Spring New and Continuing Member Social
Sunday April 12th
3:00 – 5:00 PM

Be sure to check the CRSA Website – caverunsailing.org for information and registration for the Spring New and Continuing Member Social. Click on “Spring Social at Fmr Commodore Al’s Place” on the left side of the home page. This is the official “Kick Off” to the 2015 sailing season. Please bring any potential new members or any friends you have who are interested in sailing. Also CRSA Member Attendees please bring a side dish/appetizer/snack to share and any adult beverages for yourself.

The social will be hosted by Former Commodores Al and Ruth Lawton at their home on Tates Creek Road. You will receive address information when you register on the website. Be sure to indicated the dish you will bring as well.

RSVP by the morning of Friday April 10 on the website or directly to CRSA Social Chair Ted Brandewie at social@caverunsailing.org or 859-699-6666.

Renew Your Membership Now
If you have not already, please renew your membership on the CRSA homepage. Go to caverunsailing.org > renew membership > forgot password (if you did). Your email address is your User ID. If you have any problems email David Duncan at membership@caverunsailing.org. If you do not want to pay your membership dues on line you can fill out the form online and mail your dues check to PO Box 256, Lexington, KY 40536.

Beginning Sailing Scheduled for May 5th and 7th, 6:30 – 8:30 PM and May 9th, 10 – 4.

CRSA’s popular Beginning Sailing Classes are scheduled for the first part of May. Classroom sessions will be held May 5th and 7th from 6:30 – 8:30 PM in the second floor Community Meeting Room of the Central Christian Church, 205 East Short Street, Lexington. The water lab portion of the course will be held at Cave Run Lake on Sat May 9th from 10-4. Tell anyone who is interested. For more information contact Bill Lubawy, 859-273-1591, or Lubawy@uky.edu.

WWW.CAVERUNSAILING.ORG
Captains and Boats Needed For CRSA Beginning Sailing Water Lab Saturday May 9th, 10 AM– 4 PM.

Captains and their boats are needed for the CRSA Beginning Sailing Water Lab on Saturday May 9th. Instructions for what to do will be provided, but involve having students help rig, and if appropriate, launch your boat – then take them out sailing and let them take turns being at the helm. Let them tack, jibe and point out parts of the boat and the rules of the road. This is easy and lots of fun. Usually we assign students to boats and they go out from 10-12:30. Return to the dock for lunch from 12:30 – 1:15, then go out on a different boat and sail from 1:15 to 3:45. The final activity is to return to the dock and present students with their certificates.

This is a primary way CRSA gets new members and we need your help. Please contact Bill Lubawy, Lubawy@uky.edu or 859-273-1591 if you can help. The entire day is a lot of fun for everyone.

Brass Monkey Series Will (May) Begin Saturday April 11th

The Brass Monkey Series will begin on Saturday April 11th maybe. The first two days of racing were cancelled because of high water on the lake closing the ramps or putting the walkway from the ramp to the dock under water. Earlier this week it looked like the lake would be down far enough by next Saturday to get in the race, but the recent rains combined with whatever comes up this coming week may change that. Watch the website for the latest news on the status of the races. If the water does not go down a lot of activities on the lake are likely to be delayed or cancelled.

CRSA Has a New Main Sail

Miss Kelley has a new Mainsail courtesy of a lot of work by CRSA Harbor Master Brad Leslie. The old main was blown out and in pretty bad condition. Brad found a great price for a new sail on the web. The Miss Kelley is used to teach some of the ASA courses on Cave Run Lake and can be rented by CRSA members for pleasure or racing. The boat is in pretty good condition thanks to Brad and his wife Donna. And now the sails are in good condition as well.

CRSA Has a New Cruise Director for 2015

Chris Friedl is the new CRSA Cruise Director. Chris can be reached at cbfriedl@gmail.com. Chris would like to hear from you if you have any suggestions about future cruise locations. CRSA has taken cruises to the Florida Keys, the North Channel of Lake Huron, the Chesapeake Bay, the San Juan Islands, around the islands of Hawaii, the coast of Scotland, the western coast of Spain, the eastern coast of Italy, the islands off of Croatia north of Dubrovnik and as you can see from this issue the BVIs. CRSA is always looking for new suggestions on places to sail or places we have been where members would like to return. If you have any suggestions please contact Chris.

If you have not renewed for 2015 this is the last MainSHEET you will receive.
Youth Sailing
Share Your Passion for the Wind and the Water Beginning July 7th

We are going to have a great year with youth sailing! Many new interested groups are asking about how to make something happen for them! Boy Scouts, Brownies, 4Hers, and Sea Cadets to name a few. We now see this could be big! So there are two things for you to do.

