



The MainSHEET

A New Season of Sailing

LINES FROM THE COMMODORE

It's almost Spring! Many of us have spent countless hours reading, researching, and dreaming of sailing in 2022! The sun will be shining, the wind will be blowing, and sails will be set all in good time. CRSA is also excited for Spring and the 2022 sail season to begin.

In preparation for a great season, CRSA is offering *Let's Go Sailing - for women by women* to inspire sailing confidence and create friendships. The next session will be **Saturday, March 26** at Scotts Creek Marina.

Our Rear Commodore, **Mark Breeden**, is planning a **racing prep clinic** scheduled for **Saturday, April 9**. The focus will be "a course to run the course," which is designed to update club members on the role and responsibilities of the committee boat and its crew during races. Please check out the club's complete Racing schedule and more race details on page 6.

Chris Bollinger heads up Beginning Sailing classes, which help to prepare future sailors for the 2022 sailing season and beyond. **Beginning Sailing** classes are **Tuesday, April 26** and **Thursday, April 28**; the **water lab** is scheduled for **Saturday, April 30**. Last year this was a sold-out event and several people were not able to participate. Registration is open and space is limited. If you are interested or you know someone who is interested in participating, I would encourage you to take action quickly. www.caverunsailing.org/beginning-sailing/



Harbor Master **Brad Leslie** along with **Jim Dinger**, **Luke Adams** and **Jon Ware** have been working behind the scenes throughout the winter to prepare our club boats. Both boats, our Rhodes 22 and Hunter 22 (Miss Kelly) are available for your use! Please go to the club's website to schedule a boat. You must have completed ASA 101, or equivalent, to use one of the boats. This year one of the club's sunfish boats will be available for member use also. To schedule the sunfish please go to the website.

Fresca Leddy, our Social Director, is working on several activities, including the upcoming **Spring New Member Social, Sunday, May 1**, and the **2nd Annual Commodore's Tea, Saturday, June 4**. Look for more information about these events in this newsletter and on the website.

Cont'd on page 8

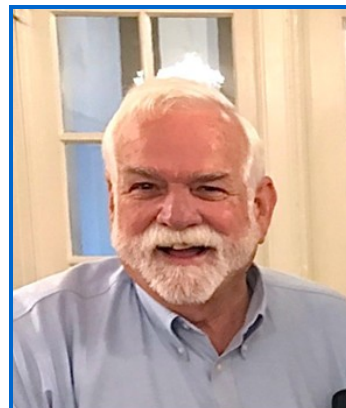
2022 CRSA Executive Committee Members



Molly Sutherland,
Commodore



David Leddy,
Vice Commodore



Mark Breeden,
Rear Commodore



Michael Jones,
Treasurer



Brad Leslie,
Harbour Master



Fresca Leddy,
Social Director



Luke Adams,
Membership



Sam Moher,
Webmaster



Merritt Wade,
Cruise Director

2022 CRSA Executive Committee Members



Chuck Emrich,
Youth Sailing Director



Jim Dinger,
Adult Sailing Director



Jon Ware,
Secretary



Valerie Askren,
Immediate Past Commodore



Chris Bollinger,
Beginning Sailing



Bill Jones,
Remote (RC) Sailing



Fred and Charmaine Pfister,
MainSHEET Editors



For more information contact:
Chris Bollinger
beginningsailing@caverunsailing.org

Learn to Sail.

Review the fundamentals.

Have fun.

Meet great people.

Tuesday, Thursday & Saturday
April 26, 28 & 30

Locations & Times:

- Tuesday, April 26 – To Be Determined - Lexington 7-9 PM
- Thursday, April 28 – To Be Determined - Lexington 7-9 PM
- Saturday, April 30 – all day (weather permitting) – Cave Run Lake

SPACE IS LIMITED: REGISTER NOW

<https://www.caverunsailing.org/beginning-sailing/>

\$35 for active CRSA members

**\$135 (includes 1 year membership
to CRSA)**

**\$170 for married couples (includes
1 year CRSA membership)**

Presented by:
 **CAVE RUN**
 SAILING ASSOCIATION

Mark Your Calendars!

Sunday, May 1st—**New Member Social**
Scott's Creek Marina

Friday, May 27th—**2022 Sunfish Social**
Jacobson Park Lexington

Saturday, June 4th—**2nd Annual Commodore's Tea** with Manly Beer
Backyard of 3605 Timberwood Lane, Lexington

Saturday, June 18th—**Summer "Sailstice" Celebration**
Cave Run Lake

Saturday, October 29th—**Annual Club Banquet and Awards Dinner**
The Lexington Country Club
Start planning your costumes!

Fresca Leddy—Social Director

NEW FUNDRAISER IDEA FOR YOUTH SAILING ACADEMY!!!

Cave Run Sailing Association Cookbook

Let's put on our chef hats and send Fresca your **favorite recipes**
at SocialDirector@caverunsailing.org

I would also like to include **provisioning tips and cooking for kids!**

Bon appétit!

