Volume 38 #7 November 2022

ASSOCIATION The MainSHEE SAILING Z Ш > ⋖ C I 0 EWSLETTER

Fall Sailing News

LINES FROM THE COMMODORE

2022 in Review

Let me start with it's been a busy year!

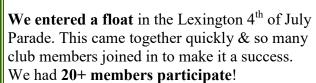
First, I would like to thank the many members and the Executive Committee for sharing so much of your energy with me and CRSA! For a more comprehensive review of our 2022 activity, check out our 2022 Annual Report.

We have a phone number 859-810-CRSA (2772)!

When someone calls, they leave a message & Michael Jones sends it to the appropriate individual within the executive committee.

We reviewed and updated the bylaws.

We initiated a new activity named **Let's Go Sailing, for women by women.** This year we kicked it off in January with 8 women and currently we have about 42 women on our interest list. For more information, please see page 16.





Vice Commodore **David Leddy** helped us **change our support for** the Charity Regatta to our **Youth Sailing Academy**, which is its own 501 C3. We collected over \$2000 to support Youth Sailing. David and team hosted a successful Grand Annual Regatta with **13 cruisers & 6 dinghies – 23 crew & 17 guests.**

Rear Commodore, **Mark Breeden** included two long lake races this year in addition to the buoy races.

We are in a strong financial position.

Secretary **Jon Ware** asked to step down and I am pleased to welcome **Jeanne Harris** as our 2023 Secretary.

As our assets grow, so does the Harbor Master **Brad Leslie**'s job! **Brad and team have worked throughout the year to ensure club boats are available for your use.**

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Covid made early trip tales a little challenging, although **Fresca Leddy, our Social Director**, set up one in January and posted it on our **CRSA YouTube channel**. The **new member social** was held at Scott's Creek Marina for the 2nd year in a row to make it easier for our West Virginia members to participate. The **2nd Commodore Tea** was in June at Fresca and David Leddy's home. We had a great afternoon just gathering and enjoying good food and drink! The club again **celebrated the summer solstice** with a cookout on the Margaret Mary.

Membership is good. There are 126 total members.

There have been so many glitches in technology this year making our webmaster Sam Moher's job more challenging than usual! He spent the first part of the year stabilizing the site, dealing with security breaches and hackers and the rest of the year working through some new glitches.

Merritt Wade our cruise Director undertook a Herculean task this year with a two week St. Lucia to Grenada club cruise in the open Covid window!

Merritt has done a **great job finding exotic experiences for our cruises** and 2023 is no different. He has planned a cruise to the BVI for January and an October cruise in the Seychelles, just off the coast of Madagascar.

Cave Run Youth Sailing Academy (CRYSA) is our portal for future sailors. Chuck and Kelly Emrich and their team do a wonderful job keeping young kids engaged and asking for more sail time!

Jim Dinger has been our adult sailing director/ASA director for 5 years and has done a tremendous job! He has asked to come off the Executive Committee and Dale Hamblin will be replacing him. ASA classes continue to be a strong revenue stream for the club.

Fred & Charmaine Pfister, our MainSHEET Editors, have **redesigned the newsletter format** & added a **new feature "That's My Boat**" featuring members' boat stories & journeys. These articles have been so fun to read!!

Beginning Sailing, headed by **Chris Bollinger**, continues to be an **"in demand" course!** This year 16 people participated, which was capacity for the facility.

Bill Jones & the Remote-Control Sailing group have had an active and educational year!





- Chuck Emrich reviewed the do's & don'ts of racing
- Merritt Wade & Bill joined the Miami Valley Model Yacht Club to learn more
- WLEX 18 featured RC sailing on one of their broadcasts and the "reviews" were great!
- The RC sailing group ended their season with a social at Victoria Estates in Scott County.

Cont'd Pg. 3

A couple of new activities are planned for 2023:

CPR, First Aid session for all club members - Wednesday, March 8 in Lexington.

