Jun 19-20, 5:00 PM	Summer Sailstice Cookout and Overnight Raft Up
Jun 23-30	2021 Tahiti/Bora Bora Cruise
Jul 6-24 1:00 or 6:00	Youth Sailing Classes Jacobson Park
Aug 14, 11:00 AM	Race Series # 4
Aug 29, 11:00 AM	Race Series # 5
Sep 11, 3 – 5 PM	Member Social
Sep 18, 11:00 AM	Race Series # 6
Oct 1-2, Time TBD	42 nd Grand Annual Regatta
Nov 13, 6:00 PM	Annual Awards Banquet



News Bulletin:

Imagine the shock of opening up Apple News on your iPhone and seeing what happened to Ben Askren, husband of longtime CRSA Commodore Valerie Askren. Your MainSHEET editor wonders if this is "Fake News?" Could it be?

**The 34th Annual
Bluegrass Charity Regatta
Saturday May 15, 2021
Great Cause, Fun Sailing**

Captains Needed. SAVE THE DATE

Join CRSA in its collaboration with the Theta Nu Chapter of the philanthropic sorority Psi Iota Xi to help raise money for The Hearing and Speech Center by sailing in this one-day regatta.

This is a FUN REGATTA. A great way to experience sailboat racing in a casual manner or just to spend part of the day sailing around the course marks with other CRSA members. For inexperienced racers a brief meeting will be held at the Captain's Meeting on Sunday explaining what is involved in racing that day and describing the course. This is also a great social time both before the races and on the water. Covid restrictions apply.



THE HEARING AND SPEECH CENTER does literally life-changing work for hearing and speech-impaired children from across Kentucky. It is a private non-profit agency with over 50 years of experience working with children with hearing loss and/or speech/language impairments. It provides services for children and their parents from infancy to age 18, as well as for adults with programs in the Early Learning Center, the Audiology Clinic and the Speech-Language Pathology Clinic. Over the years the Bluegrass Charity Regatta has resulted in donations of over \$150,000 to the The Hearing And Speech Center..

The women of the **THETA NU CHAPTER OF the philanthropic sorority PSI IOTA XI** promote the regatta, solicits sponsors, and helps at the event.

CRSA provides the site, conducts the regatta itself, does major sponsor solicitation and recruits participants.

2021 is the 34th year of this 3-way partnership – The Hearing and Speech Center, CRSA and Theta Nu began the regatta in 1988 at the suggestion and leadership of Al Lawton, the CRSA Commodore at that time.

Come to the **TWIN KNOBS EAST GROUP USE AREA at 9:30 am** on Saturday, May 15th. Enter from the Twin Knobs campground and tell them you are coming to the Bluegrass Charity Regatta. You can enter at no charge.

PRE-REGISTRATIONS BY BOAT captains are needed to make this regatta a success and to help us in our planning process. The Registration Form can be found on our website, caverunsailing.org. On site registrations the day of the regatta will also be accepted.

There is **NO CHARGE** for sailing in this regatta. CRSA and the women of Theta Nu find supporting sponsors for every boat pre-registered. However, if you as captain would like to also be a sponsor, you can.

The APPROXIMATE SCHEDULE is:

9:30 am Registration and Captain's

Meeting at the Camp Ground East Group Use

Area with a description for new sailors/racers of what racing involves.

11:00/11:30 – 1:30/2:30 racing on the lake

2:30/3:00 award ceremony at the East Group Use Area

Racing times are approximate depending on the wind and the number of races.

GENERAL INFO: Please bring a water bottle for use while racing and a PFD (personal flotation device-life jacket) if you have one. Sailors with little or no racing experience are encouraged and welcome to join in. This is a **CASUAL FUN RACE DAY**

VICE-COMMODORE Steve Morris is assembling a list of captains who plan to sail in the Bluegrass Charity Regatta to help plan the day. Please let Steve know if you can sail and what type of boat you will sail by emailing him at: vicecommodore@caverunsailing.org . Please let Steve know by sending the email on or before Thursday May 13, 2021.



Please Consider Donating and/or Recruiting Donations to The Hearing and Speech Center for the 34th Annual Bluegrass Charity Regatta Saturday May 15th, 2021

THE HEARING AND SPEECH CENTER (HSC) does literally life-changing work for hearing and speech-impaired children from across Kentucky. HSC is a private non-profit agency with over 50 years of experience working with children with hearing loss and/or speech/language impairments. They provide services for children (infants through 18), their parents, and adults of all ages. There are services (in person and on-line) through their Audiology Clinic and the Speech and Language Pathology Clinic. They also provide daycare services, Early Learning Center classes, and summer programs for children.