Sowing Seeds at Jacobson Park

For our youth and teenagers July 2022!!
July 5, 2022-Saturday (pirate day) July 23, 2022

Registration is open at our website

Youth sailing is about legacy. The link between Cave Run sailors and the youth sailors is passion. Sailing isn't only about boats. It's about friendship, it's about passion, and it's about manpower and working together as a team. They're all values that humans need in life, and if you don't have them, boats don't work. The best way to predict the future is to create it!

That's why Cave Run Youth Sailing Academy is determined to give these youngsters a taste of the wind and water early on in life. These training days will give our younger sailors and introduction to the basics of sailing and bigger skills in life.

We plan to challenge our students to be safe on the water and have fun with others in the process. This is just the beginning and a long way to go! And with passion what a journey!

We need volunteers to keep our kids safe and give some life lessons! If you have a day -Tuesdays(6-8) or Saturday Afternoons (1-4) and want to give back please call Chuck 859-270-2199 or caverunsailing.org and sign up as a volunteer. And make a difference!

2022 RACING SCHEDULE

- This year we are adding two Long Distance races down Cave Run Lake through Tacker's Alley that will make for interesting sailing. Both races are scheduled at a time of year that usually has sufficient wind for a longer race. These races are scheduled for **April 23** and **September 10**.
- The regular Summer Series racing dates are **May 7, May 21, June 11, June 25, August 13, and August 27**.
- I will be offering a class-video for instruction in the operation of the Margaret Mary and how the Race Committee is set up and works. I will send out more information on this activity next month.

Mark Breeden, Rear Commodore

Youth Sailing Needs Your Help!

Please consider giving and volunteering!!!

If we are to grow and serve more children, we need a budget to add boats, trailers, repairs and equipment. We need to offer more scholarships to youths whose families do not have money for summertime activities. As you know, 100% of gifts go to our mission (no salaries or marketing expenses) and are now tax deductible (check with your accountant).

GIVING OPTIONS:

- **USE THE KROGER COMMUNITY REWARDS PROGRAM:**

Simply encourage your participants to visit <http://www.kroger.com>.

Once logged into their Kroger account they can search for Cave Run Youth Sailing Academy either by name or JA573. Then click Enroll. New users will need to create an account which requires some basic information, a valid email address and a *rewards* card.*

*Customers must have a registered Kroger *rewards* card account to link to our organization.

*If a member does not yet have a Kroger *rewards* card, they are available at the customer service desk at any Kroger.

- **AMAZONSMILE PROGRAM:**

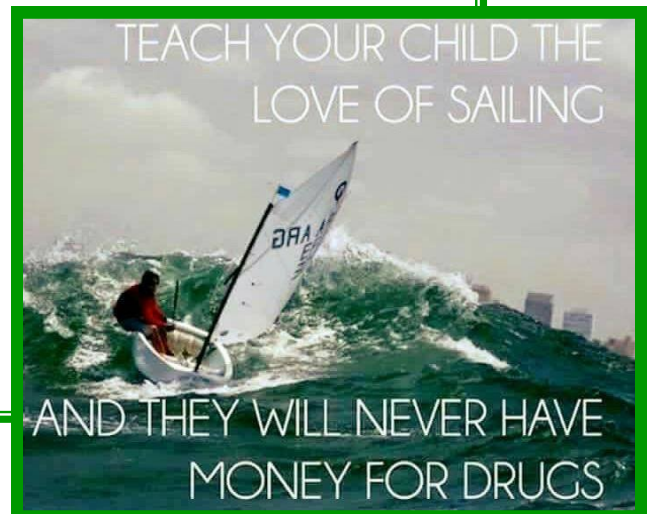
To give Cave Run Youth Sailing Academy (CRYSA) credit, make sure to shop through the AmazonSmile portal! CRYSA is already registered. You can set the Cave Run Youth Sailing Academy as the nonprofit you would like to support, and, at no additional cost to you, the AmazonSmile Foundation will donate 0.5% of the price of your eligible purchases to the CRYSA.

- **GIFTING BOATS TO SELL OR EQUIPMENT FOR AUCTIONS**
- **PLANNED GIVING THROUGH WILLS, INSURANCE, OR STOCK TRANSFERS**
- **FUND RAISING ACTIVITIES**
- **MEMORIALS OR TRIBUTES - HONORING A LOVED ONE**

As you can tell there are many ways to help. Please consider one or all and let's make our program one that can help in perpetuity!

Chuck Emrich

On behalf of Cave Run Youth Sailing Academy Board



LINES FROM THE COMMODORE—Cont'd

CRSA is proud to support our sister 501(c)(3) organization, Cave Run Sailing Youth Academy, CRYSA. Fresca is heading up a **CRSA/CRYSA cookbook** initiative designed to gather many great recipes each of us use on a regular basis and love to share, along with sailing and cruising tips. Proceeds from this initiative will go to CRYSA. Please contact Fresca at social@caverunsailing.org to share your recipes!

David Leddy, our Vice Commodore, is actively working on our upcoming **Spring Charity Regatta, planned for Saturday, May 14**. This year our charity partner is Cave Run Sailing Youth Academy (CRYSA). The membership has been very generous in the past and I hope you will continue your generosity, now that the proceeds will benefit youth sailing. I ask you to be thinking of business people you may know personally who would be willing to support the effort as a sponsor. Sponsorship levels are listed on the website.