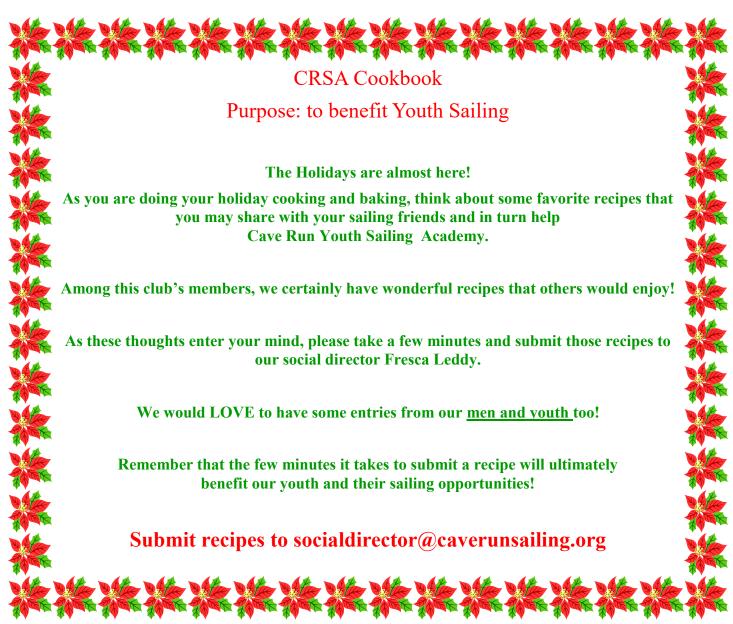
Mark Breeden is planning a BLESSING OF THE FLEET – April 22 at Scott's Creek Marina, followed by a "tune up time".

Click here for a DRAFT of our 2023 calendar of events.

THANK YOU AGAIN!

I am proud to be your Commodore. This is a **great organization**, with **great people** who have **great taste**!

Molly Sutherland CRSA Commodore



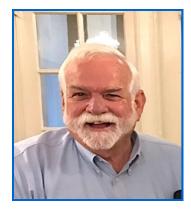
Meet Your 2023 CRSA Executive Committee



Molly Sutherland Commodore



David Leddy Vice Commodore



Mark Breeden Rear Commodore



Michael Jones Treasurer



Jeanne Harris Secretary



Brad Leslie Harbourmaster



Fresca Leddy Social Director



Luke Adams Membership Chair



Charmaine Pfister
MainSHEET Editor

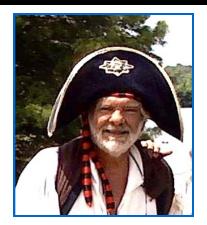
Meet Your 2023 CRSA Executive Committee



Sam Moher Webmaster



Merritt Wade Cruise Director



Chuck Emrich
Youth Sailing Director



Dale Hamblin ASA Director



Valerie Askren
Past Commodore

How to contact Executive Committee Members

Call CRSA phone number at 859-810-CRSA (2772)

Email—addresses are listed on the back page of each issue

Annual Awards Banquet

The Annual Awards Banquet was held on October 29 at the Lexington Country Club. It was a lovely evening with 60 people in attendance.

This year was the 45th Anniversary of the Cave Run Sailing Association. To celebrate this milestone, as many Foundational members (people who were members during the first 5 years of the club's existence 1977-1982) as could be located were invited. Although several Foundational members were unable to attend, they expressed great honor and excitement over the invitation. Ultimately, we were fortunate to have the following 23 Foundational members attend the evening:

Steve Branner Lisle Dalton

Paul and Susan Harbour

Rod Heard

Buck and Lyla Hunter

Dwight Kelley

Al and Ruth Lawton

Bill and Charlotte Lubawy

Judy MacDuffee

Charley and Dorothy Meng

Ken and Ann Miller

Bob Summerfeldt and Jackie Clevenger

Bob and Judy Woods

Ellen Jett Mills (daughter) and David Jett (grandson) attended in honor of Charlie and Beth Jett

The Foundational members were treated to a slide show of memories from their early years of sailing, then presented with a certificate of recognition. It was a very special evening for all of those in attendance!

