

April
2016

Newsletter of the CAVE RUN SAILING ASSOCIATION

The MainSHEET V32 #2

CRSA Spring Social April 10, 2016 – 3:00 to 6:00 PM

MEMBERS AND FRIENDS SOCIAL at Al and Ruth Lawton's. This is a great spring outing to reacquaint yourself with fellow CRSA members and friends. Bring potential members and some hors d'oeuvres to share. BYOB.

PLEASE RSVP on the website, caverunsailing.org. **No Charge.** Directions to Al's will be provided when you register.

The program will be a repeat of the very popular Trip Tales from February featuring information on Cave Run Lake from its construction to places to anchor overnight to eagles nest areas to favorite swimming areas.

For questions on the social contact CRSA Social Chair Ted Brandewie at social@caverunsailing.org or 859-699-6666.



Social Location: Al and Ruth Lawton's

CRSA 2016 Cruises Chesapeake Bay and Italy A Few Spots Available

CHESAPEAKE BAY CRUISE, May 27-31, 2016

Sail historic Chesapeake Bay over the Memorial Day weekend on a 44' 2013 Jeanneau DS with 3 cabins and 2 heads to accommodate 6 crew. **Cost:** Based on 6 crew, 2 per cabin, \$520 plus a \$250 damage deposit. If there are fewer than 6 crew, the cost will increase. Payment can be made through the website (via pay pal using a credit card). Mail checks made out to CRSA to Dan Geiger at 1880 Ft. Harrods Dr., Lexington, KY 40503-5403. **MUST REGISTER BY APRIL 10.**

ITALY WINE AND COUISINE FLOTILLA October 15-22, 2016. Departing from Procida, Italy, the cruise includes visits to four wineries for wine tasting and a buffet diner. The cost is \$773 plus a \$220 damage deposit (does not include travel to the boats or restaurant meals). **One spot left. Bunk with male.** See caverunsailing.org for more information and to register. **MUST REGISTER BY JUNE 15.**

INFO: dangeiger17@gmail.com or 859-797-4212.

2016 CRSA Officers

Commodore: Bill Lubawy
commodore@caverunsailing.org
Rear Commodore: Mark Breeden
rearcommodore@caverunsailing.org
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vicecommodore@caverunsailing.org
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MainSHEET Editor: Bill Lubawy
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Cruise director: Chris Friedl
cruisedirector@caverunsailing.org

WWW.CAVERUNSAILING.ORG



2016 CRSA Beginning Sailing Course

May 17 & 19 (6:30 - 8:30 pm) Central Christian Church

May 21 at Cave Run Lake from 10 am to 4 pm

The Beginning Sailing course is a good way to determine if you like sailing and wish to continue learning how to sail. Students with no sailing experience who wish to have an introduction, or those with limited or time worn experience are encouraged to take this course rather than starting with ASA 101 which is also offered by CRSA. The course is economical as it provides classroom and on the water learning experiences, a textbook for \$25 per person. Must be an registered CRSA member.

The course consists of two evenings of class work in Lexington and one Saturday on the water at Cave Run Lake where you will sail in two different types of boats with experienced captains. If you have a sailboat, a captain will teach you on your boat if you wish. This course is offered only once during each sailing season usually in May.

Topics covered include: types of sailboats, boat parts and rigging, knots you will use, sails and what they do, sailing terminology, steering, turning, sailing upwind and downwind, safe sailing procedures and coast guard requirements, adjusting sails, safe boarding, handling different wind conditions, rules of the road, leaving the dock, returning to the dock, storing/folding sails, sailing etiquette, trailering a sailboat, backing up a trailer, and staying safe on the water.

If interested or if you have questions . . . send an email to beginningsailing@caverunsailing.org. Complete your registration and payment on line at caverunsailing.org, or by sending your check payable to CRSA to William Lubawy, 4893 Wyndhurst Road, Lexington KY 40515-1250 at least one week prior to the first class period.