CRYSA has been an established 501(c)(3) for several years, continues to strengthen as an organization, and is key to the development of future sailors! Youth Sailing Camp, which is held each July, is open for registration and several youth have already registered. **Chuck Emrich**, Youth Sailing Director on the CRSA Executive Committee and president of CRYSA, has an article in this newsletter, so be sure to check it out!

Merritt Wade, our Cruise Director, is out in front of Kentucky's traditional sailing season and has organized a group of 23 CRSA members to sail in the St. Lucia, Saint Vincent, and Granada region. This year's club cruise is exceptionally complex. Not only is Merritt dealing with the ever-changing Covid requirements, but this trip is a two week trip which offers club members their choice of one or two weeks of sailing. The group sets sail February 13 through February 27.

Not to be outdone by traditional sailing, **Bill Jones** is heading up our remote control **RC Sailing** fleet and plans to get started **Wednesday, May 4 at 6 PM** at Jacobson Park in Lexington. Current plans are to sail each Wednesday evening from May 4 to October 26. You are encouraged to participate with or without a remote control boat. Cheering on the fleet is almost as much fun as being the captain!

I hope this gives you an overview of some of the club's major upcoming activities, as you prepare for this year's sailing season! As always, we encourage you to participate in any and/or all club activities and we are always open to your ideas. Please feel free to contact me, at commodore@caverunsailing.org, or any of the members, if you are interested in participating in something specific or have ideas for us to consider.

Happy prep and see you on the water!

Molly Sutherland
Commodore
CRSA

ATTENTION CRSA MEMBERS!!!

We want to share a variety of **sailing experiences** from all of our members! If you have any trips, photos, tips, etc to share in the CRSA newsletter, MainSHEET, PLEASE e-mail:

Fred Pfister at fred@fredpfister.com or

Charmaine Pfister at charpfister@gmail.com

Ahoy Young Mateys!

Registration for Sailing Camp is OPEN

Learn the basics of sailing including water safety, boat anatomy, rigging, knots, points of sail, and boat maintenance. Small sailboats specifically designed for teaching youth sailing will be used.

We like to have fun!

Junior Ages 7 to 12
Teens Ages 13 to 18

Location & Times:

Tuesdays July 5, 12, 19 @ Jacobson Park 6-8 PM

Saturdays July 9, 16, 23 @ Jacobson Park 6-8 PM

\$35 for CRSA Members

**\$35 + CRSA Family Membership (\$100) or
Student Membership (\$35)**

SPACE IS LIMITED: REGISTER NOW

caverunyouthsailingacademy.org/classes/SUMMERCAMP



For more information contact:

Chuck Emrich

youthsailing@caverunsailing.org

Presented by:



CAVE RUN
YOUTH SAILING ACADEMY

A 501c3 nonprofit organization

LIFE MEMBERS BILL AND CHARLOTTE LUBAWY

OUR SAILING LIFE

It's 1972/73. We have moved from OSU/Columbus, Ohio to Lexington and UK, for Bill's first and only job. Out of the blue, he says, "I would like to learn how to sail". This from a guy who does not swim, just actively sinks! When asking around about pursuing this, we were generally met with surprised looks, and the comment, "There's no sailing in Kentucky...we have mountains!" So the idea is put on the back shelf.

It's about 1977, and the Ken and Ilene Coffeen family, from Wisconsin, moves into the house behind us. Lo and behold, Ken brings a 40 year old, 19 ft. Mahogany Hulled Lightning sailboat, which is ideal for racing, but is not ideal for a young family, that does not like to deal with avoiding the swinging boom and fearing capsizing. Needless to say, the idea of learning to sail comes off the shelf.

Ilene offers to do childcare on land if we are willing to sail with Ken. We didn't need a second invitation. Off to Jacobson Park Lake to rehydrate the boat wood and to learn the basics. Then off to the recently filled Cave Run Lake for the start of our life of sailing.

Somewhere during this time, Ken learns about CRSA, and a life-time association with CRSA was formed. Bill remembers racing with Ken. I remember the socials and many lovely people, from all walks of life and personalities, that CRSA introduced us to.

It's 1981. Another neighbor uses an inheritance to buy a 20ft cruiser. Ken's older girls ask, "Why can't we have a boat like that?" This comment leads to our two families (now with 6 girls) purchasing the 22ft Venture Sailboat, naming it "Miss Adventure," We have "Miss Adventure" to this day.

For the next 10+ years, the emphasis was on raising our family of 3 girls and related activities, including Charlotte's 8 year commitment as a Girl Scout Brownie Leader, day camp volunteer, and leader-trainer. The sailing was mainly family sailing, with some CRSA racing and, of course, those wonderful CRSA socials. In 1992 Bill began editing the CRSA Newsletter and we began to give back to the group that had given us so much. This first editing commitment lasted 5-6 years, during a time when our oldest, Carmalyn, was going off to college, Charlotte re-entered the workforce, and Bill's mother resided with us. He returned to the Newsletter editing position for 2001-2009 and 2012-2021. Because this put him in the "thick of things", he could see when something needed doing and, when he could, he would help get that done—including organizing a few banquets.

