

## Newsletter of the CAVE RUN SAILING ASSOCIATION

### CRSA Catch the Excitement in 2013

We are a large group and growing. At 2012 year end we had 268 members (116 families), a 16% increase in one year! We represent diverse interests, ages and backgrounds.

So whether you have never sailed before or have decades of experience cruising the world, we have opportunities for you.

No boat needed. We have lots of social activities for members without boats and have three sailing cruises planned for this year that you can join. We can also teach you and/or your children to sail with a range of classes going from Beginning Sailing to American Sailing Association certificate courses.

If you are a couple and only one of you likes to sail, we have lots of social activities for our significant number of non-sailors. If you are a family looking for something that kids and parents can enjoy together, try us; we have many families who can show you how it works.

Whether you are a top-notch sailboat racer, or you don't yet know the boating rules of the road, we have opportunities for you. If you think you might want to race, but aren't sure, we have lots of racers who can take you on as crew and teach you how it's done. And it's all free. Captains of race boats are the only ones who pay a racing fee, but not all captains.

New offer this year! Regardless of whether you are a new member or a renewing member, if this is your first year captaining a boat in the CRSA race series, we'll waive your race fee. So if you just got a boat or never tried racing before with your daysailor, now you can try it for free.

Membership questions? Contact Membership Chair Sally Shafer [membership@caverunsailing.org](mailto:membership@caverunsailing.org) 859-299-4569.

### Renew your membership today

You can renew with paper form and paper check (form enclosed and mailed out this month) or download the membership form and pay on-line through a link at [www.caverunsailing.org](http://www.caverunsailing.org) (secure payment, no password needed, but you do need to use a check).

At this time we have no option open for you to update your personal info on line (but soon will), so we ask everyone to please submit (mail, or scan and email) a completed membership form. Dues are due on March 1, please. Don't miss this year with CRSA - there will be a lot happening.

**New or Potential Members:** Join any time. Get to know us before you decide. Come to our spring social on March 24<sup>th</sup> (information inside this newsletter). Send us your contact info and we'll invite you to other spring events we have scheduled as they arise.

### 2013 CRSA Calendar Updates on Website

DATE	ACTIVITY
Mar 9 (Sat)	North U Racing Rules/Tactics Seminar
Mar TBA	Trip Tales 6 PM TBA
Mar 24 (Sun)	Spring Social at Al and Ruth Lawton's
April 11-14	Hospice Regattas Nat Championships St. Petersburg, FL
April TBA	Trip Tales - 6 PM - TBA
April 20 (Sat)	1st Race w Post Race Social/Raft Up
May 7 & 9	Beginning Sailing School (Lexington)
May 11 (Sat)	Beginning Sailing Lab (Cave Run Lake)
May 18 (Sat)	Racing Clinic (a.m.) & 2nd Race (p.m.)
May 22 (Wed)	ASA 101 Class Session TBA
May - Sep	ASA 101 On Water - by arrangement
May 24-28	CRSA CRUISE Chesapeake Bay
June 1 (Sat)	3rd Race
June 5 (Wed)	ASA 103 Classroom Session TBA
June 15 (Sat)	4th Race
June 22/23	Summer Sailstice Raft-up
June 22 to July 27	Youth Sailing Lexington and Cave Run
June 29 (Sat)	5th Race
Jun/Sep TBD	ASA 103 On Water KY Lake TBD
July 14-18	Girl Scout Summer Camp Sail Lessons
July 21 (Sat)	Bluegrass State Games Sailing-Louisville
July/early Aug	Commodore's Summer Social TBA
Aug 17 (Sat)	6th Race
Aug 23-25	Mountain Mama Charity Regatta WV
Sep 14 (Sat)	7th Race w Post Race Social/Raft Up
Sep 15 (Sun)	Charity Regatta Cave Run Lake
Sep 15-21	CRSA CRUISE America's Cup SF, CA
Sep 21 (Sat)	8th Race
Oct 5-6 (Sat-Sun)	Grand Annual Regatta <i>Catalina 22 Region 4 Championships</i>
Oct 11-15 (Fri-Tue)	CRSA CRUISE Chesapeake Bay Return
Nov 9 (Sat)	CRSA Annual Awards Banquet 6-10PM

[WWW.CAVERUNSAILING.ORG](http://WWW.CAVERUNSAILING.ORG)

The MainSHEET





Welcome New Officers!



## CRSA OFFICER PROFILES

**Commodore: Dave Davison**, South Charleston, WV

**My family.** My wife, Rebecca, our two adult daughters, Kelly and Lee, and our granddaughter, "Captain" Madison.

**How did you hear about CRSA?** A National Guard buddy needed crew and I discovered sailing on Cave Run Lake. I've been a CRSA member since 1998.

**Do you own a boat? What type of sailing do you enjoy?**



I own two, 'good old boats' a one-design racing dingy - Flying Scot 2194 and a Hunter 25 cruiser. At heart I'm a one-design racer but as I mature, I'm enjoying cruising the Chesapeake, teaching others to sail and being a club race officer.

Moonlight sailing on the lake is also great fun. This season's goal is to teach my granddaughter to sail.

**What do you enjoy most about CRSA?** The experiences, excellent ship mates and opportunities to expand my horizons and skills. When I joined I was a "pond" sailor, racing on inland lakes. During the last 15 years, I've raced in three Flying Scot North American Championships: cruised in the Chesapeake, Caribbean and Italy: become a certified Race Officer, keelboat instructor and licensed USCG Captain. I was able to do this because of the spirit of adventure, love of sailing and willingness to teach I found in the membership of the CRSA. I believe "There is nothing- absolutely nothing- half so much worth doing as simply messing about in boats." from The Wind in the Willows by Kenneth Grahame. Finally, I really enjoy the opportunities to race, run race, teach, cruise, socialize and tell "sea stores. As always the best enjoyment is the people. Some I've sailed with or competed with for 15 years and others I've skippered their first boat ride.

**Rear Commodore: Mark Breeden**, Lexington, KY

**My family.** My wife Patti.

**How did you hear about CRSA?** My wife and I moved to Lexington and I found Cave Run Lake. Since I grew up sailing it was only a matter of time before I bought an old boat then went looking for a place to race and help teach sailing. **Do you own a boat? What type of sailing do you enjoy?** I restored a Catalina 22, Kookie Monster that I race. My biggest interest is in racing. **What do you enjoy most about CRSA?** I enjoy the people who are just a lot of fun to be with. I've sailed since I was a pre-teen beginning in New Orleans. In fact I continue to be a



member of Southern Yacht Club in New Orleans. I have raced in Lake Pontchartrain, the Mississippi Gulf coast, and the Ross Barnett Reservoir in central MS before starting to enjoy racing on Cave Run Lake.

**Harbor Master: Brad Leslie**, Hurricane, WV.

**My family.** My wife, Donna and our adult children, Jennifer, David, Daniel and Julie.

**How did you hear about CRSA?** Word of mouth from folks while sailing my sunfish on Cave Run Lake. Chris Bollinger invited me to race one day and mentioned the website. Later we decided we needed lessons or we were going to kill ourselves and CRSA has the best deal anywhere on sailing instruction and ASA courses. I've been a member since 2007.

**Do you own a boat?**

**What type of sailing do you enjoy?** Like many folks in CRSA I own multiple boats. We own three currently, a 1968 Alcott Sunfish, a 1993 Beneteau F210 that we participate with in the race series on Cave Run Lake. We also spend time weekend cruising on our Beneteau 361 on the Chesapeake Bay.