Since 1988 **CRSA** has partnered with the women of the **THETA NU chapter of the philanthropic sorority PSI IOTA XI** raise funds for HSC. During that time the Bluegrass Charity Regatta has generated donations of over \$150,000 to HSC.

Sponsor Categories are:

Commodore Sponsor	\$500 and up
Yachtsman Sponsor	\$250 - \$499
Dingy Donor	ANY amount is gladly accepted

There are Three ways to Donate:

1. Go to <https://hscopy.org/support/#donate>
Where the form asks "would you like to specify a particular fund?" click in the box and select 'Bluegrass Charity Regatta'. Please note that you can donate any amount you wish by choosing the 'other' box.
2. You may also write a check to The Hearing and Speech Center (enter Charity Regatta on memo line) and mail it to them at HSC, 350 Henry Clay Blvd, Lexington, KY 40502
3. Cash or checks (made out to The Hearing and Speech Center) will also be accepted at the Regatta.

Send any questions, or suggestions of businesses, organizations or individuals you suggest that we approach about donating to:

Sally Shafer, Shafer.sally@gmail.com

ASA Certified Sailing Classes for 2021

ASA Certified Sailing Lessons have begun with several students already passing ASA 101. The

instructors are fully C19 vaccinated and still doing testing to minimize the spread of the virus. The Rhodes, one of the CRSA boats used for instruction and for member use, is on the hard for important restoration but will hopefully be back in the water by June 1. The Miss Kelly is in the water at slip C16R. More information on certified sailing can be found on our website Caverunsailing.org under the tab "Learn to Sail."

Distinguished CRSA Dinghies and the Dinghies Better Halves Meet for 2021 Inaugural Program

The CRSA Dinghies and Better Halves are a group of sailors who meet for lunch at noon at "The Cellar" on Lansdowne Drive on Fridays. Discussions are incredibly intellectual and only individuals of exceptionally high stature and dignity are allowed to attend (which of course includes ALL sailors). Meetings keep within restrictions for COVID, all participants are fully vaccinated against COVID, and lunches are outside weather permitting or in an open section of the restaurant away from other customers. Please feel free to join in.



Dinghies Better Halves kindly welcome honored guest.



Dinghies continue with their intellectual conversation almost every Friday at noon at the Cellar on Lansdowne Drive

Bluegrass Charity Regatta Sponsorship Form

Thank you for considering sponsoring the 2021 Bluegrass Charity Regatta! There are three levels this year. If you have a sailboat, we'd love for you to participate in the Regatta. If you do not, we will be happy to provide a sailboat and crew to represent you and we encourage to you join us as a crew member, even if you have no sailing experience.

Commodore Sponsor: \$500 (supports a child with a communication impairment to attend one month of preschool!)

- Listed in the Lexington Hearing & Speech Center Newsletter (sent to over 3500 households)
- Featured on social media on both Psi Iota Xi and Lexington Hearing & Speech Center sites including Facebook, Instagram, and Twitter
- Recognition at the event, CRSA website, in the CRSA newsletter, and at the annual banquet
- Special artwork from the children at Lexington Hearing & Speech Center

Yachtsman Sponsor: \$250 (support a child with hearing loss to attend one week of summer camp!)

- Featured on social media on both Psi Iota Xi and Lexington Hearing & Speech Center sites including Facebook, Instagram, and Twitter
- Recognition at the event, CRSA website, in the CRSA newsletter, and at the annual banquet
- Special artwork from the children at Lexington Hearing & Speech Center

Dinghy Donor: Any amount

- Recognition at the event, CRSA newsletter, and at the annual banquet

Name/Contact _____

Company Name _____

Email _____ Telephone _____

Thank you letter to: _____

Mailing address _____

City/ State/ Zip Code _____

I wish to have my website linked on the CRSA website: _____

We will provide our own sailboat. Please contact us with details. _____ Website URL

Please have the Cave Run Sailing Association provide a sailboat and crew to represent us.

**Sponsorships can be paid Online at <https://www.lhscopy.org/support#donate> (please note Regatta) OR Checks, made payable to Lexington Hearing & Speech Center, may be mailed to:
Lexington Hearing & Speech Center, 350 Henry Clay Blvd. Lexington, KY 40502**

Please Note: Sailing is subject to weather conditions. It is possible that no race can be held due to insufficient wind or excess winds.



Learn to Sail

Review the fundamentals.

Have fun.

Meet great people.