Enrollment is limited and provided on a first come – first served basis when the online payment or the tuition check is received.

For Sail / Want to Sail


12ft 1988 Snark Sunchaser II minimally used, one owner. Can be used as a dinghy or as a row boat. Weighs 125 pounds. See complete description and instruction manual at

https://www.sailboatstogo.com/content/Sunchaser_II_Snark_Sailboat

Includes:

- 5 HP outboard motor (unsure of condition)





Specifications

Weight	125 lbs.
Centerline Length	12'
Beam	4' 8"
Depth	-
Transom Width	-
Transom Height	-
Persons	4
Max. Capacity	900 lbs.
Max. Horsepower	-
Hull Thickness	ABS
Sloop Rigged	
Main Sail Area	80 sq. ft.
Jib Sail Area	20 sq. ft.
2-piece mast	12-ft 8.5-ft

Max. Motor Power - 5 HP or any size electric trolling motor. We recommend against gas motors because gas spills could damage the hull if not wiped off right away.

Terms: Not returnable. Defects covered by manufacturer's warranty. Delivery dates are estimates only. Inspect before accepting delivery and refuse a damaged boat.

Note: Snark has eliminated the dagger board plug in current design, though it is still listed in instructions.

Sunchaser owners love their boats. Many have posted videos. See below.

- Multicolor Main and Jib (excellent condition)
- paddles
- boat cover
- trailer (tires need air)
- oar locks for paddling

Available for pick up in Lexington, KY between May10-14. \$250 or best offer. For more information contact Bill Lubawy at 859-619-7942 or

mainsheet@caverunsailing.org.

ASA 105 Coastal Navigation Offered

CRSA offered ASA 105 (Costal Navigation) on February 5-7, 2016. Congratulations to Kim Mowder, Dave Mowder, and Molly Sutherland who successfully achieved their certifications.

Thanks to ASA Instructors Jim Dinger, Jim Bugay, Cliff Hynniman, and Jeff Lagrew for their work in conducting the course.

ASA 105 is usually offered once per year by CRSA, but experienced sailors seeking the certification may be candidates to take the course by self-study. Contact David Davison at davidd2047@aol.com.



Dave and Kim Mowder work on one of the ASA 105 problems under the direction of Jim Bugay.



Molly Sutherland gets an admiring look from Lee Sutherland as Molly does her navigation question.

Renew Your Membership Now

If you have not already, please renew your membership on the CRSA homepage. Go to caverunsailing.org > renew membership > forgot password (if you did). Your email address is your User ID. If you have any problems email Steve Morris at membership@caverunsailing.org.

Want to Learn to Sail This Summer Right Here in Lexington? Youth Sailing is Ready to go this July!!

If you are between the ages of 7 and 12 this is your opportunity! Starting Tuesday July 5 at 6:00 pm and running all month on Tuesdays at 6:00 pm and Saturday at 11:00 am at Jacobson park. If you are less than 120 lbs (because we have small boats), love the water, and want to have something different in your life this is for you. Please register online at Caverunsailing.org, for more information email to youthsailing@caverunsailing.org or call 859-270-2199 to get on the list Cost is \$30 and \$15 to join CRSA.

PS Lots of Volunteers needed. All volunteers can put a smile on a young sailor and create memories of a lifetime! We have a place for you!



Youth Sailing Director Chuck Emrich points out the boat rigging on the CRSA Optis for students at last year's youth sailing class.



Two youth sailing students from last year demonstrate their independence handling the Optis and going exactly where they wanted to go.

Good Times at the February Trip Tales

Social Chair Ted Brandewie arranged a great February Trip Tales with a program focusing on sailing at Cave Run Lake. About 30 CRSA members and many newcomers attended.

Ted began the program with everyone introducing themselves, indicating if they had a boat and if so what it was, and to describe their best sailing experience. Many interesting comments came forward regarding the best experiences.