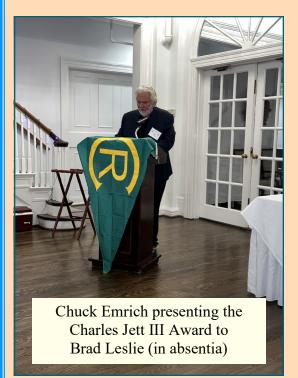


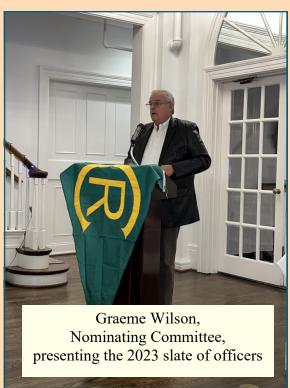
Banquet Memories





AWARDS & PRESENTATIONS











After Dinner Entertainment With DJ Rice Band

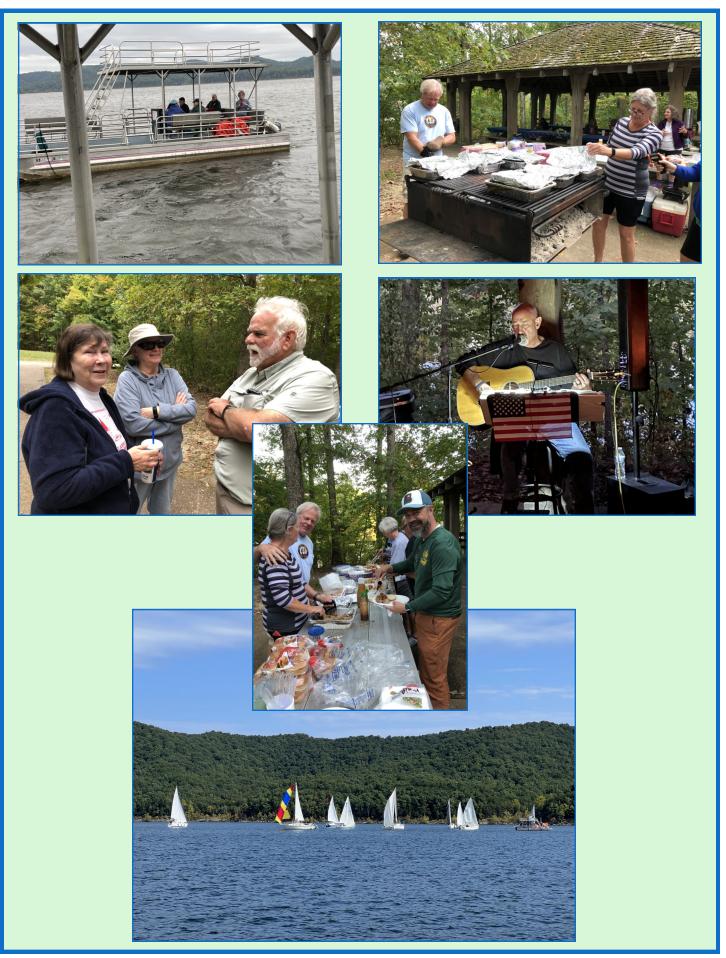


Grand Annual Regatta

The 43rd Grand Annual Regatta was held the weekend of September 24 and 25 and was blessed with a good breeze on Saturday and even more wind on Sunday. Event activities off the lake returned to the Boat Gunnel Campground this year with several people taking advantage of the overnight camping in the cool fall weather. Nineteen boats (13 cruisers and 6 dinghies) registered for the Regatta, along with 23 crew and 17 guests. The "guest" registration was new this year and the Marina offered a large pontoon boat we used for spectators and as a second safety boat. Our safety boat service was provided by members Jim and Sharon Chandler, who were also kept very busy with setting marks. The race committee of Bill and Charlotte Lubawy, along with Tenna Bell, assisted PRO Paul White in running the races. Outstanding meals were provided by Regina Heiser and her husband Chuck Holden. After dinner on Saturday we had entertainment by Randy Kaplan along with a big campfire. Most sailors made an early night of it after a big day on the water!