**What do you enjoy most about CRSA?** I have enjoyed the opportunity to learn to sail from classes offered by CRSA. Through these classes as well as the instruction and advice from fellow members, I have become an accomplished sailor. I also enjoy the fellowship shared at our race series especially the regattas. members I have become an accomplished sailor. I also enjoy the fellowship shared at our race series as well as the regattas.

**Treasurer: Melanie Wales**, Lexington, KY

**My family.** My husband, Jonathan.

**How did you hear about CRSA?** We took sailing lessons in Houston, TX last summer and found this sailing club to join to practice our skills. We have been CRSA members since 2012.



**Do you own a boat? What type of sailing do you enjoy?** We don't own any boats yet...hopefully someday though. We like day sailing and hope to get into cruising.

**What do you enjoy most about CRSA?** We have already enjoyed meeting a lot of people and learning more about sailing. We are impressed with

CRSA members' willingness to take new sailors under their wing and show us the lines. The opportunities it presents to allow you to learn to sail. We have been able to rent the CRSA sail boat, crew for races, and we plan on going one this summer.

### CRSA Spring Social

March 24<sup>th</sup> from 3-5 PM is the time for the New Member Social at the home of Al and Ruth Lawton, 3236 Bates Creek Road, Lexington. CRSA members & friends are welcome.

**Bring an appetizer or a snack**



## CRSA OFFICER PROFILES



**Secretary: Chuck Emrich, Lexington, KY**

**My family.** My adult children and son-in-law Tiffany, Barret, Autumn, Sierra and Jacob Hamm



**How did you hear about CRSA?** Saw sails on the water at Cave Run. I've been a CRSA member since around 1990.

**Do you own a boat? What type of sailing do you enjoy?** I own a Sunfish, Laser II, CATALINA 22 and Caliber 38. I enjoy all types of sailing for every condition and level of challenge. I like racing both on and off lake. The better the competition, the better the racing! I also enjoy off shore cruising and exploring the islands.

**What do you enjoy most**

**about CRSA?** A group of sailing friends who want to share sailing with others both older and younger. CRSA provides us with an opportunity to fall in love with the wind waves and the water - it keeps sailing alive in KY! I talk sailing all the time and would enjoy a conversation with you! Be it races or navigation or repair of the boat...cell 859-270-2199. Call if you like to talk sailing.

**Web Master: Julie Mitchell, Lexington, KY.**

**How did you hear about CRSA?** I did an online search prior to moving to KY from MI - wishfully hoping there was somewhere to sail in KY. To my surprise, there was! I've been a member since 2011.



**Do you own a boat? What type of sailing do you enjoy?** I do not (yet) own a boat, but I enjoy any type of sailing. Most of

my experience is in racing and day sailing, but I'm happy as long as I'm out on the water! This past year I went on my first-ever cruise -- the CRSA Chesapeake Bay Cruise over Memorial Day weekend. I had a blast and can't wait to join another CRSA cruising experience. I have taught sailing for 5 years, started a youth racing team, raced in a European Youth Championship and Open World Championship in Sweden, as well as sailed in multiple North American Championships for Ynglings all over North America (Michigan, Minnesota, Iowa, Rhode Island, and Toronto, CA). **What do you enjoy most about CRSA?** I really enjoy the sailors I've met through CRSA -- there are so many people with such a breadth of knowledge and experiences that I always learn something new or hear a great story when I'm with them!

CRSA has three (3) off the lake cruises planned for 2013. See inside this edition for more information.

**Membership Chair: Sally Shafer, Lexington, KY**

**My family.** My adult children Michael and Hannah are



experienced sailors and love being on the water, and Michael occasionally crews on a 40 footer racing near Atlanta. We hope to soon introduce daughter-in-

law Jena to cruising. And my 2 year old granddaughter already loves the water and boats.

**How did you hear about CRSA?** Al and Ruth Lawton were my neighbors for many years. Al's polite but persistent persuasion to join the club finally worked. I should have joined sooner. I've been a CRSA member since about 2002. Was social chair in 2011 and membership chair in '12 and '13.

**Do you own a boat? What type of sailing do you enjoy?** I own a Sunfish (vintage 1980's). I keep it on a lake in Maine where I sail every summer. It helps keep me young. I love all types of sailing, but coastal cruising is at the top of my list. The Maine coast is my favorite cruising territory, but I'll sail anywhere.

**What do you enjoy most about CRSA?** The opportunities! I've met so many great people who sail, and have been on amazing sailing trips that never would have happened without my CRSA friends. I keep learning! The club has a huge amount of expertise so no matter what sort of sailing skills I want to learn, I can always find someone to teach me.

**Youth Sailing Co-Chairs: Ben and Valerie Askren, Lexington, KY.**

**My family.** We have boy/girl twins!

**How did you hear about CRSA?** We were looking for a new sport. A new passion. A new obsession. And sailing seemed to fill that niche. We have been CRSA members since 2007.

**Do you own a boat?**



**What type of sailing do you enjoy?** We purchased our 2004 Catalina 250 five years ago. As avid outdoors people, we wanted a physical activity that could provide some intellectual challenge, yet would accommodate our young boy/girl twins. Throw in a few starry nights, steaks on the grill, and a bottle of red wine and we were hooked.

**What do you enjoy most about CRSA?** CRSA has helped open the world of sailing up to us!





## CRSA OFFICER PROFILES



**MainSHEET Co-Editor: Bev Merten**, Richmond, KY.  
**Family.** Husband Ralph, my sailing crew or captain.



**How did you hear about CRSA?** We have been CRSA members since 1985. Ralph contacted Charlie Jett, a founding CRSA member and Thistle Class Association (TCA) member about learning to race. Charlie invited us to join CRSA and taught us how to race as

well! Charlie was a great mentor, competitor, and friend - we miss him! Both Ralph and Bev are past CRSA Commodores (Ralph in 1996 and Bev in 2005).

**Do you own a boat? What type?** A robin's egg blue Thistle #3787 and an old woodie Thistle #594 which Ralph rebuilt and we still sail on occasion. The Thistle is a 17' racing sailboat with a 24' mast. She's fast, responsive, and a bit tippy. But she is a fun and exciting boat to sail! **What type of sailing do you enjoy?** We enjoy it all, but you could say we are racers at heart. We began cruising in 1996 with CRSA's Chesapeake Cruise, and in 2001 completed ASA 101, 103, 104 during a live aboard bareboat cruising course with Blue Water Sailing School in Ft. Lauderdale, FL. Both of us are ASA certified and charter primarily in the BVI, Grenadines and on the Chesapeake. Outside of CRSA we have also completed Boat Safe, Seamanship, Piloting, Advanced Piloting, and Junior Navigation (Celestial Navigation) courses.

**What do you enjoy most about CRSA?** CRSA just keeps getting better! The educational opportunities are great, the people are fun and we get to do what we love - SAIL!

**Social Co-Chairs: Alex and Yoly Acosta**, Lancaster, KY.  
**My Family.** We have four children to take sailing and to socials.

**How did you hear about CRSA?** Online, searching for sailing lessons. We have been CRSA members since 2011.

**Do you own a boat? What type of sailing do you enjoy?** We purchased a 23 footer at the end of 2011 and we love it.

**What do you enjoy most about CRSA?** The social activities. The group is a lot of fun and we enjoy being with them. We look forward to meeting many more fellow CRSA members.