Ted then displayed a map of Cave Run on the large monitor and pointed out the bald eagle nesting areas, Tacker's Alley and why it has that name, and individuals pointed out their favorite anchoring areas and why.

Al Lawton had many fascinating comments about the start of sailing on Cave Run. Al was a forest ranger for Kentucky at Morehead before the dam was built. The US Forest Service planned for fishing on the lake, but not sailing; that's why they left so many submerged trees in place along the channels going to Longboat Marina, and in other tributaries. It was for fish habitats and not (as many of us suspected) to save money. IBM'ers discovered the winds were pretty good on the lake and sailing began. CRSA has had to be an advocate for sailboats to be accommodated, for instance not having power lines strung across the ramps or between the various launching areas, aligning the light poles so the arms paralleled the ramps rather than going across them, and getting the trees trimmed along the ramps and parking lots.

David Duncan described going up in a helicopter and seeing the geography that affects the lake winds. The lack of hills to the west and north allows the prevailing winds coming from Cincinnati and Louisville to provide good sailing conditions. But, because the topography changes at the lake from open plains to rolling hills, we also get the swirly and less regular winds. Jim Dinger described some of the geology of the area.

The program was so informative several CRSA Officers thought others could benefit from the discussion. So, we have scheduled a repeat at the Spring Social at Al & Ruth's home which will include more about the history of the lake and of CRSA.

Ted cooked a family favorite recipe with 12 pounds of Thai pork in 2 crockpots. The meal got wonderful reviews; all part of where the CRSA dues go.

Special thanks to Ted, Al, David and Jim for the program, and to all who attended.

Caption for picture to right: Ted Brandewie goes through the geography of the lake and surrounding areas.



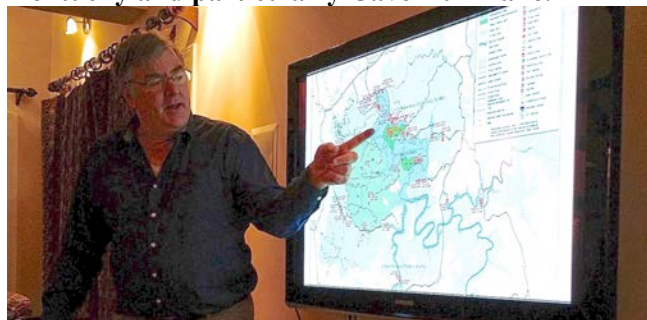
Ted welcomes everyone and introduces the program speakers.



Lou Trost points out some areas where he has enjoyed sailing and anchoring.



David Duncan describes the wind patterns across Kentucky and particularly Cave Run Lake.



Harbor Master Report on Miss Kelly CRSA Board Votes to Sell

At the last CRSA Board Meeting the Board voted to sell the Miss Kelly. This came on the heels of the 2015 Audit Committee reviewing our finances, noting the financial losses involved with keeping Miss Kelly and recommending taking a very serious look at whether the loss was worth it. In the last several years CRSA purchased a new mainsail and cover, a new motor, and a new tiller, then had to have the motor repaired as a result of what seems like someone adding water to the gas tank. After a considerable discussion the Board voted to continue to use the boat for rentals and CRSA events, but to look for a buyer. To complicate any transfer a buyer can keep the slip holding Miss Kelly but the Marina just instituted a high fee to transfer the slip to a new renter. Certainly something CRSA prefers would not have happened.

The CRSA Board would appreciate any comments on the sell decision and whether a replacement would be appropriate. If a members a feel a different type of boat would be good please indicate what type you would prefer. Address all comments to the CRSA Harbor Master at harbormaster@caverunsailing.org or send him a text at 859-893-6774.

Miss Kelly Cleaning and Wish List From The Harbor Master

Earlier this spring Harbor Master Lou Trost moved Miss Kelly to Mrs. Hook's Boat Yard for cleaning. On a not too nice afternoon in March Lou and Lee Sutherland took Lee's pressure washer and cleaned the hull. See pictures following.

