



CRSA thanks former Commodore Valerie Askren for five years of service as Commodore. Val led CRSA through thick, thin and even the pandemic. She did all of this with charm. grace and unusual skill. She introduced new ideas and expanded programing. The Poker-Run

Regatta, the winter Webinars on sailing, sailboat maintenance, sail trim, buying boats, sewing for sailing were all Val's ideas along with many more.

Thank You Val - From Us All!

"LINES" From the Commodore



Welcome to February 2021 and another great year for CRSA, sailors and fans! I am your new Commodore and while I am excited about 2021, I am very green. Your comments and thoughts are always welcome! Please contact me

at Commodore@caverunsailing.org

CRSA has a Board of Directors consisting of officers and program directors as specified in the By-Laws. Each board member is responsible for a specific area of the club and everyone has again stepped up to the plate with enthusiasm. We are so fortunate to have such an active and engaged board. For a complete list and bios of your board members please go to <u>caverunsailing.org</u>

2021 is gearing up to be full of fun, learning, sailing and camaraderie. Mark your calendars for a **new REMOTE CONTROL (R C) SAILING experience**. CRSA plans to have remote control sailboat racing on Wednesday evenings beginning March 16 at Jacobson Park For more info regarding times and details please visit <u>caverunsailing.org</u>

Another new event is **SUNFISH SOCIALS** every other Friday evening at Jacobson Park beginning May 14th. Again more details are on the website.

Insurance companies are starting to require special training for individuals who interact with children and teenagers to minimize risks of any abuse situation and if an allegation of abuse occurs, what should be

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done. US Sailing has developed a training program to meet this upcoming requirement and I am proud to announce nearly 25 members from CRSA, including all the Board Members and several volunteers, have completed the program. The training program is called **SAFESPORT**. Information is at: https://www.ussailing.org/competition/resources/safesport-us-sailing. Mark Breeden is serving as the liaison between US Sailing and CRSA on issues regarding **SAFESPORT**. You can contact him at:

Rearcommodore@caverunsailing.org.

We also offer a **BEGINNING SAILING CLASS** which is scheduled for May 4th, 6th and 8th. This is a combination of virtual, classroom and on the water learning. Topics covered are listed on the website under Classes. Anyone interested in learning about sailing is welcome and encouraged to participate. Registration will be up on the website closer to May. Contact

beginningsailing@caverunsailing.org for information.

There is so much going on in addition to the events I mentioned above. To ensure all our events are fun for everyone **WE NEED YOU!!** CRSA is actively seeking volunteers to help in so many areas. If you or someone you know is interested in getting more engaged and sharing talents, please contact me at Commodore@caverunsailing.org The club needs individuals with marketing, design, editing, fundraising, event planning, and an interest in youth sailing. You do not need to know how to sail to volunteer and get back.

As I tell people all the time... The people in Cave Run Sailing Association are fun, diverse and have great taste! We know how to enjoy life and we encourage you to join us!

Happy sailing

Molly Sutherland, 2021 Commodore Commodore@caverunsailing.org

Pandemic Reminder: CRSA is planning activities for 2021 but all plans are tentative depending on Covid Restrictions. Continue to check for updates on the CRSA website.

CRSA Website Going Back to .ORG.

CRSA's webhost went out of business losing control of the .org domain. To get around problems a .net domain was temporarily created. CRSA's new webmaster **Sam Moher** was able to regain control of .org so it is back. If you hadn't noticed, then ignore this note. If you had to use .net before, you can go back to .org now. Sorry for the confusion.

CRSA Youth Sailing Academy Sowing Seeds at Jacobson Park For Our Youth and Teenage Sailors July 2021 Sailing Classes!!

by Chuck Emrich, Youth Sailing Director

Youth sailing is about legacy. The link between Cave Run sailors and young sailors is passion. Sailing isn't only about boats. It's about friendship, it's about passion, and it's about person-power and working together as a team. They're all values that humans need in life. If you don't have them, lots of things don't work, including boats. The best way to predict the future is to create it!

That's why the **Cave Run Youth Sailing Academy** is determined to give children of CRSA members a taste of the wind and water early on in life. The training days below will give younger sailors and introduction to the basics of sailing and bigger skills in life.