**MainSHEET Co-Editor: Bill Lubawy**, Lexington, KY  
**My family.** Charlotte, my wife and fabulous co-captain for 42



years, and three grown up daughters all now living in California- two of whom are avid sailors. **How did you hear about CRSA?** While in our first house in Lexington a new neighbor moved in behind us. He brought with him a 45 year old mahogany hull Lightning from Wisconsin. We helped him get the boat ready to sail and learned to sail from him. After several family outings his wife asked us if we would "Sail with Ken while I take care of your and my kids?" She did not like to sail. We loved it. We heard about CRSA from Ken, and we joined in the late 70's and have been members ever since.

**Do you own a boat? What type of sailing do you enjoy?** We actually have two boats. One a 22 ft. Venture cruiser we bought in 1981 and still both love and use a lot especially for overnights at Cave Run. And a 25 year old 14 ft. Capri that we bought in 2011 from another CRSA member that we use for racing, sailing on other lakes and just plain goofing around. If it involves sailing, we enjoy it. **What do you enjoy most about CRSA?** Everything. We love the races, the socials and the off the lake cruises. Most of our dearest friends we met through CRSA. We have done things and been to places we would never have were it not for our love of sailing and our participation in CRSA. Start with America's Cup races New Zealand and in Spain for example. Charlotte and I agree our lives have been MUCH MUCH richer because of joining and participating in CRSA.

**Vice Commodore: Derek Eggers**, Lexington, KY.

**My family.** My wife Lora, and our children Taylor and Clay  
**How did you hear about CRSA?** I knew several of the club



members from a kayaking club that several of us were in years ago. After moving back to Lexington and realizing I knew people in the club it was a good time to re-kindle my old love of sailing. I've been a member since 2005. **Do you own a boat?** **What type of sailing do you enjoy?** We have a

Merit 22 "Lolita Deux", and Taylor and Clay have a Sunfish and Minifish that we're restoring. I love all types of sailing -- even hanging out on the committee boat, and backyard sailing (sitting in the backyard with the sailboat figuring out what repair should be attempted next). If I had to rank things I'd say Racing #1. Even when I'm day sailing or cruising, if there is another boat on the water, we are racing. **What do you enjoy most about CRSA?** The people! The CRSA feels like an extended family to me. At socials and races I really like catching up with people and hearing what they've been up to, and I really enjoy getting to know new members. I like the fact that it's not a stuffy club, people are helpful to others, and there is always something new to learn. I like getting to do something outdoors with my family and see the kids enjoy other kids in the club. I hope to see our club thrive and grow so that more families can enjoy it well into the future as we do now.

### Bring in three - get membership for free

Any individual who recruits three new CRS members gets the following year membership for free. Let the Membership Chair know to whom you recommended us.



## CRSA OFFICER PROFILES



**Sailing Education Director: Cliff Hynniman**, Lexington, KY. **My family.** My children are all grown but do not sail. **How did you learn about CRSA?** Two of fellow faculty members at UK were avid sailors. One is a CRSA member and the other talked me into buying an “abandoned”



Buccaneer which I completely restored, then began sailing. From there I joined CRSA. **Do you own a boat? What kind of sailing do you enjoy?** I wanted something more stable and comfortable than the yellow Buccaneer on which I learned to sail, so I moved first to 25 then two years ago to a 36 Catalina mkii, Finnish Line, I keep on Kentucky Lake. I enjoy racing but really spend most of my time cruising,

both on cruises and on Kentucky Lake. **What do you enjoy most about CRSA?** I enjoy everything about sailing and CRSA is part of that. I served as CRSA webmaster for a number of years, became a certified ASA instructor, help teach beginning sailing and the ASA courses and I now serve as the sailing education director. I’m also a member of the Bluegrass Sail and Power Squadron, and have taken a number of their courses. Additionally I am a US Coast Guard licensed captain. CRSA has given me a ready group of sailing enthusiasts to talk over everything from boat maintenance to cruising locations to new hardware and like all of us, introducing me to more ways to spend money on boats.

**Historian: Kaye Arnold**, Lexington, KY.

**My family.** My adult children, Eric and Megan Robinson, and granddaughters Madison and Zoe.



**How did you hear about CRSA?** My former husband, Dick Prewitt, took me and another couple sailing on a pretty October day in 1991. It was pleasant, but not very exciting. The following Spring, we had married and when I crewed for him in the first race. I was hooked and I’ve loved sailboat racing ever since.

**Do you own a boat?**

**What type of sailing do you enjoy?** I own 3 boats, a Laser, a Flying Scot and a 470. I plan to race my Laser, but if anyone is looking for a boat, the FS and 470 are for sale. I love club racing, whether on my Laser or as crew on a variety of boats, and I also enjoy taking my Laser out on Jacobson Park Lake in Lexington. I’ve been to the Outer Banks once and the Chesapeake twice on club trips, and can recommend both as being a lot of fun!

**What do you enjoy most about CRSA?** I always have a good time at any CRSA event - racing, committee boat, socials, and trips. While learning to sail, I capsized a lot at first, but I improved as I got excellent advice from more experienced sailors.

Be sure to get a 2013 Park Service Permit for launching your boat at the Scott Creek ramp.

**Cruise Director: Dan Geiger** Lexington, KY.

**My family.** Wife Robin (does not sail) and son Stuart and his wife Toni. **How did you hear about CRSA?** A cycling friend and



sailor recommended I look into CRSA for the cruising. I completed ASA 101, 104, and 105 in the BVI and was anxious to sail. I joined for the cruising. **Do you own a boat? What kind of sailing do you enjoy?** I share a 2008 Ski Nautique at a dedicated private ski lake but do not own a sail boat. I enjoy extended salt water cruising and hope to do more since I retired.

**What do you enjoy most about CRSA?** The people. I have made a number of great friends who share my love of sailing. I enjoy the social events, Board meetings and especially the cruising. The Club is very well managed and I have enjoyed working with the dedicated volunteers who make things happen for the Club.

### I’m Not Your Friend

(Editors’ Note: Long time CRSA members Rich and Lyn Lewis are now living aboard their boat Fellowship cruising the South Pacific. At this moment they are in a marina in the Sea of Cortez. Rich sent this note for the MainSHEET on boat maintenance.)

Hi. My name is Chafe. You might say I have an abrasive personality. I just think that I rub a lot of sailors the wrong way. You can ignore me if you want to sail a brand new boat with brand new rigging for a short day sail - just once. You see, I need some time to do my worst. I also require motion. If I can get things moving, like a less-than-taut halyard swaying back and forth at the masthead while you are away from your boat, or a sheet running across a lifeline, then I can get some real work done. You’ll need new running rigging in no time flat, and I can usually promise a “fire drill” when you suddenly discover my best work.

There are several areas of your sailboat that I like better than others. Some sailors like me a lot because, by doing nothing, they invite me to do my best work. Other sailors really don’t like me very much because they go to great lengths to prevent me from sailing with them at all. Here’s a listing of fun stuff I found on Rich and Lyn Lewis’s boat in the last couple of years. I’ve also listed ways that Rich has *tried* to sabotage my work. I’m always trying to work around his efforts and find new ways to get the “fire drill” reaction I so enjoy. So far, I’ve only come close...