The Harbor Master is looking for some help getting the Miss Kelly ready to sail as long as we own her, and hopefully to attract a good buyer. On the wish list for Miss Kelly from your Harbor Master is help to:

- Stain and varnish of the exterior wood trim
- Cut some new companion way hatch boards. The dimensions of the companion way are 31" inches across the top and 22 and 3/16 inches across the bottom by 24" inches high. Lou suggests a split at the half way mark, 12 inches, which will produce two hatch boards. Or three splits of about 8 inches each. If the boards were cut about 3/4 of an inch longer, and the joining surfaces slanted so that water flowing over them does not leak into the boat would be best. Do we have any wood workers in need of a spring project?
- Cleaning the interior cushions.
- Cleaning some small spots on the mainsail.
- Cleaning the interior (might be easier after the boat is back in the slip).

CRSA will cover the cost of supplies for these projects. Please contact Lou for more information and indicate your willingness to help, and also to let him answer questions if you have any. Contact Lou Trost the CRSA Harbor Master at harbormaster@caverunsailing.org or send him a text at 859-893-6774.

Lou is trying to have all this completed by April 30th the last day of the month, and the boat returned to the slip. All offers of assistance will be appreciated. A few volunteers are already willing to begin. Let's join together and make 2016 a great year on Cave Run Lake.

Special thanks to Lou Trost and Lee Sutherland for work on the Miss Kelly.



Miss Kelly in Mrs. Hook's Boatyard to get ready for some cleaning.



Lee Sutherland used his pressure washer to help Lou Trost bring some life back to Miss Kelly. Look how great the hull looks now.

CRSA Dinghies Meet Fridays for Lunch at Signature Club "Cellar"

CRSA Dinghies is a group of sophisticated CRSA members and guests devoted to sitting around and chatting about sailing and anything else that comes up in the course of lunch. Dinghies meet almost every Friday at noon at the Signature Club of Lansdowne Cellar Bar and Grille, 3256 Lansdowne Drive. Drop in, no reservations required. For last minute information check with Al Lawton 859-293-2793.

Open Letter to the Cave Run Sailing Association

Dear Friends,

For almost all of the last 35 years I have immensely enjoyed frequenting our beloved lake and enjoying the art and science of sailing with great friends and competitors in the Cave Run Sailing Association. I have used what I have learned here to good advantage in travels to other venues for various regional and national events, occasionally with notable success, but always with an appreciation of the great benefits the sport and the experience it provides.

With the passage of time, however, comes age and changes in one's life and person, resulting in greater involvement in business, civic, church and personal pursuit which compete for time, resources and attention with activity that has been my mainstay all this time. Unfortunately now it is simply no longer reasonable to expend the time, effort and increasing physical discomfort required for a day's activity on the water, competitive or otherwise.

This is not a conclusion easily arrived at, for nothing I have engaged in during my adult life has given me more positive return in experience, knowledge, satisfaction or personal relationships than has sailing in general and sailing competitively in particular. It is very difficult to mentally wrestle with the concept of leaving it behind.

My boats (both of them) are for sale, and I will not be renewing the racing part of my membership, but I am making myself available on a limited basis for passing on what I have learned, by teaching on boat speed, racing, maintenance and improvements, and possibly an occasional crew experience. I look forward to fellowship with old friends and new sailors alike, and the prospect of sharing some of what I have found to be so profoundly fulfilling.

Very best regards to you all.

Bob Summerfeldt, FS #5656 and Homebuilt #1.

Ed Note: Many CRSA members know and respect Bob for his long years of friendship and participation in CRSA events. Bob wrote a series of articles on boat speed for CRSA newsletters in the past and has served as an officer in CRSA. He raced off of Cave Run Lake in regional and national Flying Scot Regattas, and did very well in those. If you would like some advice on sailing fast feel free to contact Bob. His email and phone numbers are in the CRSA Directory.

