

MAR
2021

Newsletter of the CAVE RUN SAILING ASSOCIATION

The MainSHEET V37 #3



“LINES” From the Commodore



I would like to cover three topics in this note to you.

1. CRSA has a lot going on! A quick sample includes:

- Our final winter webinar, Wednesday, March 17 at 7 PM “All About Sails” with Joey Waters
- Remote control (RC) sailing inaugural launch, March 17, 6 PM at Jacobson Park
- Beginning sailing May 4, 6, 8th – Location TBD
- Club summer racing first race, Saturday, May 1 at Cave Run Lake
- COVID-PERMITTING our charity regatta to support The Hearing & Speech Center, Saturday, May 15

Please read more in this newsletter and visit our website for more details.

2. YOU can change a life!

Sailing is more than a “fun thing to do.” Sailing develops technical skills, self-confidence, creates relationships and expands your world. CRSA is committed to promoting the spirit of sailing and to do this, we need everyone’s talents. We are specifically seeking someone or several someone’s with a:

- **Passion for youth and sailing** to help in our Youth Sailing Academy. Please contact Chuck Emrich at YouthSailing@caverunsailing.org
- **Marketing, design and communications** background to help us with electronic design communications and promotions
- **Photography interest & talent** who enjoys taking great pictures and **drone photography** would be a major benefit!

This is just a list of a very few talents we are looking for immediately. We are very welcoming and open to using all of your talents to grow our club and the sailing experience for people at all ages! Continued p 2

WWW.CAVERUNSAILING.ORG

Continued from P 1

3. Remember you do not need to own a sailboat to be a member of CRSA. All you need is an interest in sailing or desire to learn.

Check us out and feel free to reach out to me anytime at commadore@caverunsailing.org

Happy Spring Sailing!

Molly Sutherland, Commodore

Attention Boat Captains

Boat Captains: Please make note of these dates for upcoming activities in May.

May 1 Season Race # 1. Captains meeting 11:00 am
Scott Creek Launch Ramp

May 8 Beginning Sailing Water Lab 8:45 am-4:00
pm, Scott Creek Marina

May 15 Bluegrass Charity Regatta – Details will
follow.

Captains Needed for Beginning Sailing Water Lab May 8th.

This is another reminder that captains are needed for the Beginning Sailing Water Lab. Please come to the Marina about 8:45 am on May 8th. Bring food and drinks for yourself for lunch. Captains will take students out for a sail and have the students learn to motor away from the dock, raise the sails, tack, jibe and review the rules of road. It is especially important to review how to trim the sails and handle gusts. Students should have as much “tiller time” as possible. Before leaving the dock please give each student a quick tour of your boat and explain why you like it. We may meet for lunch at the Marina, change students and go out again. Plan to return to the dock about 3:45 pm.

Beginning Sailing is an important activity of CRSA to help recruit new sailors and new members.

Time to Renew Your CRSA Membership for 2021.

Go to caverunsailing.org and click on “Join Us” in the upper right hand corner and follow the links.



ABC Announces Free Boating App

A free boating app for your phone is available from America's Boating Club by downloading from either the Apple Store or the Google Play Store. When you go to either store make sure to enter “America's...” with the apostrophe s. Try it.

CRSA Winter Webinar Series Continues With The Last Program For 2021

**“All About Sails” with Joey Waters
Wednesday Mar. 17, 2021 7 PM**

Owner of Waters Sails, Joey has 45 years of sailing experience including being a member of the Citadel Sailing Team, and multiple national and mid-winters championships in the Y-Flyer, Catalina 22, Capri 22, and Raider Sports and JY 15. Check the announcement on Facebook. Make a reservation to receive the Zoom Link. As a last resort email Chris Bollinger at Beginningsailing@caverunsailing.org for a reservation.

Details on the 2021 Beginning Sailing Classes

Venues: May 4 and 6, 2021, 6:30-8:30 PM

Location will be in Lexington and will be finalized by the end of the month. Registrants will be notified.