**Masthead lines.** As halyard lines get stiffer in the sun, they really begin to chafe better. I do my best work at the masthead where the halyards turn 180 degrees over the sheaves. Unless the owner keeps the halyards taut even when the boat is put up on its trailer, they gyrate back and forth on the sheave and eventually weaken the line so it breaks in a big wind when the line loads up. The sail comes down and the fire drill can be spectacular! I love this work!

Rich’s solution is to wrap the vulnerable part of the halyard with some ½” tape (anything but duck tape). A 10 cent solution in 10 minutes. Eventually, I will weaken the line anyway, but by that time



Rich will have either cut off a couple of feet of the line, or, if the line would be too short, he'll end-for-end it so that a new section of the rope is resting on the sheave. Then I have to start all over... How frustrating! By the time I finally get some real chafe going, the line is 10 years old and they



replace it with new line.

**Halyard slap.** Oh, how I love halyard slap! Nothing irritates Rich and Lyn more. I've had him on deck in the middle of the

night so many times, I can't count... Halyard slap is the noise halyards make when they slap the mast or spreaders in a breeze. The noise goes right down the mast into the cabin. The halyards chafe wherever they hit metal: spreaders, mast, shrouds, winches, radomes. What fun! Some sailors leave their boats for weeks for me to do my work. The added benefit is that I can irritate the whole anchorage or dock with my slapping.

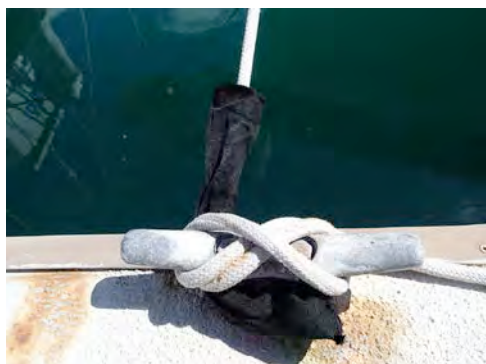
I just hate it when bungees are used to pull the halyards away from the mast. Sailors hook one end to the halyards and the other end to the shrouds. That's the simplest way to frustrate me. Some sailors use light cord instead - it will last longer in the sun as the rubber in bungees is very susceptible to UV damage.

**Sail attachment points.** Anywhere a line is attached to a sail is a good place for me. Halyards and sheets can be under tremendous loads and double braided line can have its core deformed and weakened from extended periods of time under load while making the severe turn around an attachment point. Just look at the genoa halyard of a sail on a roller furler. After several months of the owner keeping tension on the halyard when the boat is not being used, it's easy to see the damage I can do. It doesn't matter if you splice an eye or tie a bowline. I'm gonna win. Taping the line where loop contacts the head, tack or clew ring works for a while. Using a metal or plastic thimble in an eye splice is ideal. Of course, cutting off a foot of line or end-for-ending the line will also make me start all over again.

**Bow chocks, toe rails and cleats.** I just love this category! First, I really get to irritate people on the boat when they're trying to sleep. And on other nearby boats, too. Creak, creak, creak... Secondly, when I complete my work, the fire drill is absolutely spectacular! Boats floating out of docks and off moorings is just too good to believe.

It's amazing how many sailors invite me to this party. The friction on docklines as they pass over, around or through bow chocks, toe rails, and cleats is mind-boggling. Think about putting your finger between the dock line and the metal it is rubbing against. You wouldn't dare - it's a lot of pressure!

That pressure produces heat which I



can use to melt and weaken strands as I chafe them.

The solution is simple - use some material at the contact point to take the friction and protect the line. Most people go to their local fire department and ask for some retired fire hose - 1.5" is best but 2" works fine. Or you can get fancy and go to [www.DiscountHydraulicHose.com](http://www.DiscountHydraulicHose.com) and order NPS-153 nylon protective sleeving which is black and even makes your boat look faster. Then cut it into 6" or longer segments, thread the hose through it and move it to the part of the hose that is going through the chock, over the toe rail, or where the line first touches the cleat on your boat and the cleat on the dock.

This article can go on and on. I have many tricks up my sleeve and love to talk about them. But the editor really wants to get this newsletter out and under budget, so I'd better sign off. Looking forward to seeing you on your boat! Chafe

P.S. Though not nearly as much fun (no fire drills), I do enjoy chafing sails, too!

## Final CRSA Dinghies Lunch Meeting at Regatta's Seafood

CRSA Dinghies is a group of CRSA members and guests devoted to sitting around and chatting about sailing and anything else that comes up in the course of lunch. Dinghies meet almost every Friday at 11:45 am. For more years than anyone can remember the group met at Regatta Seafood near Hilton Green in Lexington. But Regatta's closed this winter. Below is a picture of the distinguished Dinghies Board of Directors present for the final meeting at Regatta's in Lexington.



## CRSA Dinghies Lunch Meetings Resume at the Lansdowne Club

The closing of Regatta's Seafood cannot slow the CRSA Dinghies from forging on. Meetings are now held at the Lansdowne Club basement on Lansdowne Drive at the bottom of the hill about a block off of Bates Creek Road. Meetings begin at 11:45 am. The group ONLY MEETS on weeks in which there is a Friday.

Drop in, no reservations are required, and look for the CRSA Burgee on a table with sophisticated CRSA Dinghies representatives sitting around. For information check with Al Lawton 859-293-2792 or Bill Jones 502-863-5341.

### Race with CRSA for FREE

If you are a new captain wanting to race for the first season your race fees are cancelled. Join us for fun free.

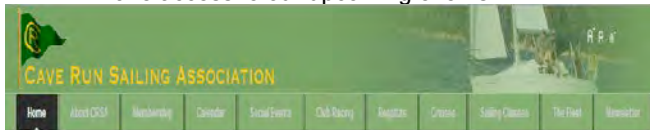
## Something New: Link your Calendar with the CRSA Website Calendar.

We've integrated **Google Calendars** with our website for the 2013 calendar! If you have an



Android phone or Google account, you can now add the CRSA calendar to remind you of upcoming events. (Don't worry, our calendar will just overlay your calendar -- we won't have access to your personal information!)

- ▶ Simply log on to your Google Calendar. On the bottom left corner is a section called "Other Calendars."
- ▶ In the "Add a friend's calendar" box, type *caverunsailing@gmail.com* and voilà -- you have access to our upcoming events!



We're continuing to add functionality to our website -- **[www.caverunsailing.org](http://www.caverunsailing.org)** -- if you haven't already, check it out! All registered members receive an access code to create their member account. Once logged in, you can view additional information such as board member updates, the member database, a racing crew list, and discussion boards. This year, we also plan to implement online membership forms and archives of historical club documents. Additionally, our executive committee has been trained to update information on the website about their upcoming events, so check back often for new information!

Finally, if you haven't already, join us on **Facebook!** With just under 100 members in our group, there's always a discussion going on, whether it be boats for sale, upcoming events, or even boat repair suggestions!



- ▶ Go to [www.facebook.com/groups/caverunsailing](http://www.facebook.com/groups/caverunsailing)

As always, if you have any questions please don't hesitate to contact [webmaster@caverunsailing.org](mailto:webmaster@caverunsailing.org).

## CRSA Members Needed for Beginning Sailing School May 11

Please mark your calendars for Saturday May 11, 2013. CRSA will need members with boats to help teach the Beginning Sailing School water lab. You will receive instructions for what to do with the students.