Do not disappear completely from CRSA Bob. We will miss seeing you on the water at every race like we did in the past, but hope we continue to see you at other events when you can attend.

MORE For Sail / Want to Sail

CRSA will list boats that members would like to sell or would like to buy. Send descriptions and pictures to Bill Lubawy, MainSHEET Editor at mainsheet@caverunsailing.org.

This is the homebuilt boat Bob Summerfeldt is selling along with selling his Flying Scot #5656.

Custom Built Sailboat – Similar to Laser Class

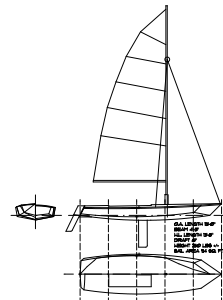
An Exceptional Boat for A Young Sailor

Make an offer. Contact Bob Summerfeldt, rjs@architecturalplanning.biz.



SUMMARY OF FEATURES – HOMEBUILT SAILBOAT

- Constructed - Winter of '93-'94 at Chesapeake, Ohio. Ohio Division of Watercraft hull identification number OHZ09834H695
- Original intent – Pleasure sailing by couple on the Ohio River and/or a lively single-hander for a 230 lb adult. Conceptualized as a 'big Laser'.
- Dimensions - O.A. Length – 15'-5". Beam – 4'-3", draft (board down) 42", (board up) 6". Design gross weight – approximately 650 lbs. Originally designed to be transported in the back of a Chevy Astro van.
- Hull construction – Painted 1/4" exterior pine plywood glued and screwed to framing cut from lumber and shelf stock. Hull partially coated with epoxy. Hull weight without deck approximately 110 lbs.
- Removable deck – Painted 1/4" aspen plywood (sold as flooring underlayment).
- Permanent flotation – Approximately 400 lbs in various sealed empty plastic containers restrained between structural bulkheads.
- Daggerboard & kick-up rudder – Painted vertical grain solid pine.
- Mast – 2" dia. aluminum commercial tent pole with additional aluminum shapes attached to adjust stiffness and length. Length 21'-6" feet on mast step pivot bolt.
- Sail – 4 oz sailcloth with 5 full-length fiberglass battens. Sail constructed and modified per literature and supplies from Sailrite Kits. Sail attached to and raised with the mast. Sail area – 94 sq. ft.
- Controls – Mainsheet (3:1); vang (5:1); cunningham (3:1); Harken and Ronstan fittings
- Trailer – 4'x6' Nuway utility trailer with extended tongue, modified to fit the boat. Highway 12" wheels and spare, hitch for 1 7/8" ball, 4 pin flat electrical connector.
- Rarely sailed and garage kept since 2003. Repaired and refinished 2013 and 2014.
- Sailed for attached photographs in October 2014
- Boat and trailer with Kentucky titles (title on boat being located).