The CRSA Youth Sailing Academy challenges students to be safe on the water and have fun with others in the process. This is just the beginning, and there is a long way to go! And with passion what a journey!

We need volunteers to keep our youth safe and give some life lessons! If you have a day Tuesdays 6-8 or Saturday Afternoons 1-4 and want to give back please call Chuck 859-270-2199 or email emrich@aol.com. And make a difference!



Youth Sailing Academy Sailing Classes.

Children, 7-12 on opti's and 13-19 on sunfish boats can receive sailing instructions and practice twice a week during July. Both groups take classes at the same times and places listed below.

All sailing will be at Jacobson Park in Lexington near the boat launch areas. All times will be Tuesday evenings 6-8 and Saturday afternoons 1:00 to 4. High winds or no winds above 2 mph may prevent sailing but on land instruction will take its place. If multiple days of bad weather cancel the on-water training days

can be added to the schedule when approved by most students and parents.

Although it is important to attend all classes, much can be learned by attending most! We will try to get parents on the water Saturday mornings if interested. Our wish is to help our youngsters enjoy the wind and water in a relaxed manner.

Youth Sailing Classes Schedule

Tuesday July 6 2021 6:00-8:00 Saturday July 10 2021 1:00-4:00 Tuesday July 13 2021 6:00-8:00 Saturday July 17 2021 1:00-4:00 Tuesday July 20 2021 6:00-8:00 Saturday July 24 2020 1:00-4:00 Fun day, the pirates take to the water!

For more information contact:

Chuck Emrich at 859-270-2199 emrich@aol.com or Lou Trost 859-893-6774 (6-9 PM) jonitrost@gmail.com

CRSA Youth Academy Prep the Boats (For All Volunteers but Primarily Youth Sailors and Parents)

Recreation and Workdays to keep boats maintained with washing and repairs will be June 26, 1-4 and July 31, 1-4. Food and drinks provided (both days). Location will be announced closer to the events.



Time to RENEW CRSA Membership For 2021 – Or Join For the First Time

This is the time to Renew your CRSA Membership or join for the first time if you were not a 2020 member. The renewal period is Jan 1 – April 1 of each year. If not renewed by April 1 membership expires. The CRSA Executive Committee has been

busy planning lots of activities for 2021. You do not want to miss out.,

There are several categories of membership.

- 1. If you are an adult the <u>regular membership</u> covers everyone in your household for \$100, including children age 7-24.
- 2. Individuals who are 7-24 qualify for **student membership**, if a full time student, at \$35.
- 3. Non-members who join after July 1 for the first time are eligible for <u>late summer</u> <u>membership</u> at \$70.

If you are enrolled in ASA 101 your CRSA Membership comes with the tuition for 101.

To **RENEW**:

- 1. Go to caverunsailing.org
- 2. Click on "login."
- 3. Enter your Username and Password (or if you do not remember your password enter something then click on reset your password).
- 4. Click on "Join Us" then "Existing Member"
- 5. Pay your membership fee and update your profile.

To JOIN FOR THE FIRST TIME:

- 1. Go to caverunsailing.org
- 2. Click on "Join Us" then "New Member."
- 3. Go onto "New Member Registration."
- 4. Be sure to fill out your profile after registering and paying the membership dues.

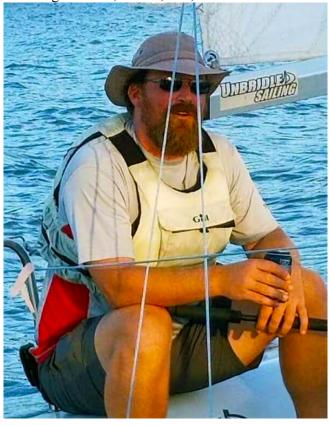
Getting Cabin Fever And Cold Weather Blues? Tahiti Trip Has Openings

Improve your spirits now by planning for an outing this sunmer. CRSA Cruise Director Merritt Wade is looking at adding a fourth boat to the three already reserved for the CRSA Tahiti Cruise for June 23 to June 30, 2021. The fourth boat will be a mono hull thru Dream Yacht Charters. It is a Sun Odessey 449 with 4 cabins and two heads. CRSA currently has a Captain for this boat and is looking for sailing crew members. The cost for this boat is \$900.00 per person based on two persons per cabin. If you are interested send, or bring to Merritt, a deposit check for \$500 per person (double occupancy) or \$1000 for single occupancy. If Merritt is unable to get the boat reserved, the deposit will be refunded. Contact Merritt as soon as possible through email at merritt.wade@live.com. His cell is 859-619-4490.