In 2004, Bill Lubawy joined Bill Jones teaching Beginning Sailing. Commitment to this endeavor continued through 2019, with help from many CRSA volunteers. When others in CRSA began offering ASA Classes, Beginning Sailing graduates could continue their education or go directly to the nationally accredited courses.

In 2001, and again in 2016, Bill took his turn at serving as Commodore. Charlotte served as Treasurer for 3 years when CRSA was desperate.

In 2012 Charlotte, having retired, and having a long history with the Wilderness Road Girl Scout



Council (WRGSC), organized a 5-day Sailing Class at Camp Judy Layne. Forty Scouts and Camp Counselors participated, using the WRGSC sailboats that had been given to the Camp by a benefactor. Twelve CRSA members volunteered that year, making this a real group effort. It became obvious that driving to and from the camp daily or staying in tents was not a viable long-term option. Steve Morris saved the day by providing the volunteers with housing at his cabin near the camp. The camp based Sailing program went on for years, till the WRGSC terminated the program because of lack of interest: a.k.a. lack of advertising AND modern options that pull young girls into so many other directions. Bill and I missed the camaraderie that came with living and working together with other CRSA volunteer instructors. Over the years, we have also helped with various Youth Sailing classes, including Boy Scout Sailing events, all organized by others.

We have gotten the most from our association with CRSA because we participated in everything, AND sailed, sailed, sailed! We enjoyed it all: sailing with the family, swimming off the boat, seeing fresh water jellyfish that only appear at the surface for a day or so, catching one small fish on a hook that had been left in the water overnight during one of our many sleep-overs on the lake, pulling the kids behind the boat on floats, sharing our love of sailing with visitors from many countries, racing during the regular race season and at the Annual Regattas, racing down the Lake to stay overnight on the Jett Set Houseboat, helping as race committee and as extra hands at the functions that followed, joining members at the lake to celebrate the solstice with a Sailstice, watching the sun, moon and planets rise and set, sailing under the full moon in the quiet of the night, helping with odd jobs like keeping the storage unit from being overgrown, checking that the tarps stayed over the boats stored nearby, being greeted by Mrs. Hook almost every time we were at our boat and having her ask about the family, and reminiscing about when our girls were young. Another thrill was going on sailing trips, organized by other CRSA members: Memorial Day weekend trips to the Chesapeake, and week(s) long trips to the North Channel of Lake Huron, to the BVIs, to Key West, to Italy, to Croatia, and to Spain for the Americas Cup Races. We would never have done these on our own. What good friends were made on these trips! And these experiences encouraged us to do some sailing adventures on our own. We went to Auckland, New Zealand for an Americas Cup Race, touring both Islands, then to San Francisco one year for Cup Trials, and another for the actual Race. We joined a group in Maine for a week of sailing and a week on land, during which we saw many lighthouses, ate 17 lobsters and had blueberry beer. We spent many Christmas vacations in Florida, day-sailing in the Keys, with occasional snorkeling trips, and a visit to the Miami Boat Show. During one of these trips, Bill and Carmalyn (who regularly sails/races on San Francisco Bay) took a two-day spinnaker handling class with J-World out of Key West in 20+ mph winds.

Without the contributions of hundreds of CRSA members over the years, none of this would have been possible, so any help we have given to CRSA is just saying thanks to them.

Charlotte and Bill January 2022

P.S. During a discussion on the question of what we were most proud of as far as our contribution to CRSA, Bill responded, "LONGEVITY". That pretty much says it all!



LIFE MEMBERS AL AND RUTH LAWTON

Al Lawton's Story

In 1963 I took a position as Forest Ranger for Rowan County and watched the formation and development of Cave Run Lake.

From 1967 to 1979 I departed Central Kentucky for a sojourn in Louisville and the family business.

In 1979 I returned to Lexington and met Charlie and Beth Jett, who invited Ruth and me to a Thistle Measuring Party and introduced us to CRSA. We CRSA joined right away. We purchased a 17-foot Celebrity day-sailer and participated in the Spring and Fall series. We also attended classes on racing rules, sail trim, and navigation.

My involvement in the club expanded, when in 1986 I accepted the position of Membership Chairman and served for several years. During this period membership increased. The club logo was designed during this period, and the first order of club burgees was purchased and offered for sale in the ship's chandlery.

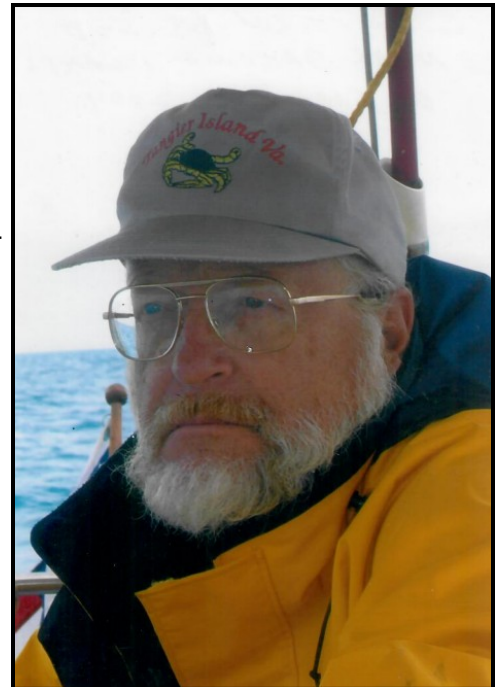
Then in 1988 I accepted the position of Vice Commander, supported the Commander, and organized the Fall Regatta.