1. If you have some young person in mind who wants to sail, get them registered for youth sailing on our web-site Caverunsailing.org. These classes are really for 9-12 year olds, but if you have someone older than 12 we may offer Day Sailing for older kids if we get adequate numbers. Send an email to me, Chuck Emrich at emrich@aol.com

2. We are going to need lots of volunteers to share the passion - We'll make a position for you and your talents. As you know to make Youth Sailing go AND grow, you are just who we need to create magic on the water. So do it today- send an email to emrich@aol.com and volunteer as much time as you can!!!

Classes will be held on Tuesday evenings and Saturday afternoons during July. Check the CRSA Website for dates and times, under Youth Sailing.
Chuck Emrich at youthsailing@caverunsailing.org or emrich@aol.com.

---

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Event</th>
<th>Location</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apr 11</td>
<td>Sat</td>
<td>Brass Monkey Race 3 11:00 am</td>
<td>L2</td>
<td>rear <a href="mailto:commodore@caverunsailing.org">commodore@caverunsailing.org</a></td>
</tr>
<tr>
<td>Apr 12</td>
<td>Sun</td>
<td>Spring &amp; New Member Social at the Lawton's</td>
<td>L2</td>
<td><a href="mailto:social@caverunsailing.org">social@caverunsailing.org</a></td>
</tr>
<tr>
<td>Apr 25</td>
<td>Sat</td>
<td>Summer Race Series - Race 1 11:00 am</td>
<td>L2</td>
<td>rear <a href="mailto:commodore@caverunsailing.org">commodore@caverunsailing.org</a></td>
</tr>
<tr>
<td>May 5 &amp; 7</td>
<td>Tue-Thu</td>
<td>Beginning Sailing Classes 6:30-8:30 pm</td>
<td>TBA</td>
<td><a href="mailto:beginningsailing@caverunsailing.org">beginningsailing@caverunsailing.org</a></td>
</tr>
<tr>
<td>May 9</td>
<td>Sat</td>
<td>Beginning Sailing Water Lab 10 - 4</td>
<td>L3</td>
<td><a href="mailto:beginningsailing@caverunsailing.org">beginningsailing@caverunsailing.org</a></td>
</tr>
<tr>
<td>May 16</td>
<td>Sat</td>
<td>Summer Race Series - Race 2 11:00 am</td>
<td>L2</td>
<td>rear <a href="mailto:commodore@caverunsailing.org">commodore@caverunsailing.org</a></td>
</tr>
<tr>
<td>May 19</td>
<td>Tues</td>
<td>ASA 101/103 Introduction - see website</td>
<td>TBA</td>
<td><a href="mailto:asasailing@caverunsailing.org">asasailing@caverunsailing.org</a></td>
</tr>
<tr>
<td>May 23</td>
<td>Sat</td>
<td>Sailboat Handling Demonstration</td>
<td>L4</td>
<td>rear <a href="mailto:commodore@caverunsailing.org">commodore@caverunsailing.org</a></td>
</tr>
<tr>
<td>May 30</td>
<td>Sat</td>
<td>Summer Race Series - Race 3 11:00 am</td>
<td>L2</td>
<td>rear <a href="mailto:commodore@caverunsailing.org">commodore@caverunsailing.org</a></td>
</tr>
<tr>
<td>Jun 13</td>
<td>Sat</td>
<td>Summer Race Series - Race 4 11:00 am</td>
<td>L2</td>
<td>rear <a href="mailto:commodore@caverunsailing.org">commodore@caverunsailing.org</a></td>
</tr>
<tr>
<td>Jun 20/21</td>
<td>Sat/Sun</td>
<td>Sailstice Race and Raft Up Social</td>
<td>L5</td>
<td><a href="mailto:social@caverunsailing.org">social@caverunsailing.org</a></td>
</tr>
<tr>
<td>Jun 27</td>
<td>Sat</td>
<td>Summer Race Series - Race 5 11:00 am</td>
<td>L2</td>
<td>rear <a href="mailto:commodore@caverunsailing.org">commodore@caverunsailing.org</a></td>
</tr>
<tr>
<td>July 7th-25th</td>
<td>Tues/Sat</td>
<td>Youth Sailing Classes 6:30 pm</td>
<td>L8</td>
<td><a href="mailto:youthsailing@caverunsailing.org">youthsailing@caverunsailing.org</a></td>
</tr>
<tr>
<td>July 12-16</td>
<td>Sun - Thurs</td>
<td>Girl Scout Sailing Classes</td>
<td>L6</td>
<td><a href="mailto:youthsailing@caverunsailing.org">youthsailing@caverunsailing.org</a></td>
</tr>
<tr>
<td>July/Aug</td>
<td>Sun</td>
<td>Commodore's Summer Social</td>
<td>TBA</td>
<td><a href="mailto:social@caverunsailing.org">social@caverunsailing.org</a></td>
</tr>
<tr>
<td>Aug 15</td>
<td>Sat</td>
<td>Summer Race Series - Race 6 11:00 am</td>
<td>L2</td>
<td>rear <a href="mailto:commodore@caverunsailing.org">commodore@caverunsailing.org</a></td>
</tr>
<tr>
<td>Aug 29</td>
<td>Sat</td>
<td>Summer Race Series - Race 7 11:00 am</td>
<td>L2</td>
<td>rear <a href="mailto:commodore@caverunsailing.org">commodore@caverunsailing.org</a></td>
</tr>
<tr>
<td>Sep 12</td>
<td>Sat</td>
<td>Summer Race Series - Race 8 11:00 am</td>
<td>L2</td>
<td>rear <a href="mailto:commodore@caverunsailing.org">commodore@caverunsailing.org</a></td>
</tr>
<tr>
<td>Sep 20</td>
<td>Sun</td>
<td>Charity Regatta Casual Racing 9:00 am</td>
<td>L7</td>
<td>vice <a href="mailto:commodore@caverunsailing.org">commodore@caverunsailing.org</a></td>
</tr>
<tr>
<td>Oct 3 &amp; 4</td>
<td>Sat/Sun</td>
<td>Grand Annual Regatta/Reg Cat 22</td>
<td>L2</td>
<td>vice <a href="mailto:commodore@caverunsailing.org">commodore@caverunsailing.org</a></td>
</tr>
<tr>
<td>Nov 7 or 14</td>
<td>Sat</td>
<td>Annual Banquet &amp; Mtg 6:00 pm</td>
<td>TBA</td>
<td><a href="mailto:social@caverunsailing.org">social@caverunsailing.org</a></td>
</tr>
</tbody>
</table>