May 8, 2021, 8:45 AM-4:00 PM Cave Run Lake, Morehead KY

The Beginning Sailing course is a good way to determine if you like sailing and wish to continue learning how to sail. Students with no sailing experience who wish to have an introduction to sailing, or those with limited or time worn experience can take this course as a refresher rather than starting with ASA 101, which is also offered by CRSA. The Beginning Sailing course is economical, provides classroom and on the water learning experiences, and an introductory textbook for \$35 per person. Membership in CRSA (\$100/family) is required for insurance purposes.

ASA courses which can be taken after Beginning Sailing are excellent, provide internationally recognized certificates awarded after passing a written and performance based exam, and include more advanced training. All information learned in Beginning Sailing is utilized in ASA Courses. See "Certified Sailing" on the caverunsailing.org website for more information if interested in these more advanced courses.

The Beginning Sailing Course consists of two evenings of casual class work in Lexington and one Saturday on the water at Cave Run Lake where you will sail with experienced volunteer captains in their own sailboats. If you have a sailboat, CRSA will provide a captain who can teach you on your boat if you wish. The water experience allows students to put into practice the principles they learned in the classroom.

Topics covered include:

types of sailboats,
sails and what they do,
sailing upwind and downwind,
coast guard requirements,
rules of the road,
storing/folding sails,
trailer a sailboat,

boat parts and rigging,
sailing terminology,
safe sailing procedures,
adjusting sails,
leaving the dock,
sailing etiquette,
backing up a trailer,

knots you will use,
steering (tacking/jibing),
safe boarding sailboats,
handling shifty winds,
returning to the dock,
enjoying sailing,
staying safe on the water.

This course is offered only once during each sailing season usually in May.

Students interested in Beginning Sailing should go to the CRSA homepage, www.caverunsailing.org, click on "Join Us", fill out the membership form and indicate you also wish to enroll in Beginning Sailing.

If you have questions send an email to beginningsailing@caverunsailing.org.



Cost: You must pay the \$100/family membership fee for insurance purposes, and the \$35/person fee for the Beginning Sailing course prior to the first class. Space may be limited and is on a first paid, first served basis. Please register at least one week prior to the first class.

COVID CONSIDERATIONS: DEPENDING UPON HEALTH REQUIREMENTS THE TUES/THURS CLASSES MAY BE DELIVERED VIA ZOOM AND THE SATURDAY WATER LAB MAY REQUIRE MASKING OR MAY BE DELAYED TO LATER IN THE SUMMER WHEN RESTRICTIONS ARE LIFTED.

2020 Non-Event Bluegrass Charity Regatta was a fundraising success! \$3,650 with nary a sailboat in sight!

A Huge Thank You to the many generous donors who stepped up during 2020 to make a fundraising success. Though Covid forced us to cancel (for the first time in 33 years!) the 2020 annual Charity Regatta, the financial need to help those children was not cancelled. **The Hearing and Speech Center - HSC** (formerly Lexington Hearing and Speech) never stopped serving their clients with crucial needs through the year. They coped with Covid restrictions admirably and continued their extensive services statewide. They adapted and innovated throughout the pandemic to become even more adept in tele-audiology and tele-speech, while continuing to safely serve in-person clients. And their early learning center with 120 children was reopened last summer. Now they even offer an Online Hearing Screener! The following generous people and businesses donated a total of \$3,650 for our Non-Regatta in 2020! They recognized that the need to support HSC services was just as important as in previous years.

Business Donors are listed below:

Adkins Property Management
Bank of the Bluegrass
Lexington Investment Co., Inc.
Traditional Bank

Individual Donors were:

Luke and Leslie Adams
Carol and Rick Bailey
Carol and Bob Case
Dan and Robin Geiger
Juanice Gillespie & Dennis Hacker
Ruth and Al Lawton
Charlotte and Bill Lubawy
Sarah Marshall
Malcom and Debbie Meers
Brett and Sarah Meers
Steve and Dianna Morris
Sally Shafer
Bob Summerfeldt
Molly and Lee Sutherland

CRSA and the Theta Nu chapter of Psi Iota Xi again partnered in the 2020 fund raising effort. The proceeds going to support HSC's hearing impaired children.

Thank you 2020 Donors!

Visit the Hearing and Speech Center's homepage <https://hscky.org/> to see what they do for countless Kentuckians. And if you need to have your hearing checked, or other hearing services, make an appointment with them. All ages welcome! Use their NEW Online Hearing Screening tool if you wonder whether you have a hearing loss.