From 1989 and thereafter, my role continued to expand. In 1989 I was elected Commander. By this time, the racing, education, and membership programs were well organized and operating smoothly. We had stalwart volunteers in the leadership positions. Social events at the lake were standard following each race and the Annual Meeting became a formal affair. But we needed something else. I shared my thoughts about giving back to the community in a charitable way. The idea caught on quickly, and the first Charity Regatta Fund Raiser was organized for the benefit of the Speech and Hearing Center.

I served more than one term as Commander, though not sequentially. The club continued to grow, and new opportunities presented themselves. In addition to the daysailer I acquired a 24-foot Helms which I kept at the lake. The first Spring Charter Cruise on the Chesapeake Bay was organized. I was not the organizer, but I was the first to sign up to attend!

There have been two pivotal events in my sailing life. The first was meeting Charlie Jett and CRSA. The second was meeting the Chesapeake Bay. Within a year of the first Chesapeake cruise, I purchased my first blue water boat, a 28-foot Cape Dory. That is correct, in case anyone is counting, the Lawton Fleet expanded to three sailing vessels and a canoe.

Sailing during the decade of the 1990's was divided between Cave Run Lake and Chesapeake Bay. The 28-foot tiller steered Cape Dory proved to be too small and was quickly replaced with a spacious 33-foot Cape Dory. *SarahGay* carried 80-gallons of potable water, was equipped with fully functional galley, and accommodations for a Captain and crew of three. Education courses were expanded to include additional navigation, engine maintenance, electricity, radar, and radio. CRSA continued its Chesapeake cruises. I was pleased to participate in the organizing and planning of these outings. The three berths on *SarahGay* were included with those available on the charter vessels, which allowed for greater number of participants without increasing the cost.



By the turn of the century the daysailer and the Helms 24 found new owners and my blue water sailing increased in earnest. On various occasions *SarahGay* and crew sailed as far south as the Dominican Republic and as far north as the Canadian Maritime Provinces and Nova Scotia. Other excursions included numerous trips in the inland water way to Florida a jaunt to Key West and overwinter at Key Largo, night-time crossing the Gulf Stream to the Bahamas, and Caribbean cruises through the British Virgin Islands and the Windward Islands.

Though competitive racing and lake sailing are no longer options, CRSA remains a strong social center in my life. For ten years Ruth and I have been pleased to make our home the gathering place for the CRSA Social. As soon as Covid is under control, we look forward to doing that again. Through CRSA I have made the best friends and enjoyed the best adventures any man could ask for!

Ruth Lawton's Story

I joined CRSA at the same time as Al. I was a born land-lover. Open boats that rocked in the water were not my friend. Competitive racing tended to bring out my worst anxieties. So, I decided to participate in the beginning sailing class taught by the club. I memorized and used the proper names for the various parts of the boat and the rigging, learned the parts of the sail, the sheets and the lines and how they operated, and some sail trim. I was cautioned, repeatedly, **there are no ropes on a sailing vessel**. Each thing that appears to be made of rope has a proper name. It will always be referred to by its proper name. You will not become confused and do the wrong thing if you use the proper name!

From all outward appearances, it looked like things were going well until, in the heat of competition, rounding the last buoy, with the boat heeled over, water splashing over the gunnels, the Captain shouted an order. "Pull that ROPE!" Anxiety set in! When the order was repeated, with vehemence, I returned in kind, "You know there are no ropes on a boat. What in "bleep" do you want me to do?" With one great lurching movement the Captain stood up, reached forward, and adjusted the boom vang the way he wanted it. To this day, I am convinced that everyone on the lake that day heard me. The crew on the boat that was trying to crowd us at the buoy laughed so hard they accidentally gave us enough buoy room to slip by ahead of them.



On the way back to the dock, I had a long talk with myself. If my decorum did not improve, no one would board a boat if I were on it. Fortunately, I was able to recruit three women friends from CRSA to attend a one-week offshore sailing school in Florida. The vessel was a 46-foot Peterson named "Womanship". The course was titled "Sail Yourself Safely Home". Upon boarding, the Captain (a woman) guided the students in an exercise to determine what each student wanted to accomplish during the week. The course was a success. It was the best thing I ever did for myself. I know if I wanted to go along, I had to get along. When I learned how to have confidence in the boat and in the crew that I was with, the anxiety took care of itself.