Locations
L2 Captains Mtg at Scott Creek Boat Ramp 11:00 am, Races at 1:00 pm
L3 Cave Run Marina Dock
L4 Jacobson Park Amphitheater all day
L5 Race beginning at 1:00 pm Sat, Raft up in Mooring Field
L6 Clay Lick Launch Ramp
L7 Breakfast and Captains Mtg 9:00 am, Camp Ground Group Use Area
L8 Jacobson Park Lake
2015 CRSA BVI Cruise

19 CRSA sailors had a great week of sailing in the BVI. Several escaped the major snowstorm of early March just to get to the islands for their March 7 rendezvous at Tortola. There were 3 boats, captained by Charlie Denham, Dave Davison and Jim Dinger. From Tortola they visited islands of Virgin Gorda (and its Baths), Anegada, Jost Van Dyke and Norman Island, as well as several charming cays. The winds, the company, the sailing, the snorkeling were all great. Congratulations to
to Kevin Brennan who passed ASA 104 During the Trip. Winds consistently at 15-20 + knots day and night for the duration of the cruise presented a variety of good sailing challenges for all. Aficionados of infamous bars found many to enjoy in our various ports, searching diligently for the best “painkiller of the islands.” Everyone has adventures to tell about the sailing, basking in and exploring Beautiful vistas, and living for a brief time in the island time mentality – all totally foreign to those unfortunates who remained snowbound.
An incredibly good time was had by all!
Webmaster: Chris Bollinger, Lexington KY
(Past Commodore)

My Family: My two children Beth and Thomas have been my regular crew, and my wife Any has been awesome shore crew.

How did you hear about CRSA? I joined CRSA in the spring of 1999 sailing my first two seasons as crew. By fall of 2001 I purchased my Flying Scot, named her Halcyon after the boat my father owned when I was young (not the Dory!).

Do you own a boat? What type of sailing do you enjoy? The legend in the Bollinger family is that at the tender age of 18 months my parents took me sailing for the first time in a handmade 16’ open dory sailboat. My mom says that in spite of being soaked, needing a diaper change, and generally getting rolled around the sole of the cockpit, I seemed to enjoy myself. I grew up sailing in the Detroit area, mostly on Lake St. Clair. By the time I was 18 I added Huron, Erie and Michigan to my sailing resume. I’ve sailed boats from as small as an Opti up through 65’ racing yachts. Each has its own charm.