Tuesday, Thursday & Saturday

May 4,6,8, 2021

Locations(s) & Times:

- Tuesday, May 4 - St. Raphael's, 1891 Parkers Mill Rd 7-9 PM
- Thursday, May 6 - St. Raphael's, 1891 Parkers Mill Rd 7-9 PM
- Saturday, May 8 - all day (weather permitting) - Cave Run Lake

\$135 (includes 1 year membership to CRSA)

\$170 for married couples (includes 1 year CRSA membership)

\$35 for active CRSA members

SPACE IS LIMITED: REGISTER NOW

caverunsailing.org/classes/BEGINNING-SAILING/

Email for more information:

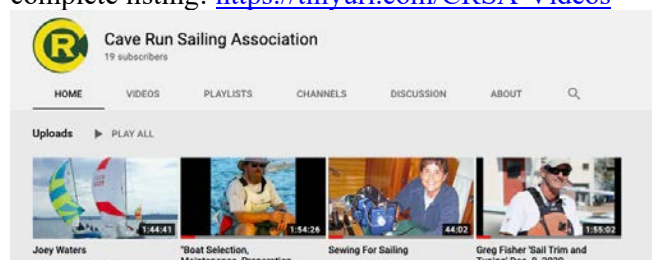
beginningsailing@caverunsailing.org

CRSA Winter Seminar Series a Smashing Success!

The sailors of CRSA smashed previous attendance records for the first ever Winter Seminar Series! We're not ones to let a virus stop us from talking, learning, and dreaming about sailing. The club relied on four top-notch speakers, spread out over 4 months, to keep the winter doldrums at bay.

In December, Greg Fisher shared his knowledge of sail trim and tuning, followed in January by Lyn Lewis' practical discussion on sewing for sailing. Marc Crutcher introduced many of our club members to *Unbridled Sailing* in Louisville, and Joey Waters wrapped up our series in March with a discussion of sailing systems architected for sailing fast.

Over 200 participants viewed programs in the series. If you missed a topic or simply would like to go back and revisit one, go to CRSA's YouTube channel for a complete listing! <https://tinyurl.com/CRSA-Videos>



Join CRSA on Facebook

Many clubs are using social media to stay connected with each other. CRSA has a Facebook page with almost 500 followers sharing racing tips, news of club trips to exotic locations, upcoming events, boats for sale and to be sailed, flotsam, jetsam, and much more.... It's a great way to keep up with your own local sailing community. The CRSA FB page can be viewed at:

<https://www.facebook.com/groups/caverunsailing/>

However, if you want to comment on a post, ask a question, or start your own discussion thread, you must have a Facebook account and be 'accepted' as a member of our group page. To do this, go to the link above and you'll see our header page (shown below) with a blue tab titled *Join Group*. If you do not already have a FB page, you must first create your own account. After that you can ask to *Join Group*. Once you pass muster (ie, have no pictures of you joining the Somali piracy network and so forth) you will be admitted to the group. It's that easy!



Cave Run Sailing Association

Public group · 476 members

About Discussion

Join Group

New Activity

About

CRSA Youth Sailing Academy Sowing Seeds at Jacobson Park For Our Youth and Teenage Sailors July 2021 Sailing Classes !!

by Chuck Emrich, Youth Sailing Director

Youth sailing is about legacy. The link between Cave Run sailors and young sailors is passion. Sailing isn't only about boats. It's about friendship, it's about passion, and it's about person-power and working together as a team. They're all values that humans need in life. If you don't have them, lots of things don't work, including boats. The best way to predict the future is to create it!

That's why the **Cave Run Youth Sailing Academy** is determined to give children of CRSA members a taste of the wind and water early on in life. The training days below will give younger

sailors and introduction to the basics of sailing and bigger skills in life.

The **CRSA Youth Sailing Academy** challenges students to be safe on the water and have fun with others in the process. This is just the beginning, and there is a long way to go! And with passion what a journey!

We need volunteers to keep our youth safe and give some life lessons! If you have a day Tuesdays 6-8 or Saturday Afternoons 1-4 and want to give back please call Chuck 859-270-2199 or email emrich@aol.com. And make a difference!



Youth Sailing Academy Sailing Classes.

Children, 7-12 on opti's and 13-19 on sunfish boats can receive sailing instructions and practice twice a week during July. Both groups take classes at the same times and places listed below.

All sailing will be at Jacobson Park in Lexington near the boat launch areas. All times will be Tuesday evenings 6-8 and Saturday afternoons 1:00 to 4. High winds or no winds above 2 mph may prevent sailing but on land instruction will take its place. If multiple days of bad weather cancel the on-water training days can be added to the schedule when approved by most students and parents.

Although it is important to attend all classes, much can be learned by attending most! We will try to get parents on the water Saturday mornings if interested. Our wish is to help our youngsters enjoy the wind and water in a relaxed manner.