My first leadership position with CRSA was Treasurer. I was good with figures, and no one wanted the job. So, I ended up being Treasurer for about 10 years. Then one day the Nominating Chairman called and said it was time for CRSA to have its first woman Commodore. I immediately said "No", but Charlie Jett never took no for an answer. The club membership was about 140 families, and the activities were well established and managed, from the Spring Racing Season to the Grand Annual Regatta and the

November Annual Meeting, from the newsletter to the ship's store. As Commodore, I just needed to conduct, to assure everyone that we were in concert with our agreed upon calendar of activities.

I have collaborated with volunteers in many different organizations. I am enthusiastic about how we recognized their contributions and how this sets the standards for participation in the organization. The Executive Committee and I spend time evaluating the awards. In addition to the racing awards, the club had several membership awards which generally recognized new/newer member's contributions. These awards were given only once to the same person. The club had nothing that recognized continuous or lifetime service. Thus, the Charles H. Jett, III Award was established.

Thanks to CRSA I had the opportunity to learn to sail and to enjoy it. Thanks to Al Lawton, I have seen the sunrise over the Atlantic Ocean after a night's run across the Gulf Stream, seen a school of dolphins racing with the bow of our boat, cruised the Bahamas, BVI and the Windward Islands in the Caribbean, cruised the New England coast from Bar Harbor to New York City, traveled the inland waterway from Annapolis to Ft. Lauderdale, and spent twenty-five years "gunkholing" on Chesapeake Bay.

Al and Ruth Lawton



RENEW CRSA Membership Dues for 2022 - or Join for the First Time!

Now is the time to **renew** your CRSA Membership **or join for the first time** if you were not a member in 2021. The renewal period is Jan 1 ~ April 1 of each year. If not renewed by April 1, membership expires. The CRSA Executive Committee has been busy planning lots of activities for 2022. You do not want to miss out!!!

There are several categories of membership.

1. If you are an adult, the **Regular Membership** covers everyone in your household for \$100 (including children age 7~24).
2. Individuals who are age 7~24 and a full-time student qualify for **Student Membership** for \$35.
3. Non-members who join after July 1 for the first time are eligible for **Late Summer Membership** at \$70.

To Renew:

1. Go to caverunsailing.org
2. Click on "login"
3. Enter Username and Password (or if you do not remember your password, enter something then click on "reset your password").
4. Click on "Join Us" then "Existing Member"
5. Pay your membership fee and update your profile.

To Join for the first time:

1. Go to caverunsailing.org
2. Click on "Join Us" then "New Member"
3. Go to "New Member Registration"
4. Be sure to fill your profile after registering and paying your membership dues.

CRSA Minor Structural Repair and Finishing of Fiberglass Hulls Class Open for Registration!

This will be a hands-on intensive class, where you will learn to make minor structural repairs, including bulkhead tabbing, as well as how to refinish a gel coat hull.

The boats to be repaired are the Cave Run Youth Sailing Program's sunfish – enabling our youth sailing program to continue into another season.

- **WHO:** Club members interested in fiberglass repair.
- **WHEN:** 3-4 hours, Saturday mornings of 4/9, 4/16, 4/23, and Wednesday, 4/20 2022.
- **WHERE:** Grimes Mill Rd, Lexington (more details to come).
- **HOW MUCH:** \$100 per student. Total Boat has subsidized \$1500 of our materials cost. All fees will be used to pay for materials not covered by this subsidy.
- **HOW TO REGISTER:** First come, first served. Access this link to register <https://www.caverunsailing.org/fiberglass-class/>

Participants will need to provide the following personal tools:

- Orbital Sander (sheet sanders are not acceptable and corded tools are preferred)
- Sanding Block/Pad
- Respirator w/ Filters (cloth masks and non-filtered respirators are not acceptable)
- Eye Protection
- Tyvek Suit
- Fiberglass Rollers
- Small Plastic Squeegee
- Vinyl or Rubber gloves (proper fit and disposable)

CRSA Let's Go Sailing - for women, by women (LGS)

January 23, 2022

Meeting notes:

We had our 1st meeting Saturday, January 22, 2022 at Scott's Creek Marina at Cave Run Lake.

Eight women attended:

Charlotte Lubawy
Diana Morris
Sally Shafer
Sharon Chandler
Charmaine Pfister
Jeanne Harris
Molly Sutherland
Liz Harris



The meeting opened at 11 am – adjourned at 2 pm.

We reviewed the purpose, vision & mission of Let's Go Sailing, which is to inspire sailing confidences and create friendships!

Following the overview of LGS, we introduced each other & shared our sailing experiences and what we would like to learn or become more confident in regarding sailing.

Diana Morris presented first aid kit tips for various scenarios, including day sailing to cruising.

Sally Shafer shared information about “what’s in your (sail) bag(s)” again scaling the information from sailing alone, day sailing to cruising.

There was MUCH dialogue, interaction and stories shared from everyone! We all learned a lot and met new friends!

The next session will be Saturday, March 26 at Scott's Creek Marina at Cave Run Lake (11am – 2pm).