Please come to the Scott Creek Marina, unrigged if possible, by 9:45 AM. We will assign each boat several students to help you rig and sail with you. At noon we will return to the Marina for lunch and go back out at 1:00 with different students on your boat. The day will end about 3:45 PM with presentation of certificates of completion. This is a fun day, gives us new members and helps support CRSA.

## Consider being a Future CRSA Officer

A club like this works only because of the many people who volunteer to help out. Toward the end of this year CRSA will be looking for new officers for some positions. When I was asked to join the board as social chair in 2011 I was not sure I would enjoy the job, but I figured it was my turn to help out. In hindsight, I am so glad I did it. Working to help the club has been great fun, and has introduced me to so many interesting people. Volunteer to help CRSA; the club will benefit and so will you. Sally Shafer, membership chair.

## 2012 Bluegrass Charity Regatta

Since 1988 the members of Psi Iota Xi, a national philanthropic organization, have partnered with CRSA to help bring sound and communication into the lives of children who are served by the Lexington Hearing and Speech Center, LHSC. The local chapter of Psi Iota Xi recruits philanthropic sponsors for our annual charity regatta, and CRSA sailors volunteer boats, skippers, crew and Race Committee. In 2012 we raised over \$4000 for LHSC thorough this one-day regatta making the total support since the effort began in 1988 under then Commodore Al Lawton, over \$92,000. For the first time 4 CRSA members sponsored boats in addition to the many outside supporters recruited by our philanthropic partners. CRSA is glad to participate in this partnership with the Theta Nu chapter and looks forward to many Charity Regattas in the future.

Special thanks to Commodore Dave Davison and his crew for serving as the race committee for the 2012 event.



*Traffic around the marks was pretty congested at the Charity.*



*Theta Nu provided a freshly cooked post race meal for everyone.*



## More Photo's from the 2012 Charity Regatta!







### **CRSA Membership Benefits**

*When you become a Cave Run Sailing Association member, you are opening the door to a lifetime of friendships, fun activities and exciting sailing experiences! CRSA provides its members with the opportunity to explore, to learn, and to indulge their passion for sailing!*

### **American Sailing Association (ASA) Certified Sailing School**

*The Cave Run Sailing School is an ASA Certified and offers basic keelboat, coastal cruising and navigation courses. ASA classes give sailors the ability to become more competent and confident in their abilities. Take advantage of the knowledge and expertise of some of CRSA's best sailors!*

### **Other Instructional Sailing Programs**

*Spring Basic Sailing Class, Winter Navigation, and hosts a USCG certified captain's course.*

### **Youth Sailing Program**

*Introduce your child to the thrills of sailing. Open to children between the ages of 7 and 14 years, the Youth Sailing Program teaches the basics of sailing in small sailboats specifically designed for teaching youth. Sailing is a lifelong passion, nurture it early!*

### **Cruising Program** *Imagine . . .*

*The Caribbean - sandy white beaches, the seductive beat of the steel drums, the spray off the bow.*

*The Chesapeake Bay - steeped in the history of our nation, gourmet crab cakes, the wind in the sails.*

*San Francisco Bay - to see the finals of the 2013 Americas Cup*

*Our most popular member benefit, for obvious reasons! CRSA is planning sailing cruises to one or more of these destinations this year. Come on aboard!*

### **Racing Program**

*For those competitive sailors, CRSA offers a way to hone your sailing skills with a series of 8 races held from April thru September. Trophies are awarded to the top finishers in each boat class. Racing clinics provide an opportunity to learn about the latest "go fast" techniques, including sail tuning and trim. Do you feel the need for speed?*

### **Regatta Program**

*CRSA sponsors or participates in several different regattas, including the WV Mountain Mama Charity Regatta, CRSA Charity Regatta, and the Grand Annual Regatta. These regattas provide members with an opportunity to test their sailing skills against some of the best sailors in the region!*

### **Social Program**

*Enduring friendships take root in the many social opportunities provided by CRSA. Trip Tales at The Ketch, the Spring Social, Raft-Up's at the lake, Commodore's Summer Social, The Annual Banquet. These are some of the great ways to get to know your fellow CRSA members. We'll be looking for you there!*

### **Member Referral Program**

*Refer 3 - Get 1 FREE! Earn a "Referral" Thank You by referring three new Family Memberships and get your annual membership FREE! Just pass the word to your friends and colleges about the great times we have at CRSA!*

### **CRSA Gives Back!**

*Lexington Hearing and Speech Center - Since 1988, the members of Theta Nu Chapter of the national philanthropic organization Psi Iota Xi partner with CRSA to help bring sound and communication into the lives of the children who are served by the Lexington Hearing And Speech Center. Theta Nu recruits sponsors and CRSA volunteers sailboats, skippers, crew and the Race Committee.*

*Girl Scout Sailing Programs - CRSA continues to mentor Girl Scout sailing programs.*

*We're excited about all of the programs and activities we have planned for this year, and we hope you are as well! If you are joining as a new member, please complete the membership application and return it to our Membership Chairman Sally Shafer at [membership@caverunsailing.org](mailto:membership@caverunsailing.org). If you are renewing an existing membership - don't delay! **Send your renewal in TODAY!***

*There's no need to own a boat to join, we have activities for everyone! **Come sail with us!***



# Cave Run Sailing Association Membership Form

Please indicate your purpose in submitting this form:

☐ New Membership ☐ Renew Membership ☐ Update Your Data  
(New boat, phone, address, email, etc.)

Name \_\_\_\_\_ Email \_\_\_\_\_

Phone (Primary) \_\_\_\_\_ Phone (Secondary) \_\_\_\_\_

Spouse/Partner \_\_\_\_\_ Email \_\_\_\_\_

Phone (Primary) \_\_\_\_\_ Phone (Secondary) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Children living at home (address above) or who are students in college are included in household membership. Please list names & ages.

\_\_\_\_\_

Areas of interest in sailing	Boat Information (If you have a boat or boats)
<input type="checkbox"/> Club cruises	Manufacturer _____ Model _____ Boat Name _____
<input type="checkbox"/> Cruising	Sail Number _____ Length _____ Home Port _____
<input type="checkbox"/> Racing	Second Boat:
<input type="checkbox"/> Social	Manufacturer _____ Model _____ Boat Name _____
<input type="checkbox"/> Sailing classes	Sail Number _____ Length _____
<input type="checkbox"/> Youth sailing program	

## Volunteer Opportunity:

CRSA is an organization of volunteers. Tell us what aspects of the club you would like to be more involved with. We are in need of many practical skills, not just sailing skills.