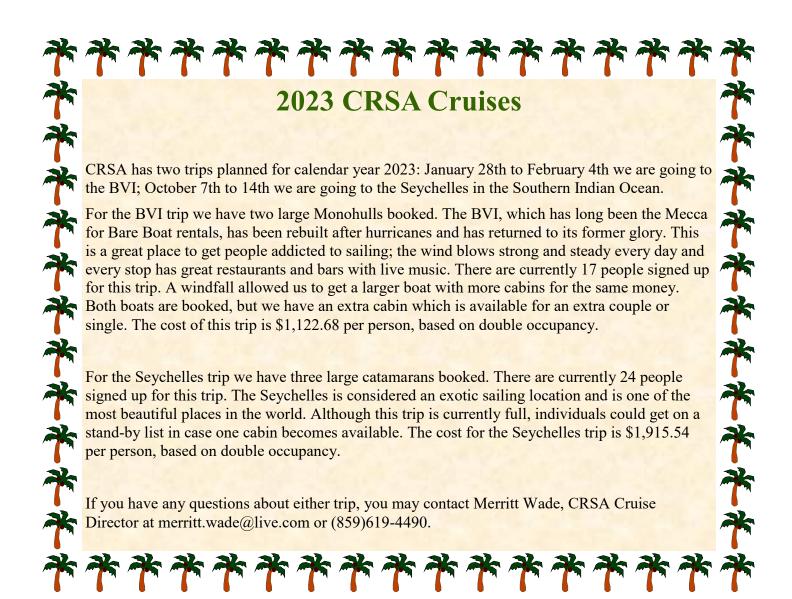


Sunday morning brought increasing winds and higher gusts with some threat of rain early, but after some discussion it was decided to go ahead with the racing. Due to the challenging conditions, only four of the cruisers and two of the dinghies competed for one race on Sunday. The entire Regatta consisted of four races.

The Marina kindly offered the use of their dining room for our awards ceremony after the racing on Sunday. Top finishers for the cruiser class were Chuck Emrich taking 1st place, Mark Breeden 2nd, and Valerie Askren 3rd. In the dinghy class Guy Donatelli finished in 1st place, Bryan Hunt 2nd, and Daniel Leddy 3rd.

Thanks to all the skippers, crew and guests who came out to support our event. Special thanks to all those who pitched in on the many tasks it took to make it a great Regatta weekend!





Membership Reminder

Hey CRSA sailors! This is a reminder to everyone that the **annual membership dues are assessed on January 1st of each year.** Please be sure to go to the website <u>caverunsailing.org</u> and renew your membership for the 2023 calendar year. With all of the great activities being planned, we are sure to have a blast in '23!

We are a very inclusive group and are always looking for other (and prospective) sailors to join us. If you know of anyone interested in the great things our club does, please feel free to send them my way and I'll tell

them all about it!

Fair winds,
Luke Adams
CRSA Membership Chair



Let's Go Sailing, for women, by women

What a year of learning filled with fun! Let's go sailing, for women by women formally kicked off in January. Eight Women met and reviewed our focus and objectives. The purpose of this initiative is to instill sailing confidence and camaraderie. The objectives this year were to understand and practice the basics, learn safety on the boat, points of sail, outboard motor operations, trailering and backing, all the while growing our sailing confidence! I am pleased to announce all objectives were addressed! While we may not be experts, we certainly have much more understanding and confidence of the many details it takes to ensure sailing is safe and fun - and to be ready to take our family and friends out for a sail!