Please bring your own lunch. Content will include:

Knots Liz Harris
Ropes & lines Jeanne Harris
“Rules of the road” Sharon Chandler

EVERYONE IS WELCOME – PLEASE SHARE THIS INFORMATION WITH OTHERS



Let's Go Sailing

**Please note the February 12 date has
been changed to Saturday, March 26!
Location and time remain the same!**

For Women By Women

Come Join us January 22nd from 11
to 2. We will share and discuss
sailing basics and plan some fun
adventures.

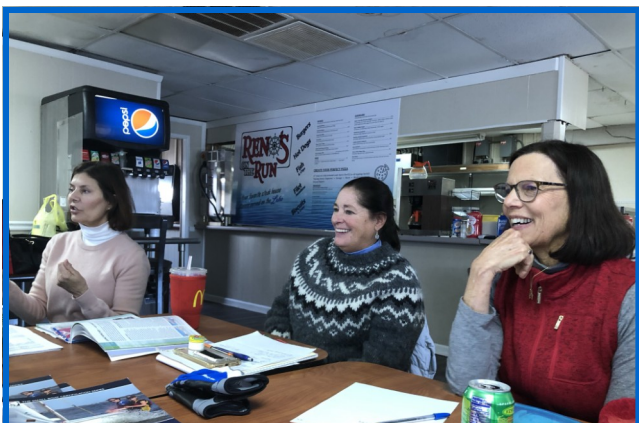
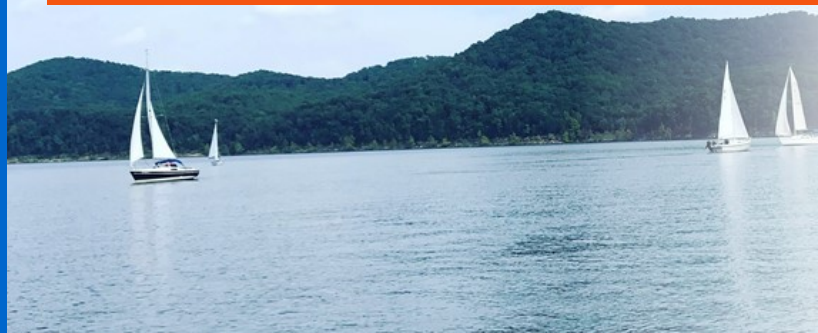
Scott Creek Marina
4325 Kentucky Highway 801 S
Morehead, KY 40351

Please bring a bag lunch.

Next meeting will be February 12
at the same location.

RSVP and Questions
commadore@caverunsailing.org

859-509-2249



That's My Boat

Each edition of the MainSHEET will feature a boat profile of a CRSA member.

Steve Morris, tell us about your boat!

I have been sailing for over 30 years. My first sailboat was a 15 ft. wooden daysailer that I found in my aunt's garage. It turned out to be a Sam Rabl "Titmouse" and it was the boat that got me hooked.

I currently sail a 1990 Hunter 27-2 named "Slightly Soaked". It is a fractional sloop rigged mono-hull with an inboard diesel engine. She was originally docked on Kerr Lake in North Carolina, where I went for a shakedown cruise and then promptly moved her to Cave Run Lake where I keep a slip at Scott Creek Marina.

The boat is 27' long, has a 9' beam, and draws 3.5' of water with a fixed wing keel. The boat has a Yanmar 1GM10 (9HP) diesel engine for auxiliary power.

The sail plan is a typical fractional sloop arrangement with a mainsail and a roller furling genoa. A few years ago I bought a new mainsail and genoa from Unbridled Sailing. The only additional equipment that I've added is a VHF radio, a digital depth finder, a Magma grill, and a solar panel. The boat came very well equipped when I bought it in 2010.

Since the boat has an inboard engine it is necessary to routinely change the engine oil and oil and fuel filters. In the Fall I winterize the engine, water system, and waste system, using propylene glycol based anti-freeze. In the Spring this process is reversed. Beyond that, maintenance consists of routinely cleaning the boat and checking all the standing and running rigging and making repairs as necessary. Every two or three years I pull the boat out of the water and have the hull cleaned and painted with anti-fouling paint.



At heart, I am a recreational cruiser. My wife Diana and I like the laid back atmosphere of ghosting along quietly with other boats on the lake. Since I am perpetually afflicted with “3 feet-itis”, I always want a boat 3 feet longer than the one I have. But I have recently come to the realization that the boat I have now is just right. With that said, I still check the cruising boat “For Sale” ads every day.

Just in case one boat is not enough, I also have two extras: a 1982 O’Day Daysailer II, that is a 17 ‘ sloop rigged, centerboard boat that I use whenever the opportunity arises; and a 2011 Avalon 25 foot pontoon boat moored at Scott Creek Marina for grandkid outings.

That’s my boat!