☐ Yes, I volunteer to help with CRSA activities this year, call on me. I would like to volunteer with: \_\_\_\_\_

<input type="checkbox"/> New member (per household ) plus initiation fee (\$75 + \$15)	\$90 _____	<b>Membership renewal fees</b> are due on or before March 1st. Please check all that apply, total the column, make check payable to CRSA, and send along with this signed application to <b>CRSA</b> <b>PO BOX 256</b> <b>LEXINGTON, KY 40588</b>
<input type="checkbox"/> New partial year membership (after July, 1st) (\$37.50 + \$15)	\$52.50 _____	
<input type="checkbox"/> Membership Renewal (household membership)	\$75 _____	
<input type="checkbox"/> Student Membership (non-family member)	\$15 _____	
<input type="checkbox"/> Annual Race Fee (per boat)**	\$85 _____	
<input type="checkbox"/> This is my first year captaining in CRSA races - Please waive my race fee.		
**In lieu of this total season fee, a race-day fee of \$15 is payable on race days.		
<input type="checkbox"/> I wish to make a donation for youth sailing program expansion		
TOTAL _____		

Please send my MainSheet newsletter as:	<input type="checkbox"/> paper copy	<input type="checkbox"/> PDF via email	<input type="checkbox"/> both
Please send my handbook/directory updates as:	<input type="checkbox"/> paper copy	<input type="checkbox"/> PDF via email	<input type="checkbox"/> both

BY MY SIGNATURE, I AGREE TO ABIDE BY THE RULES OF THE CRSA AND TO ACCEPT ALL RESPONSIBILITY FOR MY PARTICIPATION. I AGREE TO HOLD HARMLESS AND INDEMNIFY AGAINST ANY AND ALL LOSSES, AND/OR CLAIMS THERETO, THE ORGANIZATIONS, AND PERSONNEL SPONSORING OR CONDUCTING CRSA SPONSORED ACTIVITIES, INCLUDING, BUT NOT LIMITED TO, THE OFFICIAL RACE COMMITTEE OF CAVE RUN SAILING ASSOCIATION, THE CRSA ITSELF, AND ITS OFFICERS. UNLESS OTHERWISE NOTED BELOW, I HEREBY GIVE PERMISSION FOR THE CRSA TO USE MY NAME OR IMAGE LIKENESS IN OFFICIAL CLUB COMMUNICATIONS AND PROMOTIONAL MATERIAL INCLUDING NEWSLETTERS, WEBSITES, SOCIAL MEDIA, AND OTHER CLUB RELATED ELECTRONIC AND PAPER COMMUNICATION. I AGREE THAT THE INFORMATION I ENTERED ON THIS FORM MAY APPEAR IN THE CLUB DIRECTORY.

I note the following exceptions to the above: \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

*Unsigned applications will be denied membership*



# CHESAPEAKE BAY CRUISE

## October 12-16, 2012 - Report

The second Chesapeake Bay Cruise for 2012 was held during October and arranged by CRSA Cruise Director Dan Geiger. Brad and Donna Leslie generously agreed to share their boat, docked near Lottsburg, VA, for the cruise and we chartered the 41' Hunter "Audacia" from Norton Yacht Charter in Deltaville. The fall Chesapeake cruise explored the southern part of the Bay. The CRSA Spring cruise explored the more northern part of the Bay. Cruisers included Warren Anderson, Dave Davison, Charles Denham, Michael Fieldon, Dan Geiger, Brad and Donna Leslie, and Josie Pennington.



***Audacia at the dock in Annonock, VA.***

The first day we traveled north to Reedville and docked at the Crazy Crab where we enjoyed a fine seafood meal. Reedville is an active commercial fishing village. We passed the trawlers going up Cockrell creek and saw the fish processing plant. On shore we admired the old town's Colonial architecture.

The next morning we set sail across the Bay for historic Onancock, VA, a town chartered in 1680 that boasts you can see "Four Centuries of colorful history in a five minute walk on Market Street." After a long trip up Onancock creek past beautiful ocean front homes we docked at the Onancock Town Dock for the night. Part of our group ate at a dockside restaurant while the rest explored the historic town on foot, frequently stopping to read the historic markers in front of the numerous Colonial era homes. Onancock was a busy port for tobacco shipments to England in the 18th Century.



***Josie Pennington and Michael Fieldon on Audacia.***

We set out on the final leg the next morning. The weather forecast called for 15 knot winds, but a few hours into the trip we encountered a 35 knot head wind and 6 foot seas. Things were going well until the wind pulled the reefed roller main sail all the way out of the mast on our chartered boat. We could not furl the main because (we learned later) the furling line had jumped off the clutch. The crew went forward and was able to contain the sail by wrapping it around the boom. We motored on to our final destination at Deltaville. The lesson learned was how to set the furling clutch in the correct position when reefed.

The trip was memorable with good (and sometimes exciting) sailing weather, historic Colonial Chesapeake Bay towns and great seafood meals. I plan to do it again in 2013.  
**Dan Geiger, CRSA Cruise Director**

## 2013 CRSA Cruises

CRSA will again sponsor several cruises in 2013. Two on the Chesapeake and one on the San Francisco Bay to watch the 2013 America's Cup Finals. To go on these cruises you must be a 2013 CRSA member. Here are some details.

### May 24-28, 2013 Upper Chesapeake Bay

This cruise will begin and end in Annapolis, MD. We have reserved 3 sailboats, each equipped with 3 cabins, 2 heads and AC. The boats range in length from 39' to 46'. In addition, Brad Leslie has agreed to donate the use of his boat, a Beneteau 361, making a total of four in the fleet. Captains include Dave Davison, Dan Geiger, and Brad Leslie. One additional captain is needed of anyone is interested.



May 24 and 28 are travel days with sailing May 25-27. Crew will arrange car pools for transportation on their own. Sleeping is available aboard the boats at Annapolis the nights of May 24 and 27 which lowers the cost. Boats will be docked at marinas each night with one being in the spectacular Baltimore Inner Harbor. Cabin assignment will be determined by the captains, but will be based on earliest reservations.

The estimated cost of the cruise is \$620 per person, double occupancy plus boat provisions. Final cost may vary depending on the crew total. To reserve your space send a check for \$250 per person made to Cave Run Sailing Association to **Dan Geiger, Cruise Director at 1880 Fort Harrods Dr., Lexington, KY 40503**. Please make reservations prior to Feb. 20 as we will cancel unfilled boats after that date, but space may still be available on retained boats.

For more information, contact Dan Geiger at [dan.geiger@insightbb.com](mailto:dan.geiger@insightbb.com) or 859-797-4212.

### September 15-21, 2013 San Francisco Bay for finals of the Americas Cup

Join your friends and fellow sailors on a unique CRSA experience next September aboard sailboats and near the finish line under the Golden Gate Bridge for the 34th Americas Cup race.



#### Itinerary:

Arrive Sunday Sept 15th: Sausalito - board sailboats, enjoy dinner @ Le Garage.  
Monday, Tuesday, Wednesday, Sail SF Bay - Watch Cup racing from the rail of our chartered boats.

Look at the Golden Gate Bridge from underneath, an incredible view. See Alcatraz island.

Thursday Sept 19th: Check into Fisherman's Wharf Hilton: Visit America's Cup Pavilion, Watch Racing from Golden Gate Yacht Club quay.

Friday Sept 20th: Tour Fisherman's Wharf area, Explore downtown San Francisco, Group dinner

Saturday Sept 21th: Depart for home.

Cost is \$1,100 per person based on double occupancy on board and at the hotel. The cost includes sailing charter (live aboard) through Modern Sailing School and hotel accommodations at the Fisherman's Wharf Hilton. There are only three charter boats available at this time accommodating approximately 15 club members. As of January 20th we have the trip 12 of 15 participants registered to fill the trip. Boats have been chartered and hotel rooms booked.

If you are interested, slots are available on a first come, first serve basis by contacting Sam Moore (859-492-2863, [samoore@mac.com](mailto:samoore@mac.com)). Reservations will be accepted gladly with a \$250 non-refundable deposit. This trip is open to all CRSA members in good standing. Make checks to "Cave Run Sailing Association"

Note: cost of this trip covers boat berthing for captains. This trip is scheduled during the 2nd final week of the Cup race. There is a possibility that the competition will be over at the time of our arrival or during our stay. The trip will go regardless of race status.