CRSA Winter Webinar Series Continues With Two More Programs

"Boat Selection, Maintenance, and Budgeting" with Marc Crutcher Wednesday Feb. 10, 2021 7 PM

Marc is the owner of Unbridled Sailing, based out of Louisville, KY, a full service stop for sailing needs including: sails, rigging, instruction, and project management. Marc worked for the Boy Scouts of America and subsequently for a company in the Caribbean doing youth sailing training programs. He ran boats from Tall Ships to cruising cats. In 2008 he started Unbridled Sailing with North Sails and eventually Ullman Sails. Marc moved to his new 6,000 ft location in 2015 carrying many top brands including Hadrken, Selden, Gill, Garmin and B&G.



Please pre-register for this free event on the CRSA webpage **caverunsailing.net**. CRSA member Cliff Hynniman is familiar with Marc from sailing at Kentucky Lake. He commented that whenever Marc is in a race he finishes first. Guess Marc really knows what he is talking about.

"All About Sails" with Joey Waters Wednesday Mar. 10, 2021 7 PM

Owner of Waters Sails, Joey has 45 years of sailing experience including being a member of the Citadel Sailing Team, and multiple national and mid-winters championships in the Y-Flyer, Catalina 22, Capri 22, and Raider Sports and JY 15.

"Sewing for Sailing" with Lyn Lewis Was A Great Success

Lyn Lewis and her husband Rich are long-time CRSA members and former live-aboards on their bluewater boat 'Fellowship." Lyn has done everything from sail repair to designing and sewing sun awnings. She gave her presentation over Zoom on "Sewing for Sailing" in January, and it was just great. Lyn provided one valuable "how to" after another. The wife of the editor of the MainSHEET, a pretty good seamstress in her own right, commented on how concise, precise and organized the presentation was. About 40 people attended the webinar. Thank you Lyn for such a helpful and enjoyable webinar.

Tentative CRSA Mini-Schedule for 2021

The calendar below is as much as there is as of the first of February. For more up to date info see the CRSA Website **caverunsailing.org**.

Fe	eb 10	7:00 PM	Marc Crutcher Webinar
M	ar 10	7:00 PM	Joey Waters Webinar
M	ar 16	6:00 PM	Potential start of RC Boat
			Racing
M	ay 1	11:00 AM	Race Series # 1
M	ay 4, 6	5 & 8	Beginning Sailing
M	ay 14		Sunfish Social Sailing
M	ay 15	11:00 AM	Charity Regatta
Ju	ın 5	11:00 AM	Race Series # 2
Ju	ın 19	11:00 AM	Race Series # 3
Ju	n ?		Possible Sailstice Sail
Jun 23-30			Tahiti/Bora Bora Cruise
Ju	16-24	1:00 or 6:00	Youth Sailing Classes
A	ug 14	11:00 AM	Race Series # 4
A	ug 29	11:00 AM	Race Series # 5
Se	p 11	3-5 PM	Member Social
Se	ep 18	11:00 AM	Race Series # 6
O	ct 1-2	TBD	42 nd Grand Annual Regatta
N	ov 13	6:00 PM	Annual Awards Banquet

CRSA Gets YouTube Channel See Greg Fisher's and Lyn Lewis' Winter Seminars From Dec/Jan

CRSA now has a YouTube channel for viewing special events. The first Winter Seminar Series program from Greg Fisher and the January program from Lyn Lewis are now up. The address for the CRSA YouTube channel is:

https://www.youtube.com/channel/UC2jRJzihud43IzI VrU-5TsA

Interested in Radio Controlled Sail Boats?

When spring comes remember CRSA has at least five members who have purchased radio-controlled sailboats and plan to sail them this spring. That probably means racing. There is a proposal to sail on Jacobson Park Lake each Wednesday evening starting about the middle of March. To have a "fleet" CRSA members are all purchasing DragonForce 65 boats online with the racing rig. These boats were selected because they are some of the most affordable RC boats available. But they do require assembly which takes a while, so order soon in time to be ready for spring sailing. If you are interested contact CRSA Secretary Ken Ruhl at secretary@caverunsailing.org.