Hopefully We Will be Back on the Water Again! Please Consider Donating and/or Recruiting Donations to The Hearing and Speech Center for the 34th Annual Bluegrass Charity Regatta May 15th, 2021

THE HEARING AND SPEECH CENTER (HSC) does literally life-changing work for hearing and speech-impaired children from across Kentucky. HSC is a private non-profit agency with over 50 years of experience working with children with hearing loss and/or speech/language impairments. They provide services for children (infants through 18), their parents, and adults of all ages. There are services (in person and on-line) through their Audiology Clinic and the Speech and Language Pathology Clinic. They also provide daycare services, Early Learning Center classes, and summer programs for children.

Since 1988 **CRSA** has partnered with the women of the **THETA NU chapter of the philanthropic sorority PSI IOTA XI** raise funds for HSC. During that time the Bluegrass Charity Regatta has generated donations of over \$100,000 to HSC.

Sponsor Categories are:

Commodore Sponsor	\$500 and up
Yachtsman Sponsor	\$250 - \$499
Dingy Donor	ANY amount is gladly accepted

To donate go to:

<https://hscky.org/support/#donate>

Where the form asks "would you like to specify a particular fund?" click in the box and select 'Bluegrass Charity Regatta'. Please note that you can donate any amount you wish by choosing the 'other' box.

You may also write a check to The Hearing and Speech Center (enter Charity Regatta on memo line) and mail it to them at HSC, 350 Henry Clay Blvd, Lexington, KY 40502

Cash or checks (made out to The Hearing and Speech Center) will also be accepted at the Regatta. Send any questions, or suggestions of businesses, organizations or individuals you suggest that we approach about donating to:

Sally Shafer, Shafer.sally@gmail.com

CRSA Liaison to the HSC

2021 is the 34th year of this 3-way partnership - **HSC, CRSA and Theta Nu** began the Charity Regatta in 1988 at the suggestion and leadership of Al Lawton, the CRSA Commodore at that time.

Information on the events at the Regatta will in a future MainSHEET and at caverunsailing.org.

Tentative CRSA Mini-Schedule for 2021

The calendar below is as much as there is as of the middle of March. For more up to date info see the CRSA Website caverunsailing.org.

Mar 16, 6:00 PM	Potential start of RC Boat Racing, Jacobson Park Dock
Mar 17, 7:00 PM	Joey Waters Webinar All About Sails
May 1, 11:00 AM	Race Series # 1
May 4, 6 & 8	Beginning Sailing
May 14, Time TBD	Sunfish Social Sailing
May 15, Time TBD	Charity Regatta, CRL
Jun 5, 11:00 AM	Race Series # 2
Jun 19, 11:00 AM	Race Series # 3
Jun 19-20, 5:00 PM	Summer Sailstice Cookout and Overnight Raft Up
Jun 23-30	2021 Tahiti/Bora Bora Cruise
Jul 6-24 1:00 or 6:00	Youth Sailing Classes Jacobson Park
Aug 14, 11:00 AM	Race Series # 4
Aug 29, 11:00 AM	Race Series # 5
Sep 11, 3 – 5 PM	Member Social
Sep 18, 11:00 AM	Race Series # 6
Oct 1-2, Time TBD	42nd Grand Annual Regatta
Nov 13, 6:00 PM	Annual Awards Banquet

Time to Renew Your CRSA Membership for 2021.

Go to caverunsailing.org and click on “Join Us” in the upper right hand corner and follow the links.

If you would rather just send in a check please make it out to CRSA for \$100, indicate it is for 2021 dues, include your name, address, email address and phone number, and mail to CRSA Membership, PO Box 256, Lexington KY, 40588. Questions: email membership@caverunsailing.org.

The spectacular picture below of the sky above Jacobson Park Lake was taken by Daniel Trost this spring. Nice picture Daniel.



Cave Run Sailing Association
PO Box 256
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The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable and community service activities.

Membership Information can be obtained from Luke Adams at Membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at Mainsheet@caverunsailing.org. Special thanks to Molly Sutherland, Sally Shafer and Daniel Trost for information and/or pictures.

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