Youth Sailing Classes Schedule

Tuesday July 6 2021 6:00-8:00
Saturday July 10 2021 1:00-4:00
Tuesday July 13 2021 6:00-8:00
Saturday July 17 2021 1:00-4:00
Tuesday July 20 2021 6:00-8:00
Saturday July 24 2020 1:00-4:00 Fun day,
the pirates take to the water!

For more information contact:

Chuck Emrich at 859-270-2199 emrich@aol.com

CRSA Teen Sailing Director Needed

CRSA is looking for an individual to lead the Teen Sailing at the Youth Sailing Academy at Jacobson Park Lake sailing in Sunfish Boats. The academy has a number of Sunfish boats to use on a trailer. The Director would help teenagers rig boats and sail them safely. Classes are Tuesday evenings from 6-8 and Saturday afternoons from 1-4 from July 6 to July 24. Please contact the CRSA Youth Sailing Director **Chuck Emrich** at 859-270-2199 emrich@aol.com if you can help with this area of Youth Sailing as a Director or parent helper.



Summer Sailstice June 19, 2021

Be sure to join us on Saturday June 19th to celebrate Summer Sailstice, a world-wide event celebrating the beauty and excitement of sailing. We hope to safely raft up, crank up the grill, and share light-hearted laughter and sailing lies. Stay overnight if you can. More information to come!



CRSA Radio Controlled (RC) Boat Fleet Makes a Splash

CRSA now has a legitimate RC Fleet. To date seven boats and captains are involved. The fleet does maneuvers and will eventually have races on Jacobson Park Lake on Wednesday evenings at 6:00 PM. Spectators, cheerleaders, gawkers and RC Boat Captains are all welcome. CRSA Secretary Ken Ruhl at secretary@caverunsailing.org can provide further information. The Fleet Standard Boat is the Dragon Force 65 which is a very reasonably priced RC Sailboat. The models do take some assembly and a while for orders to be filled so if you are interested order yours as soon as possible. The boats come with a standard A rigging but if you want to race you may want to order an additional A+ rig which as more sail area. In addition the boat's standing rigging can be tuned and tuning guides, plus a YouTube video, are available.



Luke Adams Describes His Adventure

Hey guys,

Yes, tonight was memorable indeed. It was the inaugural sail of my Beneteau 53 RC sail boat. It was also, however, the day I sent her to THE BRINY DEEP! Yes, that's right, I sank my F***ing Boat! A miniature scale lesson on the age old principle of safe sailing...reef early and often!

She started out fine with her heavy and voluminous hull being pushed through the water by her full sails and triple spreader rig. The rudder responding to my commands and sheets trimming at the flick of a finger. It didn't take long, though, for things to go sideways...literally. The puffs of 15 knot winds overpowered the fully deployed sails to near knock down conditions for extended periods of time. In reality, it was just a matter of seconds, but that was long enough for her to start taking on water down the "hatch" and before I knew it, the servos had been rendered useless by the ingress of cold lake water. The bow started to dip under, then further, then a full-on nose dive with the stern up in the air and slowly slipping below the surface never to be seen again....Well, unless I can get a kayak out there to scoop it back out...off the muddy shoals of Jacobson Lake.

Signed, Luke Adams

The Captain who didn't go down with his ship!

On Good Friday Luke attempted to Resurrect his Boat. When Jill Ruhl, who is a minister, heard about the planned attempt she said "Shouldn't you wait until Easter Sunday to try a Resurrection."

Bill Jones Wrote the Following Song Verses Sung to the melody of the "Wreck of the Edmund Fitzgerald"

The legend lives on from the lil' sailors on down
Of the lake they call Jacobson
The lake it is said never gives up her toys
When the winds of March have no joys.
She sailed through the waves with her rail down low
And then the water it came in her.
The bow started to go where she shouldn't be low
And the boat started to founder.
The Beneteau tried but she couldn't survive
Her three spreaders seemed to get shorter.
The bow made its final appearance above
And she arched her stern to the March skies.
As the boat glided to the bottom of Lake Jacobson
Laughter could be her from the shore.
"I'll be back again to sail her once more
Or maybe I'll try an RC scooter"

Cave Run Sailing Association
PO Box 256
Lexington, KY 40588



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WWW.CAVERUNSAILING.ORG

The MainSHEET is published 4-8 times a year and distributed to members through email, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable and community service activities.

Membership Information can be obtained from Luke Adams at Membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy, Mainsheet@caverunsailing.org. Special thanks to Luke Adams, Val Askren, Chris Bollinger, Chuck Emrich, Bill Jones, Steve Morris, Ken Ruhl, Sally Shafer and Molly Sutherland for information and/or pictures.

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The MainSHEET