2016 CRSA Tentative Calendar Socials, Classes, Cruises, Races			(See website: caverunsailing.org for updates and more details)	
DATE	DAY	EVENT	LOCATION	CONTACT
Jan 28	Thurs	Trip Tales 1	TBA	Social@caverunsailing.org
Feb 25	Thurs	Trip Tales 2	TBD	Social@caverunsailing.org
Feb 5-7	Fri-Sat-Sun	ASA105 Coastal Navigation	Lakes Edge Clubhouse	ASAailing@caverunsailing.org
Mar 19	Sat	Brass Monkey Race 1 11:00	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org
April 9	Sat	Brass Monkey Race 2 11:00	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org
April 10	Sun	Spring and New Member Social 3:00-5:00	Al and Ruth Lawton's	Social@caverunsailing.org
April 23	Sat	Brass Monkey Race 3 11:00	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org
May 14	Sat	Summer Race Series 1 11:00, Race Social	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org
May 17, 19, 21	T, R, S	Beginning Sailing T,R 6:30-8:30 pm, S 10-4	TBD, Sat lab at Marina	beginningsailing@caverunsailing.org
May 27-30	F thru M	Chesapeake Bay Cruise	Chesapeake Bay	Cruisedirector@caverunsailing.org
June 4	Sat	Summer Race Series 2 11:00, Race Social	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org
June 11	Sat	Summer Race Series 3 11:00	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org
June 18 - 19	Sat - Sun	Sailstice Raft Up and Super Social	Mooring Field	Social@caverunsailing.org
June 25	Sat	Summer Race Series 4 11:00, Race Social	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org
July 5-30	Tues and Sat	Youth Sailing Tues 6:00 pm, Sat 11:00 am	Jacobson Park	Youthsailing@caverunsailing.org
July 10-14	Sun - Thurs	Girl Scout Sailing	Cave Run Lake	Youthsailing@caverunsailing.org
July or Aug	Sun	Summer Social	TBD	Social@caverunsailing.org
Aug 13	Sat	Summer Race Series 5 11:00, Race Social	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org
Aug 20	Sat	Summer Race Series 6 11:00	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org
Aug 27-28	Sat - Sun	Mount Mama Regatta	Sewell Lake West VA	Vicecommadore@caverunsailing.org
Sept 10 and 11	Sat	Summer Race Series 7 11:00, Raft Up	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org
Sept 11	Sun	Charity Regatta	TBD	Vicecommadore@caverunsailing.org
Sept 24	Sun	Summer Race Series 8 11:00	Scott Creek Launch Parking Lot	Rearcommadore@caverunsailing.org
Oct 1 and 2	Sat - Sun	Grand Annual Regatta	Shelter at Cave Run	Vicecommadore@caverunsailing.org
Oct 8-15, 15-22	Sat - Sat	Italy Wine and Cheese Flotilla	Procidia, Italy - near Naples	Cruisedirector@caverunsailing.org
Nov 12	Sat	Awards Banquet 6:00	TBD	Social@caverunsailing.org

Updates from The MainSHEET Editor

The MainSHEET issues again this year will be a little briefer than two years, probably more numerous and hopefully still include lots of pictures from and updates on CRSA activities. If you have any suggestions for more content or different types of articles please let me know. I am always looking for articles and pictures from members on sailing related activities either on or off of Cave Run Lake. You do not have to write an article. Just contact me, and give me some details and I will write the article. As mentioned earlier pictures are always good. Just email them in to me.

Bill Lubawy, mainsheet@caverunsailing.org.

Pass On Copies of The MainSHEET To Friends Interested in Sailing

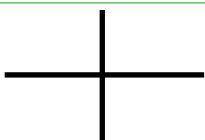
If you have friends who may be interested in sailing please pass issues of The MainSHEET on to them and invite them to socials and races, and tell them about the sailing classes offered by CRSA.

Caption for pic on right: This was the lake from the Marina Parking lot last year. Remember? Hope we can avoid things like this in the future.

Doing Anything Related to Sailing? Tell Us About It

The editor of the MainSHEET is always looking for things that may be of interest to CRSA members. If you have taken sailing related trips, sailed in off Cave Run Lake races, or have done anything related to boats let Bill know. You can contact Bill directly, but the best way is to email mainsheet@caverunsailing.org. Do not be shy, especially if you have some pictures.





The MainSHEET is published 4-8 times a year, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable activities.