#### October 11-15, 2013 Lower Chesapeake Bay

This cruise will begin and end near Deltaville, MD. The cruise leader is Al Lawton who has donated the use of his boat as an additional vessel for the cruise. More information will be provided as it becomes available. Updates will be posted to the CRSA Webpage, [caverunsailing.org](http://caverunsailing.org) and in the MainSHEET. To make a reservation or for more information, contact Al at 859-293-2793.

### CRSA Hosts North Sails U: Racing Rules and Tactics

March 9<sup>th</sup> from 9 am - 4:30 pm CRSA will host a seminar on the new 2013 Rules of Racing in Lexington at Bizcards Today 2462 Palumbo Drive, Lexington. Come and learn the rule changes in effect this year and learn some racing tactics. This seminar is presented by North Sails representative Todd Berman. Registration information is available on the CRSA Website, [caverunsailing.org](http://caverunsailing.org).



American  
Sailing  
Association®

## SAILING CLASSES 2013 CAVE RUN SAILING SCHOOL Cave Run Sailing Association

*Affiliated with the American Sailing Association (ASA)*

PO Box 256, Lexington, Kentucky 40588

The Cave Run Sailing Association has taught sailing courses for many years. This year we will offer the popular Beginning Sailing course along with a variety of American Sailing Association courses. The Club was awarded the designation, **Outstanding ASA Sailing School for 2007 and 2008**. This is an honor accorded only 20 schools from among the 300 ASA schools throughout the US. Special congratulations to our ASA instructors for those years, Jeff Lagrew and Sam Moore for this achievement. Furthermore, Jeff was named Outstanding Instructor by ASA for 2008.

### Beginning Sailing May 7, 9 and 11, 2013

The Beginning Sailing course is a good way to determine if you like sailing and wish to continue learning how to sail. Students with no sailing experience who wish to have an introduction are encouraged to take this course rather than starting with ASA 101. The course is economical as it provides the learning experience and a textbook, plus one year membership in CRSA for \$95 per person.

The course consists of two evenings of class work on Tuesday and Thursday from about 7-9 pm in Lexington and one Saturday from 10 am - 4 pm on the water at Cave Run Lake where you sail boats with CRSA Captains at your side. This course will be offered only



**Beginning Sailing students learn knots.**  
once during each sailing season.

To register for the course students who are not CRSA members must complete the membership application found in this MainSHEET issue or on [caverunsailing.org](http://caverunsailing.org) at the following link:

<https://docs.google.com/viewer?url=http://www.crsatest.org/julie/images/documents/membformfeb2012.pdf&chrome=true>

Complete your registration by sending your check payable to CRSA to William Lubawy, 4893 Wyndhurst Road, Lexington KY 40515-1250 at least one week prior to the first class period. If interested or you have questions send an email to [beginningsailing@caverunsailing.org](mailto:beginningsailing@caverunsailing.org). Enrollment is limited and provided on a first come - first served basis when the tuition check is received.

### ASA Courses

After taking the Beginning Sailing course, or if you have some sailing experience and know you want to continue learning we recommend taking one or more American Sailing Association courses. If you plan to take an ASA course and you are not a member (not taking Beginning



Sailing) please complete the application, include a dues check payable to CRSA, and mail it to the address on the form. Print the membership form in this issue or at the following link.

<https://docs.google.com/viewer?url=http://www.crsatest.org/julie/images/documents/membformfeb2012.pdf&chrome=true>

ASA courses include written and water testing. Successful completion results in nationally recognized certification. The sequence starts with Basic Keelboat (ASA 101) and then on to Basic Coastal Cruising (ASA 103). The water portion of ASA 101 will be at Cave Run Lake or other suitable body of water. ASA 103 will be at Kentucky Lake or other suitable navigable waterway. Students will spend 2 full days, usually Saturday and Sunday on the water. Both of these courses will include a brief meeting session in Lexington. A written test will be administered following successful completion of water component.

**FOR 2013** - A meeting will be scheduled for a group of students who are members of CRSA and have paid their ASA course registration fee. For 2013 this meeting will be scheduled after the Beginning Sailing course (scheduled May 2013) is completed. Students will then be assigned to an instructor for completion of the course on the instructor's boat. On average our certified instructors prefer to take two students in order to easily complete the course on one weekend.

The Coastal Navigation course (ASA 105) is a classroom only course, i.e., no on-the-water component. There are no prerequisites for this course. It is taught each year depending on interest. See the schedule in the table below.

After taking ASA 101 and 103, higher level courses, e.g., ASA 104, 106, and 114 may be taught during a CRSA sponsored cruise or when instructor time is available on coastal waters. Each of these courses may have a classroom session, but the majority of the experience will be on the water.

You must be a member of CRSA to take ASA courses. Fees for ASA courses shown in the table below are among the lowest for such classes. The CRSA philosophy is to offer ASA courses to benefit the membership, and thus, the Club has been careful to keep fees as low as possible. The rates are lower than most sailing schools. Our goal is to build a better sailing experience for members.

You can find additional information about each of the ASA courses at [www.american-sailing.com](http://www.american-sailing.com). If you have questions or wish to take a sailing course please send an email to [saileduc@caverunsailing.org](mailto:saileduc@caverunsailing.org).

## ASA Registration

The number of students that can be accommodated in ASA courses is limited so please act early. Send an email to [saileduc@caverunsailing.org](mailto:saileduc@caverunsailing.org) indicating your interest in a specific course. If prerequisites are required, please indicate whether you have taken the prerequisites, at what school, when, and provide your ASA student number. We will verify your CRSA membership, verify your ASA certifications, and respond accordingly to your email. You will then need to promptly send the appropriate course fee. Fees are due and payable even though a specific date for your course has not been established. Classes will be filled on a first come first paid basis. Your registration will not be recorded until your fee has been received. Checks should be made payable to CRSA and sent to Cliff Hynniman, 1253 Colonial Drive, Lexington, KY 40504.

**Note:** Taking an ASA course during a CRSA sponsored cruise is at all times considered an additional cruise option. Registration for cruise related courses must be obtained by following the registration procedure in the paragraph above. ASA courses will be taught by the CRSA instructors (shown below), who are certified by ASA.