Ken Ruhl, Lee Sutherland and Jim Dinger finish assembly on a DragonForce 65 for sailing in March.

Racing During 2021 is Free

CRSA scheduled a series of sailboat races during the year and wants to remind everyone that all races are free to members. Race dates are listed on the website

and in the tentative calendar in this issue of the MainSHEET.

Meetings for all racers are held at 11:00 AM in the parking lot at the Scott Creek Boat Ramp. Races begin at 1:00 PM. Come out and enjoy sailing with other CRSA members.

For further information on racing contact CRSA Rear Commodore **Mark Breeden** at **rearcommodore@caverunsailing.org.**

Reminder: CRSA Members Can Use the Club Boats

CRSA members can use the club boats for days out on the lake or for racing. ASA 101 Certification or equivalent is required. Sunfish can be used at no charge. The Miss Kelly and the Rhodes cruisers can also be used for a donation of \$100/day. Check the CRSA website for rules and reservation information.

Reminder: All CRSA Board Meetings Are Open to All Members

The Board of Directors for CRSA meets regularly and all meetings are open to all members. Meetings are usually monthly with a few breaks during the year. Meetings during the Covid restrictions are held on Zoom or Microsoft Teams. The next meeting is March 8th at 7:00 PM. If you are interested in attending contact **Ken Ruhl at**

<u>Secretary@caverunsailing.org</u> a couple of days before the meeting for the link.



CRSA Board of Directors Met in early February to continue planning activities for the 2021 Sailing Season.

Reminder: CRSA Members Qualify for Discounts on Boats Chartered Thru Dream Yacht Charters

CRSA Cruise Director Merritt Wade has worked out an arrangement with Dream Yacht Charters to give CRSA members a discount on boat charters. If you are interested please check with Merritt for details at merritt.wade@live.com. This is yet ANOTHER benefit of CRSA membership.

CRSA Members Clean the Margaret Mary II Committee Boat

In December CRSA members Steve Morris, Valerie Askren, Sam Moher, Brad Leslie and Russ Morris pulled the Margaret Mary II on its brand new trailer and did a very badly needed pontoon cleaning. The trailer will also be used to take the boat in for motor servicing. A real "THANK YOU" to everyone involved.



Looks like the pontoons needed lots of cleaning.



Dinghies even had a costume Halloween Lunch.

CRSA Burgees On Sale \$35

Proudly display your membership in CRSA by flying a new Burgee. Burgees



are in stock and you can order as many as you want on the webpage, caverunsailing.org, under the Club Store. These burgees make fabulous gifts for you, your sailing significant other, or just to display and show your friends how "cool" you are!

Distinguished CRSA Group Takes Advantage of "Zoom" Technology To Hold Luncheon Meetings

The "Dinghies", a group of senior CRSA members, has been meeting for lunch on Friday's at noon for years - no decades. Despite being distinguished the group has a rather colorful past having been asked "not to come back" at eating establishments off of Southland Drive and in Lexington Green.

Not to be outdone by the disease, **Dinghies** member **Jerry Smith** has been arranging zoom conference calls for the group. Online attendance has varied from 7 to 10. Everyone misses the Lobster Bisque and Fish Tacos served at the Signature Club but it is really nice to see friendly sailors while in person meetings are out. **All CRSA members are invited to join. Email Jerry at jerryhughsmith@yahoo.com**.

Participating members have included Jerry Smith, Al Lawton, Bill Lubawy, David Owens, Alan Owens, Bob Woods, Cliff Hynimman, Bill Strunk, Friedbert Becker and Bill Jones.



Dinghies Zoom meetings help keep members in touch during the virus shutdowns.



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WWW.CAVERUNSAILING.ORG

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The Cave Run Sailing Association is an <u>all volunteer</u>, nonprofit association dedicated to:

- 1. promoting both leisure and race sailing,
- 2. conducting sailing education classes,
- 3. providing a forum for good will and social activities among those interested in sailing and
- 4. participating in charitable and community service activities. Membership Information can be obtained from Luke Adams at Membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully and sometimes not, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at Mainsheet@caverunsailing.org. Special thanks to Molly Sutherland, Valerie Askren, Merritt Wade, and Chuck Emrich for information.

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