Some of the year highlights include:

- Three women completed ASA 101
- We had a fabulous Sunfish day, many of us were concerned we could not maneuver a sunfish, yet we did
- Coming in and out of both the mooring field and the dock at Scott's Creek Marina successfully, many times on different boats
- Growing our knowledge about outboard motors
- Learning tips and tricks of backing a trailer
- CPR/First Aid class.

In addition, and most importantly, several of us were able to make an impromptu sailing day at the lake happen!









None of this would have been possible without the help of our supporters including:

Steve Morris, getting us started on Miss Kelly the very first time!

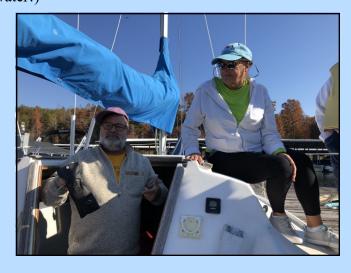
Jim Chandler, offering his 260 Hunter for first on the water sail.

Ben and Walt Askren, Fred Pfister and Lee Sutherland, helping us transport, load and unload Sunfish for our Sunfish day at the lake! (A special thanks to Valerie Askren, Kaye Arnold and Charlotte Lubawy for leading this session!)

Brad Leslie, taking the mystery out of outboard motors AND patiently teaching us docking techniques.

Officer Tim Brett, with KY Fish and Wildlife, teaching us how to back a trailer. Each of us successfully backed a sunfish trailer down the Alfrey boat ramp!

Scott's Creek Marina, making their space available for our indoor sessions (when it is too cold to be on the water!)





Please plan to participate in 2023! The sessions do not build on each other. If you can only make it to one or a few, that is good! We encourage women of all levels of expertise, from never being on a sailboat to extensive sailing experience, to join us. We teach each other and we know applied learning and practicing is the best way to grow our confidence. See page 19 for the 2023 schedule of Let's Go Sailing dates.

Remember, the intent is to grow our sailing confidence and camaraderie and for you to be able to take your friends and family sailing with pride!

If you would like more information, Please contact me at <u>commodore@caveandsailing.org</u>. Also, please share this information with your networking friends.

LGS! Molly









CRSA Let's Go Sailing, for women, by women

2023 Dates

- January NO SESSIONS
- Tuesday, February 21
- Wednesday, March 22
- Thursday, April 20
- Monday, May 22
- Tuesday, June 13
- Wednesday, July 19
- Saturday, TBD Lunch somewhere between Teays Valley & Lexington, KY
- Thursday, August 24
- Monday, September 18
- Tuesday, October 17
- Wednesday, November 15
- Thursday, December 14 Lunch & 2023 Debrief

ALL SESSIONS ARE AT SCOTT'S CREEK MARINA UNLESS OTHERWISE INDICATED

Links for Important Club Information

2022 Annual Report:

https://www.caverunsailing.org/wp-content/uploads/2022/11/2210-Annual-report.pdf

2023 Calendar:

https://www.caverunsailing.org/club_calendar_view/

That's My Boat

Each edition of the MainSHEET will feature a boat profile of a CRSA member.

David and Anna Duncan, tell us about your boat!

This year marks the 60th year since my first sail. When I was six, my mother, brother, and I sailed with a friend in a dinghy from Indian Rocks Beach to Clearwater Causeway and out into the Gulf of Mexico. Adverse winds, currents, and waves induced such a severe case of sea sickness that I said I'd never sail again! A few years later though, I studied sailing at Admiral Farragut Academy and the world of seamanship opened up for me.