What do you enjoy most about CRSA? I’ve served in various positions on the CRS Board since 2002, and am happy to serve this year as Web Master. I look forward to sailing with all of you and hope you will join us for all the sailing related events.

Harbor Master: Brad Leslie, Hurricane, WV.
My family. My wife, Donna and our adult children, Jennifer, David, Daniel and Julie.

How did you hear about CRSA? Word of mouth from folks while sailing my sunfish on Cave Run Lake. Chris Bollinger invited me to race one day and mentioned the website. Later we decided we needed lessons or we were going to kill ourselves. CRSA has the best deal anywhere on sailing instruction and ASA courses. I’ve been a member since 2007.

Do you own a boat? What type of sailing do you enjoy? Like many folks in CRSA I have multiple boats. We have a 1988 Santana 20 we use to participate in club races, a 1968 Alcort Sunfish, and a Beneteau 361. We also enjoy weekend cruising our Beneteau on the Chesapeake Bay when we can get away.

What do you enjoy most about CRSA? I have enjoyed the opportunity to learn to sail from classes offered by CRSA. Through these classes as well as the instruction and advice from fellow members, I have become an accomplished sailor. I also enjoy the fellowship shared at our race series and especially at the regattas.

Membership Chair: David M. Duncan, MD, Lexington, KY
My family: My wife, Anna, and our daughter, Kayla (14 years old and completed ASA 101).

How did you hear about CRSA? John Wood and Brad Leslie invited me to join when I bought The Blue Pearl in February 2012.
Do you own a boat? Yes. The Blue Pearl is a 1994 Hunter 27, originally owned by Jim and Joy Bugay.

What type of sailing do you enjoy? I particularly like to sail single-handedly in harmony with my boat, the wind, and the water. My family enjoys regular weekend boat camping on CRL as well as occasional racing with CRSA in the Cruiser Class, when time permits. I also captained in the 2012 thru 2014 CRSA Annual Charity Races, the 2012 Annual Regatta, and the 2013 and 2014 Mountain Mama. In 1998, I was helmsman aboard the 33m racing sloop “Millennium” in the annual Darwin (Australia) to Ambon (Spice Islands, Indonesia), 70 nm across the Timor Sea. I’ve chartered cruisers from St. Petersburg to the Dry Tortugas, and Phuket, Thailand to Malaysia on the Andean Sea. Last summer I chartered a Jeanneau 50 DS for 10 days out of Grenada into the Grenadines. I’ve many hours logged on day-sailers of all designs and sizes around the world. In 1974, as a crew of three aboard a 33 ft. catamaran we were adrift at sea for 5 days, 100 miles north of San Francisco and 90 miles off the coast, following a mast fracture in a Force 8-9 Pacific storm. Our family is looking forward to a spring break bareboat charter in the BVI aboard “Kibo” a 2014 Bavaria 46 Vision.

What do you enjoy most about CRSA? Undoubtedly, I cherish the many friendships we’ve developed in CRSA. CRSA’s primary strength as a social sailing club is reflected in its members. I’ve achieved ASA 101, 103, 201, 203, 204 and 205 certification, and am a certified ASA instructor. I was fortunate enough to receive the CRSA 2014 Commodore’s Award. As a retired Navy doctor I particularly enjoy the camaraderie, shared love for sailing, banter, bravado, and swagger in our many conversations and experiences.
The MainSHEET is published 4-8 times a year, by The Cave Run Sailing Association, PO Box 256, Lexington, Kentucky 40588.

The Cave Run Sailing Association is an all volunteer, nonprofit association dedicated to:
1. promoting both leisure and race sailing,
2. conducting sailing education classes,
3. providing a forum for good will and social activities among those interested in sailing and
4. participating in charitable activities.

Membership Information can be obtained from David Duncan at membership@caverunsailing.org.

The MainSHEET is edited, sometimes carefully, by Bill Lubawy. Please contact Bill for article ideas and or suggestions at Mainsheet@caverunsailing.org.

TO RENEW YOUR MEMBERSHIP: An electronic membership form is now available at the website caverunsailing.org. Go to the website > renew membership tab > forgot password (if you did). Your email address is your User ID. Also, you can send in a paper check and a paper form to CRSA, PO Box 256, Lexington, KY 40588. Contact CRSA Membership Chair David Duncan if you have any questions – membership@caverunsailing.org

CAVE RUN SAILING ASSOCIATION P.O. Box 256, Lexington, KY 40588

WWW.CAVERUNSAILING.ORG