**Mark Arnold**, [mark@m2ddesign.com](mailto:mark@m2ddesign.com), ASA 101, 103, 104, 105

**Jim Bugay**, [jbugay@windstream.net](mailto:jbugay@windstream.net), ASA 101, 103, 104, 105,

**David Davison**, [David.M.Davison@usa.dupont.com](mailto:David.M.Davison@usa.dupont.com), ASA 101, 103, 104, 105

**Jim Dinger**, [dinger@email.uky.edu](mailto:dinger@email.uky.edu), ASA 101, 103, 104, 105

**Cliff Hynniman**, [hynnimac@yahoo.com](mailto:hynnimac@yahoo.com), ASA 101, 103, 104, 105, & Sailing Classes Registrar

**Jeff Lagrew**, [jlagrew@atlanticappraisal.com](mailto:jlagrew@atlanticappraisal.com), ASA 101, 103, 104, 105, 106, 107, 114

**Sam Moore**, [samoore@mac.com](mailto:samoore@mac.com), ASA 101, 103, 104, 105

## YOUTH SAILING

June 22 - July 27

Introduce your child to the thrills of sailing in the CRSA Youth Sailing Program. Interested children between the ages of 7 and 14 years will find the Youth Program a great opportunity to learn the basics of sailing. Small sailboats specifically designed for teaching youth sailing will be used. The course covers water safety, boat anatomy, rigging, knots, points of sail, and boat maintenance. Classes will include instruction both at Cave Run Lake and Jacobson Park, Lexington, KY. Students who have already taken sailing classes are encouraged to continue participation, as there is always more to learn! Youth Sailing is a special program of the Cave Run Sailing Association. The first class is June 22 on Cave Run Lake. A closing Youth Sailing Regatta is July 27 also on Cave Run Lake. Regular classes are Wed evenings from June 24 to July 24 on Jacobson Park Lake in Lexington. For registration and other information contact Ben Askren, Youth Sailing Director at [youthsailing@caverunsailing.org](mailto:youthsailing@caverunsailing.org).

## Sailing School Calendar and Fees

Course	Class Fee	Schedule*
<b>Beginning Sailing</b>	<b>\$95</b>	Classroom: May 7 and 9 (evening). Water Lab: May 11 (Cave Run Lake)
<a href="#">ASA 101</a>	<b>\$225</b>	Courses to be arranged depending on interest and instructor availability
<a href="#">ASA 103</a>	<b>\$225</b>	Courses to be arranged depending on interest and instructor availability
<a href="#">ASA 104</a>	<b>\$300</b>	Depending on interest may offered in association with a scheduled CRSA Cruise - No current schedule
<a href="#">ASA 105</a>	<b>\$300</b>	Minimum of 6 students, February 13 - 17, 2013
<a href="#">ASA 106</a>	<b>\$300</b>	Depending on interest may offered in association with a scheduled CRSA Cruise - No current schedule
<a href="#">ASA 114</a>	<b>\$300</b>	Depending on interest may offered in association with a scheduled CRSA Cruise - No current schedule
<b>Youth Sailing</b>	<b>\$35 Member Child \$56 Non Member Child</b>	June 22 and July 27 on Cave Run Lake. Wed evenings from June 24 to July 24 on Jacobson Park Lake

\* Location of Classroom sessions and times TBD

## 2012 Social Year in Review

By Misty Hagan

Being new to the club, let me begin with a big "thank you" for your patience and support during the 2012 season. We had a great time getting to know more about CRSA and its members, a unique and exciting group.

We began the 2012 year with a continuation of the Trip Tales series. We met once a month January through March at the Ketch with individual members sharing tales of sailing adventures.

January: Italy, presented by Jane Howell

February: Race tales, presented by Dave Davison, Derek Eggers, and Chuck Emrich

March: Caribbean Adventure to Abacos, presented by Chuck Emrich, Derek Eggers, and Michael Rogers

A/V equipment was provided by Ed Puterbaugh and Derek Eggers. Attendance averaged 25 each night for the three month series.

The Spring Social in March was hosted once again by the



**Al and Ruth, Bob and Misty at the Spring Social**

items and donated the money to youth sailing. Sally Shafer organized a ship's store. Derek Eggers organized

a slideshow **Members model Ship's Store items.** presentation of past CRSA events. If you have not seen this slideshow yet, it is a must see.

The annual Summer Sailstice was held on June 23<sup>rd</sup>. Beth Jett graciously hosted the event on *JettSett III* providing the

perfect opportunity for those needing a comfortable place to lay their head. Approximately 14 rafted up or slept on Beth's boat. We enjoyed pork chops



**Sailstice raft up behind the Jett Sett III.**

for dinner provided by Beth and watched the sun disappear

over the lake that evening. A delicious french toast breakfast provided by the Lubawy's awakened us the next morning.



**Sailstice attendees enjoy breakfast.**

The Summer Social was held on August 26<sup>th</sup> at the home of Bob Woods. Seventy to eighty CRSA members attended.



A delicious low-country boil provided by Chef Bob Woods (not to mention the over-the-top key lime and meringue desserts) was enjoyed by all. Many of the children and the young at

**Some of the Social low country boil.** heart cooled off with an evening swim.



**Good food brought smiles to the Summer Social**



**Summer Social host Bob Woods with Social Chairs Mist and Bob Hagan do some of the after social dishes.**

At the lake, post-race socials were held on the RC boat following each race, except one, due to weather conditions.



These socials were a group effort by all, including the Lubawy's and the Trost's.

Finally we ended the year with our Annual Banquet held at Spindletop Hall. Approximately 75-80 members attended the



**2012 Awards Banquet dinner at Spindltop.**

silent auction followed by dinner and awards. We raised about \$600 for our youth sailing program thanks to generous donations by CRSA members.

As I write this article, I am reminded of all that CRSA has accomplished in 2012 and how Bob and I are proud to be part of such an active group. Thanks to all who participated in any way, big or small, to make being social chairs fun and easy for us. I am sure you all will be just as accommodating to our new social chairs for 2013 Alex and Yoly Acosta!





## 2012 Annual Awards Banquet





## 2012 CRSA Awards Banquet

The Awards Banquet in 2012 was held at Spindltop Hall on November 10. About 75 CRSA members and friends were present. Awards presented included:  
 Charles Jett Award: Brad Leslie.  
 Commodore's Award: Misty and Bob Hagan.  
 Best Crew Award: Thomas Bollinger  
 Most Active New Member: Julie Mitchell.



*Beth Jett gave the Charles Jett Award to Brad Leslie.*



*Bob and Misty Hagan received the Commodore's Award from Dave Davison.*



*Julie Mitchell received the Most Active New Member Award from Commodore Dave Davison.*



*Commodore Dave Davison served as Master of Ceremonies for the Awards Banquet and is shown here with the Summer Race Series trophies.*

Summer Race Series winners were -  
 Day Sailor: 1 Ralph Merten, 2 Chris Bollinger, 3 Louis Trost.  
 Handicap: 1 Chuck Emrich, 2 Mark Breedon, 3 Bill Lubawy.  
 Overall Club Championship: 1 Ralph Merten, 2 Chuck Emrich, 3 Chris Bollinger.



*Overall Club Champions Ralph Merten with crew Bev Merten and Alicia West and second place overall Chuck Emrich with crew Derek Eggers.*



*Summer Race Series Day Sailor Division winners were Louis Trout, Bev and Ralph Merten with Crew Alicia West and accepting for Chris Bollinger was Derek Eggers.*

The final "official business" at the banquet was the installation of the 2013 Constitutional Officers and Appointed Officers. It was a "GRAND" evening.



The MainSHEET is published 4-5 times a year, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

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The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to 1. promoting both leisure and race sailing, 2. conducting sailing education classes, 3. providing a forum for good will and social activities among those interested in sailing, and 4. participating in charitable activities. Membership Information can be obtained from Sally Shafer at [membership@caverunsailing.org](mailto:membership@caverunsailing.org).

**HOT OFF THE PRESS:** An electronic membership form is now available at the website [caverunsailing.org](http://caverunsailing.org).

Go to the website > membership tab > online form.

CAVE RUN SAILING ASSOCIATION  
P.O. Box 256, Lexington, KY 40588

The MainSHEET

[WWW.CAVERUNSAILING.ORG](http://WWW.CAVERUNSAILING.ORG)