We currently own the Blue Pearl II, a 26 foot 2006 MacGregor 26M fractional rigged motor sailor. We purchased her to replace the original Blue Pearl, a Hunter 26 which my wife Anna and daughter Kayla learned to sail on. We purchased the Blue Pearl II (as is, great price) in Panama City in March of 2020 and brought her to Cave Run Lake on her new trailer. The main reason we bought her was the ease in trailer transporting and the versatility motor sailors offer. Following a few misadventures on the lake during the COVID shutdown, I took her to Unbridled Sailing in Louisville where Marc Cruthcher conducted an entire refit including rudders, dagger board, mast, standing rigging, running rigging, sails, furler, interior features, and hull paint. After we initially kept the boat at Scott's Creek Marina, we experienced severe salt water corrosion-induced engine troubles. So, Anna and I lashed a jon boat to the side, motored to the ramp, loaded her onto the trailer bound for Angler's Outpost in



Lancaster. A new Yamaha 55 hp motor was purchased from Anglers Outpost, and Dan's Boats installed a new tilt motor mount.

MacGregor sailboats are very popular production boats and are sailed in waters around the world. As motor sailors, they are enjoyed on inland waters, coastal waters, and blue water. The 26 M is easy to trailer. A 10" draft and unique water ballast system allows easy access to shore.

The unique mast raising system permits simple mast raising and lowering for maintenance, transport and storage. A variety of sail profiles can be used, depending on the skipper's preferences. Because of the large number of people who enjoy MacGregors, they maintain their resale value well.

Although we enjoy the social competition of racing, the primary attraction of the 26M is for cruising, motoring, single handed sailing, and family sailing activities. We've enjoyed several private barefoot charters around the world and the Blue Pearl II allows plenty of opportunity to keep our skills honed for future adventures.

That's my boat!



"Captain Ron" Movie Night

Movie night at the Sutherlands' home was a great success!!! There were about 30 people in attendance with an abundance of great food, drinks, and sailing camaraderie! Chuckles and outright laughs were abounding during the movie!

Thank you to the Sutherlands for opening your home for this fun event!



Social Calendar for 2023

January 14

Trip Tales of Laughs & Lessons

Cautionary tales we can laugh about now

Time and place are to be determined

March 25

Trip Tales of the BVI Cruise
Time and place to be determined

April 29

New Member Social at Scotts Creek Marina after the long distance race

June 4 at 2PM

The Commodore's Tea at the Leddy Home 3605 Timberwood Lane, Lexington

June 24 at 5PM

Summer Sailstice Cook Out and Raft Up at the Margaret Mary, Cave Run Lake

November 3

Annual Meeting and Awards Banquet at the Lexington Country Club

Time to be determined

Sea Dogs



Charmaine and Kate on a summer drift.

Send us a photo of your "Sea Dog" and we will include it in our new newsletter feature.

Send photos to fred@fredpfister.com



All members are invited to join the

Dinghies

A group of well-seasoned (and not so well- seasoned) sailors who gather to share sailing yarns and other subjects

Fridays (every week that has a Friday)

12:00 noon—for lunch
The Cellar on Lansdowne Drive

Uniforms not required

Youth Sailing Needs Your Help! Please consider giving and volunteering!!!

If we are to grow and serve more children, we need a budget to add boats, trailers, repairs and equipment. We need to offer more scholarships to youths whose families do not have money for summertime activities. As you know, 100% of gifts go to our mission (no salaries or marketing expenses) and are now tax deductible (check with your accountant).

GIVING OPTIONS:

• USE THE KROGER COMMUNITY REWARDS PROGRAM:

Simply encourage your participants to visit http://www.kroger.com.

Once logged into their Kroger account they can search for Cave Run Youth Sailing Academy either by name or JA573. Then click Enroll.

New users will need to create an account which requires some basic information, a valid email address and a *rewards* card.*

• AMAZONSMILE PROGRAM:

To give Cave Run Youth Sailing Academy (CRYSA) credit, make sure to shop through the AmazonSmile portal! CRYSA is already registered. You can set the Cave Run Youth Sailing Academy as the nonprofit you would like to support, and, at no additional cost to you, the AmazonSmile Foundation will donate 0.5% of the price of your eligible purchases to the CRYSA.