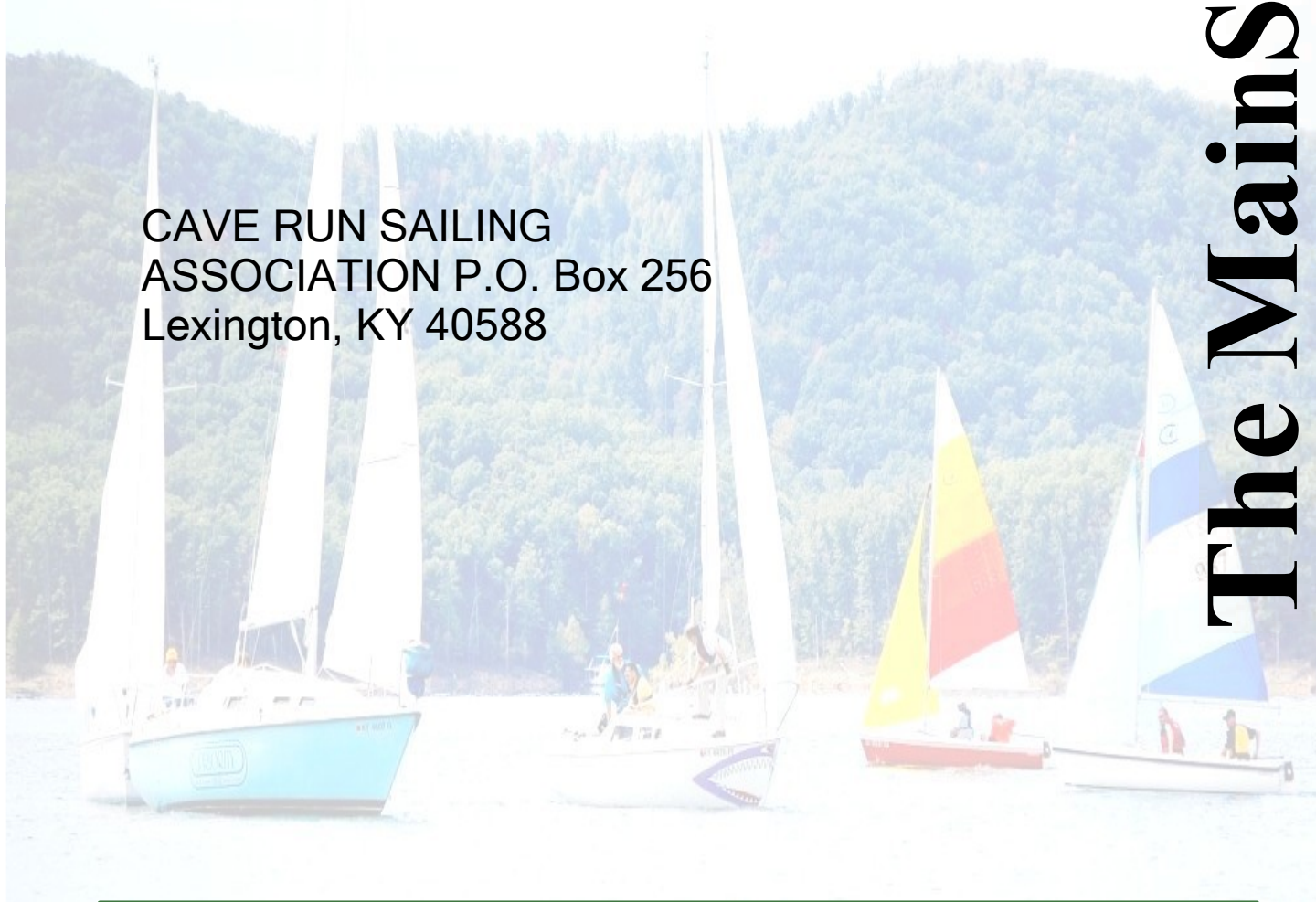
Membership Information can be obtained from David Duncan at membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at Mainsheet@caverunsailing.org.

Special Thanks from the MainSHEET Editor

This issue of the MainSHEET has pictures and/or text from a variety of CRSA Members including Lou Trost, Cliff Hynniman, Sally Shafer, Ted Brandewie and Chuck Emrich. Thanks to all of these members for help.

CAVE RUN SAILING
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