2022 CRSA Calendar of Activities

See Website: caverunssailing.org for updates & details

| DAY | DATE | EVENT | LOCATION | CONTACT |
|----------------------|-----------------------|---|------------------------|--------------------------------------|
| Tuesday | December 14 | CRSA EC MEETING – confirm 2022 calendar | Molly's House | Commodore@caverunssailing.org |
| Tuesday | January 11 | Trip Tales – Key West & Tahiti | Roosters | Social@caverunssailing.org |
| Saturday | January 22 | Let's go Sailing – for women, by women | Scott's Creek Marina | Commodore@caverunssailing.org |
| Saturday | February 12 | Let's go Sailing – for women, by women | Scott's Creek Marina | Commodore@caverunssailing.org |
| Tuesday | January 25 | CRSA EC MEETING – confirm 2022 budget | Molly's House | Commodore@caverunssailing.org |
| | Feb 13-27 | Club Cruise – St Lucia – Grenada | St Lucia/Grenada | |
| Saturday | March 26 | Let's go Sailing – for women, by women | Scott's Creek Marina | Commodore@caverunssailing.org |
| Tuesday | March 29 | CRSA EC MEETING – final prep for 2022 events | Molly's House | Commodore@caverunssailing.org |
| Saturday | April 9 | Racing Prep Clinic – “A Course to Run the Course” | Scott's Creek Marina | Rearcommodore@caverunssailing.org |
| Saturday | April 23 | Long Distance Race & Short Race to follow if wind permits | Cave Run Lake | Rearcommodore@caverunssailing.org |
| Saturday | April 23 | * RC Sailing – “Free Sail” @ 2:00 | Jacobson Park – Lex | rcsailing@caverunssailing.org |
| Tuesday | April 26 | Beginning Sailing – Class 1 | Lexington TBD | beginningsailing@caverunssailing.org |
| Thursday | April 28 | Beginning Sailing – Class 2 | Lexington TBD | beginningsailing@caverunssailing.org |
| Saturday | April 30 | Beginning Sailing – on the water lab | Cave Run Lake | beginningsailing@caverunssailing.org |
| Sunday | May 1 | Spring New Members' Social | Scott's Creek Marina | Social@caverunssailing.org |
| Wednesday | May 4 | RC Scored Races* at 6:00 pm | Jacobson Park -Lex | rcsailing@caverunssailing.org |
| Saturday | May 7 | Club Buoy Race | Cave Run Lake | Rearcommodore@caverunssailing.org |
| Saturday | May 14 | CRSA Social Regatta | Group Area | Vicecommodore@caverunssailing.org |
| Saturday | May 21 | Club Buoy Race | Cave Run Lake | Rearcommodore@caverunssailing.org |
| Friday | May 27 | ** Sunfish Social | Jacobson Park -Lex | Secretary@caverunssailing.org |
| Saturday | June 4 | Commodore's Tea | Leddy's Home | Social@caverunssailing.org |
| Saturday | June 11 | Club Buoy Race | Cave Run Lake | Rearcommodore@caverunssailing.org |
| Saturday | June 18 | Summer Sailstice | Cave Run Lake | Social@caverunssailing.org |
| Saturday | June 25 | Club Buoy Race | Cave Run Lake | Rearcommodore@caverunssailing.org |
| Tuesday | June 28 | CRSA EC MEETING – progress updates | Molly's House | Commodore@caverunssailing.org |
| Tuesdays & Saturdays | July 5, 9, 12, 16, 19 | Youth Sailing Camp – Chuck Emrich | Jacobson Park -Lex | Youthsailing@caverunssailing.org |
| Saturday | July 23 | Pirate Day | Jacobson Park -Lex | Youthsailing@caverunssailing.org |
| Saturday | August 13 | Club Buoy Race | Cave Run Lake | Rearcommodore@caverunssailing.org |
| Saturday | August 27 | Club Buoy Race | Cave Run Lake | Rearcommodore@caverunssailing.org |
| Saturday | September 10 | Long Distance Race & Short Race to follow if wind permits | Cave Run Lake | Rearcommodore@caverunssailing.org |
| Sat-Sunday | September 10-11 | Harvest Moon Raft-Up Overnight | Cave Run Lake | Social@caverunssailing.org |
| Saturday & Sunday | September 23-25 | 43 RD Grand Annual | Gunnel Area | Vicecommodore@caverunssailing.org |
| | TBD | Trip Tales – St Lucia & Grenada | TBD | Social@caverunssailing.org |
| Tuesday | October 18 | Movie Night – Captain Ron | Molly's House | Commodore@caverunssailing.org |
| Saturday | October 29 | Annual Meeting & Awards Banquet | Lexington Country Club | Social@caverunssailing.org |
| Tuesday | November 1 | CRSA EC MEETING – Progress updates | Molly's House | Commodore@caverunssailing.org |
| | | | | |

* RC Scored Races will begin Wednesday, May 4 and continue each Wednesday at 6:00 pm, with the final race on October 26.

** Sunfish Social make Up Day(s): Saturday, May 28 and/or Friday, June 3.

Cave Run Sailing Association
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This Issue of the
MainSHEET is
VOLUME 38 # 1
January 2022

The MainSHEET is published 4-8 times a year and distributed to members through email, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:

1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable and community service activities.

Membership Information can be obtained from Luke Adams at Membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully and sometimes not, by Fred Pfister. Please contact Fred for article ideas and or suggestions at Mainsheet@caverunsailing.org. Special thanks to all those who contribute pictures and information.

CRSA 2022 Officers

| | | |
|-----------------|----------------------------|--|
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