- GIFTING BOATS TO SELL OR EQUIPMENT FOR AUCTIONS
- PLANNED GIVING THROUGH WILLS, INSURANCE, OR STOCK TRANSFERS
- FUND RAISING ACTIVITIES
- MEMORIALS OR TRIBUTES HONORING A LOVED ONE

As you can tell there are many ways to help.

Please consider one or all and let's make our program one that can help in perpetuity!

Chuck Emrich

On behalf of Cave Run Youth Sailing Academy Board



^{*}Customers must have a registered Kroger rewards card account to link to our organization.

^{*}If a member does not yet have a Kroger *rewards* card, they are available at the customer service desk at any Kroger.

Memories of a Great Sailor

Dale Sturm was a big guy... and he needed to be. There had to be enough room in that chest of his to hold the huge heart that Dale gave to his family, his friends, and his community. Perhaps Dale's biggest loves were his wife Ruth, his daughters, and the grandchildren he endlessly doted upon. But his passion for the outdoors also drew Dale to countless fishing and camping trips and long motorcycle rides.

Most of us knew Dale from sailing, whether he was working the sails aboard his white Hunter *Ruthless* (jokingly named for his wife, who did not share Dale's obsession with sailing) or racing his green MC scow *Ruthless II* (and handily winning many a regatta). Despite how much of himself he gave to racing, Dale rarely turned down an opportunity to help out his sailing family. On many occasions he would show up at youth sailing classes at Jacobson Park, pulling an extra Sunfish he kept on hand just for the kids. Dale could also be seen at many a scout merit badge weekend, teaching the youth how to tack, jibe, and sail downwind. And in his spare time, he and Lou (his brother-insailing), repaired countless Sunfish as he generously gave back to the sport he loved so much.



Dale never had any interest in serving on the CRSA board and rarely attended any parties or banquets. Being in the spotlight was not who Dale was, preferring to be completely comfortable in a tee shirt. He seemed to like gray and would sometimes pull out a fresh gray shirt multiple times in a day. Perhaps Dale thought gray allowed him to blend in—not stand out. But in his own way, Dale stood out to all who knew and loved him for who he was.





On November 7, 2022, we lost a great sailor, and his family lost an even better man. Fair winds Dale!

Cave Run Sailing Association PO Box 256 Lexington, KY 40588 caverunsailing.org 859-810-CRSA



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The MainSHEET is published 4-8 times a year and distributed to members through email, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

The Cave Run Sailing Association is an <u>all volunteer, nonprofit</u> association dedicated to the Spirit of Sailing with goals of:

promoting both leisure and race sailing, conducting sailing education classes,

providing a forum for good will and social activities among those interested in sailing and

participating in charitable and community service activities.

Membership Information can be obtained from Luke Adams at Membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully and sometimes not, by Fred Pfister. Please contact Fred for article ideas and or suggestions at Mainsheet@caverunsailing.org.

CRSA 2023 Executive Officers

Commodore@caverunsailing.org Commodore Molly Sutherland Vice Commodore David Leddy ViceCommodore@caverunsailing.org RearCommodore@caverunsailing.org Rear Commodore Mark Breeden Treasurer Michael Jones Treasurer@caverunsailing.org Secretary Jeanne Harris Secretary@caverunsailing.org ASAsailing@caverunsailing.org **ASA Sailing** Dale Hamblin Cruise Director Merritt Wade CruiseDirector@caverunsailing.org Harbor Master Harbormaster@caverunsailing.org Brad Leslie Membership Luke Adams Membership@caverunsailing.org Newsletter Charmaine Pfister Mainsheet@caverunsailing.org Social Director Fresca Leddy SocialDirector@caverunsailing.org Webmaster Webmaster@caverunsailing.org Sam Moher Youth Sailing Chuck & Kelly Emrich YouthSailing@caverunsailing.org Past Commodore Valerie Askren PastCommodore@caverunsailing.org